

Sunday Brunch

SOUP

Summer Squash & Corn

Chowder 

Bacon, green onion, celery, squash, corn,
2% milk, thyme, pepper, cheddar cheese
¾ cup: 141 Calories, 7g Protein, 5g Fat,
3g Sat Fat, 304mg Sodium, 19g Carb, 3g Fiber

SALADS

Salad Bar

Arugula & Mushroom Salad

ENTREES

Prime Rib 

Oil, garlic, pepper, salt, rosemary, crushed red pepper
4oz: 248 Calories, 25g Protein, 16g Fat, 5g Sat Fat, 182mg Sodium, 2g Carb, 1g Fiber

Fried Oysters

7oz: 421 Calories, 14g Protein, 24g Fat, 0g Sat Fat, 421mg Sodium, 42g Carb, 0g Fiber

Eggplant w/ White Sauce

Breaded eggplant, ricotta cheese, mozzarella cheese, 2% milk
7oz: 394 Calories, 19g Protein, 25g Fat, 9g Sat Fat, 893mg Sodium, 24g Carb, 1g Fiber

ACCOMPANIMENTS

Parsley Potato 

Sautéed Mushrooms

Risotto 

Onion, Chicken Stock, Butter, Basil.

Seasoned Peas 

Mascarpone Orange

Bacon & Eggs

French Toast

Egg, heavy cream, orange zest, cinnamon, nutmeg, vanilla,
sugar, orange marmalade

Muffins & Scones

DESSERTS

French Silk Pie

Honeydew Melon

Menu Subject to Change Without Notice

GF = Gluten Free (items will be marked daily)

 = Low Sodium or No Sodium

Sunday Supper

SOUP

Sweet Potato Coconut Soup GF

Onion, celery, bacon, garlic, thyme, coconut milk,
pepper, sweet potatoes

¾ cup: 132 Calories, 4g Protein, 6g Fat,
4g Sat Fat, 157mg sodium, 16g Carb, 2g Fiber

SALADS

Salad Bar

Caprese Salad

Tomato, mozzarella, basil,
balsamic vinegar, garlic, mustard

ENTREES

Baked Catfish GF

Lemon juice, butter

4oz: 206 Calories, 18g protein, 14g fat, 3g sat fat, 185mg sodium, 0g carb, 0g fiber

Johnny Marzetti Casserole

Italian sausage, ground beef, onion, celery, garlic, green peppers, tomato sauce, tomatoes,
Italian seasoning

8oz: 416 Calories, 26g Protein, 22g Fat, 10g Sat Fat, 647mg Sodium, 25g Carb, 3g Fiber

Chicken-Less Stir Fry w/ Peanut Sauce

Coconut milk, light soy sauce, peanut butter, chili sauce, lime juice, ginger, cumin, broccoli,
red peppers, sesame oil, vegetarian chicken strips

8oz: 237 Calories, 20g Protein, 13g Fat, 3g Sat Fat, 428mg Sodium, 13g Carb, 4g Fiber

ACCOMPANIMENTS

Lo Mein Noodles

Braised Fennel &

Tomatoes GF

Oil, onion, garlic, white wine, tomato, basil,
oregano, salt, pepper

Confetti Vegetable Blend GF

Mushrooms, squash, peppers, zucchini,
black pepper, onions, basil, olive oil

DESSERTS

Apricots

Cappuccino Brownie

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