

The Kendalight

Kendal at Oberlin Residents Association

September 2011

Volume XVIII, Number 9

September Oberlin College Convocations

Tues., Sept. 13 - 7:30pm - Finney An Evening with Adrian Fenty

Adrian Fenty '92 was the youngest person ever elected mayor of Washington, DC (2007-2011). He will serve this semester as Oberlin College distinguished visiting professor of politics. Free, no ticket required. Sign up for Kendal bus.

Sat., Sept. 24 - 8:00pm - Finney An Evening with Ira Glass: Reinventing Radio

Ira Glass is host and producer of *This American Life* on NPR. He will be joined by Lucy Wainwright Roche '03 for a special musical performance. Ticket required. Call CTS at 775-8169. Sign up for Kendal bus.

Louise Melling, ACLU Wed., Sept. 14 - 4:30pm Oberlin College Science Center West Lecture Hall "I Have Sex: Why to Care about Reproductive Rights in the 21st Century"

Louise Melling '82 is Deputy Legal Director of the ACLU and Director of the Center for Liberty. Prior to 2010, she directed the ACLU Reproductive Freedom Project. Sign up for Kendal bus.

Senior Independence Hospice Wed., Sept. 28 - 4:00pm - AUD

Senior Independence Hospice is another hospice option for residents. Services are provided by a separate and distinct team of staff members from those that provide Senior Independence Home Health. Come and discover the unique attributes this hospice program offers and meet the staff that will be serving in this program, available through a partnership with Senior Independence. Direct questions to Stacy Terrell at 775-9811.

Secretary of State Jon Husted and Former Secretary of State Jennifer Brunner on Ohio Electoral Practices Wed., Sept. 14 - 7:30pm Oberlin College Science Center West Lecture Hall

A discussion moderated by Eve Sandberg and sponsored by Oberlin College, the League of Women Voters of the Oberlin Area and the Oberlin Initiative in Electoral Politics. Sign up for Kendal bus.

Can I, Can't I? Will I, Won't I? Thurs., Sept. 8 - 4:00pm - AUD

Charitable needs have never been greater. This Philanthropy Workshop with Dave Clark helps you think through your needs – and the world's.

Kick Off of the 2012 BUDGET FORUM for Kendal Residents

TUESDAY, SEPTEMBER 13

ANN O'MALLEY

10:00AM - AUD

DEPARTMENTAL "SHOWCASE"

WILL BE ON DISPLAY IN

THE HEISER LOUNGE

9:00AM-10:00AM

Harvest for Health

Sat., Sept. 17 - 10:00am- 4:00pm Lorain County JVS

This year's community health fair will be part of a larger Community Appreciation Day at the Lorain County Joint Vocational School.

Kendal staff and board will host local hospitals, hospices, home health care agencies and others to facilitate access to important "life-enhancing" information for older adults.

In addition, the JVS Culinary Academy will present a tasty Chili Cook-Off.

And the Kendal Precision Lawn Chair Drill Team will perform late morning.

We are asking for resident volunteers to welcome and guide our guests.

Please contact Stacy Terrell at 775-9811 to sign up as a volunteer.

**COFFEE HOUR WITH
BARBARA THOMAS
WEDNESDAY, SEPTEMBER 14
9:30AM - LANGSTON**

**AFTERNOON EXCHANGE
FRIDAY, SEPTEMBER 30
4:00PM - AUDITORIUM
BARBARA THOMAS**



KNOW YOUR KORA COUNCIL

As the pace of life in Oberlin picks up, marking the end of summer, KORA Council begins its annual review of the activities of our 87 Standing Committees, Service Committees, Interest Groups and Support Groups. We also begin our budgeting for the coming year, based on the financial needs submitted by these groups. And in order to support our budget, we undertake our once-a-year fund-raising campaign. Soon you will receive a letter asking for your financial support for the work of the Kendal at Oberlin Residents Association for the coming year. We residents are the sole source of this support. Typically our yearly budget for our approximately 350-resident community is about \$24,000. What does this money accomplish? The largest expenditures are for communications, as is appropriate, given our need to keep as well-informed as possible through our publications (*Kendalight*, *Eureka*), our TV channel 19, and our website (www.kaores.kendal.org). Next comes general programming, which includes special events, such as the Spring Fling, as well as the huge variety of lectures, recitals, films, etc. that enrich our lives. Sports and recreation is also a major budget item, making possible many enjoyable activities, from croquet to table tennis. The library requires funding to supplement the journals donated by residents with subscriptions to several newspapers. The Art Committee budget enables us to have wonderful displays as well as receptions for the outside artists who supplement the talents of our own residents. Smaller amounts make possible our daily flower arrangements and other horticultural beautification, play-reading performances, welcome events for newcomers, audio-visual resources, the woodshop, and more

LifeLong Learning Fall Classes to Be Held in Heiser Auditorium

News & Views. Foreign affairs (based on Foreign Policy Assn. briefing book, "Great Decisions"). Fridays, 10:30am to noon, **Sept. 2**, discussion leader Don Reeves on Economic Sanctions and Nuclear Nonproliferation; **Oct. 7**, Vera Cooke on Germany's Ascendancy; **Nov. 4**, Ira Steinberg on The Caucasus; and **Dec. 2**, Floyd Ramp on Making Sense of Multilateralism. Fee: none, registration not required.

Science and Religion. The knowledge claims of each and possible interrelationships between their methodologies, and historical conflicts between them. Ed Long, professor emeritus, Christian Ethics and Theology of Culture, Drew University. Thurs., 10:30am to noon, **Sept. 22, 29, Oct. 6, 13** (4 sessions). Fee: \$25. (NREL 101C)

A Day with the Arts in Oberlin. Visit Allen Memorial Art Museum, open after extensive renovations, with a tour of newly placed art; lunch on your own in downtown Oberlin; Ginko Gallery and local artists' studios, then FAVA and Moroccan rugs exhibit and Uncommon Objects gift shop. Wed., 10:30am to 3:00pm, **Sept. 28** (1 session). Fee: \$10. (NTRP 116C - Section DE02) - Meet at AMAM at 10:30am. (If transportation needed, call Jean Heller 774-4053). **Advance registration necessary.**

The Civil Rights Movement. Major personalities and organizations in the movement from its nascent origins to the late 1960's. Donna Van Raaphorst, history professor at several Ohio colleges for 30 years. Thurs., 4:00pm to 5:30pm, **Oct. 27, Nov. 10, 17** (3 sessions). Fee: \$22. (NHIS 110C)

Opera Preview: A Wedding. Review of the comic opera by William Bolcom, based on Robert Altman's 1979 film, with a complex plot with 19 characters on stage, all but one family members. Students will sing excerpts. Oberlin Opera Theater performances start Nov. 16 at Hall Auditorium. Alan Montgomery, assistant music director emeritus, Oberlin Opera Theater. Wed., 4:00pm to 5:00pm, **Nov. 2**. Fee \$10. (NMUS 211C)

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

activities than I can possibly list here. Of course, many KORA committees that provide vital services, such as the Care and Nurturing Committee, require little if any direct funding, but do depend on the generous volunteering of resident time and energy recruited and coordinated through your KORA Council.

Your financial support is needed. Contributions will be kept confidential, will be acknowledged, and are fully tax-deductible. Every donation, whatever the size, will help support the activities that are so important to our community life. A donation box is on the Heiser Front Desk. Make checks out to **KORA**.

Thank you in advance for your encouragement of our Kendal at Oberlin Resident Association endeavors.

-John D. Elder, KORA President

Curio Cabinet

Your attention is invited to "Arctic Creatures and Creations," now on view in the curio cabinet at Heiser. These are ivory and soapstone figures and wood carvings from the Alaskan and Canadian Pacific Northwest that have been collected by Peggy Reid and Diantha Paré. Please be sure to learn more about these large and small objects from the collectors. Enjoy!

A Window on Kendal's World

Check out our KORA website:

www.kaores.kendal.org

And check two other interesting "Other Kendal" links, both produced by KatO's Admissions and Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.

PROGRAMS

LECTURES

First Thursday Health Lecture:

No lecture on September 1

Third Thursday Lecture: “Oberlin College Architecture: a Short History”

September 15 - 7:15pm - AUD

Kendal resident Jane Blodgett is chair of the City of Oberlin Historic Preservation Commission. In May and June she led two sold-out narrated bus tours of a few of Oberlin's 69 designated historic landmarks and other Oberlin sites as part of the LCCC LifeLong Learning classes.

Kendal Goes to the Opera

The Met is offering 11 operas in HD during the 2011-12 season, and the Kendal bus will drive us to the Regal Theater in Crocker Park. Bus charge: \$15. Attendees will be responsible for obtaining their own tickets at \$22 each. A list of the operas and dates, together with information on how to purchase tickets, was posted on the Activities bulletin board in Heiser during the week of August 21. A sign-up sheet and instructions regarding bus payment will be posted the first week in September. Come with us and bring your opera-buff friends.

Tuesday Tea at AMAM September 13 - 2:30pm

For the first Tuesday Tea of the new academic year (and the first tea at the Allen Memorial Art Museum since December 2009!), Curator of Collections and Curator of European & American Art Andria Derstine will discuss the re-installation of the collection, highlighting a number of works newly on view. All are welcome. No registration, no fee.

TRIPS

Lunch Bunch:

NINE Bistro at Grey Hawk Golf Club, LaGrange Wednesday, September 14

NINE Bistro is a casual restaurant at the Gray Hawk Golf Club overlooking the 18th green. Featuring a covered terrace and patio, it offers a wide array of sandwiches, wraps, salads and entrees. Bus leaves Heiser at 11:30am, returning about 2:30pm. Bus charge: \$8. Place check to KORA for \$8 in Box #89 by Sunday, Sept. 11. Sign-up sheet posted Monday, Sept. 5. Lunch at your expense.

Big Bus: Stan Hywet Hall and Gardens with Julie Shaw Tues., Sept. 27 - 9:30am-4:30pm

Stan Hywet Hall, built in 1915 by Frank Seiberling of Goodyear Tire and Rubber, is one of the finest examples of Tudor Revival architecture in America. Kendal resident Julie Shaw, a Seiberling granddaughter, will point out points of interest and recount some of her memories on our ride there. When we arrive, we will divide our group in two: each will tour the Manor House and also join Julie on a tour of the beautifully landscaped grounds. Lunch will be on your own at the cafe. If you prefer, you can bring a brown bag lunch to eat at the picnic tables. Estimated cost: \$35 to \$50, including entry fee. To reserve a place on the bus, put a check payable to KORA for \$35 in Box #120 by September 13. Call Pat Talbot for details.

Oberlin Heritage Center:

“Learning from China”

Wed., Sept. 28 - 7:15pm - AUD

OHC Trustee and Oberlin High School teacher Donna Marie Shurr highlights her summer 2011 study trip to China with the National Consortium for Teaching About Asia. Traveling to Beijing, Shanghai and Hangzhou, Donna was part of a group of 14 American teachers who received firsthand experience on China's role in world history and in today's global economy. Free and open to the public.

Conversations with Community Sun., Sept. 18 - 3:00pm - AUD “The Egyptian Revolution”

Hanaa Rashad of Cairo (Egypt) will provide an insider's view of events. She will be visiting residents Jim and Anne Helm as one of 18 members of the Cairo chapter of the Friendship Force, an international organization for intercultural understanding.

Thurs., Sept. 1 - 7:15pm - AUD “Forks Over Knives”

Documentary film follows “reality patients” who have chronic conditions from heart disease to diabetes, as doctors teach them how to adopt a whole foods plant-based diet as the primary approach to treat their ailments.

Moderator Training Session

Reminder: The Kettering Foundation moderator training session runs from 10:00am to 3:00pm, Thursday, September 1 in the Kendal Administrative Conference Room. The training is to aid moderators for upcoming “News & Views” domestic issues sessions, but will also be useful to anyone running a discussion meeting. All are welcome.

Kendal's Annual CommUnity Ice Cream Social Canceled

We had hoped to hold our Annual CommUnity Ice Cream Social in September this year, but due to scheduling conflicts, we must cancel the event for 2011.



**Sunday
Movies
in Whittier
at 7:15pm**

Sept. 4 - Popeye (1980) - Live-action film directed by Robert Altman stars Robin Williams as Popeye and Shelley Duvall as Olive Oyl. Rated PG.

Sept. 11 - Bee Season (2005) - Based on Myla Goldberg's novel, the film follows a young girl as she attempts to win the national spelling bee, and the repercussions of her success on her family members. Rated PG-13.

Sept. 18 - Immortal Beloved (1994) - When Ludwig van Beethoven dies, Anton Felix Schindler embarks on a quest to find the "immortal beloved," an unnamed woman mentioned in one of his letters. Retrospective footage of Beethoven from his younger years until his death is featured. Rated R.

Sept. 25 - Matilda (1996) - Matilda, a super-smart little girl who's ignored by her scheming parents (Danny DeVito and Rhea Perlman), finds herself facing an evil school principal. But with the help of a wonderful teacher, she discovers she doesn't have to get mad to get even. Rated PG.

**Saturday Favorite Film
Sept. 3 - 7:15pm - AUD**

If It's Tuesday, This Must Be Belgium (1969) - A comedy about an American tour group on a quicky tour of Europe.

**Saturday Night Movie
Sept. 17 - 7:15pm - AUD**

The King's Speech (2010) - For the benefit of those who never saw it, and those who loved it so much they want to see it again: This endearing biographical drama about Britain's King George VI (Colin Firth) learning from an Australian speech therapist (Geoffrey Rush) to overcome his stutter will charm us all again. Multiple Academy Awards, including Best Picture. Rated R.



**Art
Gallery
News**

Kendal Gallery - Kendal resident muralist Bob Cothran's original drawings of designs for stage settings continue. There will be a reception for Bob on Friday, September 9, in Heiser Lounge at 4:00pm. *-Marilyn Myerson*

Friends Gallery - A group of wonderful photos taken by David Miraldi on recent trips to Egypt and Russia, in particular Moscow and St. Petersburg, are on display. David, son of Kendal

resident Mary Miraldi, is an attorney in private practice in Lorain. There will be a reception for David on Thursday, September 15, in the Friends Corner Dining Room at 2:30pm.

-Robert Taylor & Ted Nowick

Community Walls - This selection of photographs is part of the beautiful legacy of world travel left by resident Dick Blount, who recently passed away. Resident Don Parker's paintings will be on exhibit from late September until mid-November. *-Katie Brown*

Friends Dining Room -- Resident Betsy Belden's watercolors are now on exhibit. *-Katie Brown*

**Genealogy-History Group
Thurs., Sept. 8 - 7:15pm - AUD**

We'll have a brief discussion of genealogy sources in the Cleveland area, including the library of the Western Reserve Historical Society at University Circle and the Church of the Latter Day Saints (Mormons) in Westlake. The main program will be a demonstration of how the popular computer program Family Tree for Windows can incorporate photos, stories and a variety of facts about your ancestors. It can also access *Ancestral.com* and other genealogy databases on the Internet. It is possible to print a variety of ancestor and descendent family trees as well as reports outlining your ancestors (including siblings) and reports on individuals including photos and notes.

**World War II Oral History
Fri., Sept. 30 - 7:15pm - AUD**

Ten Kendal former European and British Isle residents will share their experiences and memories of World War II in an oral history panel presentation. They will address a series of prepared questions, with time at the end for queries from the audience. This will be a unique opportunity to learn about the war from very personal perspectives. Contact Donna Van Raaphorst for more information.

**Play Readers: "Galileo"
Sat., Sept. 24 - 7:15pm - AUD**

Brecht's 1947 play powerfully dramatizes the career of the great Italian physicist, mathematician and astronomer Galileo Galilei, from age 46 to his death, after nine years of Inquisition house arrest, at 78. It is a career related to that crucial moment in intellectual history, the supersession of the Ptolemaic world view (earth as center of the universe) by the Copernican (sun as center, earth as planet). In a series of brilliant, sharply focused scenes, Brecht's Galileo fights for the recognition and acceptance of this new knowledge against the ruling nobility of Italy, the church and the Inquisition. Brecht, true to contemporary accounts, presents his hero in all his strengths and human weaknesses, as intellectual and public person; as devoted father to his daughter Virginia and mentor to his talented student Andrea; as inventor willing to sell off designs to raise money for his studies or his love of a good, substantial meal. Directed by Meg Gold. Don't miss it!



LIBRARY NOTES

New Medical Books on Reference Shelf : The “Merck Manual on Diagnosis and Treatment” (July 2011) and the “Merck Manual of Patient Symptoms” (2008) should be on the Reference Shelf now.

NEWSPAPERS: Someone cut an article from one of the Library’s newspapers the day it arrived. That is very inconsiderate. We hope it does not recur. **Copies are easier to read, and better than originals because copy paper is whiter than newsprint and lasts longer.**

If you want help with the copier, ask someone or leave a note on the Library desk, and someone will make copies and put them in your open mail box. Or call someone listed on the copier to get immediate personal help.

As we said in this space last month: **No part of any newspaper should be removed from the library until it is more than a week old.** If you want a paper after that, mark what you want and your open mailbox number on the top of the first page of that day’s paper, so we can put it in your mailbox instead of recycling it.

DVD COLLECTION: Many of the DVD’s borrowed from our Library have not been returned. If you have borrowed one, please check to see if you have forgotten to return it.

-Russ Bimber

Ride the Bus to Severance for 2011-2012 Cleveland Orchestra Three-Concert S-1 Series

A large luxury bus has again been retained to transport ticket-holders to this series of three Sunday afternoon concerts. The sign-up sheet is on the ledge opposite the mailboxes. Round-trip bus fare will be based upon number of riders. Most previous concert-goers have renewed their subscriptions to this S-1 Series, which offers programs on October 9 and November 13, 2011, and March 11, 2012. Kendal residents may find concert information on the Activities

bulletin board opposite the mailboxes. Or contact the Cleveland Orchestra Box Office at 1-800-686-1141, or visit clevelandorchestra.com.

For those who haven’t used this bus service, it’s the easy way to go! Questions? Contact Joy Illig.

Assistive Device Wash Saturday, September 3 from 11:30am to 2:30pm in the Courtyard Garden

Does your assistive device need a bath? Oberlin College students will be at Kendal for a Day of Service.



Vision Impaired

Low-Vision Support Group

“Nutrition for the Eyes” Thursday, September 8 4:00pm - Green Room

Jeffrey Anshel, OD, President, Ocular Nutrition Society.

Reading of *The Kendalight* Come One, Come All! Bring Your Calendars!

Thursday, September 1, at 10:00am in Crossroads Room

Marie Evans will read the parts of *The Kendalight* which are important to you.

The Health Newsletter: a Cooperative Undertaking

The *Health and Wellness News Items* that is distributed monthly to residents is a cooperative effort between Kendal at Oberlin and Kendal on Hudson. A high-quality and useful newsletter was initially produced by a resident committee at Hudson. In August 2009, that committee honored our request to distribute it on the Oberlin campus.

A year later, when Hudson’s committee was stressed with personal health problems, a group at Oberlin offered to help with the production of the newsletter. The two committees now work independently to find pertinent articles and generate abstracts that are then evaluated and edited. The two committees share abstracts with one another, which allows the generation of parallel but differing composites of abstracts. Recently, Kendal at Lexington has joined the project, initially distributing Hudson’s version of the newsletter and now beginning to write their own articles.

KatO distributes the newsletter by three methods: About 48 households receive their copy by email; some read it on line at kaores.kendal.org, the KORA website; and about 120 request a hard copy. New residents are given a form to express their preference. If you have been missed or have changed your preference, please contact Nancy Hultquist at Box #124. KORA funds make this project possible.

Comments and suggestions are welcomed by the KatO committee: Nancy Beauchamp, Jerry Berner, Don Hultquist (Editor), Nancy Hultquist (Producer), Pam Lenz, Don Parker and May Zitani.

LNB Has a New Phone Number

The telephone number for the Lorain National Bank has changed. You must now dial 1-800-860-1007, Ext. 5033. The local number -- 774-5400 -- has been disconnected.

Call 775-9868 to hear the announcements and menus of the day.

Welcome Kendal's New Residents

Joanne Busiel

Chicago's West Side in the '40s and '50s was a classic American melting pot and a rich setting for growing up. My lifetime interests in world music, ethnic foods and other cultures come from this time and place. Chicago also gave me a love of art and architecture, politics and music of every variety -- from glorious symphonic music during Georg Solti's years at the Chicago Symphony to jazz, blues, opera, folk music and polka bands.

I was the first in my family to attend college, living at home and commuting to DePaul University's downtown campus. After an undergraduate degree in business, I was secretary to the President of the University when I met my husband George, who was teaching Psychology.

We married in 1967, settled in Evanston, IL, and raised two children, Christopher (in Seattle, WA with his wife and two young children) and Erika (Asheville, NC).

I received a Master of Library Science degree from Rosary College and worked as a public library reference librarian. After a career change, I served as a Director of Marketing, first in the corporate world, later for two long-term care retirement communities.

After our early retirement near Chapel Hill, NC, I was a marketing consultant at the University of North Carolina at Chapel Hill. George died suddenly in 2002 and I relocated to Asheville, NC, in 2004.

I have been active in peace and justice efforts, gun control and food banks; public library boards; environmental committees; and served as a court-appointed Guardian ad Litem, speak-



Joanne Busiel

ing in court on behalf of abused and neglected children.

More favorite things are singing, theatre, museums of every kind, reading, writing (family stories and poetry, especially Haiku), learning and exploring -- new towns, new roads, new friends -- and the potential of my new life at Kendal.

Upcoming Move-Ins

Barbara Barna will move from Berea, OH, to a Cottage in early September. No phone number yet available.

Joanne Busiel will move from the apartments to a Cottage in early September. Phone number remains the same.

Ruth Ann Clark and **Ardith Hayes** will move from Oak Point, IL, to a Cottage in early September. No phone number yet available.

Dan Reiber and **Gaye Laurell** will move from one Cottage to another Cottage in late September. Phone number remains the same.

Judy Tandy will move from one Cottage to another Cottage in early September. No phone number yet available.

Find biographies of all residents, newcomers and old timers, in "Who's Here" on the library center bookcase.

Sign up for CWRU "Right to Vote" Course

Case Western Reserve University's Continuing Education course "Right to Vote" will chronicle the evolution of US voting rights from the American Revolution to the present. The teacher-leader is Ellen Erzen, instructor at Cuyahoga Community College. Its first meeting will be on Monday, September 19 in the Crossroads Room from 10:00 to 11:30am, and it will continue at that time until November 5 (eight sessions in all). A sign-up sheet will be posted early in September.

Participants will read two books: "The Right to Vote: The Contested History of Democracy in the United States," by A. Keyssar, and "In Her Own Right: The Life of Elizabeth Cady Stanton," by E. Griffith.

The cost for the eight sessions is \$70.

Advance registration is required.

Write your check to Case Western Reserve University and put it in Jane Moore's Box #103 **before September 12**. CWRU will cancel the class unless a minimum number register for it by that date. Questions? Call Jane or Carol Ganzel.

Recent Moves-Ins

Barbara Bruer moved from Hartsdale, NY, to a Cottage in early August.

John and Harol Pesuit moved from Briarcliff Manor, NY, to a Cottage in early August. In early September, they will move to another Cottage.

Janet Wanyek moved from Wakeman, OH, to a Cottage in early August.

Recent Transfers

Connie LeBeau moved from an Apartment to Patterson in late July. She has no phone yet.

Computer Users Group Tues., Sept. 27 - 7:15pm - AUD “Uploading, Improving and Sharing Your Photos: Flickr and Picassa Explained”

Barbara Sawhill, Director of the Oberlin College Cooper International Learning Center, returns to talk about inexpensive ways for you to upload and share your digital images with others, using on-line tools such as Flickr and Picassa. She will also discuss ways to edit and improve your images prior to upload. No prior experience is necessary -- just bring your questions and enthusiasm! CILC is a technology center dedicated to exploring effective uses of technology (including digital media) in the teaching and learning of languages.

Some Success with Bluebirds and Tree Swallows This Summer

This year we had two nest box trails: the familiar one at Kendal and the new one in New Russia Township Park. At Kendal **bluebirds** laid 13 eggs in 3 nest boxes and we successfully fledged **9 bluebirds**. The successful bluebirds used the brown PVC pipe boxes. A house wren destroyed **4** eggs that were laid in a wooden box in a shrubby area behind a cottage.

Tree swallows laid **55** eggs in **9** nest boxes; **39** of the eggs hatched. While some eggs failed to hatch and some chicks failed to thrive, the loss of **many** eggs and chicks resulted from attacks by English house sparrows raiding the nest boxes. Attempts to “foster” 3 less severely injured chicks in a nest box “safe” from attacks failed. In the end, only **30 tree swallows** successfully fledged.

English house sparrows made **7** nest attempts in our nest boxes but, thanks to vigilant monitoring, no chicks fledged from a monitored nest box, though many fledged from nests in the dense pines and shrubbery on Kendal grounds. The new nest box trail in New Russia

Township Park got off to a late start. Even so, **3** of the **12** boxes were used by **bluebirds** who laid **10** eggs in them. In the first box, **2** of the young were taken by a predator -- probably a crow or hawk who reached into the box -- so only **1** survived to fledge but the **8** in the two other nests hatched and survived to fledge. In addition **tree swallows** used two of the nest boxes, laying a total of **8** eggs of which **7** hatched and survived to fledge. Plans are to add an additional **12** boxes, probably south of Butternut Ridge Road, on park property.

In addition to hordes of ducks and geese, an abundance of robins, cardinals, chickadees, goldfinches, nuthatches, woodpeckers, kingbirds, song sparrows, and yellow warblers nested and reared young on Kendal (Cont'd p. 9)

Walking Meditation in Heiser Tues., Sept 14 - 12:30-1:00pm

Learn ways to relax your body and calm your mind. Life is stress and the best thing we can do for ourselves is learn ways to let go of the things that drain our energy and learn to be “in the moment.” Meditation helps us find our true, happy selves. Walking Meditation is something you can do anytime you are walking, once you learn the technique.

We will meet at the Heiser lounge and either go outside or on Buttonbush Bridge, depending on the weather.

All are welcome. *-Jill Connors*

R>A>F ShopTalk

This is a “reminder” of a rule that we never spelled out here in *The Kendalight*. The IRS has decreed that non-cash donations to charities must be in “good or better” condition to be claimed as a deduction on your income tax filing. Notwithstanding the IRS rule, donations to the R>A>F Shop are welcome (except broken electrical or electronic items). But if an item is not deemed saleable in our Shop, we will not send you an acknowledgement for tax purposes; we will instead dispose of it in a way that will keep it out of the landfill.

We’re also looking for more volunteers to help with the work of the Shop -- work that seems to expand year by year. If you can help, please let us know; we will call on you when the work load threatens to get out of hand. Thanks so much to all who have helped, both regularly and from time to time. Receipts for the four weeks July 27 through August 23 were \$1568.47. *Keep It Flying! -Mary Simons, chair*

Drop-in Computer Workshop Sat., Sept. 24 - 3:30-5:00pm Staff Development Lab

Jane Eddy, computer facilitator for the Computer Users Group, will help you refresh basic computer skills, research personal interests online, or search online for answers to questions. Contact Jane Eddy for more information.

Kendal Kryptogram #79 -by Nina Love

MUDWALD RZLKXDUAY MR XPR UY WAPPUVOR

XYZ ZRXZON ZXYERP AH DXCUYE RZLKXDRZ

TRATOR BRPUALBON. -E. C. KWRBDRPDAY

Solution to Kendal Kryptogram #78: “Success is getting what you want. Happiness is wanting what you get.” -Dave Gardner

Shuffleboard Tourney

If you've signed up for the Shuffleboard Tournament, it's time for the fun to begin! By now you should have the "round robin" play schedule that came in your "in box". First games will start the week of September 5. Names and phone numbers of those you'll be playing against are listed on your schedule; please call and make arrangements with them.

All the equipment you'll need is stored on the ground floor of the north stairwell of the apartment building, near the exit to the parking lot. Game rules and note pads for score keeping are in a blue box with the equipment. The courts are on the covered walkway outside the apartment building. Have a great game!

-Don and Joyce Parker

Table Tennis Update

Our expanded table tennis schedule has turned out still more players. Indeed, had we the storage space, we could put a third high-quality table to good use! But for now that's a pipe dream. Meanwhile, we're tutoring happy novices in the basic strokes; our more practiced beginners have cleared the familiar hurdles and are imposingly hitting forehands and backhands. Our advanced players --- remember: it's all relative! -- go on honing the basic skills. Now and then, a spectacular exchange draws oohs and aahs from the sideline watchers (whose number has grown). Our regular open play sessions take place on Tu, Th, Sa, 9:30-11:30am. We must sometimes reschedule. For adjusted dates watch Channel 19, inquire at the Heiser desk, or contact Sidney Rosenfeld, Sports and Recreation Committee.

First Church United Fellowship Sat., Sept. 10 - Penn Room

9:30am Coffee, juice & muffins

10:00am "Summer Memories"

Bring a friend! All are welcome!

Walks in the Park

In September, the Kendal at Oberlin Park Walkers will take four walks. Meet at Heiser Reception Desk to car pool.

- **Saturday, Sept. 3** - 7:45am - Walk With a Doc from Cleveland Clinic, Bur Oak area, Black River Reservation.
 - **Saturday, 10** - 9:00am - Bacon Woods, Vermilion River Reservation
 - **Saturday, Sept. 24** - 9:00am - Cascade Park in Elyria.
- Questions? Call Jerry Berner.

It's Time for Your Yearly Kendal Pool Orientation

In July, all water class members and the "usual users" of the Kendal pool had their required yearly pool orientation. Now it's time for those who may want to use the pool or may have guests use the pool to participate in an orientation and education session.

You can come to the pool for a 15-min. orientation anytime the lifeguard is on duty (Wednesday, 4:00-8:00pm and Saturday/Sunday, 1:00-5:00pm). Contact the Fitness Office for other options, 775-9851. A few of the items covered are: review of the safety and emergency procedures; need for a pool buddy; shared use of locker rooms; pool sanitation; the use of the pool by children; pool use guidelines; and need to sign the Emergency Contact and Assumption of Risk forms.

-Jill Connors, Fitness Department

RELIGIOUS SERVICES

AT KENDAL

Episcopal Service

Holy Communion - Rev. Brian Wilbert
Saturday, September 10, 11:00am, CAR

First Church Service

Sunday, September 18, 4:00pm, CAR

Roman Catholic Mass

Friday, September 16, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:00am, Green Room

Bridge Results

Mondays: July 25: 1st, Betty O'Connor; 2nd, Bush Olmsted; 3rd, Betsy Belden.

Aug. 1: 1st, Betty O'Connor; 2nd, Betsy Belden; 3rd, Helen Randel.

Aug. 8: 1st, Connie Bimber; 2nd, Russ Bimber; 3rd, Nancy Beauchamp.

Aug. 15: 1st, Connie Bimber; 2nd, Helen Randel; 3rd, Bill Schreiner.

Aug. 22: 1st, Mary Beth McCalla; 2nd, Helen Randel; 3rd, Eileen Dettman.

Wednesdays: Aug. 3: 1st, Russ and Connie Bimber; 2nd, Connie Boase and Carol Ganzel; 3rd, Alice Kohl and Nancy Beauchamp; 4th, Eileen Dettman and Corning Chisholm.

Aug. 17: 1st, Cate and Paul Schwaegerle; 2nd, Alverta Schneider and Louise Breese; 3rd, Connie Boase and Mary Beth McCalla; 4th, Sue and Joe Palmieri.

Unitarian Universalists

Wednesday, September 21

4:15pm - Green Room

Making Meaning in Our Older Years, Rev. Mary Grigolia

Living a meaningful life takes on special challenges and brings its own gifts as we age. Come meet the OUUF Fellowship's new minister. All are welcome!

The Kendalight

A monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Drive, Oberlin OH 44074

Associate Editors: Connie Bimber, Robert Baldwin

Managing Editor: Elizabeth Aldrich

Immediate Past Editor: Betsy Thomas

Photos: Eleanor Helper

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Deadline for October 2011 issue of

The Kendalight is September 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles to:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number or email address.



Dining and Nutrition Services

Special Events for September

Monday, Sept. 5 - Labor Day Ice Cream Social at 3:00pm in the Courtyard Garden

Note: Regular hours for meal service in all dining rooms on Labor Day.

Monday, Sept. 26 - Ninde Scholars Reception - 5:00pm- AUD

Thursday, Sept. 29 - Rosh Hashanah Specials - Enjoy a few holiday treats on our menu.

Solo Diners, SPINACH Are Back!
Solo Diners: Wed., Sept. 14; 5:30pm, Den (second Wed. of month)

SPINACH: Wed., Sept. 28, 5:15pm, Penn Room (fourth Wed. of month)

Notes From Ann Pilisy

- **Assistive Devices** - Please be courteous and safety conscious! Be sure to move all assistive devices (rollators, power chairs, scooters) to designated areas so that they do not become tripping hazards in dining rooms. Each dining room has two rollators with trays to help residents get food to their tables. Staff will retrieve the rollators and make them available to others after you have been seated. Or remember to take advantage of the full or partial waited service option in Fox & Fell.
- **Holiday Gatherings** - Now is the time to plan and reserve space for a special meal for family and friends for upcoming holidays.
- **Kendal's Café** - Many groups enjoy meeting here throughout the day. Please move your chairs and tables back in place after you conclude your meeting.
- **Thanks** to Janet Kelsey Werner, Joy Walworth and Dina Schoonmaker for meeting with me twice this summer to update and improve the Boxed Lunch Order Form. Copies are available at the Heiser Front Desk and in Langston. Please be sure to return your completed order to Langston or to a member of Dining staff, so your box is ready for pickup at your specified time.
- **Congratulations** to Kendal AM Cook Saun Howard on completing her first Triathlon!

Bluebirds... (Cont'd from p. 7)

grounds. Of particular interest were **6 barn swallow** nests in carports or on top of fireboxes and on window frames, which this writer believes is a Kendal record. Barn swallows may be a nuisance in carports but they consume thousands of insects that they, like tree swallows, catch in flight. They typically lay 4 eggs; many residents observed 3 or 4 heads poking up out of nests. A modest guess is that two dozen fledged to help the 12 adult parents dine on insect pests. A pair of **rough wing swallows** (who also catch insects in flight) nested in an opening at the back of the swimming pool. All in all a pretty good season! *-Nina Love*

Kendal Northern Ohio 2011 Cultural Awareness Committee

October is Cultural Awareness Month. Coming in October...

Japanese Drummers, African Dance, Special Dinners, Tai Chi Demonstration and more.

Watch for details on Channel 19 and the Bulletin Boards!

Cultural Awareness Committee meetings take place monthly in the Kendal at Oberlin Den at 9:00am on the third Friday of the month: September 16; October 21; November 18, December 16.

-Cultural Awareness Committee

Energy Conservation: Transportation

1. Walk.
2. Ride your bike or trike.
3. Use public transportation.
4. If you are able, purchase a hybrid or electric car.
5. Since most of us still use gasoline powered cars:
 - a. Share rides and/or combine errands;
 - b. Keep your car tuned up and tires properly inflated;
 - c. Stay within speed limits; and
 - d. Purchase carbon offsets (see carbonfund.org). At this web site, you can find out how much carbon dioxide your car produces annually or how much is produced by an airplane you are using for a trip. Your purchase of carbon offsets buys clean power (e.g., solar or wind) to offset the CO² you have produced. *-Jerry Berner, Environmental Concerns Committee*

Join Kendal's Kitchen Tour on Wednesday, September 7

- Sign-up sheets were posted in late August. Tours, limited to eight people, start promptly in Langston at 10:00am or 3:00pm and last about 45 minutes.
- Enclosed shoes must be worn (no sandals or clogs) and hairnets will be given to everyone (Health Department rules). During the tour, avoid leaning on or touching kitchen surfaces and equipment. If you are ill, please do not come. Additional tours may be scheduled if needed.

Cardinal Shop News

We have sad news for residents and staff. Due to increased costs, we find we must raise our candy prices to 70 cents on Tuesday, September 6.

Call 775-9868 to hear announcements and menus of the day.
Or find them on our website:
www.kaores.kendal.org

SUN	MON	TUE	WED	THU	FRI	SAT
<h1>SEPTEMBER 2011</h1> <p>CCR = Crossroads Conf. Rm Bold Face = at Kendal GCR = Green Conf. Rm tx = Tickets needed WCH = Warner Concert Hall 🚌 = Kendal Bus WHT = Whittier Lounge CTS (tickets) 775-8169</p>				1 Reading of Kendalight 10:00am Crossroads Rm " Forks Over Knives" 7:15pm AUD No Health Lecture	2 News & Views 10:30am AUD	3 Walk With a Doc at Bur Oak 7:45am Heiser Assistive Device Wash - 11:30am-2:30pm Courtyard Garden Film: If It's Tuesday, This Must Be Belgium 7:15pm AUD
4 Quaker Worship 10:00am Green Rm English Country Dancing -- Every Sunday in September 7:15pm AUD Film: Popeye 7:15pm WHT	5 Labor Day Ice Cream Social Courtyard Garden 3:00pm Bridge 7:10pm AUD	6	7 Wed. Morning Discussion Group meets every Wed. 10:00-11:00am - WHT Kitchen Tours 10:00am and 3:00pm - MUST be signed up in advance Pairs Bridge 7:10pm AUD	8 Low Vision Internet Support Group 4:00pm Green Rm "Can I, Can't I? Will I, Won't I?" Dave Clark 4:00pm AUD Genealogy-History Group 7:15pm AUD	9 Sounding Board 10:00-11:00am Green Room Artist Reception: Bob Cothran 4:00pm Heiser Lounge	10 Walk in the Park: Bacon Woods 9:00am Heiser United Fellowship 9:30am Penn Rm Episcopal Serv. Rev. Brian Wilbert 11:00am CAR
11 Quaker Worship 10:00am Green Rm Film: Bee Season 7:15pm WHT ARS: Itzhak 🚌 Perlman, Violin 8:00pm Finney (tx)	12 Bridge 7:10pm AUD	13 2012 Budget Forum with Ann O'Malley 10:00am AUD Tuesday Tea at AMAM 2:30pm OC Convocation: Adrian Fenty 🚌 7:30pm Finney	14 Coffee Hour with Barbara Thomas 9:30am Langston LUNCH BUNCH: NINE Bistro 11:30am-2:00pm Walking Meditation 12:30pm Heiser Louise Melling, ACLU, OC Science Center West Lecture Hall - 4:30pm 🚌 Solo Diners 5:30pm The Den Scrabble 7:15pm CCR Jon Husted and Jennifer Brunner OC Sci Ctr West Lecture Hall - 7:30pm 🚌 21 Unitarian Univ. 4:15pm Green Rm Pairs Bridge 7:10pm AUD	15 KORA Council 10:00am AUD Artist Reception: David Miraldi 2:30pm Friends Corner Dining Thursday Lecture "OC Architecture: a Short History" Jane Blodgett 7:15pm AUD	16 Roman Cath. Mass 10:00am CCR	17 Harvest for Health JVS 10am -4pm Film: The King's Speech 7:15pm AUD
18 Quaker Worship 10:00am Green Rm "The Egyptian Revolution" 3:00pm AUD First Church Serv. 4:00pm CAR Film: Immortal Beloved 7:15pm WHT	19 Bridge 7:10pm AUD	20	22	23	24 Walk in Park: Cascade Park 9:00am Heiser CUG Drop-in Computer Workshop 3:30-5:00pm Staff Development Lab Play Readers: "Galileo" 7:15pm AUD OC Convocation: Ira Glass 🚌 8:00pm Finney (tx)	
25 Quaker Worship 10:00am Green Rm George Sakakeeny, bassoon 🚌 6:30pm WCH Film: Matilda 7:15pm WHT	26 Ninde Scholar Reception 5:00pm AUD Bridge 7:10pm AUD	27 BIG BUS: Stan Hywet Hall with Julie Shaw 9:30am-4:30pm Computer Users Group: "Flicker and Picassa" 7:15pm AUD	28 SI Hospice 4:00pm AUD SPINACH 5:15pm Wm. Penn Scrabble 7:15pm CCR OHC: "Learning From China" 7:15pm AUD	29 Rosh Hashanah dinner items	30 Afternoon Exchange Barbara Thomas 4:00pm AUD World War II Oral History Panel 7:15pm AUD	