



Celebrate Kendal's 19th Anniversary with a "Super Supper" on Thursday, October 4

Let's commemorate the 1993 opening of Kendal at Oberlin in a special way!! Instead of treating ourselves to an elegant (and costly) banquet, our Dining Services will serve a more modest dinner. This savings, together with any voluntary gifts by Kendal residents and staff, will be contributed to Oberlin Community Services, where Kendal residents volunteer to help in the food distribution process. In each of the past three years this donation has totaled over \$3,000. In 2012 thus far, OCS has not only experienced a significant increase in the number of clients served, but also a sharp increase in the overall usage of its food program. For the past five years, consistently 25% of the clients who come for help have never sought help before.

As recommended by KORA Council two years ago, kettles will be placed in each dining room throughout the day on Thursday, October 4 and donations by check (made out to "OCS") or cash will support the Oberlin Community Services food distribution program called Holiday Cheer.

By contributing to this program, we ALL can help significantly to brighten the season for a goodly number of our Oberlin neighbors. *-Janet Bolland, Volunteer, Oberlin Community Services; Janet Kelsey Werner, Chair, Food Committee*

2012 United Way Week of Caring October 8-12: Helping Blessing House

This year's United Way of Greater Lorain County focus is on Blessing House, a group home that provides a safe place for children whose families are dealing with emergencies.

Help us support this agency by taking part in some of our week's activities:

Monday, 10/8 -- Pumpkin Bowling in Stephen Care Center ambulance circle from 10:30am to 12:30pm – Cost is \$1 for three rolls of these orange autumnal orbs.

Wednesday, 10/10 -- Giant Bake Sale in the Heiser Lounge corridor from 11:30am to 1:30pm. Each piece of baked goods will be priced individually to sell. **Home-made or purchased bakery donations are**

needed! Bring these to the Heiser Lounge corridor by 9:00am for set-up.

Friday, 10/12 -- Root Beer Float Bar and Spaghetti Lunch from 11:30am to 1:30pm. Come to the Café for floats (\$2) and the Langston for a spaghetti meal complete with garlic bread and small salad (\$5).

**COFFEE WITH
BARBARA THOMAS
WEDNESDAY, OCTOBER 3
9:30AM - LANGSTON**

**BUDGET UPDATE
MONDAY, OCTOBER 29
4:00PM - AUDITORIUM
ANN O'MALLEY**

November 6, 2012 Election

Vote absentee if you do not have:

- **Current Ohio photo ID or driver's license;** **OR**
- **Utility bill (including the monthly bill from Kendal) with YOUR name and address on it.**

Every registered voter has received an application for an Absentee Ballot that should be returned to the Board of Elections as soon as possible in order to get your ballot in time to fill it out and mail it in by the end of October. The only identification necessary on the absentee ballot is the last four digits of your Social Security number. LWVOA *Voter Guide* will be inserted in early October in the *Advocate* that usually arrives in mailboxes on Mondays.

Do not throw it out. Check to see if the *Voter Guide* is inside. We will not distribute other *Voter Guides*. The *Voter Guide* will also be available on the Oberlin LWV website by the end of September: **LWVOberlinarea.org**.

DATES to REMEMBER:

Oct 2: Absentee ballots available.

Oct 8: Oberlin Community Candidates Night at First Church Oberlin.

Oct 9: Deadline for voter registration

Nov 2: Last day to vote in person at Board of Elections and **Last day** to request absentee ballot.

Nov 6: ELECTION DAY 6:30am to 7:30pm. **Bring ID.**

Absentee ballots accepted **in person** at Board of Elections until 7:30pm.

Nov 16: Absentee ballots with postmark on or before Nov. 5 must be received at Board of Elections to be counted. *-Dina Schoonmaker, LWVOA*



KNOW YOUR KORA COUNCIL

It's not too late! You have until **October 10** to make your donation to the Kendal at Oberlin Resident Association for KORA's 2013 programming. This is YOUR organization, funded entirely by the generous support of residents and their families. The donation box is on the Heiser Reception Desk during staff hours. Write checks to: **KORA**.

At the most recent KORA Council meeting we reviewed how we maintain an orderly procedure for scheduling the ever-expanding number of programs held at Kendal. It was noted that a computer glitch recently resulted in some scheduling confusion.

KORA's policies for scheduling programs (adopted 2/95, revised 2/06):

1. Events are scheduled at the front desk computer by the receptionist. Most events are open to all Kendal residents. Exceptions will occur, for example, for resident family reunions and Kendal at Oberlin catered meals.
2. Procedure for KORA Committees: Check with the receptionist for available time and space. Complete and turn in the "Room and Set-Up Request" form ["**blue sheet**"] to reserve the space. The space for the proposed event will be on hold in the computer. When the event is finalized, the committee chair (only) will notify the receptionist to confirm it on the computer.
3. Procedure for other resident groups or individual residents: Submit the proposed event and date to the appropriate resident standing committee or to the Administration. If approved, the committee chair or the Administration will notify the receptionist to place it on the computer. [**A "blue sheet" must be turned in.**]
4. A request by any Standing Committee or a group of Kendal residents for a program by a commercial speaker will be considered by the Program Committee, as either a paying or a free event.

5. A request from a company or an individual who wants to sell a product or service will not be considered by the Program Committee.

A list of standing committee chairpersons is on the KORA bulletin board and website (www.kaores.kendal.org).

Anne Elder, Chair of the Program Committee, will be glad to assist with programming.

Note that requests for Stephens Care Center public spaces are scheduled by Jara Stull or Michele Tarsitano-Amato. Any publicity information about an event on the "blue sheet" is automat-

ically sent to Kendal's Channel 19. The Website Committee's goal is to post a running calendar listing all events coming up in future weeks at www.kaores.kendal.org. Some technology problems have yet to be overcome. My thanks to all the residents involved in organizing, presenting and "A/V-ing" our extraordinarily rich "menu" of programs. A special "thank you" to our Facility Services staff who so efficiently set-up and take-down for these events and to the receptionists who graciously keep track of our complicated schedule. *-John Elder, KORA President*

Still Time to Register for LifeLong Learning Classes in Heiser

The Heart of Africa: on Safari in Kenya and Tanzania. A photo safari in five of the most beautiful game preserves in East Africa: Serengeti, Masai Mara, Ngorongoro Crater, Amboseli and Lake Manyara. Traveler Mary Behm, who calls this "the most exciting trip we've ever taken!" Tues., 10:30am to noon, **Oct. 16** (1 session). Fee: \$12. (class #7139)

Geology of the Great Lakes. From volcanoes to glaciers -- 3 billion years of spectacular Great Lakes scenery in the making using color images and maps to illustrate geologic processes. Charles Herdendorf, Professor Emeritus of Oceanography, School of Earth Sciences, The Ohio State University. Wed., 10:30am to noon, **Oct. 17 and 24** (2 sessions). Fee: \$15. (class #7140)

Religion and Politics. Some of the factors (both historical and systemic) which shape the way in which religion is used (rightly or wrongly) to affect the political affairs of a free society. Edward LeRoy Long, Jr., Pearsall Professor Emeritus of Christian Ethics and Theology of Culture, Drew University, and former Professor of Religion, Oberlin College. Thurs., 10:30am to noon, **Oct. 25 to Nov. 8** (3 sessions). Fee: \$20. (class #7154)

Opera Preview: Il mondo della luna by Franz Josef Haydn. A humorous story of three couples in love on earth who eventually, in spite of opposition, marry on "the moon." Jonathan Field, Director, Oberlin Opera Theater with students singing excerpts. Performances at Hall Auditorium start Nov. 7. Wed., 4:00 to 5:00pm, **Oct. 31** (1 session). Fee: \$10. (class # 7141)

Three Greek Inventions: the Alphabet, Democracy and Philosophy. Three discrete lectures: the simplicity of the alphabetic system led to the development of democratic rule in Athens and the creation of philosophical inquiry. James Helm, Professor Emeritus of Classics, Oberlin College. Mon., 10:30am to noon, **Nov. 5 to 19** (3 sessions). Fee: \$20. (class # 7142)

News & Views. Major foreign affairs topic taken from the latest "Great Decisions" briefing book published by the Foreign Policy Association. **November**, Ira Steinberg, Indonesia; and **December**, Terry Carlton, Energy Geopolitics. Fri., 10:30am to noon, **Nov. 2 and Dec. 7** (2 sessions). No fee or registration. Domestic issues sessions will be held occasionally; dates and subjects will be publicized prior to the discussion.

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

PROGRAMS

LECTURES

First Thursday Health Lecture: October 4 - 7:15pm - AUD Know Your Kidneys' Capabilities

Kendal resident Don Parker was on the clinical faculty of Northeast Ohio Universities College of Medicine as Associate Professor of Medicine. Dr. Parker, who retired in 1999, holds a board-certified subspecialty in nephrology.

Third Thursday Lecture: October 18 - "Gen Silent" 4:00pm & 7:15pm - AUD

4:00 pm - FILM: "Gen Silent"-- an award winning documentary about the LGBT community.

7:15pm - DISCUSSION of "Gen Silent" facilitated by Sharon Soucy, vice chair of Oberlin City Council. Older persons who are lesbian, gay, bisexual or transgender (LGBT) fear possible discrimination or bullying by caregivers or other seniors.

This event is co-sponsored by the Cultural Awareness Committee and the Third Thursday Lecture Committee.

Conversations With Community "Kendal at Oberlin's Murray Ridge Neighbors" Mon., Oct. 15 - 7:15pm - AUD

Thomas Forhan, Director of Human Resources, Lorain County Board of Developmental Disabilities, moderates a staff panel that will describe the services available at Murray Ridge Center and opportunities for volunteering. Murray Ridge Center, a part of the Lorain County Board of Developmental Disabilities, is located in Oberlin's nearby Industrial Park.

Check out our KORA website:
www.kaores.kendal.org

TRIPS

Lunch Bunch: Jackalope Lakeside, Lorain Wednesday, October 10

Serving up a variety of seafood to complement its water views, this bistro-style restaurant's specialty is homemade lobster bisque. Menu includes a variety of seafood appetizers as well as salads, sandwiches (including Lake Erie perch and walleye), pasta and pizza. Bus leaves Heiser at 11:30am, returning about 2:30pm. Van charge: \$7.00. Place check to KORA for \$7.00 in Box #89 by Monday, October 8. Lunch at your expense. Sign-up sheet posted Monday, October 1.

Bus: To the West Side Market and Old Detroit Road Fri., Oct. 19 - 10:00am-3:00pm

Gather your shopping bags; we're going marketing, again! Here's another chance to ride the small bus to the West Side Market and Old Detroit Rd. We will begin our tour at the market which is celebrating its 100th birthday. Merchants there carry an amazing variety of products from all over the world. **Most don't accept plastic.**

You can eat lunch in the cafeteria as well as examine every booth.

Next stop: **The Breadsmith**, a wonderful, artisanal bakery that will give us generous samples of the breads they have baked for that day.

Then on to **The Olive Scene**, a shop that carries an array of oils. Nearby are a gelato shop, stationery shop, antique shop and an Italian ceramic shop! If all the seats are filled, the bus cost will be \$15. Your name on the sign-up sheet does not constitute a reservation.

Place a check payable to KORA for \$15 in Box #120 to reserve your spot.

Oberlin Candidates to Speak at First Church on October 8

The 2012 Oberlin Community Candidates Night will be held at First Church Meeting House on Monday, October 8. Refreshments will be served at 6:30pm, followed by the gathering from 7:00-9:15pm in the Meeting House. Come hear candidates and learn about State Issues 1 and 2 and Lorain County and Oberlin School District issues. Come, be informed!
Sign up for Kendal bus.

OC Convocation: An Evening with Anna Deavere Smith Sat., Oct. 6 - 7:30pm - Finney

The actress, playwright, and author performs a blend of theatrical art, social commentary, journalism and intimate reverie.

Free; ticket required. Call CTS at 775-8169. Sign up for Kendal bus.

Film: "Patriocracy" Tues., Oct. 23 - 7:15pm - AUD

This new documentary film drills down to the roots of political polarization and offers sound solutions to move beyond it. Among those featured in this 56-min. version of the film are Bob Schieffer (CBS News), former Senator Alan Simpson, Pat Buchanan, Eleanor Clift (*Newsweek*/McLaughlin Group) and Ken Rudin (NPR). Sponsored by the League of Women Voters of the Oberlin Area.

Kendal at Oberlin Quarterly Health Services Forum Tues., Oct. 30 - 4:00pm - AUD

Residents are asked to submit topic suggestions or questions related to health services in the box on the Heiser Reception Desk from Monday, October 1 to Monday, October 8. Staff present will include Dr. Lal Arora, Molly Singletary, Stacy Terrell, Christa Decker and others, as needed to respond to the submitted questions.



**Sunday
Movies
in Whittier
at 7:15pm**

Oct. 7 - October Sky (1999) - True story of Homer Hickam, Jr., a coal miner's son who was inspired by the first Sputnik launch to take up rock-etry against his father's wishes. Rated PG.

Oct. 14 - Remember the Titans (2000) - True story of a newly appointed black coach (Denzel Washington) and his Virginia high school team learning to work together as a racially integrated unit. Rated PG.

Oct. 21 - The Wizard of Oz (1939) - Dorothy is swept away to a magical land in a tornado and with her three pals (and Toto) sets out on a quest to see the Wizard who can send her home.

Oct. 28 - Clue (1985) - Comic whodunit based on the popular board game. All the familiar characters -- Colonel Mustard, Miss Scarlet and so on -- gather in a Victorian mansion with murderous results.. Rated PG.

**Saturday Foreign Film
October 6 -7:15pm - AUD**

Gabbeh (Persian Rug) - Iran/France (1997) - This Gabbeh is the prized possession of an elderly couple who wash it by the river bank when all the images of the carpet appear as in a dream. This beautiful, magical-realist film shows the countryside where sheep are raised, leaves and flowers from plants are harvested for dye, and wool is spun in making this folkloric carpet. Director Mohsen Makhmalbaf's masterpiece is a profound tribute to beauty, nature, love and art. Farsi/English titles.

Friday Opera DVD - October 26 - 4:00pm and 7:15pm - AUD

The Queen of Spades - Because of its length, Tchaikovsky's opera will be shown in two parts: Part I will be shown at 4:30pm. Following a dinner break, Part II will begin at 7:15pm. The story, based on a novel by Pushkin, is about love, obsession and a ghost. This is grand opera at its finest! *-Allen Huszti*



**Art
Gallery
News**

Kendal Gallery - Lorna Kretchmar, recently retired, greatly admired art teacher at Oberlin High School, will show her work opening October 4. *-Marilyn Myerson*

Friends Gallery - Julia Van Wagenen's photographs of "Thailand's Rice Bowl" will continue through October.

We will hang paintings in oil and acrylic by Judy Sheldon on October 30. Judy is an Oberlin resident and a member of Kendal at Home. Read more about her and her paintings in the November *Kendalight*.

-Robert Taylor & Ted Nowick

Community Gallery - The Oberlin High School Student Art show, under the auspices of OHS Art Instructor Danielle Camino, will be on display through October. *-Joe Luciano*

**OHC: Baseball: Personal
Stories of the Game
Tues., Oct. 16 - 7:15pm - AUD**

Oberlin Heritage Center Trustee Steve Johnson shares some of his favorite stories as a major-league fan of America's popular pastime. Topics include his friendship with a major league umpire, volunteer work at the National Baseball Hall of Fame and his own on-going research. He will display vintage photographs and memorabilia from his private collection. Free and open to the public.

**Saturday Night Movie
October 20 - 7:15pm - AUD**

A Handful of Dust (1988) - Rich adaptation of Evelyn Waugh's ironic story about a doomed marriage among England's smart set in the early 1930s, and the unexpected results for both the stiflingly tradition-bound husband (brilliantly and movingly played by James Wilby) and the nonchalantly selfish wife (perfectly characterized by Kristin Scott Thomas) The movie also stars Rupert Graves, Judi Dench, Anjelica Houston, Alec Guinness. Rated PG.

**Conversations With Community
"Cleveland Museum of Art:
A Vision that Endures"
Mon., Oct. 22 - 7:15pm - AUD**

CMA senior director of endowment and development Marjorie Williams says the Cleveland Museum of Art endures because of the profound support of visionary philanthropists and leaders. She will highlight masterpieces in the collection as iconic symbols of the museum's commitment to artistic excellence, scholarship and community engagement.

**Computer Users Group
"Microsoft Excel"
Tues., Oct. 30 - 7:15pm - AUD**

Microsoft Excel is used mainly to show data in the form of spreadsheets, charts and graphs. Kendal resident Joe Palmieri will explain the program and answer any questions.

**First Thursday AMAM Lecture
October 4 - 5:30pm**

Allen Memorial Art Museum has instituted "First Thursday" evening hours with special programs and a reception. On October 4 at 5:30pm Dr. Laurence Kanter (OC '76), Curator of European Art, Yale University Art Gallery, will present a lecture entitled "Ghiberti, Brunelleschi, and the "Birth of the Renaissance." Free and open to the public.



LIBRARY NOTES

The Library Committee will meet at 4:00pm in the Library on Tuesday, October 16. Jane Moore, Chair of the Daily Desk Workers, asks that group to meet at 3:00pm, prior to the meeting. More information will be posted on the bulletin board outside the Library a week before the meeting.

All interested Kendal residents are invited to both portions of the meeting. Our updated Kendal phone book lists 308 residents, with room for more. **We need volunteers and ideas** for using space more efficiently. All suggestions are welcome. You need not wait for the meeting; contact either of the Co-Chairs, Betty Weinstock or Russ Bimber.

More Library volunteers would enable better management overall and better allocation of space and management of the magazines. We have been forwarding duplicates and recent removals from the main magazine racks to our Health and Wellness Clinic waiting room and selected other Kendal locations. *-Russ Bimber*

Tuesday Tea at AMAM October 9 - 2:30pm

Tim Scholl, Associate Professor of Russian and Comparative Literature, will talk about Russian theater and the Ballets Russes, in conjunction with the exhibition "Performers: Images of Dancers, Actors, and Musicians," recently opened in the Ripin Gallery at the Allen Memorial Art Museum. All are welcome. No registration, no fee.

Transportation Talk

Donna Smith, our transportation coordinator, has prepared a notebook entitled "Kendal at Oberlin Transportation Services." The table of contents:

1. Planning Your Transportation pamphlet
2. Kendal at Oberlin Transportation Services schedule
3. Oberlin Airport Shuttle Service schedule
4. Lorain County Transit Cleveland Commuter Service schedule
5. BeMyHiredDriver Overview information
6. Kendal resident reviews regarding BeMyHiredDriver

This notebook is on the shelf across from the open mailboxes. It is there for you to refer to.

-Diantha Paré and Donna Smith

OHC: The Campaign in the Wilderness

Tues., Oct. 9 - 7:15pm - AUD

Art historian (and Kendal resident) Marcia Goldberg looks at the presidential campaign of 1840 between incumbent Martin Van Buren and William Henry Harrison. Her talk features two works by the artist Alonzo Pease: a political banner for an 1840 Harrison rally in Elyria and an 1838 bird's eye view of Oberlin. Free and open to the public.

News & Views

Thurs., Oct. 11 - 10:30am - AUD

Kendal resident Al Carroll leads the discussion: "Exit From Afghanistan and Iraq: Right Time, Right Pace?" Sponsored by the Center for Life-Long Learning; there is no registration or fee. All are welcome.

Friends of OPL Book Sale

October 17, 5:00pm-8:00pm - Friends Preview Night

October 18, 10:00am-8:00pm

October 19-20, 10:00am-5:00pm

October 21, 1:00pm-3:30pm

Free, except for Friends Preview (new members can join at the door). Most items \$0.50-\$1.00. Fri.: \$5.00/bag. Sat.: All items half-price. Sun.: All items 10 cents. *-Joe Luciano*

Nominations for KORA Council for 2013

Nominated as Officers for a one-year term: President: Don Reeves; Vice President: Bob McClusky; Treasurer: Ira Steinberg; Secretary: Anne Martin

Council members in the middle of a two-year term: Eleanor Devereux, Thelma Morris, Don Parker, Eileen Payton, Bob Randel

Council members ending a two-year term but who will continue if elected: Elizabeth Aldrich, Mary Simons, Don Hultquist, John Elder

New council members to be elected for a two-year term: Diantha Paré, Ray LeGrand

Nominating Committee members continuing: Mary Lynne Grove, David Schaal

Nominating Committee members to be elected: Betty Weinstock, Ruth Miller, Del Jenkins



Vision Impaired

**Monthly On-Line National
Low-Vision Support Group**

**"Can Low Vision
Rehabilitation Help?"
Thursday, October 11
4:00pm - Green Room**

**Reading of *The Kendalight*
Come One, Come All!
Bring Your Calendars!**

**Monday, October 1, at
10:00am in Whittier Lounge**

Marie Evans reads the parts of *The Kendalight* which are important to you.

Call 775-9868 to hear announcements and menus of the day.

Welcome Kendal's New Residents

Randi S. Hoffmann

Our family fit into the boomer phenomenon (b.1946-1964) almost perfectly. I'm the eldest of six children. Born in Detroit, raised in Farmington, MI. Our childhood was very happy thanks to our hard-working parents, an executive father and (mostly) stay-at-home mother. The small cottage on beautiful Traverse Bay was more important to us than the 'burbs. Not only bringing us closer to nature, but also to each other. No TV, no radio! Just books, games and conversation filled our evenings. Even our cat refused to be left behind when we were going Up North.

I was determined to see the world, but I always returned to the Great Lakes. I worked midnights at United Airlines to put myself through the University of Michigan for a degree in history. The beauty was that I could "see" what I was studying by flying to London, Frankfurt or . . . Tahiti. (Somebody had to dance with that French sailor in the moonlight!)

Dreaming Together for Tomorrow's Reality Tues., Oct. 16 - 4:00pm - AUD

Come hear a panel of board and staff leaders from Kendal at Oberlin, Kendal at Home and Senior Independence reflect on how we can look beyond our own walls and programs to address needs unmet today and in the years ahead. Can we benefit the larger community as well as residents, members, current families, board, staff and volunteers? These ideas emerged from last May's Philanthropy Focus Groups.



I held the position of sales manager for the State of Michigan for Big Red Boat, Princess Cruises and Cunard Line for 23 years.

I'm very proud of my daughter, an assistant professor of anthropology at Oberlin College, and her husband, Aaron Dilloway, who is a musician and composer of Noise music. Grandson Leo spent several years at Kendal day care and granddaughter Sylvia starts Kendal in January. I plan to volunteer in this area. In the past I was a "cat comforter" at the local shelter near Ann Arbor and participated in a program bringing fine art to elementary students. I am excited to become part of the community of both Kendal and Oberlin and call them home. (And Lake Erie is only a few miles away. . . . Coincidence? I don't think so!)

Quaker Life 101

Three more sessions of Quaker Life 101 are being offered this fall:

- **October 8:** "Fox, Fell and other Seekers: An Interactive Quaker History," led by Deborah Roose;
- **October 22:** "More than Consensus -- How Quakers Carry Out Their Business," led by David Snyder;
- **November 12:** "Quaker Testimonies (Quaker values)," led by Don Reeves. All three sessions will be held on Mondays at 4:00pm in Heiser Auditorium. **All are welcome.**

It's Time for Your Flu Shot

Flu vaccines will again be available for Kendal at Oberlin residents and staff in October. **All vaccines will be given in the Heiser Lounge. Please wear short-sleeved clothing.** No appointments are needed during these hours.

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|----------------------------|-------------------------------------|
| Friday, Oct. 5: | 9:00-11:00am and 1:00-3:00pm |
| Wednesday, Oct. 10: | 9:00-11:00am and 1:00-3:00pm |
| Friday, Oct. 12: | 9:00-11:00am and 1:00-3:00pm |

-Ebony Baker, Health and Wellness Clinic Coordinator

R>A>F Shop Talk

The month of August was one of much hard work and some excellent sales for the R>A>F. Special Sales were held in two places, and furniture from seven different locations on campus contributed to the good total outcome. Receipts for the month were \$4,093, including about \$2,800 from special sales.

As I walk all over campus in the process of helping folks deal with "stuff" or belongings, there are wonderful occasions for conversation with people I meet along the way, as well as lots of exercise! Consequently, I have been reflecting on the choices people make about what to do with their stuff.

Throughout our lives when we are in transitions we want to have our favorite things with us -- like special clothes on the first day of school, or things from our rooms at home that we "have to have" when going away to college. Transitions into marriage and career offer other points of bringing particular stuff to get started. To exercise choice IS to exercise our power in life.

Transitions in our lives continue here at Kendal at Oberlin. As the R>A>F helps people deal with their belongings, I notice that some folks are taking charge of their stuff. Increasingly it seems that our adult children and families do not want all the belongings we have. Lately there have been some donations of very special things in people's lives, things that have been kept and cherished for a long time. And then they made a decision that those things were no longer really needed and were given to R>A>F. Often belongings are of an ordinary (*Cont'd p. 7*)

R>A>F Shop Talk...

(Continued from p. 6)

kind, but occasionally they are quite special. Such gifts to R>A>F> have resulted in excellent sales, and as such give much to the whole community of Kendal at Oberlin. When I went to college I was given the tremendous gift of having my education paid for by my parents. At the end of college my Dad said that I had received my inheritance, a wry way of saying "that's all there is." But he was right! He had given me my inheritance and then had the great pleasure of enjoying the ways I lived it out. I think we live our power in life when we make our choices rather than have life make choices for us. This includes our belongings, our stuff. Choosing where and when to share it or give it away gives us the pleasure of seeing where it goes and how we have shared our stuff with others. Many, many thanks to all the donors of "stuff" to the R>A>F for all who may benefit from this fund. *Keep it flying!*

-Ruth Ann Clark, R>A>F Chair

Recent Moves-Ins

Elizabeth "Betty" Marshall moved from Oberlin, OH, to one of the Kendal Apartments in mid-September.

Recent Transfers

Susan Klingaman moved from her Cottage to Whittier in early September. Phone remains the same.

Warren Wickes moved from His Cottage to an Apartment in mid-September. Phone remains the same.

IN MEMORIAM

ROSALYN COTHRAN
SEPTEMBER 7, 2012

FRANCES "FRAN" COFFIN
SEPTEMBER 8, 2012

The Computer Users Group Reschedules Program on eBooks to October 2

"How do I know which eBook reader to buy? What are the differences between them?" These are just a couple of the questions asked by library users. Marleen Watling, Public Services Librarian at the Oberlin Public Library (OPL), will discuss the various eBook readers and the variations between them, when she speaks in Heiser Auditorium on Tuesday, October 2, at 7:15 p.m. She will discuss the free software that needs to be uploaded in one's eBook reader, as well as how to set up accounts to do this. She will focus on procedures to borrow eBooks from OPL. There will be instructions for residents who use the Kindle and the ePub formats (Nook, Sony eReader, etc.). Marleen will provide handouts which explain the steps required, according to the device one owns, to check out books from OPL. There will be a QandA period to answer any questions about eBook readers and checking out books from OPL.

About Those Jigsaw Puzzles

Due to the lack of storage space for donated jigsaw puzzles, we're asking all of you wonderful donors to store them in your own units for now. Note that our policy is to make the puzzles, put them on display, then recycle them to the R>A>F or Senior Center. *-Eileen Dettman*

September KatO Board News

The Board's Generative Discussion in September featured a conversation with **Steve Maag of LeadingAge, Washington D.C.** He provided insights from a national perspective on challenges to nonprofit senior living organizations that have historically been tax-exempt, but today may not stand up to the tests of charity, if challenged. Organizations cited in various states have lost part or all of their property tax exemptions because they were seen as high-end CCRC's whose "charitable purposes" were little known or used for surrounding community needs. The importance of tracking charitable activities and dollar values was emphasized. The Board will be looking at establishing a social accountability policy. Holleran, an organization we use for resident and staff satisfaction, has provided training and tool kits for organizations to evaluate themselves in this regard. **The Board approved moving forward with a new initiative to curb employee health care costs.** The program will offer a strong emphasis on wellness programming for all staff, even those not enrolled. While the program will not offer upfront savings, it does project to "bend the curve" of health costs over time, much the same way the Peace Church Risk Retention Group (PCRRG) has done with liability costs. *(Continued on p. 9)*

Kendal Kryptogram #92 -by Nina Love

DO EMWQDPDMX RBM WE DUMB

MADE GLEE, MALU FAX THU'M DM

RLM WE BWM? -FDZZ KBRLKE

Solution to Kryptogram #91: "A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty."

-Sir Winston Churchill (1874-1965)

Supporting Friends, Wheelchair Brigade Need Volunteers!

Would you like to have a cup of coffee with a resident in the Stephens Care Center, or perhaps sit with someone in the garden, or go to the library, or help with the mail, or visit for a while with a resident who is ill? Many such useful activities are performed by members of **Supporting Friends**, one of the older committees at Kendal. Some of our former members are in SCC themselves. We need more volunteers and hope some of our newer residents will join us.

Supporting Friends recently set up a subcommittee, **The Wheelchair Brigade**. After a short training, members are available to push a resident who uses a wheelchair to Kendal events, stay with the person, then push him or her back to the room. This allows the professional staff to remain on duty in SCC.

One of the best things about living at Kendal is our community, and Supporting Friends helps to knit us together. We hope you will join us and sign up on one of the sheet is in front of the open mailboxes. Questions? Contact Margaret-Ann Ellis or Connie Bimber.

Little Yellow Balls

Have you felt the itch to try your hand at table tennis (aka "ping pong") but shied from getting started? Why miss out on the fun and easy exercise? If you look into the auditorium some morning, you'll find a bunch of us happily spinning the little yellow balls back and forth on three inviting tables. Some of us will be going at it with patient resolve, others with abandon, but all of us with good humor. And we'll all modestly confess to the status of beginner, whether it's beginning, intermediate, or (semi-) advanced beginner. When we play games, the contest is friendly. If it's all just for fun, though, why bring in top Ohio player and teacher Keith Pech (20 years old!) to help us get the hitches out of our strokes? That's easy! The better our forehands and backhands, the better we play and the greater the pleasure from our energizing pastime. At Kendal, all of us are always cheerfully ready to help one another advance. And we're progressing together in a spirit of comradely accomplishment. So the next time you hear the clickety-clack of the little yellow balls, step through the door and give table tennis your first try. Or at least a first good look. You'll always feel welcome. -*Sidney Rosenfeld, Chair*

Sports & Recreation Committee

Saturday Park Walks

Oct. 6, 8:30am - "Walk With a Doc," Bur Oak.

Oct. 13, 9:00am - Black River/Steel Mill.

Oct. 20, 9:00am - French Creek/Nature Center.

Oct. 27, 10:00am - Carlisle/Duck Pond (**Halloween - Bring a picnic lunch**) - Note change in time

This is the last full month of Saturday Park Walks for 2012. Meet at Heiser Reception Desk at the times listed to car pool.

Questions? Contact Jerry Berner.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion, Saturday,
Oct. 13, 11:00am, CAR.

First Church Service

Sunday, October 21, 4:00pm, CAR

Roman Catholic Mass

Friday, October 19, 10:00am,
Crossroads Room.

Society of Friends

Sundays, 10:00am, Whittier.



Bridge Results

Mondays: Aug. 27: 1st, Carol Ganzel; 2nd (tie), Betty O'Connor and Nancy Beauchamp.

Sept. 3: 1st, Connie Bimber; 2nd, Bill Schreiner; 3rd, Helen Randel.

Sept. 10: 1st, Bill Schreiner; 2nd, Eileen Dettman, 3rd, Cathy Fauver.

Sept. 17: 1st, Harvey (the invisible rabbit); 2nd, Cathy Fauver; 3rd, Helen Randel.

Wednesday: Sept. 5: 1st, Helen and Bob Randel; 2nd, Betty O'Connor and Warren Wickes; 3rd, Ed and Paul Schwaegerle.

Sept. 19: 1st, Helen Randel and Ed Schwaegerle; 2nd, Cate and Paul Schwaegerle; 3rd, Betty O'Connor and Warren Wickes; 4th, Mary Lynne Grove and Robert Taylor.

In the Cardinal Shop Now

The 2013 Monthly Planners (calendars) are now on the shelves. And check out our assortment of cards and gifts

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents

Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

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Deadline for the November 2012 issue of *The Kendalight* is October 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open box. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Special Events for October

Thursday, Oct. 4 - Kendal at Oberlin 19th Anniversary

Savings from "Super Supper," along with any voluntary gifts by Kendal residents and staff, will be contributed to Oberlin Community Services.

Monday, Oct. 31 - Halloween!

- Fall/Winter menu cycle begins

Recycling at Kendal:

Kendal Dining Services is committed to recycling. There are recycle bins in the kitchen for: cardboard, cans, glass, china, plastic and compost. Additional recycle bins are in the employee lounge. We encourage all residents and staff to access reusable containers whenever possible, or to get their disposables to a recycle bin.

September KatO Board News...

(Continued from p. 7)

It was reported that the effort to develop a new 10-Year Master Plan is well underway. The architectural firm RLPS has led Kendal through nine focus groups (165 people, 3000+ slips/responses); a two-day charette (96 people); and six small groups focused on community space needs/wants. Working with RLPS is Reese Engineering, specialists in geothermal systems who will complete an analysis of alternative energy sources. The hiring of a construction management service is the next important step for realistic cost estimates leading to financing of the Master Plan. As part of the Master Plan Report, the Board approved a resolution that will allow our current Master Planning expenses to be charged off to any new financing, should it be acquired.

The Board has been reviewing its Bylaws. They will be reviewed once again at their November meeting after input by Kendal Northern Ohio and The Kendal Corporation. One key modification elaborates on the scope of authority and powers of Kendal Northern Ohio as the sole member. The wording clarifies that the authority does not exceed that of The Kendal Corporation powers which are spelled out within the Bylaws.

Appreciation was noted for the successful CARF-CCAC Reaccreditation Visit. It was accomplished by the involvement of many residents, staff and Board. Accreditation is being sought under the CCRC, Person-Centered, and Dementia Care standards. The CARF-CCAC team departed with a verbal report of many useful suggestions for various areas, but no recommendations (as in 2007). The official report is due in October.

-John Picken, Chair, Board of Directors

First Church United Fellowship Saturday, Oct. 13 - Penn Room

9:30am: Refreshments (pastries made or supplied by two of our members)

10:15am: Lois Pozega, Executive Director, Family Promise of Lorain County. All are welcome.

Kendal UU Gathering Wed., Oct. 17 - 4:15pm - AUD "Permaculture and Unitarian Universalism: a Match Made in Heaven?"

Tom Gibson, a member of the First Unitarian Church of Cleveland, initiated a project to create a permaculture garden at his church, raising \$70,000 from members and friends and organizing a crew of 120 volunteers to work on the garden. All are welcome.

Energy Conservation:

Kendal Residents Focus on Energy Efficiency

At the architects' focus group sessions (August 1-2), Kendal residents expressed their interest in improving our energy efficiency. There were more than eight responses favoring each of the following energy-related improvements to our Classic Cottages. The list of resident responses is "in the order of popularity."

- More natural light
- Solar power
- Energy efficient and quiet HVAC systems
- Geothermal heating
- Energy efficient appliances
- Improve insulation
- Monitor energy usage in individual units
- Water conservation, e.g. rain barrels
- Educate residents about improving energy efficiency
- Instant hot water heaters
- Energy efficient windows
- Wind power
- Natural landscaping

There were many more energy related responses. To see the entire list look at the Focus Group reports in the Kendal Library. *-Jerry Berner*

MEET, GREET AND EAT on Monday, October 15

Meet, Greet and Eat will return on Monday, October 15, at 5:30pm. Signup sheets will be posted below the open mailboxes on October 8. Reserve your place early! The usual dining options in Langston and the Fox and Fell will be available for those who do not want to participate.

Watch for the Sign-Up Sheets

Solo Diners: Thurs., Oct. 11, 5:30pm, The Den (second Thursday)

SPINACH: Wed., Oct. 24, 5:15pm, Penn Room (fourth Wednesday)

SUN	MON	TUE	WED	THU	FRI	SAT
<p>English Country Dancing -- Every Sunday in October 7:15pm AUD</p> <p>NOTE: UN Dinner and World Market will be held on November 17 at First Church</p>	<p>1</p> <p>Reading of Kendalight 10:00pm - WHT</p> <p>Bridge 7:00pm AUD</p>	<p>2</p> <p>Computer Users: "All about eBooks" 7:15pm AUD</p> <p>The Sphinx Virtuosi 🚗 8:00pm Finney</p>	<p>3 Wed. Morning Discussion Group meets every Wed. 10:00-11:00am - WHT</p> <p>Coffee Hour with Barbara Thomas 9:30am Langston</p> <p>Pairs Bridge 7:00pm AUD</p> <p>Spencer Myer, Piano 🚗 8:00pm WCH</p>	<p>4</p> <p>Thursday Lecture 5:30pm AMAM</p> <p>Kendal 19th Anniversary Super Supper Health Lecture: "Know Your Kidneys' Capabilities" Dr. Don Parker 7:15pm AUD</p> <p>Oberlin Sinfonietta 🚗 8:00pm WCH</p>	<p>5</p> <p>Flu Shots - HL 9:00-11:00am 1:00-3:00pm</p> <p>Len Garver's Trolley Run 4:45pm Heiser Lge</p> <p>Oberlin Chamber Orchestra 🚗 8:00pm Finney</p>	<p>6</p> <p>Walk With a Doc at Bur Oak 8:30am Heiser</p> <p>Film: Gabbeh 7:15pm AUD</p> <p>OC Convocation: Anna Deavere Smith 🚗 7:30pm Finney (tx)</p>
<p>7</p> <p>Quaker Worship 10:00am WHT</p> <p>Film: October Sky 7:15pm WHT</p>	<p>8</p> <p>Quaker Life 101 Deborah Roose 4:00pm AUD</p> <p>Candidates Night First Church 🚗 6:30pm - Meet/Greet 7:00pm - Forum</p> <p>Bridge 7:00pm AUD</p>	<p>9</p> <p>Tuesday Tea 2:30pm AMAM</p> <p>OHC: "The Campaign in the Wilderness" 7:15pm AUD</p>	<p>10</p> <p>Flu Shots - HL 9:00-11:00am 1:00-3:00pm</p> <p>Lunch Bunch: Jackalope Lakeside, Lorain 11:30am-2:30pm 🚗</p> <p>Scrabble 7:15pm CCR</p>	<p>11</p> <p>News & Views 10:30am AUD</p> <p>Low Vision Internet Support Group 4:00pm Green Rm</p> <p>Solo Diners 5:30pm The Den</p>	<p>12</p> <p>Flu Shots - HL 9:00-11:00am 1:00-3:00pm</p> <p>Sounding Board 11:00am WHT</p> <p>Ohio Senator Sherrod Brown Reports to his Constituents 7:15pm AUD</p>	<p>13</p> <p>Walk in the Park: Black River/ Steel Mill Trail 9:00am Heiser</p> <p>Met Opera HD at Crocker Park: The Elixir of Love 🚗 Iv. Heiser 11:40am</p> <p>United Fellowship 9:30am Penn</p> <p>Episcopal Serv. 11:00am CAR</p>
<p>14</p> <p>Quaker Worship 10:00am WHT</p> <p>Film: Remember the Titans 7:15pm WHT</p>	<p>15</p> <p>Bridge 7:00pm CCR</p> <p>"Murray Ridge Neighbors" 7:15pm AUD</p>	<p>16</p> <p>"Dreaming Together for Tomorrow's Reality" - Philanthropy Focus Group 4:00pm AUD</p> <p>OHC: "Baseball" 7:15pm AUD</p> <p>Faculty Chamber Music Recital 🚗 8:00pm Kulas</p>	<p>17</p> <p>UU Gathering 4:15pm AUD</p> <p>Pairs Bridge 7:00pm AUD</p>	<p>18</p> <p>KORA Council 10:00am AUD</p> <p>Thursday Lecture "Gen Silent" Film 4:00pm AUD</p> <p>Thursday Lecture "Gen Silent" Discussion: Sharon Soucy 7:15pm AUD</p> <p>Arts & Science Orchestra 🚗 8:00pm Finney</p>	<p>19</p> <p>BUS: West Side Market, Old Detroit Road shops 10:00am-3:00pm</p> <p>Roman Catholic Mass 10:00am CCR</p> <p>"Gen Silent" Film 11:30am AUD (repeat showing)</p>	<p>20</p> <p>Walk in the Park: French Creek/ Nature Center 9:00am Heiser</p> <p>Film: Handful of Dust 7:15pm AUD</p>
<p>21</p> <p>Quaker Worship 10:00am WHT</p> <p>First Church Serv. 4:00pm CAR</p> <p>Film: The Wizard of Oz 7:15pm WHT</p>	<p>22</p> <p>Quaker Life 101 David Snyder 4:00pm AUD</p> <p>Bridge 7:00pm CCR</p> <p>"CMA - a Vision that Endures" 7:15pm AUD</p>	<p>23</p> <p>Film: Patriocracy 7:15pm AUD</p>	<p>24</p> <p>SPINACH 5:15pm Wm. Penn</p> <p>Scrabble 7:15pm CCR</p>	<p>25</p>	<p>26</p> <p>Opera DVD: "The Queen of Spades" - AUD Part I - 4:00pm Part II - 7:15pm</p>	<p>27</p> <p>Walk in the Park Carlisle/Duck Pond- Halloween! 10:00am Heiser</p> <p>Met Opera HD at Crocker Park: Otello 🚗 Iv. Heiser 11:40am</p>
<p>28</p> <p>Quaker Worship 10:00am WHT</p> <p>Cable Co-op Annual Meeting 4:00pm AUD</p> <p>Film: Clue 7:15pm WHT</p>	<p>29</p> <p>Budget Update Ann O'Malley 4:00pm AUD</p> <p>Bridge 7:00pm AUD</p>	<p>30</p> <p>Quarterly Health Services Forum 4:00pm AUD</p> <p>Computer Users Group: "Excel" 7:15pm AUD</p>	<p>31 Halloween!</p> <p>Priority List Luncheon 11:30am Fox & Fell</p>	<h1 style="color: red;">October 2012</h1> <p>CCR = Crossroads WHT = Whittier Lounge GCR = Green Rm Bold Face = at Kendal HL = Heiser Lounge tx = Tickets needed WCH = Warner Concert Hall 🚗 = Kendal Bus</p>		