

The **Kendalight**

Kendal at Oberlin Residents Association

October 2011

Volume XVIII, Number 10

Celebrate Kendal's 18th Anniversary with a "Super Supper" on Thursday, October 6

Come commemorate the 1993 opening of Kendal at Oberlin in a special way! Instead of treating ourselves to an elegant (and costly) banquet, our Dining Services, in consultation with our Food Committee, will serve a more modest dinner. The savings, together with any voluntary gifts by Kendal residents and staff, will be contributed to Oberlin Community Services, where Kendal residents regularly volunteer to help in the food distribution process. In each of the past two years this donation has totaled over \$7,000. In 2011 OCS has not only experienced a significant increase in the number of clients served, but also a sharp increase in the overall usage of its food program. For the past four years consistently 25% of the clients who come for help have never sought help before. As recommended by last year's KORA Council, kettles will be placed in each dining room throughout the day on October 6, and donations by check (made out to "OCS") or cash will support the Oberlin Community Services food distribution program called Holiday Cheer. By contributing to this program, we can help significantly to brighten the season for a goodly number of our Oberlin neighbors.

-Janet Kelsey Werner and Janet Bolland

A Focus on Cultural Awareness at Kendal at Oberlin

Kendal's Cultural Sensitivity Committee has selected October as Cultural Awareness Month. We have organized community events offering learning opportunities and group fellowship throughout this time. Planned events include a cultural display in the Heiser Lounge (October 3-31) with books, articles and quizzes for staff and residents. Here's a calendar of the month's events:
10/6 - Kendal at Oberlin's 18th anniversary Super Supper;
10/7-8 - Yom Kippur;
10/10 - Columbus day observance with Italian menu;
10/11 - Native American observance with lunch and dinner items;
10/12 - El Dia de la Raza (Mexico's Day of the Race);
10/15 - Japanese drummers and

Hawaiian New Year (Makahiki);
10/18 - Clean Water Act enacted in 1972 on this day: give thanks for the water we drink;
10/20 - Talk by Don Reeves on the Quaker perspective of unconditional acceptance;
10/20 - Talk by City Manager Eric Norenberg on State of the City; soul foods on menu;
10/24 - United Nations Day;
10/29 - United Nations Dinner and World Market, First Church, UCC;
10/31 - Halloween; dress up in an ethnic or cultural costume!
The Committee hopes all of our residents and staff members will join in the fun and the learning as we continue to explore all the ways we are different -- and celebrate together! Watch Channel 19 for more details on these community events - *-Toni Merleno*
Director of HR & Operational Services

**KENDAL SYSTEM
PRESENTATION
TUESDAY, OCTOBER 4
7:15PM - AUDITORIUM**

**COFFEE WITH
BARBARA THOMAS
THURSDAY, OCTOBER 13
9:30AM - LANGSTON**

**AFTERNOON
EXCHANGE
FRIDAY, OCTOBER 21
4:00PM - AUDITORIUM
BARBARA THOMAS**

**BUDGET UPDATE
MONDAY, OCTOBER 24
4:00PM - AUDITORIUM
ANN O'MALLEY**

Kendal's Cultural Sensitivity Committee has been meeting monthly this year to discuss ways to bring cultural awareness and to make learning about different backgrounds an enjoyable experience! Staff: Barbara Thomas, Toni Merleno, Brittny Shay, Mary Baker, Ann Pilisy. Residents: Mary Ashbrook, Donna Baznik, Connie Bimber, Anne Elder, John Elder, Eleanor Helper, Priscilla Steinberg and Donna VanRaaphorst. Our meetings take place in The Den at 9:00am on the third Friday of each month and all are welcome to join us.



KNOW YOUR KORA COUNCIL

What a delight it is to welcome so many new Kendal residents, especially as our Phase 3 cottage “move-ins” occur! Of course, this means we are challenged to learn new names -- some of us struggle to remember the names of even our closest loved ones. **Wearing our name tags will certainly help newcomers feel more at ease.**

As for programs, we discussed at KORA Council how to maintain an orderly procedure for scheduling the ever-expanding number of programs held at Kendal. **KORA's policies (adopted 2/95, revised 2/06) are:**

1. Events are scheduled at the front desk computer by the receptionist. Most events are open to all Kendal residents. Exceptions will occur, for example, for resident family reunions and Kendal at Oberlin catered meals.
2. Procedure for KORA Committees: Check with the receptionist for available time and space. At this time complete “Room and Set-up” request [Blue Sheet] to reserve space. The space for the proposed event will be on hold on the computer. When the event is finalized, the committee chair (only) will notify the receptionist to confirm it on the computer.
3. Procedure for other resident groups or individual residents: Submit the proposed event and date to the appropriate resident standing committee or to the Administration. If approved, the committee chair or the Administration will notify the receptionist to place it on the computer.
4. A request by any Standing Committee or a group of Kendal residents for a program by a commercial speaker will be considered by the Program Committee, as either a paying or a free event.
5. A request from a company or an individual who wants to sell a product or service will not be considered by the Program Committee.

(Program Committee chair is Anne Elder. A list of standing committee chairpersons is on the KORA bulletin board and on www.kaores.kendal.org, KORA's website.)

Note that requests for Stephens Care Center public spaces are scheduled by Jara Stull or Michele Tarsitano-Amato. Information about programmed events should be submitted to *The Kendalight*, Channel 19 and Michele Tarsitano-Amato for the SCC weekly schedule.

At the September KORA Council meeting we discussed the possibility of re-naming the Phase 1, 2 and 3 cottages, since those impersonal numerals will soon lose meaning. The consensus emerged that the residents of each phase should settle on a name that they would propose to KORA Council. I understand that the Phase 1 residents have already agreed that they would like their area to be called “Meadow Pond.” The suggestion was made that Phase 2 become “Rock Pond” and Phase 3 residents determine a name that might relate to their pond(s). The long-standing dialogue continues regarding ways to make the layout of the “classic cottages” more understandable to visitors, as well as to our own community! -*John Elder, KORA President*

TRIP: Cuyahoga Valley Scenic Railway to Akron and Return, on Wednesday, October 19 - 7:30am-5:00pm

The Life Care bus will take us to the end of the railway line in Independence. Then we'll board the train and ride to Akron, listening to commentary linked to the audio tour by GPS.

A private trolley will take us first to Akron City Museum, then at about 12:30pm to the Akron Art Museum (\$5 admission if you are not a member of AMAM). Lunch on your own -- brown bag it or purchase it along the way. Place check to KORA for \$37 in Box #120 to save your spot for this special trip!

News & Views Domestic Issues Fri., Oct. 21 - 10:00am - AUD

A special session on “A Nation in Debt: How Can We Pay the Bills?” based on the Kettering Foundation and National Issues Forum Issue Book. Copies of the book will be distributed at News & Views on October 7 and will also be available in the Kendal Library. This domestic issues program will follow the Kettering small-group discussion format. Presented by specially trained Kendal moderators.

Still Time to Register for LifeLong Learning Classes in Heiser

News & Views. Foreign affairs (based on Foreign Policy Assn. briefing book, “Great Decisions”). Fridays, 10:30am to noon, **Oct. 7**, Vera Cooke on Germany's Ascendancy; **Nov. 4**, Ira Steinberg on The Caucasus; and **Dec. 2**, Floyd Ramp on Making Sense of Multilateralism. Fee: none, registration not required.

The Civil Rights Movement. Major personalities and organizations in the movement from its nascent origins to the late 1960's. Donna VanRaaphorst, history professor at several Ohio colleges for 30 years. Thurs., 4:00pm to 5:30pm, **Oct. 27, Nov. 10, 17** (3 sessions). Fee: \$22. (NHIS 110C)

Opera Preview: A Wedding. Review of the comic opera by William Bolcom, based on Robert Altman's 1979 film, with a complex plot with 19 characters on stage, all but one family members. Students will sing excerpts. Oberlin Opera Theater performances start Nov. 16 at Hall Auditorium. Alan Montgomery, assistant music director emeritus, Oberlin Opera Theater. Wed., 4:00pm to 5:00pm, **Nov. 2**. Fee \$10. (NMUS 211C)

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

PROGRAMS

LECTURES

Health Lecture:

Thurs., Oct. 6 - 7:15pm - AUD

Speaker: Dr. Louis Kepler, orthopedic surgeon. Co-director, The Spine and Orthopedic Institute at St. Vincent Charity Medical Center, Cleveland.

Third Thursday Lecture: “The State of the City”

Thurs., Oct. 20 - 7:15pm - AUD

Speaker: Eric Norenberg, Oberlin City Manager.

OC Convocation: An Evening with Salman Rushdie

Wed., Oct. 12 - 7:30pm - Finney

Sir Salman Rushdie has acquired critical acclaim and international controversy for his writing. His 1981 novel, “Midnight’s Children,” was recently named the Best of the Booker, securing his spot as the top winner in the award’s 40-year history.

Free; ticket required. Call CTS at 775-8169. Sign up for Kendal bus.

Kendal at Oberlin Quarterly Health Services Forum

Wed., Oct. 26 - 4:00pm - AUD

Topics to be discussed:

- Preparing for Flu Season
- The Aging Heart
- How to Adjust to Diminishing Eyesight

A Window on Kendal’s World

Check out our KORA website:

www.kaores.kendal.org

And check two other interesting “Other Kendal” links, both produced by KatO’s Admissions and Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.

TRIPS

Lunch Bunch: Martino’s International Cafe, Vermilion Wednesday, October 12

This popular spot calls itself “international” for a good reason. The menu includes Lake Erie perch, wiener schnitzel, pierogies, Italian pasta, crepes and more. And they serve breakfast all day! Van leaves Heiser at 11:30am, returning about 2:30pm. Van charge: \$8.00. Place check to KORA for \$8.00 in Box #89 by Sunday, October 9. Sign-up sheet posted Saturday, October 1.

United Nations Dinner Saturday, October 29 First Church in Oberlin

Once again Oberlin will host an international Community United Nations Dinner in First Church Fellowship Hall to recognize and celebrate the work of the UN. As usual, the World Market, featuring arts and crafts to sell from many different developing countries in Asia, Africa and Latin America, will be open at that time in the J. F. Oberlin Room.

There will be continuous seating from 5:00 to 7:30pm. Price: \$10.00 for adults; \$5.00 for students. Students will be the servers. Proceeds from the dinner will support the cost of sending students from Langston Middle School and Oberlin High School to attend a mock United Nations conference in Columbus. Last year’s dinner provided \$1700 to help defray the cost to students. Christine Bayless, Langston 7th grade special studies teacher, expects 50 students from Langston and 20 from Oberlin High School to take part this year. Tickets are available at Kendal, Carlyle Shop and many Oberlin churches.
Sign up for Kendal bus.

Oberlin Candidates to Speak at First Church on October 10

The 2011 Oberlin Community Candidates Night will be held at First Church Meeting House on Monday, October 10. Refreshments will be served at 6:30pm, followed by the gathering from 7:00-9:15pm in the Meeting House. There will be 8 City Council candidates, 3 School Board candidates, 3 state issues, 2 county issue and 2 Oberlin schools issues. Come, meet the candidates and be informed. **Sign up for Kendal bus.**

TRIP: “Smart House” at the Museum of Natural History Thurs., Oct. 6 - 12:30-5:30pm

Sponsored by the Environmental Concerns Committee. You can eat on the bus if you like, then we’ll have two hours at the museum. Cost: If we fill the bus, \$20; if we don’t, there will be a modest surcharge. To reserve your space on the Life Care bus, place a check to KORA in Box #120. Questions? Call Pat Talbot.

Listen and Learn: LCCC’s Strategic Planning Process Wed., Oct. 12 - 4:00pm - AUD

Lorain County Community College feels that it is important for people from all walks of life to help shape its future. The Management Assistance for Nonprofit Agencies (MANA) and the League of Women Voters of the Oberlin Area (LWVOA) are co-hosting a discussion to gather your ideas about the future of LCCC.

Representatives from the Public Services Institute will first share a short video on recent accomplishments and possible future opportunities for the college

If you would like to participate in this discussion, RSVP Bob McClusky or Elizabeth Aldrich.



**Sunday
Movies
in Whittier
at 7:15pm**

Oct. 2 - Gaslight (1944) - Mystery-thriller stars Ingrid Bergman, Charles Boyer, Joseph Cotten and 18-year-old Angela Lansbury in her screen debut.

Oct. 9 - Hocus Pocus (1993) - Three outlandishly wild witches return from 17th-century Salem after they're accidentally conjured up. Rated PG.

Oct. 16 - Sweeney Todd (2007) - Barber Benjamin Barker, aka Sweeney Todd (Johnny Depp), forms a sinister partnership with Mrs. Lovett, a baker of meat pies. Nominated for three Oscars. Rated R.

Oct. 23 - Murder on the Orient Express (1974) - Albert Finney as sleuth Hercule Poirot grills an all-star cast in Agatha Christie's whodunit set on a snowbound train. Rated PG.

Oct. 30 - Arsenic and Old Lace (1944) -Mortimer Brewster (Cary Grant) discovers that his two kindly old aunts' hobby is killing lonely old men and burying them in the cellar.

**Saturday Favorite Movie
October 1 -7:15pm - AUD**

Sweet Lorraine (1987) - The Lorraine is a small family-owned hotel in the Catskills that is almost on its last legs as the staff tries to keep it going.

Fri., Oct. 14 - 7:15pm - AUD

The King's Speech (2010) - Touching film about the valiant and successful efforts of England's King George VI to overcome his stuttering. Rated R.

Friday Opera DVD Night - October 7 - 7:15pm -AUD

Dialogue of the Carmelites - Francis Poulenc's opera had its premiere at La Scala in 1957. Based on an actual event during the French revolution, it tells the story of young aristocratic Blanche de la Force, who enters the Carmelite Order and is executed with the entire convent during the Reign of Terror. Rather than a continuous story-line, the opera is a series of events leading to the tragic ending. Riccardo Muti conducts this 2004 La Scala production.



**Art
Gallery
News**

Kendal Gallery - A colorful show of watercolors and mixed media by Robert Raack of Cleveland Heights opens on October 11. Watch Channel 19 for time and date of an artist's reception for him. *-Marilyn Myerson*

Friends Gallery - The works of two Cleveland-area printmakers, Maria Kaiser and Ruthe Stone, go up on Oct. 11 and will be on display through early December. *-Robert Taylor & Ted Novick*

Community Walls - Resident Don Parker's paintings will be on exhibit until mid-November. *-Katie Brown*

Friends Dining Room -- Resident Betsy Belden's watercolors are now on display. *-Katie Brown*

**Art Sale in the West Corridor
October 5 - 8:30am to noon**

The Art Committee is having a "de-accessioning" sale. Kendal has accepted donations of art from residents who have found that they did not have proper space for some of their pictures and who have given their art for use in the public spaces in Kendal. We have found that there is not a proper place for some of this work and have decided to offer them at reasonable prices at this sale. Proceeds will go to the Art Committee for use in the repair or reframing of some valuable pieces.

**OHC: Frank Jewett and the
Jewetts: More than Aluminum
Wed., Oct. 26 - 7:15pm - AUD**

Brothers Kenneth and Gregory Jewett's ancestors include John P., who operated the Jewett Publishing Co., the first to publish Harriet Beecher Stowe's "Uncle Tom's Cabin." Learn more about this fascinating family from Greg and Ken (who appears in 18th century period costume). Free; open to the public.

**Saturday Night Movie
October 22 - 7:15pm - AUD**

Body Heat (1981) - William Hurt and Kathleen Turner strike sparks in a sexy, haunting tale of desire and skulduggery that echoes a 1940's film noir but is charged with an energy and passion that could only flare in the 1980s. Lawrence Kasdan's directorial debut and Kathleen Turner's film debut. Rated R.

**Genealogy-History Group
Thurs., Oct. 13 - 7:15pm - AUD**

Peggy Reid reviews genealogy sources in the Cleveland area, including the Western Reserve Historical Society at University Circle and the Church of the Latter Day Saints (Mormons) in Westlake. She will demonstrate how the computer program Family Tree for Windows can incorporate photos, stories and a variety of facts about your ancestors and can also access the *Ancestry.com* and other genealogy databases on the Internet.



Several years ago the Genealogy Group had a popular program on ancestor objects. Kendal residents presented items that had been passed down by an ancestor (grandparents or older). A repeat program is planned for November, and the group is looking for participants. Presentations before the audience will be brief, two or three minutes, depending on the object and the original owner. Objects should be of a size that can be easily handled by the participant. There will be no exhibition preceding the program, so no object is ever out of the owner's hands. Interested residents should call Marcia Goldberg.



Free Speech Bulletin Board

The small bulletin board outside the Library is for residents to post major news items, notices of local events, political opinions, and so on without needing approval. All items must be signed and include the date of posting and an open box number where the item can be returned. Posting is usually limited to seven days. (Exceptions are made for information on contacting legislators and some future events.)

Items proposed for the main group of bulletin boards near the mailboxes are supposed to be placed in the Bulletin Board Committee's open mailbox to keep the bulletin boards tidy.

-Russ Bimber

Computer Users Group Updates

Kendal's Computer Users Group's mission is to help one another by sharing problems, answering questions, giving tips and advice on computer use at monthly meetings (and via email), and volunteering as computer tutors to work with residents in the computer lab or in residents' individual units. Almost two years ago residents completed a Computer Users Group survey in which they indicated their computer expertise, type of computer, internet browser, search engine, knowledge of Word, Excel, Photo Shop, Power Point, and so on. They also told us what they wanted to learn about computers, and had suggestions for future meetings. If residents who filled out the survey originally have made changes in email addresses or providers, they should send the updated information to Eleanor Whitehead or Ira Steinberg. New residents are invited to attend our meetings and to fill out the survey. Forms will be available at the meetings.

Tuesday Tea at AMAM October 11 - 2:30pm

Barbara Sawhill, Lecturer in Hispanic Studies, will discuss the connections between learning a foreign language, identity and self-portraiture at the Allen Memorial Art Museum. All are welcome. No registration, no fee.

What, Why the International Baccalaureate (IB) Program

The League of Women Voters of the Oberlin Area offers a chance for community members to see IB in action on Tuesday, Oct. 18 from 7:00pm to 8:30pm at Oberlin High School. Teachers at each level will demonstrate the program with students. Ann Glass, Oberlin Schools Curriculum Coordinator, notes that, unlike advanced placement (AP) classes, IB is not only for the most talented but also the less academically talented students who make some of the best gains. **Sign up for Kendal bus.**

Trail Magic: Visiting a Positive Energy Home Sat., Oct. 1 - 2:30-4:30pm

The Environmental Concerns Committee is sponsoring a tour of Trail Magic, Carl and Mary McDaniel's climate neutral home in Oberlin.

Monthly On-Line National Low-Vision Support Group

"Hallucinations and Low Vision: Understanding Charles Bonnet Syndrome"

Thursday, October 13
4:00pm - Green Room

Liz Trauernicht, Macular Degeneration Foundation, and Prof. Oliver Sacks, Columbia University.

Trick or Treat: Relationships Between Thai Spirits and People Thurs., Oct. 27 - 7:15pm - AUD

Fern and Jay Ingersoll will draw on their many years in Thailand to relate and illustrate, with slides, their dramatic encounter with the world of the spirits and their later experiences with that shrouded world. They will focus on the desires of the people to seek protection from evil spirits and security from good spirits -- for their homes, villages, cities, country, as well as public and commercial institutions. The Ingersolls' own spirit house will emphasize spirit veneration as one of the earliest religious attempts to cope with human hopes and fears.

Computer Users Group "Creativity with Digital Photography"

Tues., Oct. 25 - 7:15pm - AUD

Co-sponsored by the Computer Users Group and the Art Committee, Dick Baznik will discuss the use of computer software to improve and modify digital images, including live demonstrations with various kinds of photographs. This is not about fancy, expensive equipment and computer programs, but about the use of your time and creative abilities to achieve what you want to produce -- and even some things you can't entirely predict but might still enjoy.



Vision Impaired

Reading of *The Kendalight* Come One, Come All! Bring Your Calendars!

Saturday, October 1, at
10:00am in Crossroads Room

Marie Evans reads the parts of *The Kendalight* which are important to you.

Call 775-9868 to hear announcements and menus of the day.

2011 United Way Week of Caring October 10-14: Helping FAITH House

Plans are underway for our annual Greater Lorain County United Way Week of Caring during October 10-14. Kendal residents and staff will welcome back a few favorite activities as well as enjoy some new experiences. Look for all the event details on the main bulletin board beginning October 3. This year, Kendal will be “adopting” FAITH House, a United Way agency here in our county; all proceeds from the events will benefit this organization. What is FAITH House? Located on E. 30th St. in Lorain, FAITH House provides safe, affordable housing to single-parent homeless families in need. Through supportive services, they help families to gain the independence needed to become active in the greater community, sustain permanent housing and alleviate their chances of becoming homeless again. Staff help provide an array of services that address each family’s needs and serve as a source of compassion and encouragement during the FAITH House journey.

There are two phases. FAITH House I opened in 2002 and provides transitional supportive housing to single-parent homeless families for up to two years as the families rebuild their lives and work towards self-sufficiency. Consisting of eight apartments, it has assisted over 120 families since opening. In 2007, as the need for permanent low-income supportive housing grew, FAITH House II was opened. With a building complex of just eight units,

FAITH House II has been home to 30 families. We are proud to support the efforts of this non-profit organization as they provide one step in the journey from homelessness to permanent housing.
*-Kim Blair for Staff
Special Events Committee*

Upcoming Move-Ins

Martin Davidoff will move from Catonsville, MD, in mid-October. No phone number yet.

Michael Fletcher will move from Mechanicsburg, PA, in late October. No phone number yet.

Paul Spierling and Pauline Handman will move from Katonah, NY, in mid-October. No phone number yet.

Recent Moves-Ins

Barbara Barna moved from Berea, OH, in early September.

Ruth Ann Clark and Ardith Hayes moved from Oak Park, IL, in early September.

Find biographies of all residents, newcomers and old timers, in “Who’s Here” on the library center bookcase.

In the Cardinal Shop Now

The 2012 Monthly Planners (calendars) are now on the shelves. And check out our assortment of cards and gifts

R>A>F Shop Talk

In order to create space for new merchandise coming in, the R>A>F volunteers will be watching “Hold” stickers more closely than in the past. If you want something held for a day or two while you get change or your checkbook or while you arrange to transport an item you’ve purchased, be sure to write your name beside the “Hold” on a Post-It note or on the masking tape sticker. After a few days’ time, we may remove your “Hold” if we don’t know your intentions. Thank you for all the support you give the Resident Assistance Fund through your purchases and your donations. We hope to treat our shoppers more fairly by tightening up our procedures as described.

Receipts for August 24-September 20 were \$2,508.80, including a \$1,360 commission on the sale of a car.

Keep It Flying! -Mary Simons, chair

Recent Transfers

Lyn Albright moved to Whittier in early September. Phone number is the same.

Joanne Busiel moved from the apartments to a Cottage in early September. Phone number is the same.

Ed and Lois Friedman will move to a new Cottage in early October. Phone number is the same.

John and Harol Pesuit moved to a new Cottage in early September.

Dan Reiber and Gaye Laurell moved to a new Cottage in late September. Phone number is the same.

Ruth Schwaegerle moved to Whittier in late September.

Judy Tandy moved to a new Cottage in mid-September.

It’s Time for Your Flu Shot

Flu vaccines will again be available for Kendal at Oberlin residents and staff in October. **All vaccines will be given in the Heiser Lounge. Please wear short-sleeved clothing.** No appointments are needed during these hours.

- Monday, October 17: 9:00-11:00am and 1:00-3:00pm**
- Wednesday, Oct. 19: 9:00-11:00am and 1:00-3:00pm**
- Friday, October 21: 9:00-11:00am and 1:00-3:00pm**

-Laurie Dupee, Health and Wellness Clinic Manager

LeadingAge Ohio Statewide Winners

Three Kendal at Oberlin entrants were winners in the 2011 statewide LeadingAge Ohio Art and Writing Exhibit. Congratulations to:

Jane Hannauer, Woven Art Honorable Mention; **Don Parker**, Prose Fiction: First Place, "The Visitation,"

Jane Hannauer, Prose Non-Fiction: Third Place, "My City."

Participants who went to state, but did not receive awards: Eva Greenberg and Eleanor Helper.

Seats Still Available for Bus to Severance Hall for S-1 Series

Four seats are still available on the bus to Severance Hall for the Cleveland Orchestra's S-1 Series for three Sunday afternoon concerts. Sign-up sheet is on the ledge opposite the mailboxes. Bus fare is based on number of riders. For concert information, check the Activities Bulletin Board. Questions? Call Joy Illig.

Trip to Kendal at Granville for a Tour, Lunch and Football Saturday, October 29

Ted Barclay, President of Kendal at Granville, says he wants "to reciprocate for our very wonderful trip to Oberlin last year. Your hospitality and entertaining tour were a highlight for our busload of residents who made the trip." Kendal residents are invited to the Denison University-Oberlin College football game. The tentative plan for our visit is for a guided historical tour of the village of Granville (founded in 1805) conducted by local historian Dr. Tony Lisska. Residents will host our group for lunch at Kendal at Granville, then off to the game at 2:00pm. **Watch for the sign-up sheet.**

IN MEMORIAM

HARVEY GITTLER
SEPTEMBER 15, 2011



7/15/11
to
9/16/11

Nature Sightings at Kendal

Meg Gold had four bobolinks on the east side of the Heiser Circle Pond -- eating thistles -- on 7/18. Orcutts had a bunch of dragonflies in July at Rock Pond: Widow Skimmer, Twelve-Spotted Skimmer, Halloween Pennant, Eastern Amberwing, Back Saddlebags, and a Damsel fly, the Eastern Forktail. The green herons are still regularly around Rock Pond (sometimes two together) and Buttonbush Pond (Ruth Bent and Peg Schultz) -- could they be the same ones? "Voice like a stuck metal door, but beautiful metallic green and chestnut color, shape like a lawn dart," according to Adie. "If you see him, look up. He flies over KatO campus daily." Nighthawks were also seen regularly over Kendal buildings "High over KatO campus, calling while performing aerobic flights, diving from low-cloud level, swooping straight down to low-rooftop level and up to repeat" (Orcutts). Helen Ketcham and I disturbed one in a tree near the Young's cottage, and he flew in a disturbed way around us for quite a while, yelling at us. Etta Ruth writes "no butterflies seen in butterfly garden but a hummingbird enjoyed it" on 7/23. Fran Cooper had a northern flicker foraging behind #108 on 7/24. And on 7/27 at 3:30am a raccoon

was on the porch at #223. On 7/31, J. R. Luciano saw 12 pied-billed grebe at Buttonbush Bridge!!

On 8/4, one ruddy duck was swimming around in Rock Pond with the mallards as if he were one of the flock. He was still there on 8/31, seeming very comfortable with the mallards and they with him. He was seen almost daily with the mallards until 9/14, when suddenly a female ruddy appeared. Today, 9/16, he was still there in the lilies with her; the mallards were swimming around, by themselves! Eastern swallowtail and black swallowtail were seen at the toll bridge and in the courtyard garden by Ann Martin on 8/8. And Peg Schultz had an eastern kingbird on 8/10 at Rock Pond. Cedar waxwings, Rock Pond, 8/11, by Scott; purple finches and a goldfinch, 8/17, Tom Martin in the Therapy-Garden-to-be, and three bluebirds near Parking Lot 6, Peg Schultz. But, possibly the best of the time, a white hummingbird, (leucistic, not albino) seen on 8/25, 26, and 27 by the Schoonmakers at #222, Phase 2. Nina Love had him/her again on 9/3 near #8 with two normally colored young ones. On 8/28 a green-backed (I think it is again called green heron) was at Island Pond, according to Etta Ruth. A double-crested cormorant was swimming in Rock Pond on 9/6, and the next day he chased a common egret off the Rock there. Coopers hawk on 9/13 in a tree in front of Heiser, Fran Cooper and (Continued on p. 8)

Kendal Kryptogram #80 -by Nina Love

GRL OLNTW GLNZR UMZR GRNG GRL

KNOW ALPLT DAYS.

-TNEVR SNEKY LULTWYA

Solution to Kryptogram #79: "Without education we are in horrible and deadly danger of taking educated people seriously." -G K Chesterton

Walks in the Park

Saturday, Oct. 1 - Walk With a Doc at Bur Oak - 8:45am.

Saturday, Oct. 8 - Walk with Cleveland Hiking Club at Columbia Reservation 3 miles - 9:15am - (refreshment stand)

Saturday, Oct. 15 - Bacon Woods (rescheduled from Sept. 10) - 9:00am

Saturday, Oct. 22 - Black River/Steel Mill Trail - 9:00am

Saturday, Oct. 29 - Carlisle/Duck Pond Halloween Decorations - 9:00am

We will meet at Heiser desk to carpool. Questions? Call Jerry Berner, 774-6025 or jberner@oberlin.net.

Reiki and Reflexology Complimentary Sessions

Susan Flanigan, certified in both reiki and reflexology practices, will provide free introductory sessions on Tuesdays, October 4 and 11, 1:00-4:00pm and Fridays, October 7 and 14, 9:00am-noon. Participation in these introductory sessions will help Kendal gauge the level of interest in these practices. Call the Health and Wellness Clinic at 775-9819 to make appointments.

Nature Sightings...

(Continued from p. 7)

Anne Helm; and a Kingfisher on Island Pond, Peg Schultz.

The middle of last month had the end of the cardinal flower and blue lobelia, the beginning of the goldenrod. This month the goldenrod is in full bloom, the tickseed sunflower (not really a sunflower but a bidens) is somewhat past its prime, though still gorgeous, and the asters (specially the New England) are starting. The central section of the hill is taken by sun flowers (prairie? maximum? showy??) and they are best ever this year -- because of the wet spring and summer, I guess. Anyway, enjoy!!!

Keep them coming!

-Betty Weinstock, writer-up

More Table Tennis Tidings

Table tennis at Kendal is setting new records. Our thrice-weekly sessions see up to 12-14 veteran and new residents top-spinning the little orange ball over the net. The group is almost evenly divided between women and men; more than half are aspiring beginners. All but one of us took up modern top-spin table tennis -- as opposed to the garage game of "ping pong" -- at Kendal. We've become a look-in site for Kendal residents, visitors, and Try-It-You'll-Like-It folks. With this upsurge, the need for a third good table has become clearer from week to week. All we need is storage space, a problem that goodwill can quickly solve.

Watch Channel 19, inquire at the desk, or ask Sidney Rosenfeld for our shifting weekly schedule. Table tennis is a lifetime sport. Join in the fun!

*-Sidney Rosenfeld, Chair
Sports & Recreation Committee*

Unitarian Universalists

Wed., Oct. 19 - 4:15pm-AUD
"Madame Perkins" and the American Dream

Demaris Davis appears as FDR's Secretary of Labor Frances Perkins and explains the spiritual basis of Social Insurance, with a few remarks on dressing so an all-male audience will listen to a woman. **All are welcome.**

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion, Saturday, Oct. 8, 11:00am, CAR. Rev. Nancy Roth.

Third Sunday Service

Sunday, October 16, 4:00pm, CAR

Roman Catholic Mass

Friday, October 21, 10:00am, Crossroads Room

Society of Friends

Sundays, 10:00am, Green Room

Bridge Results

Mondays: Aug. 29: 1st, Helen Randel; 2nd, Carol Ganzel; 3rd, Betsy Belden..

Sept. 5: 1st, Betsy Belden; 2nd, Helen Randel; 3rd, Betty O'Connor.

Sept. 12: 1st, Eileen Dettman (one table)

Sept. 19: 1st, Betsy Belden and Nancy Beauchamp (tied); 2nd, Helen Randel and Bill Schreiner (tied).

Wednesdays: Sept. 7: 1st, Russ and Connie Bimber; 2nd, Alice Kohl and Nancy Beauchamp; 3rd, Helen and Bob Randel; 4th, Cate and Paul Schwaegerle.

Sept. 21: 1st, Helen and Bob Randel; 2nd, Russ and Connie Bimber; 3rd, Bush and Levona Olmsted; 4th, Nancy Beauchamp and Alice Kohl.

First Church United Fellowship Saturday, Oct. 8 - Penn Room

9:30am: Coffee and fellowship
10:00am: TBA

All are welcome.

The Kendalight

A monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Drive, Oberlin OH 44074

Associate Editors: Connie Bimber, Robert Baldwin
Managing Editor: Elizabeth Aldrich
Immediate Past Editor: Betsy Thomas
Photos: Eleanor Helper
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Production: Don VanDyke

Deadline for November 2011 issue of *The Kendalight* is October 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles to:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in Kendalight open mailbox. All articles must carry a signature and telephone number or email address.



Dining and Nutrition Services

Special Events for October

Monday, Oct. 10 - Columbus Day - Enjoy our Italian menu.

Tuesday, Oct. 11 - Native American/Indigenous People Day - Features a special menu.

Monday, Oct. 31 - Halloween! - Cultural/ethnic dress representing your heritage encouraged!

Stats on our Kendal Kitchen Tours August 31: 8 attended at 10:00am; 6 attended at 3:00pm; 1 on private tour for resident with scooter on September 1.

September 7: 2 attended at 10:00am (6 signed up); 4 attended at 3:00pm (5 signed up). No additional tours are planned in 2011. Please let Ann Pilisy know if you would like a tour, so future tours can be planned in 2012.

Newcomers' Reception Tues., Nov. 1 - 4:00pm - Heiser Lounge

All residents are invited to welcome our many new friends and neighbors, listen to live music and enjoy refreshments. **Please wear your nametags!**

Solo Diners, SPINACH: Watch for the Sign-Up Sheets

Solo Diners: Wed., Oct. 12, 5:30pm, The Den (second Wed. of month)

SPINACH: Wed., Oct. 26, 5:15pm, Penn Room (fourth Wed. of month)

Volunteers Needed -- Apply Today!

Early autumn is often the Beginning - - new opportunities, new energy, new interests. The Volunteer Coordinating Committee is ready to help YOU find the right opportunity! We have several requests right now where there are needs. Check these over -- part of the Kendal ethos is giving back to the community. : **Oberlin Heritage Center** has needs three or four times a year to help with mailings. Check Mary Ann at 774-1700.

Listening Post is an opportunity to spend time with elementary students, letting them know someone cares. Check Evelyn Kountoupes at 775-4539.

Grandparent Reading is a fun way to read with elementary students each week. Check Francine Toss at 775-3473.

Boys and Girls Club of Lorain County has a facility just up the street and welcomes recreation and tutoring assistance. Check Mike at 775-2582.

Oberlin Weekday Community Meals serves evenings daily at Christ Church and always needs servers. Check 774-3808.

CASA (Court Appointed Special Advocates) provides training to assist a judge in determining appropriate placement for children referred to the Court. Check Ed at 440-329-5158.

Kendal Volunteers are always welcome in the Stephens Care Center. Check Michele or Jara for training 775-9890, 9858.

If you would like more information, contact the Volunteer Coordinating Committee: Chair Anne Elder, Budd Werner, Peg Schultz, Martha Stacy.

The Volunteer Bulletin Board is a good reference for current opportunities. Check it out by the Kendal Early Learning Center.

Energy Conservation: Using Newer Lightbulbs

1. Change to Compact Fluorescent Lamps **now**: Since they last 10 times longer than incandescents, use one-quarter to one-third as much energy, and create 70% less heat, you can use larger wattage-equivalents.
2. The newer bulbs illuminate faster; and are available in 3-way, dimmable and covered (bulb-shaped) styles in many colors and light spectrums.
3. *Consumer Reports* (October 2010, February 2011) recommend EcoSmart, Feit and Philips brands for lamps. These are available at Home Depot and possibly at other discount stores. Quality does not correlate with cost.
4. Place your burned out CFLs along with other fluorescent bulbs in the designated container in every trash room. If your trash room has no container and sign, contact Facility Services.
5. Because there is such a small amount of mercury in CFLs, the glass shards pose a larger risk than the mercury. If a CFL breaks, sweep up (do not vacuum) the glass fragments; place broken pieces in a sealed plastic bag and wipe the area with a damp towel to pick up any stray shards. Place the used towel in the plastic bag and discard in trash. If weather permits open the window to allow the room to ventilate.
6. In October Kendal will be receiving 250 CFL bulbs from Oberlin Municipal Power and Light Services. When they arrive, we will tell you how we will distribute them to our residents.
7. Light-emitting diodes (LEDs) are the most efficient of all lighting options. Presently these are quite expensive. With advancing technology costs will continue to come down. *-Jerry Berner, for Environmental Concerns Committee*

A Recycling Reminder

In order to be recycled, shredded paper should be placed in a totally closed (so nothing can fly out) paper or clear plastic bag and then deposited in a paper recycling bin. *-Dina Schoonmaker,*

