

The Kendalight

Kendal at Oberlin Residents Association

May 2016

Volume XXIII, Number 5



2016 SPRING FLING Saturday, May 7, 7:15-10:00pm

This year's theme: "The Bird's the Thing!" Come enjoy! Be amazed at the transformation of Heiser by Ted Nowick and his nimble-fingered crew into a Paradise for Birds!

Be creative and dress in your favorite bird-themed outfit -- wings, hat, T-shirt, binoculars. Or just wear something that's comfortable.

Program begins at 7:15pm featuring Stephens Care Center Bell Choir, English Country Dancers, Saun's Tappers, the Waltz Duo and maybe a surprise or two! After the program, it's time to check out the birds: you can Pin the Feather on a Bird, Go on a Bird Walk, Identify Bird Calls, Guess the Number of Eggs, and Take a Bird Quiz.

Bring your favorite snacks that enhance the evening's avian theme for the Social Hour in the Fox and Fell following the games and performances. The evening ends as Helen Taylor leads a Sing-a-Long in the Lounge.

First-Ever KORA Rev-Up Fair a Great Success!

More than 160 residents came to the Rev-Up Fair in Heiser Auditorium and Lounge on Thursday, April 14 to talk with members of KORA standing committees, subcommittees and various service groups. Attendees saw short, lively presentations by some of the committees, then made the rounds of over a dozen tables to meet committee members, ask questions, pick up information and get inspired to join a group.

Dwight Call (left), Randy Wagner and Carol Longworth told residents about the activities of their respective committees at the April 14 KORA Rev-Up Fair.

Photo: Terry Kovach

Fun Fitness Week Returns to Kendal at Oberlin June 6-10

Our annual Fun Fitness Week begins on Monday, June 6, and concludes on Friday, June 10, with a healthy appreciation luncheon in the Fox and Fell.

Once again we will plan more than 20 FUN activities during the week. By participating in at least one of these, you will earn a free lunch on Friday!

If you would like to help us plan and execute activities for this popular event, please let us know. We welcome new ideas and helpers.

The planning meetings will take place on May 2, 9, 16 and 23 from 1:00-2:00pm in Whittier Lounge. Contact Jill Connone (775-9851, jconnone@kao.kendal.org) or Jerry Berner -- or just come to the meeting.



**COFFEE HOUR
WITH BARBARA THOMAS
TUESDAY, MAY 3
9:30AM - LANGSTON**

**AFTERNOON
EXCHANGE
MONDAY, MAY 23
4:00PM - AUDITORIUM
BARBARA THOMAS**

Know Your KORA Council

The official launch of The John Bartram Arboretum at Kendal at Oberlin will take place on May 6. Many Kendal residents will be wearing green T-shirts with our arboretum logo that day. I decided to pull out my old Morton Arboretum T-shirt and read the design on the back featuring the answers a group of 4th graders gave to the question, "What difference does one tree make?" I'll reveal more of their answers at the opening ceremony, but here are a few quotes: "Wherever you find trees, you find life." "One tree provides oxygen."

The natural beauty of our campus was a frequently mentioned "strength" in the recent SWOT sessions organized by the Strategic Planning Committee. Fulfilling our responsibilities to develop it as a certified arboretum will be the work of years, building on this strength and enhancing our environment for residents far into the future. Helped by the work of the "Arb" Committee and others, we begin! If the April meeting of KORA Council had a theme, it was "gratitude". Dennis and Judy Cook spent many hours installing an improved sound system in the ceilings of the Fox and Fell and the Langston. A resolution of thanks was recorded in the Minutes. Construction Liaison Grace Tompos thanked Jim Helm and members of the Woodshop Committee, and Ruth Ann Clark and the Kendal Resale Shop team, for the last-minute rescue of items from three vacated cottages, just ahead of the construction deadline. They had three days in which to complete the work of sorting, clearing and transferring. Smaller items went either to the Resale Shop or to various local charities; the large items such as cabinets were removed by Jim's team for pickup by Habitat for Humanity. A big "thank you" and much applause accompanied the report of Coordination Committee Chair Sue Palmieri who with Janet Kelsey Werner, Anne

Spring LifeLong Learning Courses in Heiser Auditorium

News & Views: Foreign Affairs. Discussion leaders present a major foreign affairs topic from the "Great Decisions" Foreign Policy Assn. briefing book. Fridays, 10:30am-12 noon. **May 6**, Dwight Call, **Migration (see p. 3).** **No registration or fee; all are welcome.**

The Making and Unmaking of Our English Language. An exploration into the riches of our linguistic heritage. Session 1: From Grunts to Grammar; Session 2: Words and Their Biographies; Session 3: The Politics of English. Robert Longworth, Oberlin College Professor Emeritus of English. Thursdays, 10:30am to noon, **April 28, May 5 and 12** (3 sessions). Fee: \$20 (Class #4554).

For more information, call 366-4148; to register by phone, call 366-4067. LifeLong Learning classes sponsored by Lorain County Community College will resume in the fall. Watch for the lineup in the September Kendalight.

Martin and MC Dan Reiber dreamed up the scenario and carried out a magnificent "Rev-Up Fair" for KORA committees and interest groups. More than 160 residents attended and at least 40 expressed interest in the various opportunities presented. Committee members created informative, artistic table displays and entertaining presentations of their activities and their work was acknowledged with thanks. Council's Audit Committee reported the satisfactory review of KORA's financial records and accounts for the calendar year 2015. Their careful work, and that of our Treasurer, was recognized.

You have another opportunity to show gratitude by contributing to the Staff Vacation Fund. The box below shows how you can say "thank you" to our hard-working staff members. A letter with more information will follow. We hope that May will be a merry month for you, filled with beauty and, yes, gratitude.

-Ardith Hayes, KORA President

Sunday, May 1, Launch Date for Staff Vacation Fund

May is the month residents consider gifts to our Staff Vacation Fund in lieu of gratuities that are prohibited at KatO. Look for the donation box at the Heiser Front Desk, May 1-June 3.

Commencement Weekend Highlights in Oberlin

Fri., May 20-Mon., May 23 -- Kendal will hold open houses from 1:00 to 4:30pm on Fri., May 20, and from 9:00am to 4:30pm, Sat.-Mon; May 21-May 23. Our Hospitality Suite will be in Crossroads Room. Join us in welcoming visitors to our campus!

Fri., May 20 -- The Grand Piano Extravaganza, 8:30pm, Warner Concert Hall (\$20) -- Featuring the Oberlin Conservatory piano faculty and seniors. **Sign up for Kendal bus.**

Sun., May 22 -- Campus Illumination: Social on the Square, 7:00-10:00pm -- Enjoy ice cream and music on a Tappan Square transformed by strings of colored Japanese lanterns. After the **Commencement Concert, Oberlin Steel** drum band ends the evening on the steps of Finney Chapel. **Please consider car pooling.**

Mon., May 23 -- At **9:30am** the **Academic Procession and Commencement Exercises** begin on Tappan Square. Singer **Jessye Norman** will give the Commencement Address and receive an honorary Doctor of Music degree. Kendal residents Don and Mary Louise VanDyke will receive the Award for Distinguished Service to the Community. The ceremony will be streamed live.

PROGRAMS

Thursday Health Lecture: Overview of Arthritis and Rheumatism

May 26 - 7:15pm - AUD

Dr. Irving Kushner, Emeritus Professor of Medicine, Case Western Reserve University, is an internationally recognized investigator and rheumatologist. He arrived at Cleveland's MetroHealth as a research fellow in 1958 and subsequently served as Director, Div. of Rheumatology, then as Medical Director of the Highland View Rehabilitation Center.

Thursday Lecture: The Art and Magic of Choreography

May 19 - 7:15pm - AUD

Speaker Holly Handman-Lopez is a Visiting Artist in the Theater and Dance Department of Oberlin College, a position she has held since 2003. She is the daughter of Kendal resident Pauline Handman.

Welcome, John Diffey!

John Diffey, retiring President and CEO of The Kendal Corporation, will be in Oberlin on Monday, May 16, and Tuesday, May 17, visiting both formally and informally with residents, staff and board. On Monday at 7:30pm in Heiser Auditorium he will share his reflections on his 24 years serving Kendal. Conversation will follow during a light reception after John's talk. (Note that the Ninde Scholars Reception will end at 7:00pm.)

Honoring John's love of baseball, we are planning a surprise evening after the board meeting on Tuesday. Kendal residents, staff, board and families are invited to join in an evening of fun with the Lake Erie Crushers who play the Shaumburg Boomers at 7:00pm. Tickets should be reserved by May 2 and cost \$7. Sign up at the front desk.

Lunch Bunch: Vintage House Cafe, Avon Wednesday, May 11

The Vintage House Cafe began life as a local Avon doctor's office 70 years ago. Now it is a cozy cafe with two dining rooms on the ground floor and a tea room upstairs. The menu: soups, salads, sandwiches, paninis, wraps, as well as daily specials and entrees, freshly baked pie, cake and cheesecake! Sign up for the bus that will leave Heiser at 11:30am and return about 2:00pm. Bus charge: \$7.00. Place check made out to KORA in Box #157 by Monday, May 9. Lunch at your expense.

News & Views: Foreign Affairs Fri., May 6 - 10:30am - AUD

The last LifeLong Learning class until Fall will be Dwight Call's presentation of Migration in today's world. While the refugee crises of the past few years have made headlines, migrants have been moving from place to place over the globe for many years. Expect to learn more about the variety of motives prompting these wanderings. No registration fee. **All are welcome.**

Tzu-Yin (Sharon) Chi, piano Thurs., May 12 - 7:15pm - AUD

A fifth-year double degree student, majoring in piano performance and comparative literature, she will play works of Beethoven, Rachmaninoff, Schumann and Chopin.

A Musical Aperitif: Margie Flood and Carol Longworth Fri., May 6 - 5:00pm - HL

Kendal resident Carol Longworth (piano) and daughter Margie Flood (violin) will brighten the pre-dinner hour with live music.

"Stones/Water/Time/Breath" with Dean Rosenthal Mon., May 2 - 2:00pm Education Center Classroom

Composer Dean Rosenthal joins us by video conference to discuss his text score "Stones/Water/Time/Breath," which Kendal residents and guests will perform on Friday, May 6, at the Grand Opening of The John Bartram Arboretum.

Brian Peters, folk singer Mon., May 2 - 7:15pm - AUD

Folk singer Brian Peters is a passionate singer and a skilled multi-instrumentalist. Dirty Linen folk music magazine calls him "one of the very best performers in the field of English traditional song and music."

Making Contemporary Music: Workshop with Pianist Brianna Matzke Thurs., May 5 - 4:00pm - AUD

Oberlin Conservatory Visiting Professor and pianist Brianna Matzke will discuss and perform excerpts from "The Stockhausen Response Project," five recently commissioned works for piano and electronics.

Piano Recital by Brianna Matzke Wed., May 11 - 7:15pm - AUD

Brianna Matzke will perform "The Stockhausen Response Project."

Open Rehearsal: NOYO Young Composers Sun., May 8 - 2:00pm - AUD

Oberlin Conservatory students will rehearse new works by members of the NOYO Young Composers program in preparation for their premieres on May 15 at the Bop Stop in Cleveland. Program director and Oberlin faculty composer Aaron Helgeson will discuss the works and the program afterwards.

Sunday Movies in Whittier - 7:00pm

May 1 – The Courtship of Eddie’s Father (1963) A young boy (Ronny Howard) sets out to find a wife for his widowed father (Glenn Ford).

May 8 - Divine Secrets of the Ya-Ya Sisterhood (2002) After years of tension with her mother, a daughter receives a scrapbook detailing the wild adventures of the Ya-Yas, her mother’s girlhood friends. Still friends, the Ya-Yas help her better understand and reconcile with her mother. PG-13.

May 15 - Come Fly with Me (1963) Three air-hostesses combine their work crossing the Atlantic with a search for a rich, handsome man to marry.

May 22 - The Spirit of Saint Louis (1957) Charles “Slim” Lindbergh (Jimmy Stewart) struggles to finance and design an airplane that will make his New York to Paris flight the first solo transatlantic crossing.

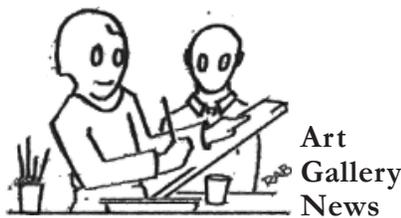
May 29 - The Love Bug (1969) A down-on-his-luck race car driver (Dean Jones) becomes a champion, driving a very odd Volkswagen Beetle with a mind of its own.

Saturday Documentary Film May 21 - 7:15pm - AUD

Fahrenheit 9/11 (2004) Michael Moore’s provocative documentary about the 9/11 attacks won Best Picture at the Cannes Film Festival. Moore blends captivating and thought-provoking footage with revealing interviews, balancing it all with his own brand of humor and satire. There should be plenty of time for a good discussion afterwards. R. *-Donna VanRaaphorst*

Friday Night Opera DVD: May 13 - 7:15pm - AUD

The Escape from the Harem - Mozart’s comic opera was his attempt to establish German opera in Imperial Vienna. The plot involves Belmonte’s plan to rescue his beloved Konstanza from the harem of Pascha Selim. The 1980 Glyndebourne production stars Ryland Davies (Belmonte) and Valerie Masterson (Konstanza). Willard White is the harem keeper, Osmin. *-Allen Huszti*



It’s Not Too Late!

There is still time to submit your work in all media to the “**Kendal Creates**” show before the May 9 deadline for entry forms. Lost your entry form? The golden yellow forms are on a clipboard by the open mailboxes. Questions? Contact Marilyn Myerson or Nina Love.

This year much of the **Kendal Gallery** will be devoted to quilts created by Kendal residents to coincide with “**The Artist as Quiltmaker XVII**,” the Biennial Exhibition of Contemporary Quilts which will be held at the same time at FAVA. Our own Kendal Gallery is one the venues where quilts will be on display and we expect many visitors from far and wide.

Saturday Foreign Film May 28 - 7:15pm - AUD

Gorillas in the Mist (1988) The true story of Dian Fossey, played by Sigourney Weaver, a scientist who went to the Congo and later to Rwanda to study the vanishing mountain gorillas, and her efforts to stop the decimation of the endangered apes.

These intelligent and beautiful gorillas were virtually Dian Fossey’s children -- each had a name, each had their own unique trait -- so it is hardly surprising that she became a little possessive and started treating the animals as her own. PG-13. *-Dwight Call*

But creations of artwork by Kendal residents in all other media will also be shown in the Kendal Gallery as well as the Community and Friends Galleries, and in the marketing showcase. There is much hidden talent in the residents here at Kendal. We hope you will share yours.

Right now three exciting shows remain on display. The photographs and drawings of **Stephen Tomasko** are in the **Kendal Gallery**.

Works by Kendal residents that were submitted to the regional competition sponsored by **LeadingAge** have attracted much interest in the **Community Gallery**, as has the work of **Oberlin High School students** in Danielle Camino’s art classes now on view in the **Friends Gallery**.

Female action figures from the collection of Nancy Lombardi may still be seen in the **Curio Cabinet**.

Tuesday Tea at Allen Memorial Art Museum May 10 - 2:30pm

Each year an outstanding Oberlin College graduating senior is selected, through a competitive call for papers, to give the talk at the May Tuesday Tea. This year Madeleine Aquilina (OC ’16) will examine the differing conceptions of space in the work of Henri Matisse and early Cubist artists. While Cubism presented a uniform conception of space, Matisse’s work pictured domestic space as experienced by the individual.

She will argue that Matisse maintained his connections to the avant-garde throughout his career and asked important questions about the presence of the artist in Modernist artworks.

All are welcome.

If you need a ride, meet at the Heiser Reception Desk at 2:10 pm.

“The Artist as Quiltmaker XVII”

“The Artist as Quiltmaker XVII,” the Firelands Assn. for the Visual Arts Biennial Exhibition of Contemporary Quilts, opens Saturday, May 14, at a Members and Friends Preview from 4:00 to 7:00pm with awards presentation at 5:30pm. It is open to the public on Sunday, May 15, through July 31. This second-longest-running art quilt exhibition in the world is a juried show and has 32 artists from across North America, selected from a pool of over 300 entries. Hours are: 11:00am to 5:00pm, Tuesday through Saturday, and 1:00 to 5:00pm on Sundays. Look for the results of a quilt bombing in the front yard at FAVA’s location and other quilt displays in the community, including our “Kendal Creates.” The Founder’s Award is given in memory of Kendal resident Ricky Clark who curated the first FAVA quilt show. Kendal residents Dorothy and Joe Luciano have sponsored the Architectural Award for many years. Kendal residents are again serving as gallery volunteers for the show; many have done so for several years and new residents are welcome. *-Jean Heller*

Trip to Lettuce Heads Aquaponics and Farm

The Environmental Concerns Committee has organized a trip to Lettuce Heads Aquaponics and Farm on Tuesday, May 3, at 10:45am. Please sign up for the bus; it departs at 10:10am. A \$5 fee per visitor is paid at the door. Lettuce Heads Aquaponics and Farm is a collaboration of the fourth and fifth generations of the Ziegler family, farming on the same piece of land. It has taken many shapes over the past 120 years, aquaponics the most recent. Aquaponics is growing plants in a hydroponic manner by using fish (aquaculture) to fertilize the plants, creating a symbiotic relationship between plants and fish. They thrive by helping one another – the fish providing fertilizer, the plants providing cleansing power.

First Thursday Evening Hours Allen Memorial Art Museum May 5 - Open until 8:00pm Program begins at 5:30pm

Christina Neilson, Oberlin College assistant professor of Renaissance and Baroque art history, and Frances Gage, SUNY Buffalo associate professor of art history, will lecture on “The Patient Artist, Illness, Healing, and the Act of Creation in Early Modern Europe.” The subject ties in with the Ripin Gallery exhibition they co-curated. **All are welcome.**

Genealogy-History Group “What’s in a Name?”

Tues., May 10 - 7:15pm - AUD

“What’s in a Name?” is a program about the origin and meaning of surnames. Taking part will be Bob Longworth, who will give an overview of the subject, pinpointing the practice in England. Other participants will tell the story behind their own surnames: Dick Baznik, Nancy Beauchamp, Ruth Bent, Ken Cheek, Bernard Eckstein, Carol Ganzel, Marcia Goldberg, John Matsushima and Gary Olin.

Vision Impaired ———

**Low-Vision Support Group
The Future of Driving with
Visual Impairment
Thursday, May 12
4:00pm - Green Room**

**Reading of *The Kendalight*
Monday, May 2, at 9:00am
in Whittier Lounge**

Barbara Bruer will read the current issue of Kendal’s newsletter.
All are welcome!

Deb Kogler and Her Traveling Magnifiers and More Store Tues., May 10 - 12:30pm to 6:00pm - Heiser Lounge

Check out her many low-vision devices including batteries, watches, playing cards, magnifiers...and much more. And remember: Deb’s good advice is always free. Sponsored by the Low-Vision Support Group and the Social Services Staff.

Kendal Resale Shop Talk

Benefiting Kendal Resident Assistance Fund and Community Charities

Judy Garland once said, “Always be a first-rate version of yourself, instead of a second-rate version of somebody else.” I am struck with this line as I think about the Kendal Resale Shop team. What a fantastic group of volunteers! April found us clearing three cottages all at once, then hosting one of the community center open house gatherings for Marketing, then providing a terrific fashion show for the whole community! Through it all, the team has evidenced much heart in their work and laughter along the way. This team is a first rate version of itself, even though everything we sell is second hand (but not second rate!). I could not have asked for a better group of folks with whom to work to make Kendal a better place to live. Kudos to one and all, including Jim Helm and his Woodshop team who follow up the Resale Team, salvaging usable materials from cottages under reconstruction to give to Habitat for Humanity. Receipts from the regular Resale Shop plus special sales in March total \$5,653.03, including \$34 from the work of Threads. Add in a car sale for \$250 (thank you, Dan Reiber) and we have a grand total of \$5,903.03. And for May? We hope all our readers will come in to the shop more than ever and help us keep up these good totals. There is always more on sale daily! We value your support. As for us, we will keep on being a first-rate version of ourselves and not at all a second-rate version of someone else.

*-Ruth Ann Clark, Leader,
Kendal Resale Shop Team*



Saturday, May 14, 1:00-3:30pm: Petitti's Garden Center in Avon.

Special Kendal Bus Trips

The KORA Transportation Committee has arranged two upcoming special trips on the Kendal bus. It plans to schedule a Saturday Shopping bus trip to Crocker Park or Great Northern Mall every quarter.

Saturday, June 18, 10:00am-4:00pm: Crocker Park in Westlake.

Resident Medical Resource Goes to Press on May 31

The Resident Medical Resource (RMR) is a resource through which Kendal residents share their knowledge of or experience with medical diagnoses, surgeries, other procedures, and management of illnesses. When you face a new diagnosis, it may be helpful to speak with a resident who has dealt with a similar situation.

The RMR booklet may be referred to at any time. It is an orange, spiral-bound booklet located on the left end of the center top reference shelf near the Kendal Librarian desk. Those residents who are listed after a specific medical problem invite you to call them for information. Other residents who are resources prefer to be on a confidential listing; these "unlisted residents" may be accessed by calling Barbara Reeves or May Zitani who will make arrangements for contact. In April, an RMR questionnaire was placed in all open mailboxes. Residents who have not previously completed the form are invited to do so. This is also the opportunity for those who participated earlier to update their information. Please look at the booklet in the library; the Table of Contents and the Index may help as you complete the form. Please return forms before May 31 to the Resident Medical Sharing mailbox in the upper right-hand corner of the open mailboxes. Members of the RMR Committee will be happy to answer questions. No aspect of this service is intended to substitute for the advice and care of your medical providers.

*-Don and Nancy Hultquist,
Pam Lenç, Barbara Reeves, May Zitani*

Oberlin Heritage Center: The Turbulent Times of the 1930s and 1940s

Wed., May 25 - 7:15pm - AUD

Geni Poporad Vanek, oral history volunteer, shares stories of local responses to some of the most devastating events of the 20th century. Hear about the varied impacts of the Great Depression, the onset of World War II, and the resulting changes to individuals and the nation.

Free and open to the public.

Let's Plan Your Independence

Melissa Heileman, RN, the Clinical Team Leader for Kendal Senior Independence, is looking forward to working with each resident to enhance our health and wellness at home. Senior Independence offers services including Weekly Wellness Clinic hours; a Transitional Liaison to help guide us through the maze of health care systems; creation of a personalized plan for daily living assistance. Stop by the office in Apt. #155 and meet Melissa to select as much or as little support as you need. Or call her at 775-9894.

Big Bus Trip to Blossom Music Center on Saturday, July 23

Again this year we are going to Blossom, the spectacular summer home of the Cleveland Orchestra located in the lush Cuyahoga River valley. Jahja Ling will conduct the orchestra in Stravinsky's Four Norwegian Moods and the Symphony No. 1 of Sibelius. Jean-Yves Thibaudet will be the pianist in the Grieg Piano Concerto. The bus will depart Heiser at 5:45pm and deliver us to the Music Center tram stop. The tram takes us to the edge of the pavilion. It is only a short walk to our seats, central but convenient to the restrooms. After the concert the tram takes us back to our bus which will depart on the speedy bus lane. The bus steps are standard. Rollators/walkers can be accommodated.

RESERVATIONS: Total charge for the concert and transportation will be \$50.00 per person. Place non-refundable checks payable to KORA in Box #112 by **May 31**. Your check is your reservation. Questions? Contact Randy Wagner (#112) or Anne Martin (#90).

Looking for Someone Special? You'll find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

Upcoming Moves

Doug and Sandi McClennen will move from Plymouth, MI, to a Kendal Cottage in mid-May.

Recent Transfers

Herbert Weinberg moved from his Kendal Cottage to Jameson in early April. Phone number is the same.

Horticulture News

Garden Plots - If you'd like a community garden plot to grow vegetables, fruit or flowers this summer, please arrange a tour by calling Melissa Reed or leaving a note in her open mailbox. Most plots are 10ft. x 10ft.

Join us on Friday, May 6 for the Arboretum Dedication

You are invited to be part of our First Annual Arbor Day Celebration of The John Bartram Arboretum at Kendal at Oberlin on Friday, May 6.

At 9:30am, we will meet in Heiser Lounge for opening remarks by Arboretum Chair Larry Dunn, KatO Board Treasurer Vance DeBouter and KORA President Ardith Hayes. Then we will walk out the front door to observe and/or participate in a group performance of “Stones/Water/Time/Breath,” described at right. Seating will be available.

At 10:30am, we will have a ceremonial tree planting of our signature tree, the tulip tree (*Liriodendron tulipifera*). It will be planted where the Kendal perimeter road meets the central boulevard (where there are three stop signs). We chose a location near a bench, as residents have expressed a desire for shade and rest along the perimeter walk. John Bartram shipped the first one of these native American trees to England in the 18th century where it was greatly admired. It is a large, stately shade tree with showy flowers and bright gold fall foliage. After a reading of Dr. Seuss’s “The Lorax,” the Kendal Early Learning Center children will recite “I speak for the trees.” Then they will share a tree fact or something they like about trees, and sing “The Green Grass Grew All Around.” We are delighted with this intergenerational connection.

At 2:00pm, we will have a second ceremonial planting of a tulip tree at Martin Luther King Park (corner of Pleasant and Vine Sts.), given to the City of Oberlin by our Arboretum. Interim City Manager Sal Talarico and Kendal at Oberlin Board Chair Liz Burgess will address those gathered. Sign up for the Kendal bus; it will leave for the park at 1:40pm.

We hope you can participate in this official festive opening of The John Bartram Arboretum. *-Anne Helm*

In Celebration of The John Bartram Arboretum: “Stones/Water/Time/Breath”

On Friday, May 6, the Arboretum Committee will mark the opening of The John Bartram Arboretum with a ceremonial group performance of “Stones/Water/Time/Breath,” a “text score” composition by Dean Rosenthal. Designed to be performed by any number of people, with or without musical training, the performative act is simply casting stones upon water and observing the resulting sounds and sights as the stones plop and spread ripples on the surface.

- It is **Contemplative**. Performed in silence, other than the sounds of stones hitting water and the breathing of the performers, it ties conceptually to our Quaker tradition of beginning events with a moment of silent introspection.
- It is **Environmental**. It celebrates the natural world and our human interactions with it, using minerals and water, elements essential to the life and health of the trees in our arboretum, as they are to all living beings.
- It is **Communal**. The performance can be engaged in by everyone who wishes to celebrate the opening of the arboretum; performers and observers are equally welcome.

We will perform “Stones/Water/Time/Breath” on the banks of Center Pond during our Grand Opening ceremony. The score, a set of written instructions, is simplicity itself.

“Stones/Water/Time/Breath”... to Christian Wolff

By Dean Rosenthal, May 12, 2012, Edgartown Great Pond, Martha's Vineyard

Site-specific: outside, by the water, any body of water, like: a pond, the ocean, a lake, a stream, a river.

Materials: stones. As many or as few as desired. Maybe they are already there.

Performance:

Arrive, set a start time, start.

Use the stones as elements or implements to make percussive sounds on water.

Play the water with the stones.

Play singly, together, rhythmically, with solos, triplets, common rhythms, irregular rhythms, cycles, patterns, with no rhythms.

There can be pauses.

No speaking.

When you feel the piece has ended, end the performance.

For any number of performers.

-Larry Dunn

If It's Spring ... It's Time for the Annual Plant Sale!

Friday, May 6 - 7:30am to 5:00pm in the West Corridor between the mailboxes and the bank. Come see our assortment of plants.

Kendal Kryptogram #135 -by Nina Love

HAR'D BAQRD DUT HOPE. LOST DUT

HOPE BAQRD. -LQUOLLOH OMX

Solution to Kendal Kryptogram #134: “Falling down is part of life. Getting back up is living.” -Jose B Harris

**Kendal Therapy Dept.
Discovery Series: Vitalize 360
and the Wellness Wheel
Thurs., May 26 - 3:00pm - AUD**

Jill Connone, Kendal wellness coordinator, and Stephanie Caesar, director of rehabilitation, will offer a presentation on Vitalize 360 and the wellness wheel. There are many dimensions of wellness. They will touch on each and elaborate on how our fitness department and therapy department collaborate to help you achieve your highest possible degree of wellness.

**Check Out Kendal
Fitness Classes**

Looking for a class for a specific issue? Your Fitness Center team is professionally trained in several different areas of fitness, nutrition, coaching and wellness, and incorporates many types of programs into our classes. Our goal is to support you in your wellness, not define your limitations. Classes incorporate the latest exercises for arthritis (over 200 forms have been diagnosed), Parkinson's, multiple sclerosis, diabetes, myalgias, and more. Do you have a functional issue? Are you already in tip-top shape? We can give you a fitness assessment, plan a personal program, or direct you to an appropriate class. Stop by to see us or give us a call today at 775-9851! Be well! *-Jill, Saun and Danna*

**Sewing Craft Project:
Interested in Making
Travel Jewelry Bags?**

Would you like to make travel jewelry bags to sell in the Cardinal Shop? The bag consists of two lined circles, one smaller than the other, with a draw-string closing. The inner circle is sewn to the outer one to form eight pockets to hold the jewels. If you are interested in this project, call Eileen Dettman.

Saturday Park Walks

In May we will hope to have good weather so that we can enjoy Lorain County's wonderful park system.

- May 7 - Columbia Reservation**
- May 14 - Vermilion Reservation**
- May 21 - Sandy Ridge Reservation**
- May 28 - Amherst Beaver Creek**

We will gather at the Heiser Reception Desk at 9:00am to car pool. If you have any questions, please contact Jerry Berner.

Table Tennis Update

April proved a good time to take stock of how far we've come in table tennis at Kendal. A small group of "founders," who themselves only began playing seriously a short while back, has grown into a core cadre who are able to introduce beginners to the basics of the sport. For some of these beginners, this was the first time they played any sport. Meanwhile, they've improved their hand-eye and full-body coordination, learned good stroke techniques, and, what's more, had great fun doing it. Beyond the basics, this large group has moved far enough along to practice gainfully with one another and, as we've begun to see, even develop an individual game style! The sensation of April, though, was a desk-staff member who came in "just to watch," but tried it, liked it, and left eager to return! Why wait, then? Come join us! *-Sidney Rosenfeld*

RELIGIOUS SERVICES AT KENDAL

- Episcopal Service**
Sat., May 14, 11:00am, Gathering Room, Rev. Brian Wilbert
- First Church Service**
Sun., May 15, 4:00pm, Gathering Rm.
- Roman Catholic Mass**
Fri., May 20, 10:00am, Gathering Rm.
- Society of Friends**
Sun., 10:30am, Education Center

**First Church United Fellowship
Saturday, May 14 - AUD
9:30am: Fellowship and food
10:15am: David Simmer**

David Simmer of Lorain County Sacred Landmarks will be back by popular demand. He will present a power-point program on the "Celebrations of Faith" found throughout Lorain County. **All are welcome.**

**UU Kendal Gathering
"Paper Clips"
Wed., May 18 - 3:45pm - AUD
Note earlier start time.**

Lynn Killean will show "Paper Clips," a 2004 documentary that chronicles a rural Tennessee middle school's unique class project: finding a meaningful way to honor Holocaust victims. Struggling to grasp the concept of six-million victims, the students decide to collect six million paper clips to better understand the extent of this crime against humanity. The film details how the students met Holocaust survivors and how the experience transformed them and their community. **All are welcome.**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074
Consulting Editor: Robert Baldwin
Managing Editor: Elizabeth Aldrich
Proofreaders: Kathy Reichard, Mary Simons
Photos: Lyn Cope, Eleanor Helper
Production: Don VanDyke

Deadline for the June 2016 issue of *The Kendalight* is May 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



10/20/15-3/11/16

Nature Sightings at Kendal

Ann Wardwell had a barred owl on Buttonbush path on 10/20/15; Larry Porter had several butterflies: Cloudless Sulphur Butterflies on the northern edges of Kendal since August, and an Orange Sulphur on 10/20. Scott Orcutt had a Hooded Merganser on Rock Pond on 10/25, two Red-Tailed Hawks over Rock Pond on 10/26, and two Red-Shouldered Hawks, parked side by side, on the north shore of Rock Pond on 10/30. On 11/2 Maureen Bailey had a Mourning Cloak Butterfly near Cottage #4 and Anne Martin had a Northern Junco behind #90. Marcia Deist had THREE BLUEBIRDS drinking from her birdbath on 11/18. Cooper's Hawks were seen by Scott near Rock Pond on 11/21, by Judy Cook on 11/28 & 12/8 behind #138, and by Jim Helm on 11/26 behind #82. Scott had the first Great Blue Heron on Rock Pond on 11/28. Maureen had a Carolina Wren singing near Lots 14-15 on 12/10 and a beautiful Red-Tailed Hawk circling the campus on 12/11. Scott had two muskrats swimming and eating on the south shore of Rock Pond on 12/10. Maureen had a probable Bald Eagle circling campus, being chased by four or five crows on 12/22, and on 1/1 a white-breasted nuthatch on campus. She also had a huge flock (75-100!) of robins near apartment building on 1/6/16. Scott reported tree sparrows at Helen's feeder #219 on 1/10. Ann Helm had two pairs of Mallards on Meadow Pond on 2/3. Marcia had courting Canada Geese on Heiser Pond on 2/7 – Goslings coming! On 2/9 a big Cooper's Hawk was eating a small furry critter behind #138, and ten days later there was a mink behind #138, all seen by Judy and Dennis Cook. And on 2/23 Scott heard a Red-Winged Blackbird song, saw a Red-Tailed



Dining and Nutrition Services

Sunday, May 8, Mother's Day Buffet, 12 noon and 2:00pm, Fox & Fell Dining Room: Reservation forms placed in mailboxes are due May 2.

Monday, May 16, Ninde Scholars Reception, 5:00pm, AUD

The late Richard and Nan Ninde, long-time Kendal residents, presented a challenge grant of \$450,000, asking the community to match it dollar for dollar. The resulting endowment supports the Ninde Scholars program

Solo Diners: Thursday, May 12, 5:30pm, The Den. Watch for our sign-up sheet. Limit is 20 diners, so sign up early.

SPINACH: This dining group will not meet again until September.

Intergenerational Event: Thurs., May 5, 3:15pm, Langston. Join us for a Cinco de Mayo celebration.

Hawk soaring overhead, and saw a Greater Scaup on Rock Pond, all near Phase II. Scott and Nina Love had seven Lesser Scaup in Rock Pond (two males and five females). M. C. Beck had a Yellow Shafter Flicker behind Cottage #14 on 3/1 and Nina saw three Redhead (Duck) on Rock Pond. Scott saw a Chipping Sparrow west of Rock Pond on 3/1 and a common Grackle on the west shore of Rock Pond on 3/3. On 3/3 Marcia had a Bald Eagle in a tree on Butternut Ridge near the landfill, and a Downy Woodpecker at her peanut feeder on 3/5 and again on 3/9. On 3/10 Carol Ganzel had two salamanders near Buttonbush path. On 3/11 Scott had nine Buffleheads on Rock Pond.

Keep'em coming! -Betty Weinstock

Newcomers' Reception Wednesday, May 4, 4:30pm, Heiser Lounge

Come and welcome our newest residents and enjoy conversation, refreshments and music. **Please wear your nametag!**

Call 775-9868 to hear announcements and menus of the day.

Bluebird and Tree Swallow Nest Box News

Four of the 13 nest boxes at **Kendal** have been claimed by **Eastern Bluebirds**. There's a pair in the nest box at the top of the diagonal path that runs up Wildflower Hill, and pairs in the boxes in the community garden, at Meadow Pond, and just inside New Russia Township Park by Rock Pond. When added up, the egg count totals 18 eggs, a Kendal record we believe. Closeby, in the 30 boxes in **New Russia Township Park** and the **cemetery** on the other side of Wildflower Hill, bluebirds have complete clutches in three nests with a total of 17 eggs. A lot can happen before the chicks hatch and fledge. Keep your fingers crossed! We can only hope the weather will warm up in time to provide an abundance of insects and grubs in the grasses for all these nestlings!

Another native species that uses nest boxes is the **American Tree Swallow**. They swoop over water and grass catching insects as they fly. They have started nests in several boxes, but have not yet laid any eggs.

Photographs of both species are posted side by side on the "Sightings Board" for comparison.

-Nina Love

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|--|---|---|---|---|
| <p>1 Quaker Worship 10:30am Ed Ctr</p> <p>Musical Union, * Oberlin Choristers, Choral Spectrum 3:00pm Finney</p> <p>Film: Courtship of Eddie's Father 7:00pm WHT</p> <p>English Country Dancing Sundays 7:15pm AUD</p> | <p>2 Reading of <i>The Kendalight</i> 9:00am WHT</p> <p>Episc. Bible Study Mondays 10:00am Green</p> <p>Stones/Water/ Time/Breath 2:00pm Ed Ctr</p> <p>Dementia Care 3:00pm Green</p> <p>Bridge 7:00pm CCR</p> <p>Brian Peters, folk singer 7:15pm AUD</p> | <p>3</p> <p>Coffee Hour with Barbara Thomas 9:30am Langston</p> <p>Lettuce Heads Aquaponics Trip 10:10pm Bus *</p> <p>KELC Ice Cream Social 3:00pm AUD</p> <p>Chamber Orchestra * 8:00pm Finney</p> | <p>4</p> <p>Morning Dis- cussion Group every Wednesday 10:00am WHT</p> <p>Newcomers' Reception 4:30pm HL</p> <p>Pairs Bridge 7:00pm CCR</p> | <p>5</p> <p>Cinco de Mayo Langston 3:15pm</p> <p>Workshop: Brianna Matzke, piano 4:00pm AUD</p> <p>First Thursday at AMAM Open til 8:00pm; Program 5:30pm</p> <p>Jazz Ensemble 8:00pm Finney *</p> | <p>6 Plant Sale 7:30am-5:00pm West Corridor</p> <p>Arbor Day Events • Opening Remarks 9:30am HL • Tree Planting at KatO 10:30am • Tree Planting in Oberlin 2:00pm *</p> <p>News & Views 10:30am AUD</p> <p>Dementia Care Noon Green Rm.</p> <p>Musical Aperitif 5:00pm HL</p> <p>Oberlin Orchestra 8:00pm Finney *</p> | <p>7</p> <p>Walk in the Park: 9:00am Heiser</p> <p>Spring Fling 7:15-10:00pm Heiser AUD and Lounge, Fox & Fell</p> |
| <p>8 Quakers 10:30am Ed Ctr</p> <p>Mother's Day Buffet - Fox & Fell 12 noon; 2:00pm</p> <p>NOYO 2:00pm AUD</p> <p>Opera Scenes * 4:00pm Finney</p> <p>Film: Divine Secrets 7:00pm WHT</p> | <p>9</p> <p>Suggestions & Concerns 2:00pm CCR</p> <p>Bridge 7:00pm CCR</p> <p>Monday Night at Apollo (tx) * Sign up for bus</p> | <p>10</p> <p>Magnifiers and More Store 12:30-6:00pm HL</p> <p>Tea at AMAM 2:30pm</p> <p>Genealogy Group: What's in a Name? 7:15pm AUD</p> | <p>11</p> <p>LUNCH BUNCH: Vintage House, Avon 11:30am-2:00pm *</p> <p>Song Swap with Judy Cook 6:00pm HL</p> <p>Recital: Brianna Matzke, piano 7:15pm AUD</p> | <p>12</p> <p>Low Vision Support Group 4:00pm Green Rm</p> <p>Solo Diners 5:30pm Den</p> <p>Tzu-Yin (Sharon) Chi, piano 7:15pm AUD</p> | <p>13</p> <p>Opera DVD: The Escape from the Harem 7:15pm AUD</p> | <p>14 Walk in Park 9:00am Heiser</p> <p>First Church United Fellowship 9:30am AUD</p> <p>Episcopal Serv. 11:00am GaRm</p> <p>Trip to Petitti's Garden Center 1:00-3:30pm *</p> |
| <p>15 Quaker Worship 10:30am Ed Ctr</p> <p>First Church Service 4:00pm GaRm</p> <p>Film: Come Fly with Me 7:00pm WHT</p> | <p>16</p> <p>Reception for Ninde Scholars 5:00pm - AUD</p> <p>Bridge 7:00pm CCR</p> <p>John Diffey Reflects 7:30pm AUD</p> | <p>17</p> <p>Baseball Game: Lake Erie Crushers, Avon 7:00pm</p> | <p>18</p> <p>UU Kendal Gathering Film: Paper Clips 3:45pm AUD NOTE TIME</p> | <p>19</p> <p>KORA Council 10:00am AUD</p> <p>Art & Magic of Choreography 7:15pm - AUD</p> | <p>20</p> <p>Roman Catholic Mass 10:00am GaRm</p> <p>Trolley Run 5:00pm HL</p> <p>Grand Piano * Extravaganza (tx) 8:30pm WCH</p> | <p>21</p> <p>Walk in the Park 9:00am Heiser</p> <p>Film:Fahrenheit 9/11 7:15pm AUD</p> <p>Commencement Recital * 8:00pm Finney</p> |
| <p>22 Quaker Worship 10:30am Ed Ctr</p> <p>Film: The Spirit of St. Louis 7:00pm WHT</p> <p>Illumination Night 7:00-10:00pm Tappan Sq. car pool</p> | <p>23</p> <p>Oberlin College Commencement 9:30am - Tappan Sq. car pool</p> <p>Aft. Exchange 4:00pm AUD</p> <p>Bridge 7:00pm CCR</p> | <p>24</p> <p>Song Swap with Judy Cook 6:00pm HL</p> | <p>25</p> <p>Health Forum: Focus on Dementia Care 4:00pm AUD</p> <p>OHC: Turbulent Times of the '30s and '40s 7:15pm AUD</p> | <p>26</p> <p>Therapy Dept.: Vitalize 360 3:00pm AUD</p> <p>Health Lecture Dr. I. Kushner 7:15pm AUD</p> | <p>27</p> | <p>28</p> <p>Walk in the Park 9:00am Heiser</p> <p>Film: Gorillas in the Mist 7:15pm AUD</p> |
| <p>29 Quaker Worship 10:30am Ed Ctr</p> <p>Film: The Love Bug 7:00pm WHT</p> | <p>30 Memorial Day</p> <p>Bridge 7:00pm CCR</p> | <p>31</p> | <h1 style="color: red;">May 2016</h1> <p> GaRm = Gathering Rm HL = Heiser Lounge CCR = Crossroads Conf. Rm WCH = Warner Concert Hall </p> <p> WHT = Whittier Lounge Bold Face = at Kendal * = Kendal Bus tx = Tickets needed </p> | | | |