

# The Kendalight

Kendal at Oberlin Residents Association

March 2016

Volume XXIII, Number 3

**Save the Date! Saturday, May 7, 7:00-10:00pm**  
**Kendal at Oberlin's Annual Spring Fling!**  
**Theme for 2016 Spring Fling: "The Bird's the Thing!"**  
**Music and Food and Fun for All!**

## Planning: Information Gathering Continues

The "World Café" sessions for residents and staff in February yielded a considerable volume of observations and suggestions about Kendal's future. These are being digested and shared with the Board of Directors' Strategic Planning Committee.

In March we'll move to the next phase of the planning process, a series of "SWOT" sessions that will give residents, staff and community members the opportunity to evaluate issues and opportunities and to rank them in importance. "SWOT" is an acronym for Strengths, Weaknesses, Opportunities, and Threats. Participants will be asked to suggest entries in each of these categories that they feel should be reflected in the planning, and will then rank all the comments.

The SWOT sessions are being scheduled for the week of March 28 – specific dates and times will be announced by early March.

For this phase of the planning process we will be joined by David Jones, a project planner at The Kendal Corporation, who will serve as facilitator for the SWOT sessions. He has worked with most of the Kendal affiliates

over the past two decades, including Kendal at Oberlin, on both strategic and master planning projects.

Thanks to all who participated in the "World Café" sessions, especially the resident and staff leaders for the various tables.

Please sign up for the SWOT sessions when the dates are announced. If you have questions, contact Dick Baznik.

## Mark Your April Calendar Now!

**Why? To come to the KORA REV-UP FAIR in the Heiser Auditorium and Lounge on Thursday, April 14, from 3:00-5:00pm.**

Some of our important KORA committees and service groups need new members. So we're having a fun fair to inform you about these committees with presentations and information tables so you can sign up. Yes, there will be snacks, too. Watch for more REV-UP news next month.

## Primary Election Day

**Tuesday, March 15**  
**6:30am -7:30pm - AUD**

A reminder: Let's leave the parking spaces around the circle in front of Heiser Center for Oberlin voters.

**Don't forget! You must bring ID with you to vote.**

Bring a current, valid OHIO ID (NOT your passport) when you come to vote.

**Valid ID includes:**

- Current OHIO driver's license. Check your license expiration date!
- Current OHIO ID, showing current address.
- Military identification.
- OR one of the following, which must show your current address AND be dated within 12 months prior to the election date:
  - Kendal monthly statement.
  - Utility bill, such as Cable Co-op, cell phone or Internet provider.
  - Bank or any financial statement.
  - Government check stub.
  - Paycheck stub.
  - Other government document.

**The following are NOT VALID:**

Any document/card that does not show voter's name and current address (U. S. passport, credit card, social security card, insurance card, etc.); notification mailed by Board of Elections.

**COFFEE HOUR WITH**  
**BARBARA THOMAS**  
**THURSDAY, MARCH 10**  
**9:30AM - LANGSTON**

**AFTERNOON EXCHANGE**  
**WEDNESDAY, MARCH 23**  
**4:00PM - AUDITORIUM**  
**BARBARA THOMAS**



## KNOW YOUR KORA COUNCIL

This month and next, we'll be hearing about the KORA Committees Rev-Up Fair planned for the afternoon of April 14 in Heiser Auditorium and Lounge. You will find specific information about the Fair elsewhere in this issue of the *Kendalight*, but this column invites you to consider the importance of our committee structure to the functioning of the Residents Association.

We tend to roll our eyes when we hear about the 96-plus committees, interest groups and service groups under the KORA umbrella. Perhaps upon hearing the word "committee" some of us suddenly recall that we have urgent business elsewhere! What does the word bring to mind? An onerous commitment? Too much to do? An inefficient use of time accomplishing a task which one person could do better alone? Or an opportunity to get to know fellow residents a little better while working together on a project you care about?

This definition of a committee from the website *vocabulary.com* suggests a positive experience: "A committee is a group of people who come together to work on a project. Members of a committee commit their efforts to accomplishing a particular task, which can be anything from throwing a party to ending a war."

Please support the Rev-Up Fair with your attendance. The planners hope it will provide an overview of the structure behind the rich programming we enjoy here at Kendal and specific information about our committees which may be of interest to you.

The Transportation Commission, which brought an outstanding report to Council this month, had the added element of delegation to a particular task. It was charged in October 2014

with "studying the unmet transportation needs of Kendal at Oberlin residents; to prioritize these; explore possible solutions; and bring forth action proposals for consideration and adoption," within 18 months. The Commission's two working groups, one concerned with medical transportation and one focussed on public transportation, have demonstrated how much a dedicated group (a committee!), willing to work hard, dig deep, and work through differences among the members, can accomplish. On February 18 KORA Council received the reports of the two working groups and adopted their recommendations. The report summaries and

recommendations are posted on the KORA Board. The complete reports in the KatO library give you the data and implementation suggestions which support the recommendations. Underlying both reports is a fundamental principle that the costs for transportation to medical appointments outside Lorain County be shared by the resident being transported and the Kendal community as a whole. One task force is now working on developing a computer-based Ride-Share Program; the other on designing a Medical Transportation Assistance Fund. Please say a special "thank you" to the members of the Transportation Commission.

-Ardith Hayes, KORA President

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### Oberlin College Convocations

#### **Wed., Mar. 2 - 7:30pm - Finney: An Evening with Elizabeth Kolbert**

A staff writer for the *New Yorker* since 1999, Elizabeth Kolbert's most recent book, "The Sixth Extinction: An Unnatural History," won the 2015 Pulitzer Prize for General Nonfiction. **Free, no ticket required. Sign up for Kendal bus.**

#### **Thurs., Mar. 31 - 7:30pm - Finney: An Evening with Gary Shteyngart**

An acclaimed novelist, Russian-born Gary Shteyngart's books have been translated into 26 languages and his work has appeared in many publications. "Little Failure," his best-selling memoir, recounts his American immigrant experience, moving back and forth through time and memory with self-deprecating humor. **Free, no ticket required. Sign up for Kendal bus.**

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### LifeLong Learning Classes in Heiser Auditorium

**News & Views: Foreign Affairs.** Discussion leaders present a major foreign affairs topic from the "Great Decisions" Foreign Policy Assn. briefing book. Fridays, 10:30am-12 noon. **March 4, Don Parker, Cuba and the U.S. (see p. 4); April 8 (note date), John Elder, Climate Change.** No fee or registration.

**Opera Preview: Handel's Alcina.** Oberlin Opera Theater students join Director Jonathon Field in presenting this preview of the Winter Opera. Thur., 4:00-5:00pm, **March 3** (1 session). No fee or registration. (Performances in Hall Auditorium: 8:00pm, March 9, 11, 12; and 2:00pm, March 13. Tickets must be purchased for the opera; call 775-8169.)

**Transcendent Realities, Real Transcendences.** Poems make connections between the natural world (including humans) and a world that transcends the natural -- the unseen, the spirit world, the divine. Each session will focus on one of these linkages as well as on an aspect of poetic language. It will include a lecture and small-group discussion. The poems will range from the Renaissance to the 20th Century. Nicholas Jones, Professor of English, Oberlin College. Mon., 10:30am-12 noon, **March 7, 14, 21** (3 sessions). Fee: \$20. (Class #4066)

For more information, call 366-4148; to register by phone, call 366-4067.

# PROGRAMS

## **First Wednesday Health Lecture “Coping With Your Allergies” Mar. 2 - 7:15pm - AUD**

**(Note change in date)**

Our speaker will be Dr. Todd Ramba-  
sek, ENT and Allergy Health Ser-  
vices, Cleveland. He is a graduate of  
Notre Dame and Case Western Re-  
serve University School of Medicine  
and Board Certified by the American  
Academy of Allergy and Immunology.

## **Third Thursday Lecture “One Step More”**

**Liz Schultz, OHC  
Mar. 17 - 7:15pm - AUD**

In honor of Women’s History Month,  
Oberlin Heritage Center Executive  
Director Liz Schultz will present an  
“indoor” version of OHC’s One Step  
More “outdoor” women’s history walk.  
Featured are stories about Oberlin’s  
early years of co-education and its  
critics, female faculty and administra-  
tors, black feminism, women giving  
public presentations (heaven forbid!),  
a bit of scandal, and women leading  
social and public health movements.  
Co-sponsored by Kendal at Oberlin’s  
Third Thursday Committee and the  
Oberlin Heritage Center. Free and  
open to the public.

## **Kendal at Oberlin Health Services Forum Wed., Mar. 9 - 4:00pm - AUD**

Please join us for our continued com-  
munity dialogue on the evolution of  
our Kendal Health System.

*-Stacy Terrell,*

*KatO Chief Health Services Officer*

## **Lunch Bunch: Sal and Al’s Diner, Amherst Wednesday, March 9**

This family-owned restaurant serves a  
wide array of dishes, including classic  
sandwiches, pierogies, Syrian dishes  
(like mjudra), chicken paprikash, old-  
world pizza, and perch dinners.  
Bus leaves Heiser at 11:30am, return-  
ing about 2:00pm. Bus charge: \$7.00.  
Lunch at your expense. Place check  
to KORA for \$7.00 in Box #157 by  
Mon., March 7.

## **Oberlin Opera Theater: Handel’s “Alcina” Wed., Mar. 9 - 8:00pm - Hall Sun., Mar. 13 - 2:00pm - Hall**

Oberlin Opera Theater, with the Ober-  
lin Chamber Orchestra under the di-  
rection of Raphael Jiménez, presents  
George Frideric Handel’s acclaimed  
opera “Alcina” (1735). Directed by  
Jonathon Field. Tickets: \$10. Call  
CTS: 775-8169. See preview on p. 2.  
**Sign up for Kendal bus for either  
performance.**

## **Oberlin Music School Fri., Mar. 18 - 7:15pm - AUD**

Students will perform musical styles  
from Suzuki to Kabalevsky to jazz.  
Instruments may include strings, pi-  
ano, guitar and saxophone. Louise  
Zeitlin, Director of Oberlin Music  
School, will introduce the students.

## **Andrew Frierson, baritone Tues., Mar. 29 - 7:15pm - AUD**

Noted baritone Andrew Frierson, a  
resident of Kendal, will present a  
birthday recital.

## **Trio Ligatura: Companion Guide to Rome Sun., Mar. 6 - 4:00pm - AUD**

Oberlin Conservatory students Dana  
Johnson (violin), Corey Worley (viola),  
and Aaron Wolf (cello) return to the  
Heiser stage as Trio Ligatura. They  
will reprise their recent Danenberg  
Honors Recital and Kennedy Center  
(Washington, DC) performances of  
American composer Andrew Nor-  
man’s “Companion Guide to Rome”  
(2010), an architectural tour in music.  
Norman composed this set of mini-  
atures for string trio while living in  
Rome as the winner of the presti-  
gious Rome Prize for composition.  
The players will discuss the piece and  
host a Q&A with the audience.

## **Oberlin Friday Music Club Fri., Mar. 11 - 7:15pm - AUD**

Kendal residents Jane Hannauer and  
Jane Nord will perform a Mozart so-  
nata. Other performers include Silei  
Ge at the piano, Jen and Andrew  
Bertoni performing Broadway tunes  
and a young violin student playing the  
first movement of Bach’s Concerto in  
A Minor. The public is invited.

## **Oberlin Choristers: Canterra Musica Sun., Mar. 13 - 4:00pm - AUD**

Canterra Musica offers a challenging  
treble choral experience for auditioned  
singers each year. These 7th-12th  
grade students perform at a variety of  
outreach events and tour throughout  
the United States and internationally.  
This year’s tour takes them to Phila-  
delphia, Princeton and New York City.  
The group looks forward to perform-  
ing at Carnegie Hall.  
Canterra Musica will perform again at  
the Oberlin Choristers free 25th Anni-  
versary Celebration on May 1 at  
Finney Chapel.

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**SAVE THE DATE: Sunday, April 10, 3:00pm, annual benefit concert at First Church for homeless families served by Family Promise. “Men Who Don’t Bite” bassoon quartet and friends will perform.**

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## Sunday Movies in Whittier at 7:00pm

**Mar. 6 - Cinderella (1960)** In Jerry Lewis' answer to the classic Cinderella story, poor Fella is left at the mercy of his snobbish stepmother and her two no-good sons when his father dies.

**Mar. 13 - City Slickers (1991)** On the verge of turning 40, an unhappy Manhattan yuppie (Billy Crystal) is roped into joining his two friends on a cattle drive in the southwest. PG-13

**Mar. 20 - A League of Their Own (1992)** Two sisters (Geena Davis, Lori Petty) join the first female professional baseball league and struggle to help it succeed amidst their own growing rivalry. Tom Hanks is the ex-baseball star who manages their team. PG.

**Mar. 27 - Easter Parade (1948)** A nightclub performer (Fred Astaire) hires a naïve chorus girl (Judy Garland) as his new dance partner to make his former partner (Ann Miller) jealous. He plans to prove he can make *any* partner a star.

## Saturday Foreign Film March 19 - 7:15pm - AUD

**The Scent of Green Papaya (1993)** Vietnamese with English subtitles, this film is a visual and auditory delight. The film won the Camera d'Or prize at the 1993 Cannes Film Festival and was nominated for the 1993 Academy Award for the Best Foreign Language Film. The film is the director's first collaboration with Vietnamese composer Ton-That Tiet who would later write the music for two more films. This is the story of a young girl, Mui, peaceful and curious about the world, who becomes a servant for a rich family, consisting of a frequently absent husband, a wife, an older son, two younger sons, and the husband's mother. When the husband leaves for his fourth and final time, he takes all the household's money. He returns ill



## Art Gallery News

We're all looking forward to the biannual **Kendal Creates** exhibition which will take place in **all three galleries** from mid-May to mid-August.

Entry forms for work by residents have already been distributed to your open mailboxes to give you time to consider, and if necessary complete, work you wish to show. Forms must be submitted by May 9.

### Kendal Gallery's "Three Print-makers" show runs until March 28.

The reception will be on **Friday, March 11 at 4:30pm in the Heiser Lounge**. All three will talk about their work. You can pick up the sheet defining print making techniques from the white stand in the gallery.

### The Grafton Show continues in the Friends Gallery until April.

In the **Community Gallery, Don Parker's** experience with oil painting (before he switched to watercolor) is revealed in chronological order. A

reception will be held on **Friday, March 18 at 4:00pm in the Heiser Lounge**.

And finally, **Kathy Caldwell's** collection of horses continues on display in the **Curio Cabinet** through the end of the month. Be sure to see it all.

**At the February meeting of the Art Committee**, Arn Lewis gave us a detailed report on the transfer of archival records of Kendal's permanent art collection from paper to a database. Arn, building on the foundation that Duncan Love laid, has over the past five years quietly devoted untold time and energy to caring for, documenting, and displaying these gifts and loans of art from residents past and present. Now he is overseeing the transfer of information from scattered paper sources and from the works themselves to a database created by Dennis Cook. Key members of the team that is examining each work of art and documenting its condition as part of the process of gathering, verifying, and entering all of the data are Arlene and Larry Dunn, Jean Slonneger, Gayle Sherry and Sally Olin.

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and dies shortly after. The mother still mourns the death of her daughter, who would have been Mui's age. Ten years later, the family falls on hard times. Mui becomes a servant for a pianist who was a friend of the older son when they were younger. That man is engaged to be married, but he prefers playing the piano to spending time with his fiancée. *-Dwight Call*

## Saturday Night Documentary March 5 - 7:15pm - AUD

**Beyond Hate (1991)** Award-winning journalist Bill Moyers takes a look at hate, trying to find its roots and practical ways of coping with it. This PBS program is 87 min. long and should stimulate much valuable discussion afterwards. *-Donna VanRaapborst*

## News & Views: Foreign Affairs Fri., Mar. 4 - 10:30am - AUD

Resident Don Parker's talk on **"Cuba and the U.S."** will be based both on his research and on first-hand experience from his visit to Cuba last fall. In December 2014 the U.S. announced, after decades of isolation, it would begin taking major steps to normalize relations with Cuba. This decision marks a dramatic shift away from a policy that has its roots in one of the darkest moments of the Cold War -- the Cuban missile crisis. Although the U.S. trade embargo is unlikely to end any time soon, American and Cuban leaders today are trying to bring a relationship once defined by a crisis in the 1960s into the 21st century. No registration or fee. **All are welcome.**

## **Making Contemporary Music**

### **Workshop: Second Species Wed., Mar. 2 - 4:00pm - AUD**

Flutist Hannah Hamell and bassoonist Ben Roidl-Ward, recent Oberlin grads, return to Kendal as Second Species. They will perform, demonstrate, and discuss several new works they have commissioned, in an interactive workshop setting. Second Species will also present a concert that evening at 8:00pm in Fairchild Chapel.

### **Preview: Tim Weiss with the Oberlin Sinfonietta Wed., Mar. 9 - 7:15pm - AUD**

Oberlin Sinfonietta director Tim Weiss and guests will preview their upcoming March 11 Sinfonietta concert (6:30pm in Warner Concert Hall) featuring John Harbison's North & South with guest soprano and Oberlin alum Kendra Colton ('83) and Aaron Jay Kernis' Goblin Market with Oberlin student Aaron Wolff ('16) as narrator.

### **Workshop: Grand Valley State University New Music Ensemble Thurs., Mar. 17 - 2:00 pm - AUD**

The award-winning GVSU New Music Ensemble (from near Grand Rapids, MI), with director Bill Ryan, will perform, demonstrate, and discuss works from their ongoing commissioning program, in an interactive workshop setting. The ensemble is playing a concert March 16 at the Bop Stop at the Music Settlement in Cleveland.

### **Preview: Tim Weiss and Oberlin Contemporary Music Ensemble Wed., Mar. 30 - 7:15pm - AUD**

Oberlin CME director Tim Weiss and guests will preview their upcoming April 1 concert (8:00pm in Warner Concert Hall) featuring music of Lei Lang, Jacob Druckman and Su Lian Tan, with Oberlin faculty cellist Darrett Adkins.

## **Getting the Most Out of Quarterly & Annual Investment Statements Tues., March 1 - 10-11:30am, Kendal Education Center**

Kendal's Committee on Philanthropy is offering a tutorial by Nancy Noga, financial advisor at Northwest Bank, providing tips on getting the most out of your investment statements. If you signed up for this session, be sure to bring your statements.

### **First Thursday Evening Hours Allen Memorial Art Museum March 3 - Open until 8:00pm Program begins at 5:30pm**

Conversation between New York-based artist Pat Steir and Denise Birkhofer, Ellen Johnson '33 Curator of Modern and Contemporary Art. Ms. Steir is well known for her dripped, splashed and poured "waterfall" paintings. The museum's West Ambulatory features her painting "Tall Waterfall." **All are welcome.**

### **Conversations with Community: "School Issues on the Ballot" Fri., Mar. 4 - 4:00pm - AUD**

Dr. David Hall, Superintendent of Oberlin Schools, will review the two local Oberlin School issues that will appear on Primary Election ballots on March 15. Issue 25 is a 5.05 mill renewal of the property tax levy passed in 2012. Issue 26 is the renewal of a 2.0 mill permanent improvement levy that was first passed in 1976.

### **Tuesday Tea at AMAM March 8 - 2:30pm**

Alberto Zambenedetti, Oberlin College visiting assistant professor of cinema studies, illustrates how prints from the AMAM collection, graphic novels and films have recounted Cleveland's cityscape.

If you need a ride, meet at Heiser Reception Desk at 2:10pm to car pool. **All are welcome.**

## **Genealogy-History Group "A Tale of Two Mahans: Are Ken Roose and John Elder Related?" Tues., Mar. 22 - 7:15pm - AUD**

Ken Roose's great grandmother was a niece of Asa Mahan, Oberlin College's first president; John Elder's great-great-grandfather was Rev. John Bennington Mahan. Both Mahans were active in the temperance movement and abolitionist leaders; both were at the same crucial meetings in the founding of abolitionist societies. John will tell more about the activities of these two Mahans and the possible connections between these two Kendal Oberlin residents. **All are welcome.**

### **Thoughtful Medicine Conversations Group: "Palliative and Hospice Care" Dr. Charles Wellman Wed., Mar. 30 - 4:00pm - AUD**

Many Kendal residents have questions about these aspects of end-of-life and quality-of-life care. Chief Medical Officer of the Hospice of the Western Reserve Charles Wellman, MD, will give us an overview and answer our questions. The Conversations Group, a subgroup of KatO's existing Thoughtful Medicine initiative, aims to encourage ongoing conversations among families, friends and health care providers about late-in-life issues. *-Elizabeth Hole, Chair*

## **Vision Impaired** \_\_\_\_\_

### **Low-Vision Support Group "The Sociology of Disability" Thursday, March 10 4:00pm - Green Room**

### **Reading of *The Kendalight* Monday, March 1, at 11:00am in Whittier Lounge**

NOTE TIME! Barbara Reeves will read the current issue of Kendal's newsletter. **All are welcome!**

## More about Kendal's New Residents

### Nancy Lombardi and Ann Mary Francis

**Nancy:** Born and raised in the Fort Greene section of Brooklyn, NY (imagine *West Side Story* without the music). Attended New York City public schools K-thru-16. As a first-generation college student, I received a BA (fine arts) from Brooklyn College, CUNY 1967. After college, I worked for Magnum Photos and several NYC ad agencies, attending the School of Visual Arts and The New School in the evenings. In my mid-twenties, I worked as a “carnie,” painting amusement rides, selling tickets, and driving a “follow truck” to state fairs in Oklahoma City and Dallas.

In my late twenties, married and moved with husband to East Lansing, MI; we divorced in 1976. Returned to college; received a MA (adult education) from Michigan State University in 1980. Came out as a lesbian 1978 -- bit of a surprise. Met Ann Francis in 1980; we committed to our relationship in 1982. By then I was working for Lansing Community College (LCC), where I served for 32 years in numerous administrative roles, including 14 years as Art Program Director. Received a second MA (organization development) from The Fielding Institute in 1997. Retired from LCC in 2007. In the mid-1990s Ann and I decided to seek a spiritual community. After exploring various options, including attending Red Cedar Friends (Quaker) Meeting and Friends General Conference events for several years, we found our “spiritual home” and became recorded members in 1999. My personal journey as an adult has



*Ann Francis and Nancy Lombardi*

been shaped by my relationship with Ann and three quotes: “If only I may grow firmer, simpler, quieter, warmer” (Dag Hammarskjöld); “What you see depends mainly on what you look for” (Salada Tea tag); and “Wherever you go, there you are.”

**Ann:** I was born in 1942 in Rochester, NY. In 1947 my parents started a household moving business in Florida. There I attended a Catholic girls’ school, was a Girl Scout, and benefited from having grandparents living nearby. In 1964 I graduated from University of South Florida and volunteered for Peace Corps in Malaysia. After Peace Corps, I taught in a community college in Tennessee, participated in civil rights demonstrations, and went to New York City for graduate school. In 1969 I moved to Lansing, MI, where I became director of a community organization to end the Vietnam War. In the 1970s I learned the impact of violence and discrimination against women and was involved in women and lesbian movements. In conjunction with these activities, I helped found an alternative school for high school dropouts. In the mid-1970s I investigated apprenticeships and helped form Women in the Skilled Trades (WIST). This led me to General Motors: a journeyman’s card in pipe fitting; teaching in an apprenticeship program; recruiting women and people of color to the

skilled trades. After eight years, I moved into management and coordinated jointly-contracted programs. I retired from GM in 1998 to care for my mother and to complete a PhD in human and organization development. I also worked at a neighborhood center developing community outreach programs. On 9/11 my concerns of yet another United States invasion and of the targeting of Arabs and Muslims took me back to social-justice activism. I now serve on the Board of the American Friends Service Committee. I enjoy reading, travel, singing and history. Journaling, meditation and tai chi keep me grounded. My partner Nancy Lombardi and I have been in a committed relationship since 1982. We count our blessings and are grateful to friends, community, and Quaker Meeting who supported our coming to Kendal.

### Erika J. Pilisy

Born in Budapest, in my Hungarian family I learned culture and bits of history during my first four years of education. Because of the war in the 1960s, we became displaced persons, fled west, and stayed in Austria for four years. I learned to speak German at the village school and soon attended the *Frauenoberschule* in Linz. Gymnasium provided an excellent education -- what a privilege! Our relatives’ sponsorship helped us immigrate to the United States. I was expected to become Americanized in a week, maybe two. After graduation from high school, I married (my husband was also Hungarian), and my dreams of further education were forgotten. In six years we had three children. They were the pride and joy of my life. During my thirty-plus years of work in the Cleveland School System I was library assistant, community liaison,



and teacher aide. At a slow pace at Cleveland State University, it took decades to receive my master's degree in education.

I became active in the women's movement, organized, and participated in marches and demonstrations, including the Equal Rights Amendment March to Springfield, IL, and three to Washington, DC.

My travels include France, Thailand, Greece, Turkey, Australia, New Zealand, Fiji and, of course, twice to Hungary. On my third trip I took my two grandchildren.

I have told about my joys, yet deep in my heart I feel pain of the loss of my Liz and Les, my adult children. For my life at Kendal, I look forward to participating in lively conversations about life's experiences and current issues. And being close to my daughter Ann is the icing on the cake!

### Sharon Furrow

After graduating from my hometown college in Ashland, OH, in 1961, I taught art for a year at Berea High School before going to Wisconsin for a master's in English. Next came Peace Corps in Malaysia, teaching English at a Chinese school, traveling during breaks to Thailand and Cambodia. I returned to grad school in 1966 with a teaching assistantship in American literature. Radicalized Madison was an exciting place to be in the 1960s; boisterous protests brought on tear gas



*Erika Pilisy*



*Sharon Furrow*

and the National Guard. After four years, I left for an instructorship at the University of Cincinnati but, by 1974, wary of the bleak current and future academic job market, I decided to leave academia for a public service career. I accepted an internship at the Internal Revenue Service regional headquarters in Cincinnati and transferred to Washington three years later. During my time there, I worked for the IRS, Treasury Department, Superfund, and Environmental Protection Agency. Throughout, I enjoyed working with, and leading, teams; managing projects; developing new ways of doing things; and traveling the United States in the course of my assignments. I loved living in the DC area and joined Asia Society, World Affairs Council, and similar organizations. At Georgetown University, I completed an interdisciplinary master's degree, focusing on public policy.

Upon retiring from the EPA in 2001, I moved to Annapolis, but returned to EPA several times for short-term

projects. I've been busy taking painting classes and seminars on great books at St. John's College; volunteering for Caritas Society (a nonprofit that raises funds for St. John's students) and my women's club; and helping to plan reunions for my Peace Corps group -- all while continuing to travel abroad as often as possible. Although I will miss Annapolis, I decided it was time to move closer to family in Ohio, and where better to move than to Kendal!

### Transfers

**Joy Illig** moved from a Cottage to an Apartment in early February. Her telephone number remains the same.

### Channel 19 Needs Help!

Wondering what's going on at Kendal? Many residents tune in to Channel 19 to find out. But we currently find ourselves short-handed. Vera Cooke and Ray LeGrand are retiring; Connie Bimber is on the "sick list." And Milton Ellis has exceeded his time as Chair of the Channel 19 Committee so Marcia Deist has moved into that role. We are left with a serious shortage of personnel. Whether you have a lot or little experience working with PowerPoint, there is a place for you on Channel 19. Programmers generally spend less than an hour each week preparing a presentation for their assigned day. Please talk to Marcia, Vera or Milton if you are interested or have questions.

### Kendal Kryptogram #133 -by Nina Love

ROPP LO WHY X GETFOR. ROWKN LO  
WHY X TOLOLMOT. XHBEPBO LO WHY  
X POWTH. -MOHUWLXH GTWHCPXH

Solution to Kendal Kryptogram #132: "Learn the rules so you know how to break them properly." -Dalai Lama

**IN MEMORIAM**

**HELEN RANDEL**  
**FEBRUARY 11, 2016**

**MARY ZINN**  
**FEBRUARY 16, 2016**

## Kendal Resale Shop Talk

*Benefiting Kendal Resident Assistance Fund and Community Charities*

The year moves along at a sometimes breathtaking pace for the Kendal Resale Team. We worked hard to prepare a special cottage sale in February. Our shoppers -- residents, staff, townspeople -- all have been fabulous shoppers. We will be able to report excellent results for the Resident Assistance Fund next month. Even January receipts were good: \$3,256.75. This amount includes \$22.50 from the work of Threads.

This year is off to a good start! In March we invite you to another special sale -- wonderful and different from the cottage sale in February.

**A special sale will be held March 4-13 in Apartment #164.** One feature of this sale is the inclusion of several very good works of art. You won't want to miss it. Come early! Come often! Even if the winter continues with us, this time you will have a warmer route to the sale. You will be delighted with what you find there.

*-Ruth Ann Clark, Chair  
Kendal Resale Team*

## Looking for Someone?

Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the center bookcase in the Kendal Library.

## Kendal 2016 Directory Additions and Corrections

**Joyce Parker:** corrected email address: check with Front Desk.

Call 775-9868 to hear announcements and menus of the day.

## Thank You, Kendal Volunteers

Barbara Bruer, Anne Elder, Sharon Furrow and Grace Tompos spent extra volunteer hours collating the 188 forms residents returned.

The forms documented the amazing amount of volunteering done by Kendal residents in a wide variety of places and settings.

In 2015 -- despite the loss of some active residents and the large number of residents new to our community -- we volunteered well over 45,000 hours. When staff hours and final forms are recorded, we will be able to report almost 50,000 hours of services donated. Twenty residents provided over 2,500 hours to keep the Kendal Resale Shop flourishing.

The total hours served in Stephens Care Center are presented in the colorful chart Jara Dell posted on the Volunteer Bulletin Board.

And as a footnote -- or paw print -- it was suggested that another volunteer service to record would be the warm, friendly visits to the SCC frequently provided by canine residents! For those who like figures, this is how hours in 2014 and 2015 compare:

	2014	2015
<b>KORA</b>	20,945	18,059
<b>K@O</b>	7,717	6,906
<b>Organizations</b>	3,431	6,607
<b>Churches</b>	4,215	5,022
<b>Oberlin College/ LCCC</b>	2,702	2,489
<b>Schools</b>	980	521
<b>Government</b>	1,781	1,446
<b>Meals</b>	621	414
<b>Medical</b>	535	541
<b>Misc.</b>	937	598

*-The Volunteer Clearinghouse*

## January 2016 Kendal at Oberlin Board Notes

In January, new board members Dominique Hughes and Diana Roose were welcomed by new board chair Liz Burgess (others were travelling). Liz shared her goals as chair which included: completing and approving the new Strategic Plan; completing the governance reorganization that will result in Kendal at Home becoming an independent affiliate and Kendal at Oberlin becoming the affiliate to The Kendal Corporation; adding bench strength where needed on the board and reorganizing the board's committees tied to the new Strategic Plan. Other highlights:

- Several committees reported on an evaluation of a solar array at Kendal, concluding it is not economical at this time; more data collection is needed on Kendal's energy use.
- David Jones from The Kendal Corporation was approved to work with KatO on the Strategic Planning activities in the months ahead.
- An updated repayment plan was approved for Senior Independence based on assumptions of the new business plan.
- All members participated in a mini-SWOT (strengths, weakness, opportunities and threats) exercise to identify those issues of most importance to Kendal. World Café activities will engage residents and staff, and more SWOT exercises are planned for residents, staff and community persons. The whole plan is expected to come back to the Board for approval later this summer with many opportunities in between for all to become involved, give input and be engaged.
- Board committees are reviewing their members for the year, determining any gaps and providing feedback/evaluation about each committee.
- All board members were asked to complete a survey on board performance for 2015, as required by accreditation under CARF.

*-Barbara Thomas, CEO, KatO*

## Magnifiers and More Coming to Kendal on Tues., May 10!

Make a note to stop by to see Deb Kogler and her traveling store of low-vision devices in Heiser Lounge and ask for her expert advice.



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**Conversations with Community:  
“The Case for Eliminating  
U.S. Land-Based Nuclear  
Missiles: Why 450 Minuteman  
III Missiles in the Upper Mid-  
west Are a Danger to Us All”  
Mon., Mar. 7 - 7:15pm - AUD**

John LaForge, co-editor with Arianne Peterson of “Nuclear Heartland, Revised: A Guide to the 450 Land-Based Missiles of the United States,” will discuss this new book, its detailed maps of the three missile fields, recent high-level recommendations for their elimination, anti-nuclear protests that were inspired in part by the original publication of the “Nuclear Heartland” in 1988, and the series of frightening blunders committed by the bored, distracted, and accident-prone “missileers” who still stand ready to launch the uncontrollable weapons on a moment’s notice. As Lt. Gen. James Kowalski said in 2014, it isn’t Russia or China. “The greatest threat to my force is an accident. The greatest risk to my force is doing something stupid.” Come hear about what Dr. Helen Caldicott calls “one of the most frightening books I have ever read.” I first knew John LaForge in 1988. Since then, John has worked for Nukewatch, a nuclear watchdog and environmental justice group in Wisconsin, and published widely on nuclear weapons, radioactive waste and militarism. He’s been a member of anti-war Plowshares Land Trust for 27 years and served over four years in jail and prison for nonviolent protests. Copies of the book will be available for purchase. *-Dwight Call*

**Kendal Early Learning Center  
and Arboretum Committee  
Are Working Together**

Our own Kendal Early Learning Center (KELC) and Arboretum Committee are finding meaningful ways to collaborate. KELC is one of Ohio’s “WILD School Sites” and has received an Ohio Department of Natural Resources, Division of Wildlife, grant of \$500 to implement the “Growing Up WILD” curriculum of the Council for Environmental Education for Exploring Nature with Young Children, ages 3-7. This program “builds on children’s sense of wonder about nature and invites them to explore wildlife and the world around them.” One of the goals of the program is that “children develop an awareness of trees.” So it is natural that we have found each other and seek to promote further intergenerational activities.

A day after our lovely February snow, KELC children were in the hallway between Heiser and the apartment building. As they looked out the window, KELC staff person Mary Balduff asked the children, “What do you notice?” One boy answered that there is snow under that tree (pointing to a deciduous tree) and no snow under that one (pointing to an evergreen). How observant! “Why do you think that is?” was the next question.

Think ahead to days without snow. The Arboretum Committee and KELC are planning joint Arbor Day activities for Friday, May 6, with a ceremonial tree planting that morning at Kendal. Plan to join in on the fun. *-Anne Helm -- More information on the curriculum can be found at [www.wildohio.gov](http://www.wildohio.gov).*

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**Kendal Open House**

All are welcome to an Open House on Tuesday, March 22, at 2:00pm in the Heiser Auditorium as Robert Conrad presents “WCLV 104.9: Not Your Father’s Radio Station.” Reservations can be made by calling Maggie Stark at 440-775-9810 or at [kao.kendal.org](http://kao.kendal.org).

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**Horticulture News**

**Garden Plots** - If you’d like a community garden plot to grow vegetables, fruit or flowers this summer, please arrange a tour by calling Melissa Reed or leaving a note in open mailbox #94. Most plots are 10 ft. x 10 ft.

**Talking Tuesdays  
with the Kims on March 15!**

Kim Preston and Kim Peters, Kendal’s Social Services Associates, want to get to know you! Join the Kims over lunch from 12 noon to 1:00pm in The Den on the third Tuesday of the month. Discussion will be open to areas of interest and concern.

*-Kim Peters and Kim Preston*

**LeadingAge Arts and Writing  
Resident Show 2016...**

...is coming to a northern Ohio retirement community near you in May. First, second and third place winners proceed to the September state competition in Columbus. Kendal artists and writers always fare well against their greater Cleveland competitors. Plan now to submit your photograph, painting, craft, poem, essay or story. Contact Michele Tarsitano-Amato or Thelma Morris for details and entry form.

And don’t miss arts and writings by previous LeadingAge winners, scheduled to grace a Kendal gallery and table during the springtime.

*-Thelma Morris and Michele  
Tarsitano-Amato*

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**Saturday Opera DVD - March 26 - 7:15pm - AUD**

**La Traviata** - This 1992 performance of Verdi’s opera is from the La Fenice Theater where the opera premiered in 1835. The libretto is based on the play by Victor Hugo, “The Lady of the Camellias.” This memorable performance stars the Slovak soprano Edita Gruberova as the tragic heroine Violetta. This is Verdi at his best, both emotionally and musically. *-Allen Huszti*

## Update on the Buddy System

Responding to KORA's request, Elizabeth Hole and Diane Follet volunteered to review the neighborhood Buddy System, which encourages residents, especially those who live alone, to check in with each other daily to ensure safety. We are now happy to report that the system is in good shape. We have also learned that:

- Coordinators in each neighborhood have done a great job of quietly contacting residents and helping them find buddies while respecting those who prefer to opt out of the system.
- Buddies connect in very creative ways: using lights or newspapers to signal they are up, emailing or texting daily. One kind person delivers a personal Sudoku each morning.
- Best of all, neighborhood residents have come to quietly know each other's patterns. Without being nosy, they know whose buddy is away or who might need additional help. They are aware of each other and supportive without being intrusive.
- If you sense something unusual in your area, first try to contact that resident. If there is no response, then follow up on your hunch and phone the Heiser Reception Desk. It is better to be safe than sorry.

If you do not have a buddy and would like one, contact your neighborhood coordinator:

1<sup>st</sup> Floor Apartments: Betty O'Connor

2<sup>nd</sup> Floor Apartments: Nancy

Beauchamp

Phase I: Mary Lynne Grove and

Marian Lott

Phase II: Marie Evans

Phase III: Judy Tandy

Cottages 1-24: Anne Davis

Cottages 25-52: Emiko Custer

Cottages 53-80, 101-104: Nancy Cooper

Cottages 83-100, 105-120: Diane

Follet

Cottages 121-144: Kay Rider

Thanks to everyone. Together we make Kendal a safer community.

-Elizabeth Hole, Buddy System Chair

## Table Tennis Highlights

February was a banner month for Kendal table tennis. Early on, our visiting Coach Doyle Harbaugh worked with us again to improve our strokes and game. There's always cheer in the room when Doyle comes by, and we're wishing for him to recover soon and fully from his taxing illness.

On Feb. 20, our young Strongsville friend Seth Pech coached 11 of us individually in four groups of three (nearly) for an hour per group. At 20, Seth is an expert teacher and, after two training camps in Sweden and peak results at the US Nationals this past year, a proven topflight player. The response to his coaching was enthusiastic. He left us itching to put what he taught us into play at our upcoming sessions. Going into the month's last week, we continued to average nine players per outing. Come in and find out what table tennis can do for late beginners and early veterans of "ping pong"! You'll be surprised. -*Sidney Rosenfeld*

## Saturday Walks

Residents who would like to go for a walk off our Kendal campus are invited to gather at the Heiser Reception Desk at 9:00am to decide where to walk that day. The walks are 1 and 3 miles at a leisurely pace, usually in one of the Lorain County parks. We will car pool. Come join us!

## RELIGIOUS SERVICES AT KENDAL

### Episcopal Services

Sat., March 12, 11:00am, Gathering Room

Easter Eve: Sat., March 26, 4:00pm, Gathering Rm., Rev. Nancy Roth

### First Church Service

Sun., March 20, 4:00pm, Gathering Rm.

### Roman Catholic Mass

Fri., March 18, 10:00am, Green Rm.

### Society of Friends

Sundays, 10:30am, Education Center

## First Church United Fellowship Sat., March 12 - AUD

**9:30am: Food and fellowship**

**10:15am: Dr. David Hall**

The superintendent of Oberlin City Schools will share the state of our schools and his hopes for their bright future. **All are welcome.**

## UU Kendal Gathering

**Wed., March 16 - 4:15pm**

**Kendal Education Center**

**"Reshaping Jesus: Zealot or Pastor?" Rev. Mary Grigolia**

Come explore the meaning of Jesus, the meaning of Easter, and how our stories and meanings change – especially for UUs (and friends of UUs), liberal Christians, secular spiritual and ethical seekers. In 2013, Reza Aslan published "Zealot," a retelling of the story of Jesus. It's a great read, bringing the cultural and class relationships of first-century Palestine vividly to life. It stirred up great controversy. Why? Because Reza Aslan is a secular Muslim. **All are welcome.**

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## The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Kathy Reichard, Mary Simons

Photos: Lyn Cope, Eleanor Helper, Sally Olin

Production: Don VanDyke

Deadline for the April 2016 issue of *The Kendalight* is March 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

**Note: Please submit articles by email to our address:**

***Klite600@yahoo.com***

**If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.**



## Dining and Nutrition Services

### **Sunday, March 27 Easter Buffet 12 noon and 2:00pm Fox and Fell Dining Room**

There are two seatings for reserved service. Reservation forms for Fox and Fell will be emailed or placed in open mailboxes.

**Friends Corner Dining Room:** Normal serving hours for all meals.

**Langston:** Open 7:30-9:30am for breakfast service only. Box lunches can be requested in advance for the evening meal.

**Watch for Sign-up Sheet for:  
Solo Diners: Thurs., March 10,  
5:30pm, The Den (meets on second  
Thursday of the month).**

**SPINACH (Senior Persons Inter-  
ested in Nutrition and Community  
Health): Wed., March 23, 5:15pm,  
William Penn Room (meets on fourth  
Wednesday of the month).**

**Intergenerational Event:  
Thurs., March 17, 3:15pm, Lang-  
ston.** Join us for a Shamrock Shake  
and meet a lucky leprechaun.

*-Lisa Wilken, Langston Dining Manager*

### **Is There Salt in This Recipe?**

Updated dietary guidelines were recently released for 2015-2020. Included is the continued recommendation to limit sodium to less than 2300 mg daily for the healthy population. This translates to ¼ tsp. of salt per day, far less than the 5 tsp. of salt per day that the average American consumes! For those over 51 years old, the recommendation is to lower your sodium intake to less than 1500 mg daily.

Kendal at Oberlin pays close attention to our residents' concerns about the sodium in their diets. A new symbol (a salt shaker within a circular prohibition sign) has been added to menus in Langston and Fox and Fell, indicating that the menu item contains no added salt or is made with ingredients that have no or low sodium. The addition of the low-sodium symbol will help to eliminate some of the guesswork when trying to navigate the menu.

Our Nutrition Committee has determined that 400 mg or less is a desirable amount of sodium in an entrée. The menus are reviewed to make sure there is at least one entrée per meal which has less than 400 mg. As for side

dishes, salads and desserts which don't have the nutritional value listed, it was more of a challenge to know if the menu item was safe for a low-sodium diet.

It is good to see residents take such an active interest in their diets and health. Now you can tell at a glance which items are safe in regard to sodium.

*- Sue Campbell, RD, LD,  
KatO Community Nutritionist*

### **Kitchen Tours Scheduled for Thurs., April 7 and 28 at 2:00pm**

- If you have been on the tour in recent past, please leave slots open for newer residents.
  - Each 45-min. tour is limited to eight.
  - Tours meet in Langston.
  - Enclosed nonslip-sole shoes must be worn to enter the kitchen.
  - Hairnets will be issued to everyone.
  - Please avoid leaning on counters and surfaces or touching equipment on tour.
  - If you are ill, please do not come.
- Sign-up sheets will be posted by open mailboxes.

Additional tours may be scheduled if needed. If you rely on an assisted mobility device, check with Ann Pilisy.

### **National Nutrition Month 2016: Savor the Flavor!**

The 2016 nutrition campaign theme of the Academy of Nutrition and Dietetics is "Savor the Flavor of Eating Right." This message is one of my personal favorites. It conveys the idea that we need to look at the whole picture when it comes to our meals. We want to eat foods that have the nutrients we need to achieve optimal health. Yet it is important to take the time to enjoy food traditions and savor the pleasures, great flavors and social experience that go along with eating a healthy meal. Most of us can identify with a feeling of well-being when we talk about fond food memories. It's a part of our history and helps us bond with each other at any age. It's interesting to learn what other generations or cultures served their families for dinner or at special family gatherings at the holidays.

And most of us understand the importance of increasing fruits and vegetables, lean meats and whole grains in our diets. But it is also important to make eating a pleasurable experience that leaves you feeling good, not deprived.

We often hear the phrase "to live mindfully" these days. How does it apply to our meals? It means being in and savoring the moment either while preparing a great meal or enjoying it with others. Eating mindfully is often overlooked in the American culture. We tend to be preoccupied with diets and weight loss. Enjoying the eating experience can be very beneficial to mind and body. Research shows that being a satisfied eater will result in less binge eating and ultimately a higher nutrient and lower calorie intake. Allowing yourself the pleasure of eating in a mindful manner can be key to weight control without dieting.

*-Sue Campbell, RD, LD,  
KatO Community Nutritionist*



SUN	MON	TUE	WED	THU	FRI	SAT
<b>MARCH 2016</b>		<b>1</b> Understanding Investment Statements 10:00am Ed Ctr Reading of Kendalight 11:00am WHT	<b>2</b> Workshop: Second Species 4:00pm AUD Health Lecture: 7:15pm AUD OC Convocation: ★ Elizabeth Kolbert 7:30pm Finney - no tx	<b>3</b> Alcina Opera Preview 4:00pm AUD First Thursday at AMAM open til 8:00pm; lecture 5:30pm	<b>4</b> News & Views 10:30am AUD School Issues Dr. David Hall 4:00pm AUD Gabor Farkas, piano 8:00pm WCH ★	<b>5</b> Met Opera HD: Manon Lescaut 12:55pm ★ Film: Beyond Hate 7:15pm AUD
<b>6</b> Quaker Worship 10:30am Ed Ctr Trio Ligatura 4:00pm AUD Film: Cinderfella 7:00pm WHT English Country Dancing Every Sunday at 7:15pm in AUD	<b>7</b> Episcopal Bible Study every Monday 10:00am Green Bridge 7:00pm CCR Eliminating 450 U.S. Land-Based Nuclear Missiles in Upper Midwest 7:15pm AUD	<b>8</b> Tuesday Tea at AMAM 2:30pm (car pool)	<b>9</b> Lunch Bunch: Sal & Al Diner ★ 11:30am-2:00pm KatO Health Services Forum 4:00pm AUD Song Swap 6:00pm HL Scrabble 7:15pm CCR Contemporary Music: Tim Weiss, Oberlin Sinfonietta 7:15pm AUD Opera: Alcina ★ 8:00pm Hall (tx)	<b>10</b> Coffee Hour with Barbara Thomas 9:30am Langston Low Vision Group 4:00pm Green Rm Solo Diners 5:30pm The Den ARS: Miro ★ String Quartet 8:00pm Finney (tx)	<b>11</b> Artist's Reception: Three Printmakers 4:30pm HL Oberlin Friday Music Club 7:15pm AUD	<b>12</b> First Church United Fellowship Dr. David Hall Oberlin Schools 9:30am AUD Episcopal Serv. 11:00am GaRm Oberlin Baroque Orchestra ★ 8:00pm WCH
<b>13</b> Quakers 10:30am Ed Ctr Opera: Alcina ★ 2:00pm Hall (tx) Canterra Musica 4:00pm AUD Film: City Slickers 7:00pm WHT ARS: Robin Eubanks Jazz Ensemble ★ 7:30pm Finney (tx)	<b>14</b> Suggestions and Concerns 2:00pm CCR Bridge 7:00pm CCR	<b>15</b> Primary Election 6:30am-7:30pm AUD - NOTE: Be sure to bring ID! Talking with the Kims Noon - Den Timothy LeFebvre, baritone ★ 8:00pm WCH	<b>16</b> UU Kendal Gathering Rev. Mary Grigolia 4:15pm Ed Ctr	<b>17</b> KORA Council 10:00am AUD Workshop: GVSU New Music 2:00pm AUD Leprechaun Day in Langston 3:15pm 3rd Thurs. Lecture 7:15pm AUD Arts & Sciences Orchestra ★ 8:00pm Finney	<b>18</b> Diversity Awareness Committee 9:00am - Den Roman Catholic Mass 10:00am Green Rm Artist's Reception: Don Parker 4:00pm HL Oberlin Music School 7:15pm AUD	<b>19</b> Film: Scent of Green Papaya 7:15pm AUD
<b>20</b> Quaker Worship 10:30am Ed Ctr First Church Serv. 4:00pm GaRm Film: A League of Their Own 7:00pm WHT	<b>21</b> Monday Night Movie at Apollo Sign up for bus ★ Bridge 7:00pm CCR	<b>22</b> Kendal Open House: Robert Conrad 2:00pm AUD Sign up needed Song Swap 6:00pm HL Genealogy-History Group: 7:15pm AUD	<b>23</b> Aft. Exchange Barbara Thomas 4:00pm AUD SPINACH 5:15pm Penn Rm Scrabble 7:15pm CCR	<b>24</b>	<b>25</b> Remembering Len Garver: Rod Knight runs Len's trolley 5:00pm HL	<b>26</b> Episcopal Easter Eve Serv. 4:00am GaRm Rev. Nancy Roth Opera DVD: La Traviata 7:15pm AUD
<b>27</b> Quaker Worship 10:30am Ed Ctr Easter Buffet Fox & Fell 12:00 noon; 2:00pm Film: Easter Parade 7:00 WHT	<b>28</b> Bridge 7:00pm CCR	<b>29</b> Andrew Frierson, baritone 7:15pm AUD	<b>30</b> Conversations Group: Palliative and Hospice Care Dr. C. Wellman 4:00pm AUD Making Contemporary Music: Tim Weiss, CME 7:15pm AUD	<b>31</b> OC Convocation: ★ Gary Shteyngart 7:30pm Finney - no tx	<p>CCR = Crossroads GaRm = Gathering Rm HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal tx = Tickets needed ★ = Kendal Bus</p> <p>Morning Discussion Group every Wednesday 10:00am WHT</p> <p>Jehovah's Witness Bible Study Every Friday 10:00am WHT</p>	