

The Kendalight

Kendal at Oberlin Residents Association

June 2015

Volume XXII, Number 6



Independence Day, July 4, 2015

This year's theme for Independence Day will be "Immigration." We begin with a parade, marching in groups according to the land of our ancestry (those of English descent together, those with Chinese forebears together, and so forth; those of mixed ancestry may have to make a hard choice!) Look for a sign-up sheet by the open mailboxes and join in the fun. The importance of immigrants to our nation will be underscored by Robert Taylor's wonderful program that follows the parade. Though of different origins, we are all one nation, and that's what we will celebrate on July 4. Of course there will be singing, kite-flying, boat-sailing and ice cream! Do plan to take part in this gala celebration.

-Jim and Anne Helm, volunteered coordinators

Join us for our Annual CommUnity Picnic on Wednesday, June 17

The theme of this year's gathering is Hawaiian Beach Party! The Staff Special Events Committee is looking forward to a fun-filled picnic with the usual delicious buffet made by our fantastic Dining Services staff. We will line up the buffet tables just outside the Heiser entrance. You can either count this meal under your meal program or pay the cashier for the meal at the start of the line.

This picnic is a chance for staff members, board members, residents and community friends to have a wonderful time of fellowship as they eat under the tents on the lawn area west of the Heiser entrance. (In case of rain, we will be served in the Fox & Fell.) Stephens Care Center residents visit the buffet line first, at 11:15am; everyone else follows from 11:30am-1:15pm. George Hannauer and Larry Porter will jointly lead a singalong, supported by wives Jane and Marjorie and Dennis and Judy Cook.

OB JUMP will return again to entertain us with their jump rope routines, led by Jenny Menzer.

If you would like to volunteer to help SCC residents carry their meal selections through the buffet line to their picnic tables, please contact Michele Tarsitano-Amato at 775-9890. We hope everyone joins us for this wonderful community event. Summer is always a great time to be at Kendal!

-Ann Pilisy for the Staff Special Events Committee

Fun Fitness Week's Here! Join us on June 8-12

Come and have FUN. Details and sign-up sheets will be on the Kendal Early Learning Center bulletin board. The first four days will each have the following events: Observation Walks (inside and outside routes), Cycling, Pool Laps, Miniature Golf, Walking Laps (perimeter and/or Heiser Circle). On Monday will be: Pool Fun, Water Balloon Toss, Location Recognition and Bowling. On Tuesday will be: Wii Fun, Basketball Shooting (standing and/or sitting), Robot Table Tennis. On Wednesday will be: Walking Relay Races, Bean Bag Toss, Fun Run (new event). On Thursday will be: Tennis Court Fun (new activities), Four Square, Shot Put Throw. On Friday will be: Community Walk and Luncheon. All who have taken part in any of the week's events are invited to a healthy, no-charge buffet luncheon in the Fox & Fell. Any questions? Contact Jerry Berner or Jill Connone (775-9851).

Keep on Moving Oberlin

The second Mobility Fair will be held at the Oberlin Public Library on June 17, 2:00-4:00pm. Kendal at Oberlin is offering a series of four free mobility fairs during 2015 for our own residents and other seniors from the Oberlin area. Supported in part by Kendal Charitable Funds, these fairs offer information about balance, mobility, use of assistive devices, and programs to help individuals as they encounter difficulties in getting around. At the first fair at Oberlin Community Services on March 19, about 35 Oberlin residents visited six stations: assistive devices (2), fitness assessment, physical therapy, dance for mobility and balance training. Since this second fair has twice as much space, we expect Drug Mart to show more assistive devices, and participants will feel freer to move about. Again, four participants will win raffle tickets to favorite Oberlin stores! For a free trip to and from the fair, call Kendal at 775-9894 to schedule a ride.

FROM YOUR KORA COUNCIL

On May 25, three Oberlin College Commencement speakers sounded one unified theme: Run to, not from, the hard challenges, the clashing views, the places of need in our society. We heard Michelle Obama, Marian Wright Edelman and Marvin Krislov speak from their hearts to the Class of 2015 about their/our responsibility to do what we can, where we can, in ways big and little to bring about change in areas of polarization that are paralyzing our nation. President Krislov brought it home with a concluding admonition: "Vote."

A great many of us watched together in Heiser Auditorium. We sang the national anthem, admonished people wearing wide, view-blocking hats to "take them off," and clapped. We shared pride and joy when our own Helen Taylor received the Community Service Medal for her years of volunteer contributions to the Oberlin Schools music programs. During Michelle Obama's recognition of the Ninde Scholarship program, residents Eleanor Devereux and Demmie Carrell were especially acknowledged for their support of this program. Sometimes we listen, but think our time for making a difference is past. Yet there are many ways we are making a difference "out there" in the larger community and "in here" at Kendal. To name just a few "out there": food pantry, Second Harvest, the shelter program, Grandparent Readers, Oberlin Community Services, community organizing, Publicity Plugs, Partners for Peace, League of Women Voters of the Oberlin Area, environmental awareness, international students, mentoring, public transportation. You name it, and you'll probably find our residents involved.

I hope all of you are keeping track of your volunteer hours. It is very important for Kendal at tax time. "In here" KORA simply wouldn't exist

without resident membership and involvement enabling joint efforts to respond to public problems and needs. At this time, we have major energy going to areas where we hope to make a difference. One is participation in the multi-site conversations on the Future of Aging in America that are a prelude to the White House Conference on Aging in July this year. These conversations touch on important aspects of public policy.

Another major project is the four grant-funded mobility fairs, Keep On Moving Oberlin, taking resources on balance, movement and assistive devices for seniors into the community. The next Fair will be June 17, at the Oberlin Public Library. See the article on p. 1 for more details.

Our Transportation Commission is in dialogue with several community groups and the Lorain County Commission on Public Transportation seeking solutions to the need for adequate public transportation for county residents. Finally, several groups are studying aspects of our changing medical delivery systems in relation to issues of health, wellness and medical care as we age. Next month, we'll focus on some of the ways residents are making a difference in the quality of life here in the Kendal community by caring for one another. We have many unsung heroes.

-Ardith Hayes, KORA President

Remember to make your contribution to the Staff Vacation Fund!



**NOTE TIME: COFFEE
WITH BARBARA THOMAS
FRIDAY, JUNE 12
9:00AM - LANGSTON**

**AFTERNOON EXCHANGE
THURSDAY, JUNE 25
4:00PM - AUDITORIUM
BARBARA THOMAS**

KatO Board Notes from March and May

- The Board's investment policy is reviewed annually and had a minor adjustment to reduce the spending target from 5% to 4%.
- A Corporate Resolution was approved for 2015 for Board Officers to conduct business on behalf of Kendal at Oberlin.
- Due to Mary McKee's change in employment, her resignation from the board was accepted.
- In March, there was a generative discussion with Rich Boyson and Kathy Royer who provided a closer look at Senior Independence from the perspective of SI's corporate executive staff who oversee more than 20 programs in Ohio, Michigan, Pennsylvania and Virginia. This is part of creating a long-term plan for the program's financial viability.
- The Board approved the Emergency Leadership Succession Plan and the Non-emergency Leadership Succession Plan for the chief (Continued on p. 7)

Hoot 'n' Holler Railroad

**Summer Schedule:
Informal runs most
Sundays, 7 :00pm
(near Parking Lot #6).
Call Don Parker
to confirm or
set up a special
showing.**

PROGRAMS

LECTURES

First Thursday Health Lecture Changing the Face of Dementia June 4 - 7:15pm - AUD

Author Jennifer Brush, MA, CCC/SLP, will present a program on caring for and relating to our dependent relatives and friends. She has been working for more than 20 years to change the face of dementia in hospitals, assisted living communities, nursing homes and home care. One of her recent books, "I Care," is a handbook for care partners of people with dementia.

NOTE: There will be no Third Thursday Lecture on June 18.

Oberlin Heritage Center: Local Stories of Quarry Life Wed., June 10 - 7:15pm - AUD

Jim Hieb, Executive Vice President/CEO, Marble Institute of America, has documented the history of quarrying in our area over the past 160 years. He is the author of "Sandstone Center of the World: Images and Stories of Quarry Life in Amherst, South Amherst, and Lorain County" and has collected stories from many retired quarry workers, including his wife Christa's grandfather. **Free and open to the public.**

**Driver Education Reminder
Tuesday, June 23 and Thursday,
June 25, starting at 10:00am in the
Green Room. THERE IS CURRENTLY ONE VACANCY** in this session. Contact Bud Spierling at Box #210 if interested. The September class is already full, but it is early days yet. Watch for updates on the activity bulletin board. Attendees' feedback from the May class has been very favorable.

TRIPS

Lunch Bunch: Rose Café and Garden at Lakeview Park Wednesday, June 10

If we are lucky, the historic Rose Garden at Lorain County Metro Parks' Lakeview Park will be in bloom. If not, we'll enjoy our lunch and admire the Lake Erie view.

Van leaves Heiser at 11:30am, returning about 2:30pm. Van charge: \$8.00. Place check to KORA for \$8.00 in Box #89 by Monday, June 8. **Lunch at your expense.** Sign-up sheet posted Monday, June 1.

2015 Chalk Walk Sat., June 20, 10:00am-4:00pm (Rain Date - Sunday, June 21)

It's time for the tenth annual Chalk Walk on the sidewalks of downtown Oberlin. Twenty-seven Kendal volunteers again are staffing the booths that assign space and provide materials (free of charge). There are five master artists, local artists and many children and adults exercising their creative talents. Sponsors are: Allen Memorial Art Museum, Firelands Association for the Visual Arts (FAVA), Oberlin Business Partnership, Oberlin Public Library, Oberlin Heritage Center and Lorain National Bank.

News & Views: Domestic Issues Cancelled

The LifeLong Learning presentation on "Income Inequality," originally scheduled for June 5, has been cancelled. Watch for a possible rescheduling of this important topic.

Tappan Square Band Concert at Clark Bandstand

Oberlin Summer Concert Series - Friday, June 26, 7:00pm
The first Friday Night concert of the year with **Patriots Symphonic Band.**

MUSIC

Old-Time Hymn Sing Sun., June 14 - 4:00pm - Gathering Room

All residents are invited to come and sing! We will be led by Marian Lott at the piano.

Matt Watroba, folk singer Thurs., June 18 - 7:15pm - AUD

Matt describes himself as a community singer, picking the perfect songs and stories for his audience. He'll get us singing and leave us feeling a bit better about the world we live in.

Brass Ensemble Tues., June 23 - 7:15pm - AUD

This Oberlin Conservatory group is planning a tour in China in July. Andrew Jeng, trumpet, Luke Spence, trumpet, Kevin Grasel, horn, Matthew Marchand, trombone, Davis Erickson, tuba, will perform a classical piece as well as a hymn, a march and a selection from a musical.

Silei Ge, piano Fri., June 26 - 7:15pm - AUD

Pianist Silei Ge is a student of Peter Takacs in the Oberlin Conservatory.

Listen to Concerts in the Courtyard Garden

Come enjoy the lovely Courtyard Garden and listen to music before dinner during the summer months. In June at 4:00pm on Fridays, you'll hear:

June 5: Kendal Trio - violin, cello, piano (in Gathering Room)

June 12: Patrick Janson, keyboard and vocals.

June 19: Jerry Simmer, keyboard and vocals

June 26: Adam Sarata, classical guitar

Sunday Movies Whittier - 7:00pm

June 7 - **The Imitation Game**

(2014): Real life story of legendary cryptanalyst Alan Turing (Benedict Cumberbatch) and his team of code-breakers who are credited with cracking the codes of Germany's World War II Enigma machine. PG-13.

June 14 - **Cat on a Hot Tin Roof**

(1958): Southern patriarch (Burl Ives) learns he is dying of cancer as his greedy family hovers around him. Paul Newman is his alcoholic son Brick whose wife (Elizabeth Taylor) worries about who gets the money.

June 21 - Fathers' Day (1997): Billy Crystal, Robin Williams and Julia Louis-Dreyfus star in a comedy about a woman who cons two ex-boyfriends into searching for her runaway 16-year-old son. PG-13.

June 28 - **The Blind Side (2009):**

True story of well-to-do Memphis couple (Sandra Bullock and Tim McGraw) who become legal guardians for homeless football player Michael Oher, transforming both his life and theirs. He not only succeeds as a student but also becomes an All American and a first round NFL draft pick. PG-13.

Saturday Foreign Film

June 20 - 7:15pm - AUD

The Cats of Mirikitani (2006): English, with occasional subtitled Japanese. Documentary about Jimmy Mirikitani, a feisty Japanese-American painter working and living on the street near World Trade Center when 9/11 devastates the neighborhood. Film editor Linda Hattendorf persuades elderly Jimmy to move in with her, while seeking a permanent home for him. She delves into the California-born, Japan-raised artist's unique life which developed his resilient personality and fuels his two main subjects: cats and internment camps. She films Jimmy's remarkable journey back into his incredible past. *-Dwight Call*



Art Gallery News

Thank you for sharing so many of your personal treasures for display this summer in our biennial **Kendal Collects Show**. You submitted roughly 70 pieces to this year's show. Each time it is fascinating to all of us on the Art Committee to see how such varied pieces fall into relationships or juxtapose against each other to make for interesting groupings in the display. And so we've hung the "Eastern" themed pieces together at the east end of the Kendal Gallery; predominantly "abstracts" and a few texts in the Kendal Gallery; the textiles in the Community Gallery; the "nature-themed" pieces in the Friends Gallery; and a few three-dimensional pieces in the Marketing display case. Even the silliness committee submitted an entry: See if you can find it! I'm sure we say it every time, but we'll say it again: "This may be our best Kendal Collects show yet!"

Saturday Night Movie

June 13 - 7:15 pm - AUD

Kiss of the Spider Woman (1985):

The movie is an adaptation of Manuel Puig's highly regarded novel about a gay man and a political activist incarcerated in a South American prison together. The film stars Raul Julia, Sonia Braga and Oscar-winner William Hurt as a man whose only tool for survival is his memory of old tacky Hollywood movies. R. *-Donna VanRaaphorst*

Saturday Night Opera DVD

June 27 - 7:15pm - AUD

The Marriage of Figaro: This 1993 performance of Mozart's comic opera is from the Chatelet Theater in Paris with John Eliot Gardiner conducting the English Baroque Soloists. Figaro is sung by Bryn Terfel, Susanna by Alison Hagley. Mozart's music is sublime and the singing beautiful. This is opera at its finest! *-Allen Huszti*

As for the **Curio Cabinet**... Yes, those tiny red silk shoes were actually worn on the feet of an adult Chinese woman whose feet had been bound from early childhood. Margaret Kanost's interesting Chinese miniatures will remain on display through most of the summer.

In the fall we look forward to showing **Timothy Callagan's** paintings of people and places in the **Kendal Gallery**, **Matthew Gallagher's** "Encaustics" in the **Friends Gallery**, and a display of needlework quilts in the **Community Gallery**, created by the **Twisted Stitchers** who meet regularly to spend the day sharing ideas and company as they stitch away.

In other news, **Robert Studzinski** sold several of his photographs of people and scenes he encountered in remote regions of the world, primarily to Kendal residents.

The **Oberlin High School display** in the Friends Gallery brought many visitors from outside Kendal.

Play Readers:

The Last Romance

Sat., June 6 - 7:15pm - AUD

This play by Joe DiPietro tells the story of an 80-year-old Italian-American man who, when he was young, auditioned for the Metropolitan Opera. He finds himself falling in love with a woman he meets at a dog run in Hoboken, NJ. The play is directed by Robert Taylor, who also reads one of the roles, along with Ruth Bent and Margaret-Ann Ellis. Complications arise as this "last romance" unfolds, but throughout, it is a warm and witty story that you won't want to miss.

As usual, once the play has begun no one will be admitted until the first scene break. *-Robert Taylor*

Residents who cannot come to the Saturday night performance are invited to attend the final rehearsal Friday, June 5, at 1:30pm.

Furnishings Available at Low Prices from Kendal Salvage

A number of items that might be useful to residents are being removed from the Classic cottages being renovated. Here is the list, together with the cost for residents who want them:

- **Kitchen Base Cabinets** (24" deep and 34" high): 24" wide with door (\$30); 24"w with door and drawer (\$35); 18"w with 4 drawers (\$40); corner carousel 36"x36" (\$70).
- **Kitchen Wall Cabinets** (12" deep) 30" high: 18"w (\$35); 15"w (\$30); 12"w (\$25); 24"w x 18" h (\$30); 30"w x 15"h (\$30); 30"w x 12"h (\$25); corner 24" x 24" (\$60).
- **Wood Bathroom Cabinet:** 30"w x 34"h x 6" deep (\$30).
- **Mirror** 28"w x 40"h (\$10).
- **Towel Bar** (\$5).
- **Shelves:** 12" Wire (\$1 per foot); Wood 30"w x 16"d (\$3).
- Occasionally we get blinds for patio or bedroom.

If you would like to have any of these items, please contact Jim Helm.

Transportation Talk

A position statement in support of public transportation services in Lorain County was approved by the Board of the League of Women Voters of the Oberlin Area (LWVOA) in May and will be presented to the League's membership at the June Annual Meeting for final approval. Once the position statement is adopted, the LWVOA can formally advocate for public transit system issues in Lorain County. To read the position statement and the basis for it, log on to lwvoberlinarea.org.

Additions and Corrections for Kendal at Oberlin Directory 2015

Carl Gerber - Check with Heiser Front Desk receptionist for phone number.

Bill & Elizabeth Hole - Check with Heiser Front Desk receptionist for cell phone numbers.

Sale of Spring Fling Decorations

The beautiful decorations from this year's Spring Fling will come down and go on sale on Saturday, June 6. As usual, all of the proceeds from this sale will go to the Resident Assistance Fund. The sale will take place in Heiser Auditorium from noon until 2:00 p.m. The large branches with origami flowers (some also have small painted birdhouses and little birds) will sell for \$35 each, the smaller ones for \$20. The strings of cut-out paper flowers will sell for \$5 each. All of these are guaranteed to brighten up any room. Come buy a few and know that you will smile each time you see them!

More on India

Some of us who heard Anne and Jim Helm's interesting News and Views presentation on India on May 1 would like to continue the conversation informally. One of the many topics of interest to Anne and Jim that was sacrificed to time constraints is the effect of social change on elders. The slowly changing role of women is another.

We have reserved the Den for an informal discussion with Anne and Jim and Lal Arora at 5:15pm on Friday, June 5. Since the Den accommodates only a limited number of people, we have put a sign-up sheet out under the open mailboxes.

If you have questions, call or email the Helms. Or call Marjorie Porter.

Conversations with Community Traveling with Road Scholars Tues., June 9 -4:30pm - AUD

Speaker Jerry Polizzi, a Road Scholar Ambassador, says he gets a kick out of seeing the eager look in people's eyes when he tells them about these fantastic programs that help the curious and adventuresome discover the world around them. He's one of more than 400 avid Road Scholars who make presentations about the organization and its program experiences.

BIGBUS: Kingwood Center, Mansfield - Tuesday, June 30 8:30am - 3:30pm

Enjoy the many formal gardens on the 47-acre estate and tour the part of the mansion that is devoted to historic restoration. When Charles Kelley King and his wife had their mansion built in 1926, they also had the grounds designed by a Cleveland landscape architecture firm. Today there are seasonal displays, the historic garden, a perennial garden, terrace gardens, woodland gardens, herb gardens, and garden collections of peonies, a bearded iris collection, a Siberian iris collection, the daylily collection and the rose garden. The greenhouse is open to visits. Lunch will be a brown-bag picnic on the grounds. The paths are paved with brick. There are many benches throughout where you may rest and enjoy the beauty. Reservations: your check for \$25, payable to KORA, deposited in Box #120 before June 16.

Vision Impaired

Low-Vision Support Group
"Summary of Research and Developments"
Thursday, June 11
4:00pm - Green Room

Reading of *The Kendalight*
Monday, June 1, at 11:00am
in Whittier Lounge

Jane Blodgett will read the current issue of Kendal's newsletter.

All are welcome!

Welcome Kendal's New Residents

Ann Perry Slosser

I was born and raised in Miami, FL. I played piano and sports at Shenandoah Junior High, then added viola and concentrated in music at Miami Senior High. After graduating from Oberlin ('55) in Music Education with a string emphasis, I married Gaius J. Slosser, II ('55). We lived in Cleveland while Gay attended medical school at Western Reserve University. I taught junior high orchestra and elementary school violin and cello in the Euclid public schools until 1958 and the birth of our first child, Katrin (now in Worthington, MA).

The years 1959-1966 were busy. We had three more children: Gretchen (Warrenton, VA), Eric (Needham, MA) and Margit (Vienna, Austria). We moved to Minneapolis and Gay began OB/Gyn practice while we searched for a house. We bought a house. Gay was drafted into the army the next day so we moved the whole family to Fort Knox, KY, where we had our fifth child, Brandt (Chesterfield, MA). I began teaching private lessons there in 1966 and continued in our home in Edina once we returned in 1968. I stopped teaching just prior to moving to Kendal. 48 years!

I have enjoyed being an active arts volunteer. I have chaired student music competitions for the Women's Association of the Minnesota Orchestra (WAMSO), Young People's Symphony Concert Assn., Schubert Club and Minnesota High School Music Listening Competition. I have served on boards for Greater Twin Cities Youth Symphonies, WAMSO, Schubert Club, St. Paul Chamber Orchestra, Bakken Trio series, Music in the Park series and the Minnesota High School Music Listening Competition.



Ann Perry Slosser

I've also enjoyed camping with my family in Canada and all but two of the continental United States. I love to travel and have been to Austria, Czechoslovakia, Germany, Hungary, Poland, Russia, Estonia, Latvia, Lithuania, China, Hong Kong, Taiwan, Australia, South Africa, Mexico, Iceland, Finland, Norway, Denmark, Sweden, Ireland, England, Scotland, Wales, France, Italy and Greece. Many of these adventures were thanks to music study tours which Gay and I enjoyed together. If I never have to cook again it will be too soon!

It is a delight to be here at Kendal with boundless opportunities to continue to learn and meet warm, adventurous people.

Recent Moves

Bill Farquhar moved from a Kendal Cottage to an Apartment in late May. Phone number remains the same.

Ann Francis and Nancy Lombardi moved from Lansing, MI, to a Kendal Cottage in late May. Check with Heiser Front Desk receptionist for cell phone numbers.

Sharon Wright moved from Fredericktown, OH, to Whittier in late May. She has no phone.

Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the Kendal Library center bookcase.

Our Apologies...

Due to technical difficulties, we were unable to include the photos of Jean Lalli and Lois Wolfe in the May 2015 "Welcome Kendal's New Residents" columns. We finally solved the problem -- but a bit too late. We were able to run the May photos in the printed June 2015 issue.

But now there is another problem! The photos could not be picked up for the on-line version of the June *Kendalight*. So apologies again to Jean and Lois!

Request to New (and Old) Residents: Consider Serving as a Medical Companion

A valued service offered at Kendal is a companion to accompany a resident to a medical appointment. This may take a morning or an afternoon once every two to three months, with transportation provided by Kendal. Some of our faithful folk who have performed this service are no longer able to help. If you're willing to consider this, please call Don Norenberg.

Please join us for Kendal's first 100th Anniversary party in Heiser Lounge for after-dinner gelato on June 26. Ted Nowick and Robert Taylor have been together for 40 years. And Ira and Priscilla Steinberg have been married for 60 years. That adds up to 100!

Upcoming Moves

Ken and Jane Cheek will move from North Eastham, MA, to a Kendal Cottage in mid-June.

Bob and Diane Follet will move from Wescosville, PA, to a Kendal Cottage in late June.

KatO Board Notes from March and May ...

(Continued from p. 2)

executive officer. This is a requirement for all Kendal affiliates. Other plans will be developed for board leadership and department head staff.

- Kendal at Oberlin received a clean opinion for the 2014 Audit conducted by LarsonAllen. The audit was accepted by the board.
- Results of the board's 2014 self-evaluation were shared. One suggestion that is being implemented immediately is that board members be invited to have dinner following the meeting every other meeting. Kendal residents will be invited to dine with board members on the in-between month.
- A board resolution was approved to move Kendal's annuities and trusts to Wilmington Trust from Wells Fargo.
- In May, members were fully engaged in a discussion of Senior Independence in the context of Kendal at Oberlin's Mission and Vision. There was a consensus that the program is very much in keeping with the Mission and Vision. As consideration is being given to operating the program as a joint venture with Ohio Presbyterian Retirement Services (OPRS), the board agreed by consensus (two stood aside) to support the proposal.

It should be noted this does not commit any funds by Kendal at Oberlin. The staff and legal counsel will now begin to draft pertinent documents. This proposal brings the potential to strengthen SI's financial viability to serve in Lorain and western Cuyahoga Counties. *-Barbara Thomas*

IN MEMORIAM

MARY JANE KOSTER
MAY 1, 2015

Kendal Resale Shop Talk Benefiting the Kendal Resident Assistance Fund & Community Charities

One of the pleasures for the Kendal Resale team is supporting different parts of our community.

Recently we were able to support the Kendal Early Learning Center. In KELC there is a Discovery Center where the children are finding out how things are made and how they work. Kendal Resale provided a small clock radio. Robin Jones, one of the teachers, told me the children learned a lot. She said their starting point often is to smash or pry something open. This time they discovered the radio had screws, and that a screwdriver was the tool to remove the screw in order to open the radio. Then they had to select the right screwdriver.

Before long one boy was thrilled to discover that he could actually remove the screw with a screwdriver: "It works!" he exclaimed. And then the children discovered the radio had magnets inside, that worked just like the ones on refrigerators! They were excited to learn this.

Perhaps the illustration is a small one, but such moments happen often in the work of the Kendal Resale team. We are happy "to make someone's day" in a wide variety of ways.

We are also grateful to parents of the

children for donating children's clothes to Kendal Resale Shop.

Many thanks to residents and staff for their generous contributions; to the buyers who keep shopping; to the Resale team members who are extraordinarily generous with their time and work; to the Facility Services staff who do all the heavy lifting for us; and to the Business Office for keeping our accounts accurate. Receipts in April were \$4,423, including \$38 from Threads. It takes all of us to make this community such a good place! *-Ruth Ann Clark,
Chair, Kendal Resale Shop*

Bird Monitoring News

Chicks and Eggs in Abundance!

As of May 24, The Kendal trail nest box by Rock Pond has four **bluebird chicks**. In addition **tree swallows** are nesting in several nest boxes with a total of 24 eggs and five chicks.

New Russia Township Park has two active **eastern bluebird** nests: one new nest with just one egg suggests that the adults who lost all five chicks in their first clutch are trying again in a new nest box. Another bluebird nest has five chicks about ready to fledge, and a third box fledged its five bluebirds chicks during the past week. There are 15 **American tree swallow** nests with a total of 65 eggs and 24 chicks. We encountered only one pesky English house sparrow nest. *-Nina Love*

Kendal Kryptogram #124 -by Nina Love

O GOHBOEU ET TAFKSPEUB CAN YOU'S

HKMNTK OS O WHEYK CAN YOU'S

HKTETS. -MHOUXQEU W. ZAUKT

Solution to Kendal Kryptogram #123: "ANY American who is prepared to run for president should automatically by definition be disqualified from ever doing so." *-Gore Vidal*

Saturday Park Walks

Join us for a weekly walk off the Kendal campus and discover new, interesting places in Lorain County. The walks are 1-3 miles at a leisurely pace. We gather at the Heiser Reception Desk to car pool, leaving at 9:00am. If you have questions, contact Jerry Berner.

- June 6 Wellington Reservation
- June 13 Rowland Nature Preserve
- June 20 Indian Hollow Reservation
- June 27 Vermilion Reservation

Table Tennis Preview

Among heaps of activities, on June 9 at 7:15pm Fun Fitness Week will give you the chance to oppose a robot at table tennis. The robot will serve you balls -- this year more slowly than last! (the robot is tiring) -- and after 10 practice shots, you hit back as many of the next 20 as you can. Come give it a try! You'll enjoy yourself and, like at least one past challenger, you may get hooked on table tennis!

If the peripatetic Pech brothers, Keith and Seth, alight in Strongsville toward the end of June -- they've been planting coffee and practicing table tennis in Panama and Sweden -- we can look forward to their next bang-up TT exhibition at Kendal. Check Channel 19 for a notice! *-Sidney Rosenfeld*

Update Your Advance Health Care Directives

If you missed an Advance Health Care Directives session with our Social Services Associates, you can still review or create your Health Care Power of Attorney document and/or Living Will. Call 775-9819 or stop by the Health & Wellness Clinic to book Kim Preston or Kim Peters for any Tuesday or Friday at 11:00am.

To schedule a different time, contact: Kim Peters at kpeters@kao.kendal.org or 776-5016; or Kim Preston at kp Preston@kao.kendal.org or 775-9813.

Up for Sports & Recreation It's Good for your Health!

The Kendal Sports & Recreational Activities Calendar, delivered to your mailbox, describes activities available for your enjoyment seasonally or -- namely, table tennis -- throughout the year. Finding other residents with whom to do activities is easy. Just sign up for S&R activities and see who else has signed up. Signing up is just a way to find others with the same interest. It doesn't reserve court space or obligate you in any way.

Use the S&R Activities sign-up sheet on the clipboard placed on the Activities Bulletin Board shelf, just below the S&R Calendar. Or if you prefer, just go play on your own or with a friend! S&R activities are a great way to entertain your children and grandchildren when they come visit. *-Dan Reiber*

Bocce Tournament Begins

The 13th Annual Bocce Tournament will begin Monday, June 22. Sign up with a partner by Saturday, June 20 on the sheet by the bulletin board. NO EXPERIENCE NECESSARY! All Kendal residents are invited to play the "world's oldest sport." There are two bocce sets available for your use (stored by the exit door near the William Penn Room). Take them out for a trial spin on any outside lawn. Questions? Ask Pam Lenz.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Saturday, June 13, 11:00am,
Gathering Room, Rev. Brian Wilbert

First Church Service

Sunday, June 21, 4:00pm,
Gathering Room

Roman Catholic Mass

Friday, June 19, 10:00am, Crossroads

Society of Friends

Sundays, 10:30am, Whittier Lounge



Bridge Results

MONDAYS

May 4: 1st, Enid Cleary (one table).
May 11: 1st, Enid Cleary; 2nd: Helen Randel.

May 25: 1st, Carol Ganzel.

WEDNESDAYS

May 6 and 20: No bridge.

UU Kendal Gathering Wed., June 17 - 4:15 pm - AUD "Malala Yousafzai: Misfit for the 21st Century"

Anthony Wilgus, Associate Professor of Social Work, University of Findlay, gives an overview of the life of Malala Yousafzai and her remarkable capacity to stand FOR something despite numerous threats and an assassination attempt. This brave young woman from Pakistan, the most recent co-recipient of the Nobel Peace Prize, challenges all of us to reflect upon our own lives and the articulation and 'living out' of non-negotiable principles despite the price that these stances may entail. **All are welcome.**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin
Managing Editor: Elizabeth Aldrich
Proofreaders: Kathy Reichard, Mary Simons
Photos: Eleanor Helper

Production: Don VanDyke

Deadline for the July 2015 issue of *The Kendalight* is June 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Special Events for June

Friday, June 12
Fun Fitness Week Participants' Recognition Luncheon
11:30am-1:15pm in Fox and Fell

If you participate in **one** Fun Fitness event, you are invited to this free lunch. But you must sign up for it in advance.

Wednesday, June 17
Annual CommUnity Picnic
11:30am-1:30pm in front of Heiser

Wear your favorite flowered shirt or exotic flower print -- our theme is Hawaiian Beach Party!

Sunday, June 21
Father's Day Buffet

Notes from Ann Pilisy

- Thank you for supporting Kendal's High School Class of 2015! Your interest in their future and attendance at their April 25 reception are appreciated.
- Dining Services will say goodbye to many staff over the summer, as they leave Kendal to begin their college careers. Please welcome new hires, and let me know how they are doing.

Therapy for Essential Tremor Fri., June 26 - 3:00pm - Green Rm.

The Essential Tremor Group will meet in June on its usual date, but one hour earlier than its usual time. The session will be devoted to presentations by two therapists who have extensive training and experience with therapy directed toward essential tremor. Occupational therapist Diane Loughren, a graduate of Cleveland State University, has worked in skilled nursing facilities for the past 17 years, helping her clients regain independence and improving safety in their homes. Speech language pathologist, Stephanie Caesar, a graduate of Ohio University who then trained at Kent State, quickly discovered that her heart was with the geriatric population; she is now our Director of Rehabilitation Therapy. The meeting is open to those who are involved with or have an interest in essential tremor. Contact Don Hultquist for more information or to reserve a spot in the conference room.

Call 775-9868 to hear announcements and menus of the day.

An Update on Senior Independence

Just a reminder that Senior Independence continues to have health informational chat sessions on the second and fourth Wednesday of each month in the Senior Independence office in Apartment #155.

The chat sessions will be presented from 10:00-10:30am. Regular blood pressure screenings will take place on the same Wednesdays from 10:00am-12:00 noon. **All are welcome.**

An Informational Chat with Senior Independence
10:00-10:30am, Apt. #155
Wed., June 10 - Cellulitis
Wed., June 24 - Medication Management

Solo Diners and SPINACH (Senior Persons Interested in Nutrition And Community Health) dining groups are going on summer hiatus. Both invite Kendal residents -- newcomers and old-timers -- to join them again in September.

Clarification of Auditorium Seating

Because there has been some confusion about the reserved seats in the auditorium, here is a new explanation: When requests are made for a program in the auditorium the need for reserved seats should be indicated on the form submitted at the front desk. The Facility Services people will place the signs where they belong when they set up the seating.

Looking from the back of the auditorium toward the stage, the following seats will be reserved:

- The **front row on the left** is reserved for those residents who must keep their rollators with them.
- The **two seats at the left end** of the 2nd, 3rd, 4th, and 5th rows on the left are reserved for those residents with rollators who have companions who will take the rollators to the outside corridor.

• On the right hand side of the auditorium, the **end seat on the right** is reserved for the person who pushes the wheelchair of the resident who is in the aisle beside him or her. This aisle is also used by those with motorized chairs and scooters. These residents are asked to enter from the rear.

If possible, all those using rollators or wheelchairs are asked to arrive early. All residents are asked to allow the door on the left nearest the stage for those with rollators. Please allow the companions to return with the rollators through that door after the program.

Now, **if you would like to take the chance**, you can wait to see if all of the reserved seats are taken. If not, five minutes before the program begins, the reserved signs will be removed, and anyone may claim those seats. We hope this will help to make access to Heiser Auditorium safe and comfortable for all of us.

*-Margaret-Ann Ellis, chair,
Suggestions and Concerns Committee*

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">JUNE 2015</h1>						
<p> GaRm = Gathering Rm WHT = Whittier Lounge HL = Heiser Lounge Bold Face = at Kendal CCR = Crossroads Conf. Rm * = Kendal Bus WCH = Warner Concert Hall tx = Tickets needed </p>						
<p>Driver Education Workshop on June 23 & 25 takes place in the Green Rm., 10:00am-noon and 1:00-3:00pm. Must be signed up for course.</p>	<p>1 Reading of <i>Kendalight</i> 11:00am WHT</p> <p>Bridge 7:00pm CCR</p>	<p>2</p>	<p>3 Wed. Morning Conversation Group meets every Wed. 10:00-11:00am WHT</p> <p>Pairs Bridge 7:00pm AUD</p>	<p>4 Health Lecture: Dementia 7:15pm AUD</p>	<p>5 Jehovah's Witness Bible Study every Friday 10:00am WHT</p> <p>Courtyard Garden Concert 4:00pm</p>	<p>6 Walk in the Park 9:00am Heiser</p> <p>Play Readers: "The Last Romance" 7:15pm AUD</p>
<p>7 Quaker Worship 10:30am WHT</p> <p>English Country Dancing every Sunday, 7:15pm - AUD</p> <p>Film: The Imitation Game 7:00pm WHT</p>	<p>8 Fun Fitness Cycling, Pool Fun 9:30-10:30am Pool</p> <p>Water Balloon Toss 10:45-11:15am - Pool Parking Lot</p> <p>Location Recognition 11:45am or 1:30pm - AUD</p> <p>Bowling - 3:30-5:00pm - GaRM</p> <p>Suggestions & Concerns 2:00pm CCR</p> <p>Bridge 7:00pm CCR</p>	<p>9 Fun Fitness Observation Walks, Miniature Golf, Perimeter/Heiser Walk</p> <p>Wii Fun - 9:30am- Noon - Fitness Rm</p> <p>Seated Basketball Shoot: 3:30-5:00pm GaRM</p> <p>Standing Basketball Shoot: 3:30-5:00pm FS Lot</p> <p>Robot Table Tennis 7:15pm - AUD</p> <p>Conversations with Community "Road Scholars" 4:30pm AUD</p>	<p>10 Fun Fitness Lap Swim/Water Walker/Heiser Walk</p> <p>Walking Relay Race 9:30-11:30am</p> <p>Shuffleboard Walk</p> <p>Bean Bag Toss 4:00-5:30pm GaRM</p> <p>Fun Run 7:30pm Heiser Ent.</p> <p>SI Chat - #155 10:00-10:30am</p> <p>LUNCH BUNCH: Rose Cafe * 11:30am-2:30pm</p> <p>Scrabble 7:15pm CCR</p> <p>OHC: "Quarries" 7:15pm AUD</p>	<p>11 Fun Fitness Walking, Tennis Court Fun 7:30-9:30am</p> <p>Four Square 1:00pm AUD</p> <p>Shotput Throw 3:00-5:00pm</p> <p>Croquet Court</p> <p>Low Vision Group 4:00pm Green Rm.</p>	<p>12 Fun Fitness CommUnity Walk 10:00am - GaRM</p> <p>Participants' Recognition Luncheon 11:30am-1:15pm Fox and Fell</p> <p>Coffee Hour with Barbara Thomas 9:00am Langston</p> <p>KELC Preschool Graduation 4:00pm AUD</p> <p>Courtyard Garden Concert 4:00pm</p>	<p>13 Walk in the Park 9:00am Heiser</p> <p>Juneteenth Festival at Tappan Sq. 10:00am-5:00pm</p> <p>Episcopal Serv. 11:00am Gathering Room</p> <p>Film: Kiss of the Spider Woman 7:15pm AUD</p>
<p>14 Quaker Worship 10:30am WHT</p> <p>Old-Time Hymn Sing - 4:00pm Gathering Room</p> <p>Film: Cat on a Hot Tin Roof 7:00pm WHT</p>	<p>15 Bridge 7:00pm CCR</p> <p>Monday Night * Movie at Apollo (tx) - sign up for Kendal bus</p>	<p>16</p>	<p>17 CommUnity Picnic 11:30am-1:30pm</p> <p>Front of Heiser Mobility Fair 2:00-4:00pm OPL</p> <p>Unitarian Univ. 4:15pm AUD</p> <p>Pairs Bridge 7:00pm CCR</p>	<p>18 KORA Council 10:00am AUD</p> <p>No Health Lecture today</p> <p>Matt Watroba, folk singer 7:15pm AUD</p>	<p>19 Catholic Mass 10:00am CCR</p> <p>Courtyard Garden Concert 4:00pm</p>	<p>20 Walk in the Park 9:00am Heiser</p> <p>Chalk Walk 10:00am-4:00pm Downtown Oberlin</p> <p>Film: Cats of Mirikitani 7:15pm AUD</p>
<p>21 Father's Day Quaker Worship 10:30am WHT</p> <p>First Church Serv. 4:00pm GaRM</p> <p>Film: Father's Day 7:00pm WHT</p>	<p>22 Bocce Tournament Begins</p> <p>Bridge 7:00pm CCR</p>	<p>23 Brass Ensemble 7:15pm AUD</p> <p>High School Organ 7:30pm Finney *</p>	<p>24 SI Chat - #155 10:00-10:30am</p> <p>Scrabble 7:15pm CCR</p>	<p>25 Aft. Exchange Barbara Thomas 4:00pm AUD</p> <p>High School Organ Academy * 7:30pm Finney</p>	<p>26 Essential Tremor 3:00pm Green Rm.</p> <p>Courtyard Garden Concert 4:00pm</p> <p>100th Anniversary After-Dinner Gelato in HL</p> <p>Silei Gee, piano 7:15pm AUD</p>	<p>27 Walk in the Park 9:00am Heiser</p> <p>Opera DVD: Marriage of Figaro 7:15pm AUD</p>
<p>28 Quakers 10:30am WHT</p> <p>Film: Blind Side 7:00pm WHT</p>	<p>29 Bridge 7:00pm CCR</p>	<p>30 Big Bus: Kingwood Center, Mansfield 8:30am-3:30pm</p>				