

The Kendalight

Kendal at Oberlin Residents Association

July 2014

Volume XXI, Number 7

Fun Fitness Week a Great Success!

Compared to last year we had 50 more participants in Fun Fitness Week this June! This included 183 residents, 81 staff and 16 Kendal Early Learning Center children. Following is a listing of the 24 events (in order of participants) with names of those who chaired each event: Luncheon 152 (Ann Pilisy); Bowling 74 (Jara Stull); Community Walk 71 (Michele Tarsitano-Amato); Observation Walk 67 (Nancy Beauchamp); Kendal's Dogs 67 (Ben Lenz); Bean Bag Toss 57 (Jara Stull); Perimeter Walk 39 (Nancy Hultquist); Brain Teasers 37 (Marcia Deist); Fun Activity Course 34 (Kris Koepf); Basketball Shoot Sitting 34 (Jara Stull); Walking Relay Race 33 (Kim Peters, Dan Reiber); Shot Put 32 (Saun Howard, Danna Mitchell); Tennis Court Fun 32 (Bob Randel); Miniature Golf 28 (Ben Lenz); Wii Fun 27 (Danna, Saun, Mich, Jara); Lap Swim/Water Walking 26 (Nancy Hultquist); Cycling 23 (Donna Baznik); Robot Table Tennis 23 (Sidney Rosenfeld); Pool Fun Event 22 (Saun, Danna); Four Square 18 (Lee Hefner); Water Balloon Toss 18 (Donna Baznik); Basketball Shoot Standing 17 (Noemi Cannon); Heiser Circle Walk 16 (Ruth Miller); Seated Table Tennis 3 (Emily Schwarz). Helping plan and implement these events were about 35 staff and residents. Special thanks to the Facility Services and Dining staffs. If you have any comments, please give them to co-chairs Jerry Berner and Jill Connone.

Residents, staff and Kendal Early Learning Center children set out on the Community Walk. Photo: Eleanor Helper.

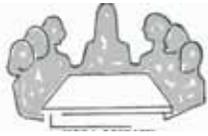


Celebrate Independence Day on Friday, July 4, 2014

Please join the Kendal Community in celebrating the birth of our country on Friday, July 4, 2014: parade the circle on foot or in a chair or with your dog, enjoy the program, fly a kite, take part in a feast, sail a boat, splurge on an ice cream sundae, join in the song – all in good fun.

- 9:15am: Decorate** yourself and help others decorate bicycles, tricycles, rollators, wheelchairs, and pets in the Gathering Room.
- 9:45am: Line up** for the parade in the hall by the open mailboxes. *Sign up to be a wheelchair pusher!*
- 10:00am: Parade the Circle** in front of Heiser with fife and drum, the bell of freedom, the hammer of justice, and the famous Kendal Precision Lawn Chair Drill Team. The march starts in the mailbox hallway. (Stay indoors if raining.)
- 10:30am: Patriotic Program** in the Heiser Auditorium: a brand new program by Robert Taylor, again including readings, music and group singing.
- 11:30am: Kite Flying** and drinks in front of Heiser (weather permitting).
- 11:30am: Festive Meal** at the Fox and Fell, Langston and Friends Corner Dining Rooms (only a light supper available in the evening).
- 3:00pm: Ice Cream Social** in the Whittier Game Lounge.
- 4:00pm: Group Singing** led by the Hannauers in the Gathering Room.
- 4:30pm: Model Sail Boats** at Triangle Pond (weather permitting).
- Come dressed for the occasion and join the parade with your pet or vehicle or on foot. Everyone is welcome and encouraged to participate.
- Anne and Jim Helm, volunteered coordinators*





Know Your KORA Council

Kendal staff have expressed their great appreciation for the vacation funds that were distributed in early June. See the thank you cards they sent, on the Administration bulletin board. More than 220 Kendal residents and families of several former residents contributed \$36,400 last month. When added to \$3,500 from carried-over contributions made to last year's Employee Vacation Fund, the total allowed for a gift of nearly \$300 for each eligible employee with at least two years' service, with proportionately less for recent hires. As reported and discussed at the July KORA Council meeting, the Thoughtful Medicine Committee is pursuing several avenues toward medical support networks. More than 100 residents have indicated their willingness to visit with other residents about their own experience with similar medical conditions or concerns. They are listed in the Resident Medical Resource Directory in the library, either for direct contact, or with assistance from volunteers listed in the "orange booklet." Another subgroup is developing the possibilities for a "medical advocacy" network, to help all residents with end-of-life planning or earlier transitions, especially regarding health care, and/or when no family member is available for such planning. With the unusual number of deaths in recent months, the need for bereavement counseling and support is a growing concern. Social Services staff have arranged for an on-campus series of eight Grief Recovery Support Group sessions at Kendal, sponsored by Crossroads Hospice. The program is led by a Licensed Social Worker who is the Crossroads Bereavement Coordinator. The first meeting was

held on June 26; the second "open" meeting will be on July 3. Thereafter, this group will be limited to these attendees for the rest of the series, but the cycle will be repeated this fall and again next spring. Other hospice groups conduct such series, but at their own locations, which sometimes poses scheduling or transportation problems for Kendal residents. If you are interested in this on-site Summer 2014 group or future cycles, contact Kim Preston, Kendal Social Services.

A parallel Kendal at Oberlin effort is focused on support for Stephens Care Center staff, who often have the same grief recovery needs as residents. The Thoughtful Medicine Committee has also discussed the need for more support for resident caregivers. Several groups within the Care and Nurturing Committee offer various kinds of support for residents in Stephens Care Center, including: delivering and reading mail; shopping service; anniversary remembrance letters to families; and wheelchair rides to Kendal events. Medical Companions accompany other residents to off-campus medical appointments. They met recently with nursing and social services staff members to explore mutual coordination and support between staff and volunteers. Each of these groups needs more volunteers. But current discussions include the need to expand at least some of these services to residents not in the Stephens Care Center who have many of the same needs, to find and train volunteers, and to identify and support transitions earlier in the aging process. These conversations will continue. Resident participation and input is welcome. *-Don Reeves, KORA President*

Resident Satisfaction Survey for 2014 Breaks Previous 2012 Record of 96%

Kendal residents took to heart the reminders to complete the resident satisfaction survey during the month of June. As of Monday, June 30, Holleran reports that the Kendal results have exceeded our previous record of 96% in 2012. Mission accomplished! We look forward to sharing the highlights in mid-August. This survey benchmarks Kendal's performance against more than 60,000 other surveys of independent U. S. residences. Thank you for sharing your thoughts and evaluation through this survey. And congratulations to winners of the drawings: Jerry Berner, Paul Schwaergerle and Jane Hannaur! *-Barbara Thomas*

Become a Friend to an Oberlin College International Student

The Oberlin College Office of International Student Services is looking for volunteers for its Community Friends Program for International Students. Several Kendal residents participated in the program in recent years and enjoyed interacting with the students. This is an informal program in which a student and a Community Friend develop their own relationship after an initial introduction is made. Participants will receive an email notifying them of their match in the last week of August with an invitation to meet at a potluck dinner in the second week of September. Contact Amy Moniot, assistant director, Programs for International Study, at 775-8940 or amoniot@oberlin.edu.

<p>COFFEE WITH BARBARA THOMAS FRIDAY, JULY 11 9:30AM IN LANGSTON</p>	<p>AFTERNOON EXCHANGE TUESDAY, JULY 29 4:00PM - AUDITORIUM BARBARA THOMAS</p>
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PROGRAMS

LECTURES

First Thursday Health Lecture
No lecture on July 3.

Third Thursday Lecture
No lecture on July 17.

Magnifiers and More
Tues., July 1 - 1:00-4:30pm
Green Room

Kendal residents with low vision problems -- or in need of just a little vision assistance -- will find the latest in vision technology on display, including electronic readers, hand or electronic magnifiers, voice watches and more. You can try out various household aids, pick up new batteries, and visit with expert Deb Kogler of Magnifiers and More.

Healthy Cooking in the Whittier Country Kitchen
Wed., July 30 - 2:00pm

Community Nutritionist Sue Campbell presents a monthly cooking demonstration in the Country Kitchen. If you're interested, call her at 775-9065 or e-mail scampbell@kao.kendal.org

Oberlin Summer Theater Festival Returns to Hall Auditorium

The Oberlin Summer Theater Festival will launch its sixth season this summer, offering three classics: William Shakespeare's **As You Like It** -- June 27-August 1; **Come Back, Little Sheba**, by William Inge -- July 5-August 2; **The Secret Garden**, adapted by Thomas W. Olson from the story by Frances Hodgson Burnett -- July 11-August 2.

Performances are **FREE** and will run in rotating repertory. **You must reserve tickets.** Evening performances will begin at 7:00pm and there will be 2:00pm matinees on some Wednesdays, Saturdays and Sundays.

The Kendal bus is scheduled to take you to these performances:

- **Sunday, July 6, As You Like It, 2:00pm**
- **Wednesday, July 16, The Secret Garden, 2:00pm**
- **Wednesday, July 23, Come Back, Little Sheba, 2:00pm**

Call 775-8169 to reserve tickets. Check the schedule posted on Kendal's Town and Gown bulletin board for other performance days and times.

TRIPS

LUNCH BUNCH
Nine Bistro at Grey Hawk Golf Club, LaGrange
Wednesday, July 9

Nine Bistro is a casual restaurant at the Grey Hawk Golf Club overlooking the 18th green. Featuring a covered terrace and patio, it offers a wide array of sandwiches, wraps, salads, entrees and accompaniments. Bus leaves Heiser at 11:30am, returning about 2:00pm. Van charge: \$8.00. Place check to KORA for \$8.00 in Box #89 by Monday, July 7. Lunch is at your expense. Sign-up sheet will be posted Tuesday, July 1.

Kendal at Oberlin Quarterly Health Services Forum
Tues., July 22 - 4:00pm - AUD

Residents' questions about health services at Kendal may be submitted at the Heiser Front Desk from July 1 through July 10. Health Care Services staff will answer them at the July 22 forum.

MUSIC

Golden Crescent Chorus
Barbershop Quartet
Wed., July 9 - 7:15pm - AUD

Members of the Golden Crescent Chorus, Lorain Chapter of the Barbershop Quartet Society, will perform and lead a sing-along.

String Ensemble
Credo Chamber Music
Thurs., July 17 - 4:00pm - AUD

Oberlin has been home to the Credo Chamber Music festival for the past 13 summers. This program of music study, service and performance brings students, ages 13 to 23, from around the world to the Oberlin Conservatory. **Note afternoon time.**

Courtyard Garden Concerts

Come enjoy the lovely Courtyard Garden during the summer months. In July at 4:00pm on Fridays, you'll hear:

July 4: Helen Taylor, sing-along.

July 11: Adam Sarata, classical guitar.

July 18: Helen Taylor, sing-along

July 25: Joe Marotta, accordion.

Tappan Square Band Concerts

Concerts on the Square at the Clark Bandstand begin at 7:00pm. Bring a lawn chair for comfortable seating!

Fri., July 11: Dan Zola Orchestra. Listen to music steeped in the tradition of the famous swing and dance big bands.

Fri., July 18: Hillbilly Idol. Hear the classic sounds of country, swing, rock and roll, and bluegrass.

Fri., July 25: That 80's Band. Enjoy your favorites from that period, including Bon Jovi, Prince, Michael Jackson, and more.



**Sunday Movies
in Whittier
at 7:00pm**

July 6 – Yankee Doodle Dandy (1942) - James Cagney danced and sang his way to a well-deserved Oscar for his portrayal of vaudeville composer and performer George M. Cohan in this Oscar-nominated biography.

July 13 - The King’s Speech (2010) After his ascension to the British throne, King George VI (Colin Firth) turns to an Australian speech therapist (Geoffrey Rush) to help him overcome his stammer. Film received Oscar for Best Picture and Best Actor (Firth). R.

July 20 - October Sky (1999) - Jake Gyllenhall and Laura Dern star in a true story about a teenager living in a West Virginia mining town. He becomes obsessed with building his own rocket after seeing the Sputnik satellite soaring across the nighttime sky. PG.

July 27 - Life of Pi (2012) - Indian zoo owner, family and animals are shipwrecked. Surviving son, 16-year old Pi Patel, is stranded on a lifeboat in the Pacific Ocean and forms an unexpected connection with another survivor, a Bengal tiger. Film won Best Director Oscar for Ang Lee. PG.

**Saturday Night Documentary
July 5 - 7:15pm - AUD**

Incognito (2010) - Imagine discovering you are not the person you thought you were. That you have a family, a history and ethnicity you never knew. How would that discovery impact your life, the lives of those around you, your vision of yourself and society? This is what Michael Fosberg’s astonishing true-life journey is about in this uplifting one-man show. The show was first presented on stage in 2001; this performance was filmed in 2010 and lasts 75 min. Donna Van Raaphorst will lead a discussion following the film.



**Art
Gallery
News**

“Kendal Creates,” our biennial exhibition of art, photography, ceramics, woodwork, and textiles created by residents at Kendal, is now on display until August 18 in the Kendal Gallery,

Friends Gallery and the display case outside the Kendal at Oberlin Admissions Office.

The curio cabinet contains pottery created by Joyce Parker and her students.

We thank all of the many creative contributors to this special exhibition.

-The Art Committee

G & S Festival at Kendal

Beginning at the end of July and continuing into August, a four-event mini-festival of the operettas of Gilbert and Sullivan will be held at Kendal.

On Wednesday, July 30, the movie “**Topsy-Turvy**” will be shown (in two parts) as an introduction to the lives and relationship of these two Victorian-Age Englishmen. (See below.)

It will be followed by three of their operettas at 7:15pm in the Auditorium on:

Friday, August 1: The Mikado.

Tuesday, August 5: The Pirates of Penzance.

Friday, August 8: Iolanthe.

Mark your calendars for light-hearted summer fun! *-Allen Huszti*

G & S Festival Film

July 30 - 4:30 and 7:15pm - AUD

Topsy-Turvy (1999) - Film, which will be shown in two parts, tells of the stormy relationship of Gilbert and Sullivan and how they came to write what some consider to be their finest operetta, “The Mikado.” R.

Saturday Foreign Films

July 12 - 7:15pm - AUD

The Lives of Others (2006) - German, English subtitles. Captivating real life drama with a true-life political story. In 1984 East Berlin, an agent of the secret police, conducting surveillance on a writer and his lover, finds himself becoming increasingly absorbed by their lives. Received Academy Award for Best Foreign Language Film. R.

**Oberlin Heritage Center:
Batter Up!**

Tues., July 1 - 7:15pm -AUD

Life-long Oberlinians Sid Comings and Marianne Cochrane present baseball stories from both sides of home plate – from the action on the field to the view from the sidelines.

Sid is a baseball enthusiast who spent summers immersed in the game.

Marianne played women’s fast-pitch soft-ball, starting on an adult team when she was in seventh grade and helping her team make it to the state champion- ship in 1952. **Free and open to the public.**

**“Twelve Steps to a
Compassionate Life”**

Discussion in September

Consider adding Karen Armstrong’s “Twelve Steps to a Compassionate Life” to your summer reading. In September, Community Peace Builders will sponsor a series of discussions on this book, which represents responses to Armstrong’s appeal for global adoption of The Charter for Compassion (see www.charterforcompassion.org).

Oberlin Library has two hard copies, one of which is in large print. In addition, upon request they have ordered a Kindle version and an audio version. There are no copies currently listed in our Kendal Library; perhaps one or more will be donated if residents purchase a copy to read.

Questions? Ask Carla or Bob Vandale after July 17. *-Joanne Busiel for Community Peace Builders*

Time for the Second Act!

The second large panel of Bob Cothran's mural in three acts is now in place on the wall to the right of the entrance into the Fox and Fell Dining Room. Bob's work on the painting has been underway for about 14 months using a wall-mounted easel in the Craft Room. Both Kendal staff and residents have often visited to check on Bob's progress. Viewers can follow the journey of certain citizens from "Humdrum City" during the Edwardian Era in search of curious herbs and spices to season their palates.

Each section of the mural, accompanied by brief texts filled with verbal puns, depicts the varied adventures of the principal search party in a landscape populated by small birds and creatures.

The sophisticated process of mounting the mural was directed by Stefan Dede-



cek and his colleagues from McKay Lodge Conservation Laboratory of Oberlin as a contribution to Kendal at Oberlin. The mounting of the mural during the "Kendal Creates" exhibition of work by other residents is timely.

Bob Cothran (foreground) watches closely as Emmett Lodge, Stefan Dedecek and Curtis McCartney (left to right) of McKay Lodge Conservation Laboratory of Oberlin install the second panel of Bob's three-part mural. Bob has already begun work in the Craft Room on the final panel.

Transportation Talk

Several questions on the Kendal Satisfaction Survey concerned transportation because it is an important issue for everyone at Kendal, but especially for our non-drivers.

The Kendal bus provides rides to an amazing array of cultural events, medical appointments and shopping. However, for an event in downtown Oberlin like the Chalk Walk or Family Fun Fair when people want to go at different times, we just cannot provide an all-day shuttle bus. This is among the instances when those residents who drive would be thoughtful to offer rides to our non-drivers.

Those of us who are dependent on the excellent Kendal buses and the generosity of those residents with cars say THANK YOU.

But we can't help dreaming that there can be some way to get to the Cleveland Clinic outside Lorain County other than with an expensive taxi.

-Diantha Paré and Donna Smith

RAFF Shop Talk

Reasonably Assessed Finery & Furnishings

THANK YOU to all our shoppers, contributors, RAFF volunteers and Facility Services staff. We could not fulfill our mission without you.

Moving from our old location to #257 upstairs in May kept us busy, plus setting up a special cottage sale for June. Each move involves not only labor but also decisions about things that are best shared with other community charities like Family Promise, Habitat, Mercy Thrift Shop and Goodwill.

Receipts for May, during which RAFF moved and was open only part of the month, were \$1,005. This seems hopeful for continuing to produce good results for the Resident Assistance Fund. Remember we are now located upstairs in #257 and #280.

*-Ruth Ann Clark, Chair, RAFF
Keep it moving!*

**Save the Date!
Family Fun Fair
Saturday, August 2
Downtown Oberlin
10:00am to 4:00pm**

For the Vision Impaired

**Monthly On-Line
Low-Vision Support Group**

**"Things Eye Doctors
Probably Don't Tell You (But
Would Like You to Know)"**

**Thursday, July 10
4:00pm - Green Room**

**Reading of The Kendalight
Tuesday, July 1, at 11:00am
in Whittier Lounge**

NOTE TIME! Alverta Schneider will read the current issue of Kendal's newsletter. All are welcome!

Welcome Kendal's New Residents

Heidi Leen

My very first bath was with water from the River Huangpu in Shanghai, China, where I then spent my first four years of life. My parents hastily returned to Tokyo with my infant brother and me only one year before World War II.

I graduated from Ferris College in Yokohama which is supported by an American Presbyterian group. Its professors came from the Midwest and they taught us to "work hard, postpone pleasure." I worked at Mitsubishi Trust and Banking, and Royal Dutch and Shell group.

I met my future husband when my school friend set up a blind date with the amateur violinist at his last stop in Tokyo, on his around-the-world solo trip. (He later became a doctor). I came to the United States to live with him almost half a century ago. We lived mostly in Beachwood, an eastern suburb of Cleveland. There I joined a volunteer work group who called themselves "Happy Hookers;" they made sets of mufflers and hats for disadvantaged children.

My husband and I visited every corner of this country, admiring its natural beauty. Trips to Europe were to pay our respects to our favorite music greats. Our itinerary also included Southeast Asia because our collection of orchid species originated in that region. Needless to say, annual visits to three of my four brothers in Japan are still my pleasure, even though my parents are now gone. Fortunately, my baby brother lives closer, on the outskirts of Washington, D.C. I convinced myself to adapt only good and ideal parts from both old and new countries.



Heidi Leen



Kathryn Reichard

Kathryn Reichard

My roots in Oberlin and Kendal are deep. Born in Allen Hospital and baptized at First Church, I attended local public schools and took courses at the College and lessons at the Conservatory. My parents, Anita and Joe Reichard, worked from the start to bring into existence what became Kendal at Oberlin; through them I followed the planning and excitement. After 1993 when they moved in, I experienced the community as a visitor to Cottage #137. For me Heiser and Stephens are names of family friends.

I earned degrees in music from Wellesley (BA) and Harvard (MA and PhD) and taught music history and theory at various institutions. I held part-time positions as head resident and as church musician. As a volunteer I handled public relations for League of Women Voters, tutored for Literacy Volunteers of America, oriented departing students for American Field Service (which had sent me to Finland for a semester of high school), and devised independent projects. I conduct interdisciplinary archival research on topics in German music and history of physics 1770-1830. My brother, Joe, and his family, long-since Texans, will visit.

Family Promise Needs Help!

Kendal staff and residents have served as cooks, activities participants and overnights in support of the Family Promise program. Up to 14 homeless children and parents are hosted by Oberlin churches from 5:00pm to 6:00am for a week at a time.

Now two more Oberlin churches have offered their space for the families but need volunteers. If you would like to help, contact Kendal resident Carol.Longsworth@oberlin.edu.

Recent Moves

Charles Fuchsman moved from La Jolla, CA, to Whittier at the end of May. He has no phone.

Carol Harvey moved from an Apartment to a Cottage in mid-June. Phone number remains the same.

John Leinenweber moved from New Haven, CT, to a Cottage in mid-June.

Janet Smith moved from Perrysburg, OH, to a Cottage in mid-June.

Etta Ruth Weigl moved from Whittier to Patterson in mid-June. Phone number remains the same.

IN MEMORIAM

MARVIN "MIKE" KAY
MAY 31, 2014

BARBARA BAUGHMAN
JUNE 5, 2014

AIDEEN ZEITLIN
JUNE 24, 2014

ROBERT "BOB" COAN
JUNE 26, 2014

A Few Distressing Facts about Plastic Pollution

- Enough plastic is thrown away each year to circle the earth four times. We currently recover only 5% of the plastics we produce. Americans throw away 35 billion plastic water bottles every year. Plastic in the ocean breaks down into such small segments that pieces of plastic from a one-liter bottle could end up on every mile of beach throughout the world.
- About 500 billion plastic bags are used annually worldwide. More than one million bags are used every minute. It takes 500 to 1,000 years for plastic to degrade.
- Billions of pounds of plastic can be found in swirling convergences in the oceans making up about 40% of the world's ocean surfaces; 80% of the pollution enters the ocean from the land.
- One million seabirds and 100,000 sea mammals are killed annually from plastic in our oceans.
- Plastic chemicals can be absorbed by the body – 93% of Americans age six or older test positive for BPA (a plastic chemical). Some of these compounds found in plastic alter hormones or have other potential human health effects.

...and a Few Ways to Help

- “Choose to reuse” when it comes to shopping bags and bottled water.
- Refuse single-serving packaging, excess packaging, straws and other “disposable” plastics.
- Reduce the use of everyday plastics such as sandwich bags and juice cartons.
- Use ceramic rather than plastic cups and dishes.
- Lessen or eliminate your use of plastic bags.
- Spread the word about why it is important to reduce plastic in our lives and the nasty impacts of plastic pollution.

*-Jerry Berner for the Environmental Concerns Committee
(from Eco Watch, May 2014)*



4/10/14
to
6/12/14

Nature Sightings

4/10 Marcia Deist: Mute swan on Island Pond, **4/12** in the evening six deer behind #112; **4/13** Janet and Tom Bolland: six deer (the same ones?) at entrance to Lot #8; **4/16-4/19** Lee Hefner: Meadowlark, chipping sparrow, two yellow-rumped warblers, a great white egret, and several cowbirds at feeder and around campus. **4/19** Larry Porter: That was a beaver (NOT a muskrat) in Rock Pond; **4/21** Anne Elder: “Big black buzzard” by the employee parking lot. **4/21** Lee Hefner: Brown thrasher singing and a Cooper's hawk flying, behind #201; **4/21** Anne Helm: Four painted turtles on a log near Buttonbush Bridge; **4/23** Lee H.: Two ruby-crowned kinglets, two blue-grey gnatcatchers, one white-breasted nuthatch near high school playing field; **4/24-4/27** Orcutts: three red-breasted mergansers, a kingfisher and bald eagle, palm warbler, field sparrow, white-throated sparrow, and chimney swifts on/over our ponds. **4/27** VanDykes: Baltimore oriole at #140; **4/26-4/28** Lee H.: Pair of wood ducks, blue-winged teal, green heron at the ponds next to her unit, and a loon, horned

... and on Wildflower Hill

As of June 14, blooming on Wildflower Hill (walking from west to east) were: Sundrops, sweet william, Deptford pink, white beards tongue, yarrow, birdsfoot trefoil, yellow sweet clover, three kinds of ordinary clover, ox-eyed daisy, curly dock, canada thistle, bindweed, dames rocket (a few left), daisy fleabane, cow parsnip, lupine, purple milkweed (I think), purple coneflower, blue false indigo, butterflyweed, everlasting peas.

WARNING: There are ticks on Wildflower Hill whose bite could give you Lyme disease. If you stay on the mowed path, I think you will be perfectly safe. Examine yourself for ticks if you have been walking in wildish areas. *-Betty Weinstock*

grebe, spotted sandpiper on/near Russia Twp. Pond; **4/28** Pat Talbot (Scott Orcutt ID'd): Baltimore oriole checking the hummingbird feeder behind #120; **4/30** Barbara B.: Wood thrush outside the main hallway window; **4/30** Marcia D.: Mom, Dad and six baby geese and an egret at Farmer's and Heiser ponds; **4/30** Betty James: “Little beaver and beaver house” in pond by Buttonbush Bridge. **5/1** Nancy Garver: Three swans on Rock Pond, behind *(Cont'd on p. 9)*

Kendal Kryptogram #113 -by Nina Love

TRUHK ZXAN THAXSTAADY THE ETYG
STAADY ZD NTLD EXMFULDYDE
EUDMH 'A STAADY ZNXFN NTM HU
XHCRVDHFD UH AND VHXLDYMD
ZNTAMUDDL DY - YXFN ADHHTHA

Solution to Kendal Kryptogram #112: “Celery raw develops the jaw. But celery stewed is more quietly chewed.” -Ogden Nash

Saturday Park Walks

Please join us for leisurely, enjoyable walks, 1 to 3 miles in length, off the Kendal campus. You will discover new walking places in Lorain County.

We will gather at the Heiser Reception Desk at 9:00am each Saturday to car pool. The schedule for July:

July 5 Columbia Reservation

July 12 Oberlin Reservoir

July 19 Findlay State Park

July 26 Rowland Lake

Questions? Contact Jerry Berner.

Bocce Tournament Continues

The 12th Annual Bocce Tournament began Monday, June 16 and is still going on, thanks to bad weather.. Come watch the excitement!

All Kendal residents are encouraged to play the "world's oldest sport."

There are two bocce sets available for your use (stored by the exit door near the William Penn Room). Take them for a spin on any outside lawn. No experience is necessary! Have any bocce questions? Ask Pam or Ben Lenz.

SWERVE Will Be Back on July 7 to Check our Bikes

Joe from SWERVE bike shop has volunteered his services once again to tune up and do minor repairs on our bikes, trikes, recumbents, etc. He will be on the Kendal campus on **Monday, July 7 from 10:30am to 12:30pm in Parking Lots 9 and 10.** Rain dates: Tuesday, July 8 or Wednesday, July 9.

The bike shop will also pick up (and return) bikes, trikes, recumbents, etc., for free and transport them to the shop for other repair and maintenance that can't be done during the above servicing times.

Kendal residents are lucky to have such obliging shop owners as those at SWERVE and we should support them whenever we can. *-Dina Schoonmaker, Environmental Concerns*

Table Tennis: Record Loss!

Some 60 residents who watched the riveting Pech-Mast table tennis exhibition on June 8 saw, among much else, how the two young players warmed up with "multi-ball."

At our group sessions we also use this method for teaching and practice -- which means the auditorium floor gets strewn with balls. Which means that balls get stepped on, on average 1.5 balls per session (if you can picture half a table tennis ball).

June 18, however, set a record: We lost 3 balls! That's a loss of \$1.05. But there's consolation. After Keith and Jennifer delighted us with their prowess, our group gained two new members; also, a regular returned despite lingering soreness, and still another now feels inspired to return, sore joint and all.

Come by, then, and learn to play, still before we replenish our dwindling ball supply. No fine for stepped-on balls!

- Sidney Rosenfeld

First Church United Fellowship and UU Kendal Gathering will not meet at Kendal in July and August. We invite Kendal residents to join them again in September.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Saturday, July 12, 11:00am, Gathering Room, Rev. Brian Wilbert

Roman Catholic Mass

Friday, July 18, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:30am, Whittier Lounge

First Church Sunday Service

Sunday, July 20, 4:00pm,
Gathering Room



Bridge Results

Mondays: May 26: 1st, Cathy Fauver; 2nd, Eileen Dettman.

June 2: 1st, Bill Schreiner; 2nd, Carol Ganzel; 3rd, Nancy Beauchamp.

June 9: 1st, Connie Bimber; 2nd, Alverta Schneider.

June 16: 1st, Betty DeWitt; 2nd, Enid Cleary.

June 23: 1st, Eileen Dettman; 2nd, Bill Schreiner.

Wednesdays: June 4: 1st, Ed Schwaegerle and Pete Andrews; 2nd Cate and Paul Schwaegerle; 3rd, Helen and Bob Randel.

June 18: 1st, Cate and Paul Schwaegerle; 2nd, Connie and Russ Bimber; 3rd, Joe and Sue Palmieri.

**For daily announcements
of Kendal happenings and
dining room menus, call
775-9868.**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Joanne Busiel, Mary Simons

Photos: Eleanor Helper

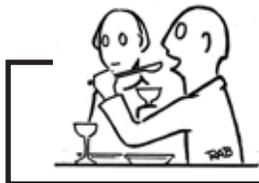
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Deadline for the August 2014 issue of *The Kendalight* is July 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in Kendalight open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Friday, July 4 - Independence Day!

Holiday Festive Meal in Fox and Fell Dining Room, after parade, 11:30am-1:30pm.

Evening meal will be available in Langston and Friends Corner only. Fox and Fell is closed.

Friday, July 4 - 3:00pm Ice Cream Social in the Whittier Game Lounge

Notes from Ann Pilisy: Dining Services will say goodbye to many staff over the summer, as they leave Kendal at Oberlin to begin their college careers. Please welcome new hires, and let us know how they are doing.

Craft Room News

The new model-making table in the Craft Room is ready for use!

Come into the Craft Room, choose a spot at the table, and get to work. If your project is a continuing one, place your material and tools in one of the wheeled storage bins under the table until the next time.

Questions? Ask Arn Lewis. You'll often find him in the Craft Room.

-Craft Room Committee

It's Time for Summer Break!

Solo Diners and SPINACH (Senior Persons Interested in Nutrition And Community Health)

dining groups are going on summer hiatus. Both invite Kendal residents - newcomers and old timers -- to join them in September.

KatO 2014 Directory Changes

Eileen Dettman - email address has changed.

June Swartwout - email address has changed.

Meet, Greet, Eat Returns on Monday, July 28

Sign-up sheets for the Meet, Greet and Eat dining group will be posted below the open mailboxes on Monday, July 21. Then come to the Fox and Fell at around 5:30pm on July 28 wearing your name tag and enjoy a meal with new (or old) friends. Each dining table will be assigned a number and you'll pick a number to find your table. The usual dining options are also available in Langston and Fox and Fell.

Nature Sightings... (Cont'd from p. 7)

Longworth, Rutherford units; **5/1** Larry P.: Kildeer singing beautifully in Russia Twp. Park; **5/2** Three rose-breasted grosbeaks (a female, two males) at the VanDykes; **5/2** Orcutts: A crane fly "perched on the storm door," and a white-crowned sparrow singing behind Hannauer's; **5/3** Fran Cooper: Ohio painted turtle and a Baltimore oriole behind #108; **5/3** Lee H.: Blackburnian warbler (with a flaming throat?), many yellow-rumped warblers and white-throated sparrows at south end of Meadow Pond; **5/4** Emily Pugsley: Two male Baltimore orioles at feeder; **5/5** Lee H.: Yellow warblers, male and female, big flock of chimney swifts, 8+ palm warblers, two green herons, at Meadow Pond and rose-breasted grosbeak, pair of wood ducks at Green Pond; **5/6** Maureen Bailey, our birding House-keeper: Singing brown thrasher near employee entrance; **5/6** Pat T.: Rose-breasted grosbeak and male Baltimore oriole at feeders; **5/6** Eddys: First hummers of the season at feeder, **5/7** Two grosbeaks and an oriole snacking on

an orange; **5/8** Marcia D.: Pair of orioles and an American goldfinch at #95; **5/10** Larry P.: Lark sparrow -- "this is the only part of Ohio where they breed" (I have heard that they breed in Ohio only in Oak Openings, west of Toledo) and **5/11** muskrat on the grass near apartment parking lot; **5/12** Anne H.: Green heron at Buttonbush Bridge. **5/13** Orcutts: Kingbird on Rock Pond's west shore; Lee H.: Kingfisher at pond behind #201 and "friend" saw a beaver at Buttonbush Bridge; **5/16** Orcutts: Warbling vireo warbling in Kendal's NW corner; **5/19** Maureen B.: two barn swallows at Parking Lot 1; Arlene Dunn: Brown thrasher at #113; Carla Van Dale and Arlene: Nuthatch at #148; Dan Reiber: White squirrel behind #208. **5/21** Helen Ketcham: Green heron skulking in the slough behind #211; **5/23** Orcutts: Phoebe on Rock Pond's west shore, and **5/23** red-eyed vireo at Buttonbush Bridge, a yellowthroat at Meadow Pond, great crested flycatcher at Green Pond, and nighthawk at twilight over Phase II. **5/24** Larry P.: Hummingbird checking out copper mobile by #65, viceroy butterfly flying near Island Pond, and **5/29** cowbirds near #67; **5/29** Lee H.: Female oriole gathering nest material behind #201, large bullfrog fighting off a water snake, spotted sandpiper, and on **5/31** white squirrel on the other side of her pond. **5/29** Alan Gage: Phoebes in the woods south of Phase III, next day a painted box turtle at back door at the apartment building; **5/31** Marcia D.: "Blinded Sphinx" moth on coral bells at #95. **6/1** Maureen B.: Kingbird at Farmer's Pond; **6/4** Marcia D.: Skunk behind #95; **6/5** Orcutts: Willow flycatcher singing on north side of Rock Pond; Emily P.: Hummingbird at #9; **6/8** Orcutts: Great blue heron flying over; **6/9**, grosbeaks, orioles, hummingbird, grackle, and cowbirds; **6/10** Maureen: Great-crested flycatcher in woods by the pool; **6/12** Larry P.: Pair of Baltimore orioles near the apartment building. *-Betty Weinstock*

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">July 2014</h1> <p>CCR = Crossroads Room GaRM = Gathering Room WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal tx = Tickets needed m = Kendal Bus</p>		1 Reading of Kendalight 11:00am WHT Magnifiers and More - low vision 1:00-4:30pm Green Rm OHC: Batter Up! 7:15pm AUD	2 Pairs Bridge 7:00pm AUD	3 No Health Lecture	4 July Fourth Independence Day Celebration! Parade - Heiser Circle 10:00am, program in AUD. Festive meal 11:30am-1:30pm Ice Cream Social 3:00pm WHT Game Lounge Courtyard Garden Concert 4:00pm	5 Walk in the Park 9:00 Heiser Documentary Film: Incognito 7:15pm AUD
6 Quaker Worship 10:30am WHT Oberlin Summer Theater Festival: As You Like It 2:00pm Hall -Free! m Film: Yankee Doodle Dandy 7:00pm WHT	7 Bike Repair Parking Lot 9 & 10 10:30am-12:30pm Bridge 7:00pm AUD	8	9 LUNCH BUNCH: Nine Bistro, LaGrange 11:30am-2:00pm m Song Swap with Judy Cook Heiser Lounge 6:00pm Scrabble 7:15pm CCR Golden Crescent Chorus 7:15pm AUD	10 Low Vision Group 4:00pm Green Rm	11 Coffee with Barbara Thomas 9:30am Langston Courtyard Garden Concert 4:00pm Credo Faculty Concert 8:00pm WCH (tx at door) m	12 Walk in the Park 9:00 Heiser No United Fellowship Episcopal Serv. 11:00am GaRM Foreign Film: The Lives of Others 7:15pm AUD
13 Quaker Worship 10:30am WHT Film: The King's Speech 7:00pm WHT	14 Sounding Board 2:00pm WHT Bridge 7:00pm AUD	15	16 Oberlin Summer Theater Festival: m The Secret Garden 2:00pm Hall -Free! No UU Gathering Credo Concert - Arianna String Quartet - 4:30pm WCH (tx at door) m Pairs Bridge 7:00pm AUD	17 KORA Council 10:00am AUD Credo String Ensemble 4:00pm AUD No Third Thursday Lecture	18 Roman Catholic Mass 10:00am CCR Courtyard Garden Concert 4:00pm Haydn's Oratorio "The Creation" Dress Rehearsal 7:00pm Finney m	19 Walk in the Park 9:00 Heiser
20 Quaker Worship 10:30am WHT First Church Service 4:00pm GaRM Film: October Sky 7:00pm WHT	21 Monday Night Movie at Apollo (tx) Sign up for Kendal bus m Bridge 7:00pm AUD	22 Kendal at Oberlin Quarterly Health Services Forum 4:00pm AUD Song Swap with Judy Cook Heiser Lounge 6:00pm	23 Oberlin Summer Theater Festival: Come Back, Little Sheba m 2:00pm Hall -Free! Cooper Intl. Piano Competition Recital Finals Concert (Live on radio) 7:00pm WCH m Scrabble 7:15pm CCR	24 Cooper Intl. Piano Competition Honors Recital 7:00pm WCH m	25 Courtyard Garden Concert 4:00pm	26 Walk in the Park 9:00 Heiser
27 Quaker Worship 10:30am WHT Film: Life of Pi 7:00pm WHT	28 Meet, Greet, Eat 5:30pm Fox & Fell Sign up! Bridge 7:00pm AUD	29 Afternoon Exchange Barbara Thomas 4:00pm AUD	30 Healthy Cooking in the SSC Country Kitchen - 2:00pm G&S Festival Film: Topsy-Turvy - AUD Part I - 4:30pm Part II - 7:15pm	31	English Country Dancing Every Sunday at 7:15pm AUD  Wed. Morning Conversation Group meets every Wed. 10:00-11:00am WHT	