

The **Kendalight**

Kendal at Oberlin Residents Association

January 2012

Volume XIX, Number 1

Win \$1,000 for Your Music Criticism!

Learn more at noon on Thursday, January 12 in Heiser Auditorium.

Dean David H. Stull of the Oberlin Conservatory of Music and Donald Rosenberg, chief music critic of *The Plain Dealer*, will speak about the Stephen and Cynthia Rubin Institute for Music Criticism which will accompany a series of Artist Recital Series concerts the following week.

Concert audience members may be considered for the Rubin Institute's \$1,000 Public Review Prize by writing a review of any one or more of the first three evening concerts (The Cleveland Orchestra, Jan. 18; Jeremy Denk, Jan. 19; Apollo's Fire, Jan. 20) and submitting a 500-word review of each performance they attend by 9:00am the following day. The review should be written from the perspective of an informed listener, but with a general audience in mind. Opinions should be supported with examples while avoiding technical musical terms. Reviews will be judged on critical acumen, fluency of writing, and clarity of thought. They must be submitted by email to rubin.institute@oberlin.edu. In addition to the concerts, the Institute schedule includes keynote addresses and panels throughout the week, featuring composers, authors and critics from the *New Yorker* and *The Wall Street Journal*. See the bulletin board or go to <http://nem.oberlin.edu/office/rubinstitute> for details.

It's Time to Get Ready for our Reaccreditation

As part of our community's preparation to be reaccredited as a Continuing Care Retirement Community and a Person-Centered Long Term Care Organization in 2012, Kendal staff will offer mini-presentations at each Afternoon Exchange for the next six months, as well as submit monthly articles to *The Kendalight* and *Ripples*.

When the accreditation team comes to Kendal in late summer, it will want to know if our community is well informed about the accreditation process. Earning reaccreditation every five years is like earning the Good Housekeeping Seal of Approval as a Senior Living provider. The success of our accreditation depends on our efforts in two important fields: Identifying areas where we can improve to better meet the standards;

and striving for best practices that qualify us to be reaccredited. Greg Zehe is our accreditation coordinator for 2012 and will work closely with Barbara Thomas who has been a surveyor for accredited organizations for 20 years. The accreditation team will speak to representatives of the staff, Board of Directors, residents and other stakeholders, such as volunteers or family members. The surveyors will be involved with those who are the most knowledgeable about Kendal's practices as they relate to the standards. The first standards covered at the November and Decem- (Continued on p. 9)

Artists Recital Series Offers Chance to Take Part in the Inaugural Session of Rubin Institute for Music Criticism

The Oberlin Conservatory's Rubin Institute for Music Criticism is the first program of its kind focusing on performance and performance criticism. It offers a rare opportunity to hear nationally renowned journalists share valuable insights and opinions on the art of writing and discussing music.

The inaugural session, January 18-22, features four Artist Recital Series performances and pre-concert keynote addresses by music critics:

- Jan. 18: The Cleveland Orchestra
- Jan. 19: Jeremy Denk, piano
- Jan. 20: Apollo's Fire
- Jan. 21: International Contemporary Ensemble

The pre-concert addresses are free with an ARS ticket.

The Kendal bus will be available for the four lectures and concerts.

The biennial Institute comprises a week-long series of public events, including performances, keynote addresses by critics, critical review and discussion panels. It will bring together leading national music critics, accomplished musicians and aspiring young writers.

**COFFEE WITH
BARBARA THOMAS
FRIDAY, JANUARY 13
9:30AM IN LANGSTON**

**AFTERNOON EXCHANGE
MONDAY, JANUARY 23
4:00PM - AUDITORIUM
BARBARA THOMAS**



KNOW YOUR KORA COUNCIL

Anne and I moved into Kendal at Oberlin in March 2007. Not long after that Robert Taylor and Ted Nowick invited us to dinner and gave us “the pitch” on volunteering here -- on the one hand, volunteering is fun, a way to meet new people and try new things; on the other hand, all Kendal residents have a responsibility to help plan and carry out our many activities. Unlike many retirement communities, we have no paid “social director” to do this. Our programming is entirely resident-driven. And indeed, as Anne and I can attest, much of the enjoyment of belonging to our Kendal community comes from participating as much as time, energy and inclination allow in the multitude of activities of KORA’s 87 standing committees, service committees, interest groups and support groups.

Wide-ranging as these Kendal activities are, resident volunteering is not limited to the programs and services here. The 40,000+ hours residents have tallied annually in recent years include thousands of hours devoted to service in Oberlin College’s art museum and archives; the Oberlin community, including its churches, city government and public schools; Mercy Allen Hospital, blood banks and medical companion programs; community services, such as hot meals, food packing, housing for the homeless, tax assistance, and non-profit business plan consulting; organizations, including arts, historical, land conservancy and many others. The list could go on and on. All this voluntary service is in keeping with the status of Kendal at Oberlin itself as a non-profit, tax-exempt organization based on Quaker values. KORA’s Volunteer Clearinghouse Committee needs the cooperation of residents in tabulating the extent to which they provide volunteer service within

and beyond Kendal. Hours counted can include (to give just a few examples) preparation time for teaching a class or chairing a meeting; typing up minutes; traveling to sort food at the Food Bank; arranging and watering flowers for our corridor displays.

Within the next few days you will find in your open box a form for tallying your volunteer hours during 2011. Please complete and

return the form to Box #121 no later than Wednesday, February 1. Sample forms are on the Volunteer Bulletin Board. Address any questions to Box #121.

I hope that in 2012 every resident will take the opportunity to share in our culture of volunteer service in ways that are both personally enriching and beneficial to Kendal and our wider community. *-John Elder, KORA President*

Register Now for LifeLong Learning Classes in Heiser Auditorium

Fads and Fashion in Music: A Path for the Concert Connoisseur. Overview of western European music exploring musical terms and forms from the Baroque period to the present to make your concert program more understandable. Allen Huszti, professor emeritus, music, Sweet Briar College. Thurs., 4:00 to 5:30pm, **Jan. 5 to 26** (4 sessions). Fee: \$25. (NMUS 253C)

Introduction to Selected Medical Problems - A Case-Study Approach. Step-by-step evidence presented to explain simple chemical abnormalities using related historical medical mysteries and medical detective stories. Focus on cellular oxidative damage as the common denominator for many clinical problems. Don Hultquist, professor emeritus, biochemistry, University of Michigan and affiliate scholar, Oberlin College. Wed., 10:30 to 11:45am, **Jan. 25 to Feb. 8** (3 sessions). Fee: \$20. (NCSH 140C)

Neurobiology of Brain Dysfunction. Biological basis of several common disorders of the brain and underlying anatomy, physiology, genetics and pathology, providing insight into how research can lead to future treatments. Covers stroke, traumatic brain injury and post-traumatic stress disease. Louise Luckenbill, emerita neuroscientist, Ohio University. Wed., 10:30am to noon, **Feb. 15 to Mar. 7** (4 sessions). Fee: \$ 25. (NCSH 122C)

Opera Preview: Ravel One-Act Operas, L’Heure espagnole & L’Enfant et les sortilèges. Brilliant music and enchanting characters: the first, a farcical romp concerning a bored wife; the second, a bad child’s tormentors. Presented by Oberlin Opera Theater with students singing excerpts. Performances at Hall Auditorium start March 14. Thurs., 4:00 to 5:00pm, **Mar. 1** (1 session). Fee: \$10. (NMUS 211C)

Music and Movement. Introduction to Dalcroze Eurhythmics for mature learners with emphasis on the development of sensitivity to rhythm, melody, phrasing and form by means of physical motion. Must be able to walk unaided in soft-soled slippers or low heeled shoes with leather soles; no sneakers. Enrollment limited to 20. Advance registration advised. Herbert Henke, professor emeritus, eurhythmics, Oberlin College. Mon., 10:30 to 11:30am, **Mar. 5 to 26** (4 sessions). Fee: \$20. (NHLH 191C)

Chinese Civilization. Introduction to the main themes of 5,000 years of Chinese civilization including patterns of thought and culture, social structure, political organization and economic history. Carl W. Jacobson, executive director, Oberlin Shansi, and adjunct associate professor, history, Oberlin College. Wed., 10:30am to noon, **Mar. 21-Apr. 25** (6 sessions). Fee: \$30. (NHIS 120C)

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

PROGRAMS

LECTURES

First Thursday Health Lecture “Tips for Seniors: How to Drive Better, Longer, Safer” January 5 - 7:15pm - AUD

Speaker: AAA's Laurie Cook. You may remember Laurie -- she has made other presentations here at Kendal.

Third Thursday Lecture (on Tuesday): “Medieval Misun- derstandings of Medieval Art” January 17 - 7:15pm - AUD

Speaker: Erik Inglis, Associate Professor of Medieval Art History, Oberlin College.

News & Views Domestic Issues Fri., Jan. 20 - 10:00am -AUD

2012 starts with a busy schedule of both domestic issues and foreign affairs topics.

On **January 20**, U.S. Immigration will be discussed. This session will follow the format of small-group, open discussion, based on the Kettering Foundation/National Issues Forum's recently published Issue Guide, available to all attendees, in advance.

On **February 3**, a regular News & Views session will be held at 10:30am on a closely related topic, Mexico, with Oberlin College Politics professor Kristina Mani as discussion leader. Sponsored by the Center for Life-Long Learning, all are welcome. No registration or fee.

Email Correction for KatO Directory 2012

Emily Pugsley's former email address has been hacked into. To protect yourself, please change her email address immediately to: epugsley@oberlin.net

TRIPS

LUNCH BUNCH: Black River Cafe, Oberlin Wednesday, January 11

Join us for lunch (or breakfast -- it's served all day!) at this favorite local restaurant. Every dish is made from scratch using fresh local produce. Bus leaves Heiser at 11:30am, returning about 1:30pm. NO bus charge. Lunch at your expense. Sign-up sheet posted Monday, January 3.

Land Preservation: It's for the Birds and Other Creatures Mon., Jan. 23 - 7:15pm - AUD

Andy McDowell and Kate Pilacky from Western Reserve Land Conservancy will give a brief overview of the more than 25,000 acres preserved in northern Ohio and the creatures that live there. Over 6,000 acres are in the Firelands region. These areas are critical habitat for such wildlife as herons, snowshoe hares, bobcats, bear and various snakes and reptiles. **Note:** Once again, they will bring with them some special feathered friends from the Medina Raptor Center. Kendal residents Fran and Roger Cooper are hosts for the event.

Fifth Annual Writers' Bloc Reading Thurs., Jan. 26 - 7:15pm - AUD

Enjoy an evening of original writings presented by Writers' Bloc members. These Kendal residents have been meeting for seven years with Carol Tufts, Associate Professor of English at Oberlin College.

MUSIC

Allen Huszti, baritone Thurs., Jan. 12 - 7:15pm - AUD

Allen sings French songs by Gounod and Duparc, accompanied by Marian Lott. Although Gounod was better known as an opera composer, he is considered the “father” of the 19th-century French *mélodie* or Art Song.

Oberlin Con Jazz Combo Fri., Jan. 13 - 7:15pm - AUD

Led by Steve Becker, jazz guitar performance and English major at Oberlin, the group consists of piano, guitar, trumpet, sax, bass and drums.

Robin Jenkins, piano Tues., Jan. 24 - 7:15pm - AUD

Robin, a senior performance major in piano and organ, will play works by Beethoven, Debussy and Schumann.

Salvatore Champagne, tenor Sun., Jan. 29 - 4:00pm - AUD

Professor Champagne, Oberlin Conservatory Voice faculty, will be accompanied by Howard Lubin at the piano.

Big Bus: Akron Art Museum Fri., Jan. 27 - 9:30am-4:00pm

Our Big Bus will go to the Akron Art Museum to see the exhibit “Landscapes from the Age of Impressionism.” In addition, the museum recently opened the world's largest public collection of glass by the celebrated artist Paul Stankard.

We will leave Heiser at 9:30am and return about 4:00 pm. The museum's small cafe serves coffee, tea and soft drinks so we'll bring our own brown bag lunch and eat at the cafe tables. To reserve your seat on the bus, place your check for \$20, payable to KORA, in Box #120 before Friday, January 13.

Check out our KORA website: www.kaores.kendal.org. And check two “Other Kendal” links produced by KatO's Admissions & Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.



Sunday Movies in CAR at 7:15pm

January 1 - When Harry Met Sally (1989) - Harry (Billy Crystal) and Sally (Meg Ryan) first meet as University of Chicago graduates, sharing a drive to New York. Over the next 12 years they bump into each other from time to time, finally becoming good friends -- and then more. Rated R.

January 8 - Water for Elephants (2011) - A veterinary student and a beautiful circus performer meet and fall in love through their shared compassion for a special elephant. But she has a dangerously volatile husband. Based on Sara Gruen's novel. Rated PG-13.

January 15 - The Prestige (2006) - Robert Angier (Hugh Jackman) and Alfred Borden (Christian Bale), rival stage magicians in London in the late 19th century, are obsessed with creating the best stage illusion. Their competitiveness has tragic results. Rated PG-13.

January 22 - Swiss Family Robinson (1960) - Shipwrecked family creates a home on a deserted tropical island and deals with issues of survival and pirates. John Mills, Dorothy McGuire star as the parents. Filmed in Tobago.

January 29 - Peter Pan (2003) - Based on J. M. Barrie's classic, telling how Peter Pan flies into the Darling children's nursery one night and leads them to Neverland. Rated PG.

Saturday Favorite Films

January 7 - 7:15pm - AUD

While You Were Sleeping (1995) - A token seller (Sandra Bullock) saves a man (Peter Gallagher) who is pushed onto the tracks of the Chicago El in front of an oncoming train. In order to see him in the emergency room, she claims to be his fiancée and finds herself almost adopted by his family. Rated PG.



Art Gallery News

Kendal Gallery - Mike Guyot, whose show opens on January 10, describes himself as an "architectural impressionist." His work is done freehand using a rapidograph ink pen, then finished with several layers of acrylic washes. Watch for the date and time of his Artist's Reception. *-Marilyn Myerson*

Friends Gallery - "The Nature of Kendal" shows photos that appeared

as the first slide on our daily Channel 19 events calendar in 2009-2011. On view are photos by Al Carroll, Vera Cooke, Jane Hannauer, Jim Helm, Scott Orcutt, Cate Schwaegerle and Paul Schwaegerle. Show will be up through March 5.

-Robert Taylor and Ted Nowick

Community Gallery - Ed and Ruth Schwaegerle's display of Japanese holiday cards will be followed on January 17 by handcrafted rugs and other items from the Oberlin Senior Center. As always, they will be for sale.

Saturday Opera DVD Night January 28 -7:15pm - AUD

Otello - This opera is one of three Shakespearian plays which Verdi set throughout his career. The tragic story of love and jealousy is coupled with the glorious music of the mature Verdi. This 1992 Royal Opera House Covent Garden performance stars Placido Domingo and Kiri Te Kanawa and is conducted by George Solti. *-Allen Huszti*

Saturday Night Movie January 14 - 7:15pm - AUD

My Life as a Dog (1987) - Lasse Hallstrom's touching coming-of-age story of a working-class 12-year-old sent to live with his uncles when his mother falls ill. He finds unexpected adventure with the help of the town's warm-hearted eccentrics. It's a bittersweet evocation of the struggles and joys of childhood, featuring a wonderful and mature performance by actor Anton Glanzelius. Rated PG-13.

Earlier Date -- May 10 -- for "Kendal Creates" in 2012

Our 2012 Kendal Creates exhibit will go up early this year -- on May 10 -- for a very special reason: The 15th biennial "Artist as Quiltmaker" show opens at FAVA the following weekend, and the organizers have asked other local venues to create their own shows at the same time.

As part of our regular Kendal Creates show, we plan to devote an entire wall of the Kendal Gallery to quilts and other textile creations by our own residents. The hope is that Oberlin will be full of quilts for all to enjoy. We are giving this "heads-up" to all our artists -- in all media -- to begin thinking about what you will contribute so you can have your creations ready by May 9.

Requests for submissions will go out sometime in April. If you have any questions, please be in touch with either Sheila Eckstein or Robert Taylor.

Kendal at Oberlin Employee Holiday Fund

Many thanks to our Kendal at Oberlin residents for the generous support of this year's Employee Holiday Fund. In December a total of \$37,301.36 was distributed to 169 staff members. A check was sent along with a note saying that the gift was from all Kendal at Oberlin residents in appreciation of the employee's caring efforts on our behalf during the year 2011. In line with our revised distribution policy, no staff member received a check for less than \$50. Thanks to Sam Goldberg, John Elder and the other resident cheerleaders for urging our community to put contributions towards the staff members. The staff truly appreciate receiving these twice-yearly checks!

-Toni Merleno, Director, Human Resources



Library Notes

• The Library Committee wants ideas for serving people better as we approach the maximum number of residents currently envisioned. We will try to use space more efficiently. Ideas can be given to either of the Co-Chairs, Betty Weinstock or Russ Bimber, or brought to the January meeting. A notice of meeting time and date will be posted on the Bulletin Board outside the Library later in the month. One suggestion is to replace the revolving towers of audio recordings by another small table and chairs. (Those recordings could be moved into part of the space now filled with VHS videotapes, which are becoming outmoded.)

The magazine rack occasionally overflows with pass-along copies and donated subscriptions. We could urge providers of the least-used ones to pass them on to a short circulation list. (The library does not subscribe to any magazines. We like to get several copies of popular ones so we can keep a better selection in the Health and Wellness Clinic magazine rack.)

Betty Weinstock recently completed her annual task of removing some of the least-used books from the stacks to make room for more donations.

• Thanks to Sam Goldberg, the Library was able to renew subscriptions to both *The New York Times* and *The Wall Street Journal* at less cost than expected.

• **Per Bloland**, Visiting Assistant Professor of Computer Music at Oberlin Conservatory and co-creator of an electromagnetically prepared piano, has dropped off CDs of a few of his electroacoustic compositions at the Kendal Library.

These CDs will be available for borrowing until January 21. Prof. Bloland spoke at Kendal at the November 29 Computer Users Group meeting. For more information, visit: www.perbloland.com.
-Russ Bimber, co-chair, Library Committee

Computer Users Group Latest Cool Stuff from Apple: Lion? iCloud? iConfused!! Tues., Jan. 31 - 7:15pm - AUD

According to Linda Iroff, Director of Desktop Resources, Oberlin College Center for Information Technology, "together we'll sort through the latest technology from Apple, talk about what might come next, and find out what really matters to you." CUG encourages residents who are interested in computers to attend our meetings.

Kendal at Oberlin Quarterly Health Services Forum Mon., Jan. 30 - 4:00pm - AUD

Join us for a Question and Answer Session. Place your questions in the box at the Heiser Reception Desk from January 9 through January 23.

November Kendal at Oberlin Board Highlights

At the last meeting of 2011, KatO's Board of Directors expressed gratitude for the exemplary service of Emma Mason who is leaving the Board; she has served for many years as both Treasurer and chair of the Finance and Property Committee. A farewell was also extended to Heidi Schreiber who is graduating with her MBA from Baldwin-Wallace College and served as a Board Fellow for one year in a partnership Kendal has for graduate students. The Board learned that John Elder was elected at KORA's annual meeting to be their representative to attend board meetings as written into Ohio law. Alison Ricker, Oberlin College science librarian, joins the board in January. At least one more member will join the board with the resignation of Stephanie Wiles who left Oberlin to

head up the art museum at Cornell University.

Board Officers elected for 2012: Chair John Picken; Vice Chair Jon Clark; Treasurer Vance DeBouter; Secretary Robert Taylor. In the 2012 approved budget, monthly fees will rise by 3.5%. Kendal budgets occupancy revenue conservatively at an average of 92% for independent living and 94% for nursing. The wage adjustment pool, budgeted at 2.5%, allows for varying amounts based on market surveys and performance. Capital projects for 2012 will exceed just over two million dollars.

The board approved a new investment policy that will be followed by Wells Fargo, the new firm selected to oversee Kendal's Annuities and Charitable Remainder Unitrusts.

The Board also implemented a process to ensure annual approval of an extensive list of board policies that must be signed off by all board members. The board has started using BoardEffect, an electronic online board source.

Some new minor edits to policies reflect Kendal's upcoming reaccreditation as a continuing care retirement community. Kendal reaffirmed its Mission Statement, following discussions that started in September. Board members also started the process to conduct an annual written self-assessment. -Barbara Thomas

For the Vision Impaired Monthly On-Line Low-Vision Support Group "Looking Past Limits" Thursday, January 12 4:00pm - Green Room

**Reading of *The Kendalight*
Come One, Come All!
Bring Your Calendars!
Monday, January 2, at
10:00am in Crossroads Room**
Marie Evans reads the parts of *The Kendalight* which are important to you.

Welcome Kendal's New Residents

Betsy Belden

I was born in Wooster, OH, and have lived in Mt. Vernon, OH; Clinton, CT; and Cape Cod, MA. I received my BA from Ohio Wesleyan and my MA from the University of Connecticut, where I also completed a sixth year in education training.

I have been a teacher of Home Economics, and school coordinator of Art, Music and Home Economics. My husband died in 2009. I have a daughter who is employed at Oberlin College. She has two children; my son, who lives on Cape Cod, has three children.

My present interests include church activities, duplicate bridge, swimming, cooking, quilting and watercolor painting.

Janet Wanyek

I was born and raised in Pittsburgh into a loving family with two older brothers. I had a wonderful, happy childhood. I attended Baldwin-Wallace College, intent on becoming a social worker in New York.

However, plans changed on a blind date organized by a couple of friends. His name was Albert; we were married one year later. I left college to start our family -- three daughters -- Sheryl, Deborah and Virginia.

We raised our family in Sheffield Lake, moving eventually to Brownhelm Township when Al built our new home on the homestead where he was raised. Al spent 37 years employed by Trans World Airlines in Cleveland. His employment gave us the opportunity to travel -- all standby status, of



Betsy Belden



Janet Wanyek

course. A family of five traveling standby left us with many stories and adventures. Our travels took us to Rome, London, Portugal, Spain, Bahamas, Trinidad and many locations in the United States. Other interests were gardening and camping.

My working days started in retail; I moved to J.C. Penney credit department and then ultimately to Ford Motor Credit, where I spent 15 great years until a medical issue forced my retirement.

When Al retired in 1995, we moved to Florida to get away from the snow. Enjoyed the change, but missed the family. While in Florida we continued to travel, taking cruises -- our favorite being Alaska -- and I volunteered at Bok Tower, a botanical garden in Lake Wales.

My return to Ohio came about with the passing of my husband in December 2010. We spent 53 happy, loving years together.

My daughters located Kendal for me. Not only is Kendal terrific, but the proximity to my daughters, wonderful sons-in-law, five grandchildren and three great-grandchildren (who all live in the area) makes Kendal the perfect home.

2012 Directory Is Here!

The 2012 Kendal Directory will be placed in your open box early in January. (An alphabetical listing of residents by first name will be available at the front desk upon request.) Remember to recycle your out-dated 2011 directory in the box under the mailbox shelf.

New Management for MANA

Kendal resident Don Illig, who founded Management Assistance for Nonprofit Agencies (MANA) and has been its Managing Director since 2002, has retired from that role effective the end of December. Those who have worked with him will not be surprised that he has led a carefully planned transition to new leadership. Dick Baznik succeeds him as Managing Director, and Peg Schultz fills the new position of Assistant Director. Both are Kendal residents. MANA provides consulting services for nonprofit organizations, schools, and governmental agencies in Lorain County. The services are provided by volunteers with experience in business, the professions, education and other aspects of the nonprofit sector. The program partners with the Public Services Institute (PSI) of Lorain County Community College. Most volunteer consultants are residents of Kendal, but others are from elsewhere in the region. Regardless of the project's scale, the total fee charged to each client organization is \$100, which covers out-of-pocket expenses.

Recently a four-member team of MANA consultants, led by resident Bob McClusky and working in collaboration with LCCC's PSI, participated in the strategic planning process known as Oberlin 2025.

"The Oberlin City Council and I commend Management Assistance for Nonprofit Agencies for the work they did in helping PSI develop the city's strategic plan," said Eric Norenberg, Oberlin City Manager. "MANA helped engage residents in 43 Community Conversations that were the foundation of our strategic planning process."

Find biographies of all residents, newcomers and old timers, in "Who's Here" on the library center bookcase.

“Awakening the Dreamer” Friday, January 27 - 10:00am- 3:00pm - Wm. Penn Room

Led by Beth Blissman, director, Oberlin College Bonner Center for Service and Learning, this symposium is a dynamic multimedia presentation from some of the most respected social and scientific experts of our time, interwoven with wisdom and inspiration from indigenous peoples. Using informative videos, group interaction exercises and guided personal reflection, participants gain the tools to move past anxiety about current social injustices and environmental degradation into a transformative realization that we are capable of building a better world for all. Check out www.awakeningthedreamer.org for a video. Oberlin College students will participate with Kendal residents. Space is limited to 20.

Register by January 21. A donation of \$20 to cover expenses would be appreciated, but is not required. Lunch is on your own: we will carry our trays from the Langston to the William Penn Room. To register, call Anne Elder.

Cardinal Shop News

Janet Bolland has just made some more of her fabulous fudge. Hurry in while there's still some left!

And we'll have her dark-chocolate-covered pecans in time for Valentine's Day.

IN MEMORIAM

**MARY HANNAFORD
NOVEMBER 22, 2011**

**JAMES W. WHITE
DECEMBER 7, 2011**

**EVELYN HURST
DECEMBER 26, 2011**

Time to Turn in Hours for the Year-End Count

In January you will be asked to remember, collect and record all the volunteer hours you contributed to our community in 2011. Hours to be counted include preparation time for teaching a class or chairing a meeting; traveling to sort food at the Food Bank; arranging and watering flowers. Or any hours you have been of service to Kendal at Oberlin or the wider community. When you receive the form in January, please complete it promptly and place it in Box #121. The Volunteer Committee will be grateful for your speedy attention. Sample forms will be on the Volunteer Bulletin Board.

Recent Moves

Ellen Adams moved from one apartment to another in mid-December. Telephone has not changed.

Gene Gallagher moved from Whittier to Jameson in mid-December.

Michael Fletcher will move from Mechanicsburg, PA, to a Cottage in January.

Mel Schuster will move from Oberlin, OH, to an Apartment in late January.

R>A>F Shop Talk

Watch Channel 19 for a Friday, January 20 event. We'll offer all sewing notions -- thread, buttons, needles, binding, etc. -- and some fabrics. These have come to us through several donors and estates. The sale will be in our main Shop, Apartment 155 (time to be announced).

If you need a humidifier or a phone, R>A>F has both, in abundance. Check in "Room 280" starting January 2 or 3, as soon as the Holiday Shop is packed up.

Receipts for the period November 23 through December 27 were \$2,837.47. *Keep It Flying!* -Mary Simons, Chair

Swedish Holiday Decorations in the Curio Corner Cabinet

Do you know what a Julbock is? Or a Dala horse? Or JulTomte? If you don't know, then you'll want to read the description of these Swedish symbols. The special holiday decorations are shared with us by Donna Baznik, Darlene Krato, Ben Lenz and Mary Louise VanDyke. Enjoy! This display will come down in mid-January, to be followed by an exhibit of trains by newcomer John Pesuit.

Kendal Kryptogram #83 -by Nina Love

XL ZUOMFC DWHOE UR DARK COME.

YR JYFF OAR FUER RKC OYTKR. DWR

UK, XL PACE, UOM AK, XL PHYCOME,

YR TYNCE U FANCFU FYTKR.

-CMOU ER. NYOZCOR XYFFUL

Solution to Kendal Kryptogram #82: "Nothing is worth having or worth possessing unless it can be shared with others."

-Alfred "Pop" Lipman

Energy Conservation: Recycling Reminders

• **Plastics:** Some of the plastics that Kendal residents place in the recycle buckets in our trash rooms are **not** recyclable. Please follow the appropriate guidelines:

Only those items marked #1 and #2 are recyclable plastics. All others should be placed in the trash bins.

• **Papers:** Recyclable papers include all of your junk mail as well as magazines and catalogs. We all get so much of that stuff. Help us put it to work in the recycling stream by placing it in the paper bins in the trash rooms instead of in the trash bins.

-Jerry Berner, for the Environmental Concerns Committee

First Church United Fellowship Saturday, January 14

**9:30am: Food and fellowship,
William Penn Room**

10:00am: Anne Elder, AUD

Anne Elder, Co-Chair of the Outreach and Service Committee of First Church, will share some of the organizations that First Church supported financially during 2011, and the ones that are planned for 2012. Bring a friend! **All are welcome!**

Unitarian Universalist Kendal Gathering

Wednesday, January 18

4:15pm - Green Room

“Keeping the Lines Open”

Dr. Charles Farrell and Rev. Katie Norris, a father-daughter duo, tell how to keep the lines of communication open during difficult times.

Rev. Norris is the minister at Olmsted Unitarian Universalist Congregation, Affiliated Community Minister at West Shore Unitarian Universalist Church and on the Kendal at Home board. A retired Lakewood Hospital vascular surgeon, Dr. Farrell is a member of Kendal at Home. **All welcome!**

Table Tennis News

The 2012 tournament will kick off in January. Watch for the sign-up sheet on the bulletin board opposite the mailboxes. Deadline for sign up will be Saturday noon, January 7. Soon after, the match schedule will be posted.

The tournament promises lots of friendly fun. Reserve your spot early! Nineteen open play sessions from early November to mid-December 2011 saw a total of 192 rapidly advancing players, mainly women, at our three tables. Mostly, we hit double digits; three times we matched our record number of 14; twice we hit 13. Stop by and watch! Table tennis may be just the sport for you.

-Sidney Rosenfeld

Walks With a Doc

These walks will continue through the winter. On the first Saturday of each month (January 7, February 4 and March 3), different physicians from Cleveland Clinic-Westlake will lead a walk, about three miles in length. The walks generally have been at the Bur Oak area of Black River reservation. Kendal residents who have participated have found that the leaders have been generous in sharing helpful medical information with the walkers. If you are interested in walking, meet at Heiser Reception Desk at 8:30am to carpool. For further information, contact Marie Evans.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Saturday, January 14, 11:00am, CAR
Rev. Brian Wilbert

Roman Catholic Mass

Friday, January 20, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:00am, Green Room

Third Sunday Service

Sunday, January 15, 4:00pm, CAR



Bridge Results

Mondays: Nov. 21: 1st, Betty O'Connor; 2nd, Bill Schreiner; 3rd, Carol Ganzel.

Nov. 28: 1st, Bill Schreiner; 2nd, Alverta Schneider; 3rd, Carol Ganzel.

Dec. 5: 1st, Helen Randel; 2nd, Levona Olmsted; 3rd, Alverta Schneider.

Dec 12: 1st, Helen Randel; 2nd, Warren Wickes.

Dec. 19: 1st, Nancy Beauchamp; 2nd, Betsy Belden; 3rd, Helen Randel.

Wednesdays: Dec. 7: 1st, Connie Boase and Pete Andrews; 2nd, Mary Lynne Grove and Robert Taylor; 3rd, Russ and Connie Bimber.

Dec. 21: 1st, Sofia and Roland Pineta; 2nd, Connie Boase and Mary Beth McCalla; 3rd, Cate and Paul Schwaegerle.

**For daily announcements
of Kendal happenings and
dining room menus, call
775-9868.**

The Kendalight

A monthly newsletter of the Kendal at Oberlin
Residents Association, 600 Kendal Drive,
Oberlin OH 44074

Associate Editors: Connie Bimber, Robert Baldwin
Managing Editor: Elizabeth Aldrich
Immediate Past Editor: Betsy Thomas
Photos: Eleanor Helper
Proofreaders: Mary Ashbrook, Mary Simons
Production: Don VanDyke

Deadline for the February 2012 issue of *The Kendalight* is January 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open box.

All articles must carry a signature and telephone number.



Dining and Nutrition Services

January Special Meals

Sunday, January 1 - Happy New Year! Regular service in all dining rooms.

Friday, January 27, 5:00pm

Robert Burns Bagpiping and Dinner - Heiser Lounge and Fox&Fell

There will be bagpiping in the Lounge, followed by a festive dinner in the Fox and Fell. Sign-up sheet for the dinner will be posted at the bulletin board. Any questions? Ask Ben or Pam Lenz for answers.

Meal Delivery Guidelines for Cottage Residents

Every year between January 1 and March 31, Kendal at Oberlin provides a meal delivery service to interested Kendal residents who reside in cottages. A meal will consist of an entrée, two hot side dishes and one soup. The meals will be delivered to residents only (not guests or friends). Guidelines are:

1. Residents must call the Heiser receptionist (775-0094) by 3:00pm (11:00am on Sunday) to place the meal order.
2. Residents may order from a limited menu for that day's meal -- no variations or exceptions from the menu options listed (no "special preparation"). Dining Services will provide menu copies each morning to the receptionist listing the menu choices for that particular day.
3. Residents will be charged a \$4.00 per person meal delivery fee to cover the cost of upgraded food containers, transportation and labor costs.
4. Dining Services staff will prepare all of the meals for delivery.
5. Facility Services staff will deliver meals between 5:30-6:30pm or about 1:30-2:00pm on Sunday (unless delayed because of a campus emergency during that time period which would require the Facility Services staff member's response).
6. Meal delivery will be provided for cottage residents only.

In the event of a bad weather/snow emergency day, residents will be able to utilize the established system above, but with only two meal options, and will receive the meal delivery service at no charge. Such days are determined when the temperature is projected to be extremely low (12 degrees F and lower) during day hours or a significant amount of snow is predicted. Weather forecasts are checked at the beginning of the day and checked again mid-day. Administration/Facility Services staff will do this on weekdays; on weekends the MOD (manager on duty) will handle it.

NOTE: This program would not conflict or replace or alter the meal delivery services provided for those residents temporarily ill or disabled.

Meet, Greet, Eat Begins on Monday, January 9

Sign up for the new Meet, Greet and Eat dining group, based on Kendal at Ithaca's popular program. Then come to the Fox and Fell at around 5:30pm, wear your name tag and enjoy a meal with new friends. Each dining table will be assigned a number and you'll pick a number to find your table..

Watch for Sign up Sheet for:

Solo Diners: Thurs., Jan. 12, 5:30pm, Den (second Thurs. of month).

Reminder: Solo Diners Now Meets on Thursdays!

SPINACH (Senior Persons Interested in Nutrition and Community Health): Wed., Jan. 25, 5:00pm, Penn Room (fourth Wed. of month).

KatO Reaccreditation...

(Continued from p. 1)

ber Afternoon Exchange meeting were:

- **Leadership:** Kendal will provide evidence showing how the Leadership (staff, board and residents) guides programs and services and responds positively to its diversity. Corporate responsibilities include an effective Ethical Code of Conduct and a Corporate Compliance Program.








- **Governance:** Today's governance structure calls for a broad array of governing policies approved annually by members guiding operational oversight. Evidence is provided to demonstrate key annual activities including the board process for business meetings.

- **Strategic Integrated Planning:** Standards require a three-year written strategic plan that takes into account service area needs, demographics, regulatory and legislative environment, and use of technology.

- **Input from Persons Served:** Standards look at how input is sought from residents, staff and other stakeholders, as well as how it is analyzed and used in planning programs and performance improvement.

- **Legal Requirements:** With our regulated field of health care, focus is on how we comply with laws around licensing, reporting, confidentiality, contracts, debt arrangements and employee practices.

- **Accessibility:** Standards help us recognize barriers that compromise those we serve including residents, personnel and other stakeholders. Accessibility looks at more than just environmental barriers that interfere with independence. Other areas include architecture, attitudes, finances, employment, communication, transportation and community integration. Kendal's annual plan has dealt specifically with evaluating medical transportation and supporting financially an Oberlin community bus that improves access for area citizens. -Barbara Thomas

SUN	MON	TUE	WED	THU	FRI	SAT
<h1>January 2012</h1>			English Country Dancing every Sunday, 7:15pm - AUD Morning Discussion Group every Wed., 10:00am - CAR			
CCR = Crossroads Room CAR = Central Act. Room WCH = Warner Concert Hall Check Channel 19 for changes in scheduling and late additions.		Bold Face = at Kendal tx = Tickets needed  = Kendal Bus		Save these dates for performances of our Kendal version of "Oklahoma!" Thursday, February 2 - 7:15pm - AUD Friday, February 3 - 3:00pm - AUD		
1 New Year's Day Quaker Worship 10:00am Green Rm Film: When Harry Met Sally 7:15pm CAR	2 Reading of Kendalight 10:00am Crossroads Rm Bridge 7:10pm AUD	3	4 Pairs Bridge 7:10pm AUD	5 Health Lecture: "Tips for Seniors: How to Drive Better, Longer, Safer" 7:15pm AUD	6	7 Walk With a Doc at Bur Oak 8:30am Heiser Film: While You Were Sleeping 7:15pm AUD
8 Quaker Worship 10:00am Green Rm Film: Water for Elephants 7:15pm CAR	9 Meet, Greet and Eat (Sign up) 5:30pm Fox & Fell Bridge 7:10pm AUD	10	11 LUNCH BUNCH: Black River Café, Oberlin  11:30am-1:30pm Scrabble 7:15pm CCR	12 Dean David Stull "Rubin Institute" 12 noon AUD Low Vision Group 4:00pm Green Rm Solo Diners 5:30pm Den (Sign up) Allen Huszti, baritone, with M. Lott 7:15pm - AUD	13 Coffee with Barbara Thomas 9:30am Langston Sounding Board 10:00-11:00am Green Room Jazz Combo 7:15pm - AUD	14 United Fellowship 9:30am Penn Rm 10:00am AUD Episcopal Serv. 11:00am CAR Rev. Brian Wilbert Film: My Life as a Dog 7:15pm AUD
15 Quaker Worship 10:00am Green Rm 3rd Sunday Serv. 4:00pm - CAR Film: The Prestige 7:15pm CAR	16 Martin Luther King, Jr. Day Bridge 7:10pm AUD	17 Lecture: "Medieval Misunderstandings" OC Art Prof. Erik Inglis 7:15pm AUD	18 Unitarian Univ. Gathering 4:15pm Green Rm Pairs Bridge 7:10pm AUD ARS: Lecture  7:00pm Finney (tx) Cleveland Orch. 8:00pm Finney (tx)	19 KORA Council 10:00am AUD ARS: Lecture  7:00pm Finney (tx) Jeremy Denk, piano 8:00pm Finney (tx)	20 Domestic Issues News & Views 10:00am - AUD Roman Catholic Mass 10:00am CCR ARS: Lecture  7:00pm Finney (tx) Apollo's Fire 8:00pm Finney (tx)	21 Met Opera HD at Crocker Park: The Enchanted Island (a Baroque Pastiche)  lv. Heiser 11:40am ARS: Lecture  7:00pm Finney (tx) ICE 8:00pm Finney (tx)
22 Quaker Worship 10:00am Green Rm Film: Swiss Family Robinson 7:15pm CAR	23 Aft. Exchange Barbara Thomas 4:00pm AUD Bridge 7:10pm CCR "WRLC: It's for the Birds" 7:15pm AUD	24 Robin Jenkins, piano 7:15pm - AUD	25 SPINACH 5:00pm Penn (Sign up) Scrabble 7:15pm CCR	26 Fifth Annual Writers' Bloc Reading 7:15pm AUD	27 BIG BUS Trip: Akron Art Museum Lv. Heiser 9:30am Return 4:00pm Awakening the Dreamer Symp. 10:00am-3:00pm Wm. Penn Rm Bagpiper in Heiser Lounge, 5:00pm; followed by Robert Burns' Birthday Dinner in Fox and Fell (Sign up needed)	28 Opera DVD Night: Otello 7:15pm AUD
29 Quaker Worship 10:00am Green Rm S. Champagne, tenor 4:00 pm - AUD Film: Peter Pan 7:15pm CAR	30 Kendal at Oberlin Quarterly Health Services Forum 4:00pm AUD Bridge 7:10pm AUD	31 Computer Users' Group 7:15pm AUD				