

# *The* Kendalight

Kendal at Oberlin Residents Association

February 2012

Volume XIX, Number 2

## "OKLAHOMA!"

**The First KAO Musical!**

**The First KAO Matinée!**

**Thurs., Feb. 2 - 7:15pm - AUD**

**Fri., Feb. 3 - 2:15pm - AUD**

Singing, Acting and Dancing --you're going to love it!

Don't miss it! It's a lot of fun!

Check at front desk for available tickets.

- Produced by Naomi Barnett and Ed Wardwell
- Directed by Robert Taylor
- Music directed by Helen Taylor
- Script adaptation by Naomi Barnett and Ed Wardwell
- Audio visual by Terry Carlton
- Choreography by Eileen Dettman

## Thank You, Kendal Residents!

Kendal at Oberlin recently received letters of appreciation on behalf of the City Council and Oberlin residents for two distinct contributions to support the continuation of the Oberlin Connector Transit Service in 2012.

In a period of declining funds for regional transportation services, this has become a vital resource that runs on Mondays and Thursdays for Oberlin residents. KORA Council and Administration pledged \$2500 each to assure this bus would be there for our citizens. There are a total of 12 sponsors who, along with the city, understand how valued it has become. Thank you for providing support for this community benefit. And use it; it's a great value! The new schedule for the Oberlin Connector is posted on the Kendal bulletin boards. *-Barbara Thomas*

## Too Much Snow?? Cold??

### Come Help Plan for the 2012 Spring Fling!

Planning meeting is Thursday, February 9, at 4:00pm in the Crossroads Room.

All are welcome! No RSVP necessary. Questions?? Place in Box #121

## Family Promise Needs Our Help

Kendal looks forward to having residents, staff and board assist with our partnership with Mt. Zion to provide support for Family Promise, an agency that houses homeless families. Each week that we share this responsibility with Mt. Zion members, we need a total of 17 Kendal volunteers helping with such things as offering side dishes for dinner, helping with evening programs, and sleeping over with the families. Cash contributions have also been helpful. This last year Kendal donations were used to purchase a new queen-sized inflatable mattress and the cost of materials to provide privacy between sleeping areas for each family.

**Please mark your calendar with the 2012 dates: March 25-April 1; August 12-19; and October 7-14.**

Volunteers who help at Mt. Zion must go through a one-time training. It will be held on Saturday, February 11 from 11:00am-2:00pm at First Church in Oberlin. A sign-up sheet will be placed on the counter under the Administration bulletin board. **We NEED you.** Family Promise has a new Executive Director, Lois Pozega, who most recently was a regional manager for Big Brothers Big Sisters. If you have any questions about Family Promise, ask George Andrews, Nina Love, Carol Longworth, Teresa Maynard or Barbara Thomas for more details.

## Cleveland Orchestra's Amici String Quartet - First Church Sun., Feb. 19, 3:00pm

Miho Hashizume and Takako Masame, violins; Lynne Ramsey, viola; and Ralph Curry, violoncello, will play Schubert, Shostakovich and Mendelssohn.

The concert is free but donations to benefit homeless families served by Family Promise of Lorain County and the Interfaith Hospitality Network are welcome. Anyone wishing to be a major donor and join the \$179 Club before the concert will be acknowledged in the concert program and invited to an appreciation event on March 19.

A Meet the Artists reception will follow in First Church Fellowship Hall, provided by the Rev. Alana Kelley and Noreen Romano, former owners of the Foxgrape Restaurant, and assisted by Molly Johnson and helpers.

**Sign up for Kendal bus.**

**COFFEE WITH  
BARBARA THOMAS  
THURSDAY, FEBRUARY 2  
9:30AM IN LANGSTON**

**AFTERNOON  
EXCHANGE  
MONDAY, FEBRUARY 27  
4:00PM - AUDITORIUM  
BARBARA THOMAS**



## KNOW YOUR KORA COUNCIL

"I don't want to live with a lot of old people." We residents of Kendal at Oberlin hear comments like this from some friends when we encourage them to consider moving to our community. Some of us may have spoken those exact words -- until we actually saw the intergenerational life here at Kendal. We have an Early Learning Center under our own roof, so even those of us who don't volunteer there are cheered by seeing youngsters as they take excursions along our walkways or play next to our cafeteria. And our KORA "Snow Day Teachers" provide activities for staff members' children. The high school students who are our dining room servers bring their prom dates to show off their "dress-up" attire. And our house-keeping, facility services, health and wellness, nursing and other staff help us feel even more that we belong to a multi-age community.

Kendal is not a "gated" community in any sense. Kendal at Home members and other non-residents are attracted to many of the programs presented by KORA committees. Community organizations, most notably the Oberlin Heritage Center, use our facilities for public programs that bring overflow crowds to our auditorium. Because Kendal residents are so active in community and church groups, many meetings of these groups take place here -- as becomes apparent when trying to schedule the Crossroads or Green Rooms. And our mile-long circular Kendal Drive attracts college students and others for jogging or just a leisurely walk to watch the birds and other wildlife in our ponds, woods and natural meadow areas.

Oberlin College and Conservatory students volunteer to assist in the Stephens Care Center, present recitals in our

auditorium, and provide programs for our committees. Many Lorain County Community College and Joint Vocational School students receive part of their training here. Oberlin Public School students, including the Model UN participants, Ninde Scholars and International Baccalaureate candidates, give talks about their studies and display their projects. In return, Kendal residents write "Publicity Plugs," provide "grandparent" readers for kindergarten students, staff the "listening post" for middle school students, tutor and occasionally teach courses in the high school. Along with the small town advantages of living in Oberlin, we find within easy walking and biking distance a magnificent art museum, a world-class Conservatory of Music, and the full range of Oberlin College academic, athletics, drama and other facilities -- all of them open to Kendal residents. Many of us audit classes and/or partici-

pate in winter term and Exco courses -- free of charge. With the College's 1200 events a year, including concerts, operas, plays, dance performances and lectures, at little or no cost, we at Kendal have far more opportunities to mingle with audiences of all ages than time and energy permit. We offer our own talents to the community by participating in the Musical Union and church choirs, and by showing off our Lawn Chair Precision Drill Team in such events as the annual city-wide Big Parade. Some of us also serve on Oberlin City commissions and many of us on church and community boards and committees. So, it's true, we Kendal residents live with a lot of old people -- very talented, experienced and wise old people -- but we keep our curiosity, creativity and intellectual capacity alive thanks to the extraordinary intergenerational opportunities that Oberlin provides. *-John Elder, KORA President*

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### Still Time to Register for LifeLong Learning Classes in Heiser

**Neurobiology of Brain Dysfunction.** Biological basis of several common disorders of the brain and underlying anatomy, physiology, genetics and pathology, providing insight into how research can lead to future treatments. Covers stroke, traumatic brain injury and post-traumatic stress disease. Louise Luckenbill, emerita neuroscientist, Ohio University. Wed., 10:30am to noon, **Feb. 15 to Mar. 7** (4 sessions). Fee: \$25. (NCSH 122C)

**Opera Preview: Ravel One-Act Operas, L'Heure espagnole & L'Enfant et les sortileges.** Brilliant music and enchanting characters: the first, a farcical romp concerning a bored wife; the second, a bad child's tormentors. Presented by Oberlin Opera Theater with students singing excerpts. Performances at Hall Auditorium start March 14. Thurs., 4:00 to 5:00pm, **Mar. 1** (1 session). Fee: \$10. (NMUS 211C)

**Music and Movement.** Introduction to Dalcroze Eurhythmics for mature learners with emphasis on the development of sensitivity to rhythm, melody, phrasing and form by means of physical motion. Must be able to walk unaided in soft-soled slippers or low heeled shoes with leather soles; no sneakers. Enrollment limited to 20. Advance registration advised. Herbert Henke, professor emeritus, eurhythmics, Oberlin College. Mon., 10:30 to 11:30am, **Mar. 5 to 26** (4 sessions). Fee: \$20. (NHLH 191C)

**Chinese Civilization.** Introduction to the main themes of 5,000 years of Chinese civilization including patterns of thought and culture, social structure, political organization and economic history. Carl W. Jacobson, executive director, Oberlin Shansi, and adjunct associate professor, history, Oberlin College. Wed., 10:30am to noon, **Mar. 21-Apr. 25** (6 sessions). Fee: \$30. (NHIS 120C)

For more information, call 366-4148; to register by phone, call 366-4067.

# PROGRAMS

## LECTURES

### **Health Lecture: "The Top Ten Foot and Ankle Complaints"** **Wed., Feb. 1 - 7:15pm - AUD**

Dr. Amanda Meszaros, DPM, FACFAS, is Board Certified in Foot Surgery, Reconstructive Rear Foot and Ankle Surgery. She is a Diplomate of the American Board of Podiatric Surgery and a Fellow of the American College of Foot and Ankle Surgeons.

### **Third Thursday Lecture "The Reimagined Life: Managing with Decreasing Vision"** **February 16 - 7:15pm - AUD**

Barbara Pierce is President Emerita of the National Federation of the Blind of Ohio and since 1988 has edited or helped edit the largest circulation magazine for the visually impaired.

### **Dance: why i had to dance: a Choreopoem Premiere, with Ntozake Shange** **Thurs., Feb. 9 - 8:00pm - Hall**

This is the story of black dance, connecting one generation to another and one region to another. The evening opens with "Unexpected Journeys." Both pieces are choreographed by Dianne McIntyre. Senior tickets: \$6. Call CTS: 775-8169. **Sign up for bus.**

### **Oberlin College Convocation: An Evening with Soweto Gospel Choir** **Tues., Feb. 21 - 7:30pm - Finney**

This Grammy-award winning group performs both traditional and contemporary music, infusing their performances with energetic dancing. Tickets are free but **MUST** be in hand from the Central Ticket Service.

**Sign up for Kendal bus.**

## TRIPS

### **Lunch Bunch: Moosehead Grill, Amherst** **Wednesday, February 8**

The grill is well-known to barbecue lovers for its ribs, pulled pork, beef brisket, and more. But salads and sandwiches, as well as seafood, chicken and steak, are on the menu, too. Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$5.00. Place check to KORA for \$5.00 in Box #89 by Monday, February 6. Lunch at your expense. Sign-up sheet will be posted Wednesday, February 1.

### **Big Bus: Canton Museum of Art** **Thurs., Feb. 23 - 9:00am - 4:00pm**

Four exhibits are reaching the end of their runs at Canton. Of special interest: **Focus: Fiber 2011**, hosted with the Textile Art Alliance of the Cleveland Museum of Art, features the best of contemporary textile/fiber work that merges ancient and new techniques in exciting and surprising ways. On display are 50 pieces by 39 artists.

**Body Language** includes 50 permanent collection works that focus on nonverbal messages as artists, such as Mary Cassatt, depict thoughts and emotions without words. Also showing: Ted Lawson: A Moment in Time; and Martin Bertman: Evocations. Bus leaves Heiser at 9:00am, returning about 4:00pm. Lunch at your own expense. Watch for more details and sign-up sheet from Pat Talbot.

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**Breakfast Series Returns...** Kendal's Admissions Office brings us "The Sights and Sounds of Oberlin" on Thursday, February 16 at 9:30am. Breakfast at Kendal will be followed by a visit to Finney Chapel and a demonstration and lecture on the Kay Africa Organ by Professor of Organ James David Christie. Seating is limited! Call 1-800-548-9469 or email [admissions@kco.kendal.org](mailto:admissions@kco.kendal.org).

## MUSIC

### **Friday Music Club of Oberlin** **Fri., Feb. 10 - 7:15pm - AUD**

Open to all, the program will include performances by a cellist, pianist and violinist. Composers represented will include Stamitz and Haydn.

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### **Conversations with Community: "Taxes for Kendal Residents"** **Fri., Feb. 10 - 4:00pm - AUD**

Kendal resident and AARP Tax Aide Joe Palmieri will talk about what our residents need to know about federal, state and local income taxes.

### **Conversations with Community "Travels in Korea and Japan"** **Mon., Feb. 13 - 7:15pm - AUD**

Retired Oberlin physician and frequent traveler Dr. Jeanne McKibben recently traveled to South Korea with medical friends, touring medical facilities as well as traveling along the coast. Joined by her Oberlin traveling partner Mary Nelson in Japan, she visited Mt. Fuji, Hiroshima, Nara and Kyoto – taking special note of Japanese gardens. She will share her photos with us and describe the travels in the Far East.

### **Computer Users Group "Applications of Windows 7"** **Tues., Feb. 28 - 7:15pm - AUD**

Kendal resident Ray LeGrand will discuss Windows 7, the most current OS of Microsoft for personal computers. Of particular note will be the "new" programs, such as the Aero applications. The presentation will explore those applications most used, including the areas of the Control Panel, the Help function and the utility applications of Windows 7.



**Sunday Movies  
in CAR  
at 7:15pm**

**Feb. 5 - No movie tonight -- it's Super Bowl Sunday!**

**Feb. 12 - King Arthur (2004)** - Camelot and the mystical elements of past films are missing from this one. The gritty, more realistic portrayal of Arthur focuses on the history and politics of the period. Rated PG-13.

**Feb. 19 - Pride and Prejudice (2005)** - British version of Jane Austen's novel about five sisters in need of husbands in Georgian England. Keira Knightley captivates as Elizabeth Bennett who verbally spars with the elegant and haughty Mr. Darcy. Rated PG.

**Feb. 26 - The Ladykillers (2004)** - Coen brothers remake of the 1955 black comedy stars Tom Hanks as a Southern professor who plots a daring heist with an inept gang. When his elderly landlady discovers the plot, he decides to kill her but finds the gang isn't quite up to it! Rated R.

**Saturday Night Asian Film  
February 4 -7:15pm -AUD  
Spring, Summer, Fall, Winter ...  
and Spring (2004)** - This exquisitely filmed drama directed by Korean film maker Ki-duk Kim is entirely set on and around a tree-lined lake, where a tiny Buddhist monastery floats on a raft amidst breathtaking landscape. The child monk, under the vigilant eyes of an old monk, learns the lessons with each season representing a stage of his life. Rated R.

**Saturday Night Movie  
February 18 -7:15pm -AUD  
Julia (1977)** - Based on Lillian Hellman's "Pentimento," Oscar-winning film tells the story of the relationship Hellman (Jane Fonda) had with lifelong friend Julia (Vanessa Redgrave) who fought against the Nazis in the years prior to World War II. Rated PG.



**Art  
Gallery  
News**

**Kendal Gallery** - The drawings of Michael Guyot will continue through February 17. The banners made by Oberlin High School art class students featuring famous paintings will be installed February 21. *-Marilyn Myerson*

**Friends Gallery** - The "Nature of Kendal" show will remain on display through March 5. These photos are for sale at reasonable prices -- \$15 for the smaller ones and \$25 for the larger ones -- with proceeds to go to the

Resident Assistance Fund. On March 6 drawings by a young artist named Erin Schechtman will be hung.

*-Robert Taylor and Ted Nowick*

**Community Gallery** - On view now are woven and sewn pieces from the Oberlin Senior Center.

On February 14, "Try Something New: A Decade of Art Exploration" will feature works in a variety of media and techniques by Kendal resident John Elder. It will be shown until the end of March. Join us for an Artist's Reception on February 29 at 3:30pm in the Friends Corner Dining Room

*-Katie Brown*

**Allen Memorial Art Museum  
Tuesday Tea  
February 14 - 2:30pm - AUD**

Erika Raberg, Curatorial Assistant to the Office of Academic Programs, will discuss the work of contemporary artist and "experimental geographer" Trevor Paglen. In the series "The Other Night Sky," Paglen tracks and photographs classified reconnaissance satellites in the Earth's orbit. Existing in complex dialogue with early astronomy and with American frontier photography, Paglen's work invites us to consider the visual texture of secrecy itself and how it operates in contemporary society. All are welcome. No fee.

**First-Name Kendal  
Directory, Anyone?**

**Ever need to phone a resident and can't remember the last name?**

**Don't worry! You're just having a classic "Kendal Moment!"**

To help those of us who experience such frustrations, an alphabetical listing of residents by first name with their phone numbers is available at the front desk. Just ask the receptionist. Cost is \$1.10 per copy, payable to the Heiser Reception Desk.

**AMAM Spring Exhibitions  
Opening Reception  
Thurs., Feb. 9 - 5:00-8:00pm**

The opening celebration of three new spring exhibitions: "Artists on Artists," "Italy on Paper," and "Ephemeral Installations and the Aesthetics of Nature" will include a tour of the exhibitions by Denise Birkhofer, Assistant Curator of Modern and Contemporary Art, and Liliana Milkova, Curator of Academic Programs, beginning at 5:30pm.

**News & Views  
Fri., Feb. 3 - 10:30am - AUD**

Kristine Mani, Associate Professor of Politics at Oberlin College, will be the discussion leader on Mexico, based on the Foreign Policy Assn. briefing book "Great Decisions." Sponsored by the Center for LifeLong Learning. No registration or fee. All are welcome.

**Great Lakes Theater Presents:  
"The Mysterious Affair at Styles"  
Mon., Feb. 20 - 7:15pm - AUD**

Enjoy the world premiere of David Hansen's 60-minute adaptation of Agatha Christie's first mystery, the one that introduced the iconic Belgian detective Hercule Poirot.



## Library Notes

The Library Committee has been considering ways to make better use of space for some time. Now you can see some differences. The three rotating displays have been moved to the northwest corner to make room for another small reading table and chairs. We also lowered a display on top of the Environmental Shelves by putting the displayed items between bookends instead of a taller support. This helped open the view from the door to the back of the library. The library desk was moved to provide easier access for people in motorized chairs to the Merlin magnifying reader and the computer.

The Minutes of the 1/24/12 Library Committee meeting are now posted on the bulletin board outside the library and will be posted on the end of the Reference shelves in the library for a longer time.

Accessibility Survey Results (summary of November 2011 survey and detailed responses from residents and staff) are now available to be read on the Library table and will later be filed in the small bookcase with the KORA/Kendal reports.

### **OHC: "Oberlin Here and Elsewhere: The Legacy of John Frederick Oberlin beyond Ohio"**

**Wed., Feb. 29 - 7:15pm - AUD**

In 1946 Yasuzo and Ikuko Shimizu, graduates of the Oberlin Graduate School of Theology, established Obirin Gakuen (Institute) in Tokyo, inspired by their time as students at Oberlin and the life of John Frederick Oberlin. Ken Grossi, Oberlin College Archivist and Oberlin Heritage Center Board member, will talk about his trip to Tokyo to J. F. Oberlin University (new name of the school, part of the Obirin Gakuen Institute) to help commemorate its founding. Ken will talk about how the values and beliefs of John Frederick Oberlin were carried to other places in the United States as well as Japan. Free and open to the public.

### **Kendal Staff Recognition**

**Tues., Feb 21- 1:15pm - AUD**

Cake and punch reception to follow in Heiser Lounge.

### **Kendal 2012 Directory Additions and Corrections**

**Joanne Busiel** - email address has been changed.

**Rita Haessly** - email address is incorrect.

**Ann Pilisy, Dining Services** - Telephone number: 775-9801

**Weinberg, Herbert** - New telephone number effective February 7.

## **R>A>F ShopTalk**

We welcome back volunteer Gerlind Koerner from a long "medical leave." She helps spruce up clothing donations and evaluates fabric and textiles. Martin Davidoff has recently stepped in to check donated TVs, audio components and phones. He leaves clear notes on the condition of each item. So very helpful! A reminder: Mal-functioning equipment can seldom be repaired; if you donate something electronic that has a problem, please include a brief explanation.

Receipts for Dec. 28 - Jan. 24 were \$2,829.85. Total receipts for Calendar Year 2011 were \$43,838.88.

At \$13,980, commissions from car sales were 32% of total receipts.

Thanks to our donors and to our Sales Executive!

*Keep It Flying!* -Mary Simons, Chair

### **Genealogy-History Group**

**Thurs., Feb. 9 - 7:15pm - AUD**

#### **"Ancestor Memorabilia - II"**

This program will be a "Second Act" of the one held in December. Kendal residents who were unable to present their "Ancestor Objects" at that time, and some additional participants, will be there with their objects. If any more residents wish to be considered, please call Gretchen Roose.



### **Vision Impaired**

**Monthly On-Line National Low-Vision Support Group**

#### **"Monitoring Your Own Vision"**

**Thursday, February 9  
4:00pm in Green Room**

### **Reading of *The Kendalight***

**Wednesday, February 1, at  
11:30am in SCC Quiet Room**

Marie Evans reads the parts of *The Kendalight* which are important to you.

## Welcome Kendal's New Residents

### Barbara P. Barna



I grew up in Darien, CT, and received a BS degree from Central Connecticut State College in 1958. I taught high school science and then married in 1959. My husband and I eventually traveled to Cleveland where he taught at John Carroll University. The marriage did not last, and while casting around for new opportunities, I took a research technologist position at MetroHealth Medical Center. This job made me realize that I loved the challenges of medical research and I decided to get an advanced degree. Working at MetroHealth allowed me to take science courses at Case Western Reserve University, but the position was terminated because the primary investigator left Metro. After landing a position as a clinical laboratory technologist at the Cleveland Clinic, I found that the Clinic had joined with Cleveland State University to offer a new PhD program in biology. I enrolled and eventually received MS and PhD degrees (1977). I was offered a staff position in clinical pathology at the Clinic and also had a secondary appointment in research. During this time I met and married a physician, Jerome Pomeranz, who was Chief of Dermatology at MetroHealth. I retired from the Clinic in 1997 after an exciting career combining clinical and National Institute of Health grant work but continued on as adjunct staff. In 2005, members of the Clinic pulmonary research group with whom I worked moved to East Carolina University. I currently hold a part-time academic position (clinical professor) at East Carolina University and visit there ap-

proximately twice per year. My husband and I shared interests in history and travel (as well as medicine) and traveled throughout the American West and also to Egypt, Israel, Europe, Mexico and Central America. We were married for 32 years when he passed away in 2010. My interests lie in history, archaeology, science and mystery novels.

### Looking for Someone?

You'll find biographies of all residents, newcomers and old timers, in "Who's Here" on the library center bookcase. But not every biography that now appears in "Who's Here" has yet been published in *The Kendalight*. Among those missing residents are: Barbara Bruer, Joan Croom, Martin Davidoff, Peggy and John Gordon, Pauline Handman, Ardieth Hayes, Gaye Laurell, Ray LeGrand, Beth and Arn Lewis, Tom Martin, Harol and John Pesuit, Dan Reiber, Louise Shoemaker, Paul Spierling and Judy Tandy. Their biographies will appear in *The Kendalight* in the coming months.

### Recent Moves

**Melissa Reed** will move from Piqua, OH, to a Cottage in late February.

**Mel Schuster** moved from Oberlin, OH, to an Apartment in late January.

### Recent Transfers

**George Bent** moved from a Cottage to Patterson.

**Anne Parott** moved from Whittier to Jameson in early January. Phone number remains the same.

**Ernest "Ernie" Perhamus** moved from a Cottage to Jameson. He has no phone.

## It's Time to Get Ready for 2012 Reaccreditation - II

Each month, we will feature at least three major areas of standards that are part of the review for Kendal at Oberlin's five-year Reaccreditation with CARF-CCAC. By the time the survey team arrives in late summer, we hope you will feel a part of this community-wide effort.

- **Health and Safety:** While all staff and residents have a role in supporting safety and health, a large part falls to Facility Services and Hospitality Services. We strive to maintain healthy, safe and clean environments that support quality services and minimize risk of harm to persons served, personnel and other stakeholders. Some of the efforts carried out include an active Safety Committee that meets monthly and conducts safety audit inspections. Additionally, on a rotating periodic basis, we conduct environmental inspections of our community center (from the apartment building through the Stephens Care Center) covering all three shifts of operations. Annually, we invite an outside consultant to Kendal as part of our insurance arrangement for an internal and external inspection of property.
- **Risk Management:** Since 2003, our community has been an active member of the Peace Church Risk Retention Group (PCRRG) that helps us with training to minimize risk at Kendal. Our risk management program consists of a written plan, approved by our Board of Directors and (Cont'd on p. 7)

### IN MEMORIAM

**LORNA HUDGENS**  
JANUARY 8, 2012

**PRISCILLA THOMPSON**  
JANUARY 12, 2012

## 2012 Reaccreditation - II ...

*(Continued from p. 6)*

reviewed annually, and a quarterly Risk Management Committee meeting to monitor the progress of our various committees (e.g., Safety, Falls at Risk, and Corporate Compliance) that deal with specific risks to our organization. The partnership work of The ECRI Institute and PCRRG have helped the members to successfully manage claims, resulting in a return of premiums. In 2011 we received a refund of \$32,000!

• **Human Resources:** Our staff members are the core of our operation. CARF-CCAC-accredited organizations demonstrate that they value their human resources. It should be evident that personnel are involved and engaged in the success of the organization and the persons served. HR's first concern is to have the best-qualified staff in numbers large enough to meet the needs of our residents, either directly or indirectly. As we work together to serve our community, this requirement is of primary importance. It covers our pre-employment requirements and procedures, orientation process, and staff training and development practices. It shows how we orchestrate it all to meet Kendal at Oberlin's expectations and goals. *-Barbara Thomas*

## Volunteers Needed!

Saturdays and Sundays are busy times at the Stephens Care Center main desk. We need your help to answer phones and direct visitors from 10:00am-2:00pm and 4:00-6:00pm. Volunteers will need to go through Kendal required Orientation, TB testing, and special training with Bev Zimmerman. Contact Michele ([mtars@kao.kendal.org](mailto:mtars@kao.kendal.org)) or Jara (775-9858) today so you can take a turn at this important hub at the SCC.

## Don't Miss the Trolley!

Resident Len Garver and Rod Knight will demonstrate Len's HO-gauge trolleys in Heiser Lounge on Friday, February 3 at 4:45pm. Come join the fun!

## Kendal Board News for January 2012

Several things are routine with the start of a new year. The Board welcomed one new Board member, Alison Ricker, the Science Librarian from Oberlin College. She looks forward to serving on the Energy Committee this year. The Board also welcomed Mandi King, a new Board fellow and a second-year graduate student in Business from Baldwin-Wallace College. Mandi is in charge of Employee Wellness at a small hospital in a neighboring county. The Board heard a report on the process getting underway to select a firm to conduct a marketing study that will be key to advancing work on our next ten-year Master Plan. The marketing study will give us the current trends, demographics and features of successful CCRCs and tell us more about competitive CCRCs in Ohio and beyond. The Board was updated on construction for both Phase III cottages and Assisted Living which is expected to be completed in February. Phase III cottages are coming in under budget, with only about one-third of the budgeted contingency used -- which means good control on change orders. Work continues on the cottages to meet the testing requirements for Energy Star rating. The Board approved a resolution that describes the principles guiding the

Board in its work with other Kendal Northern Ohio entities. It is much like a job description, and includes aspirational statements striving for simplicity and open communication. Another resolution adopted by the Board, and recommended by both the Committee on Philanthropy and the Finance & Property Committee, documents the financial arrangements dating back to 2008 (and current) that have supported the financial start-up of Senior Independence. The previously approved actions are now further documented, including specific terms of the loans, to be paid with interest, and a grant that is attributed to Kendal at Oberlin's Community Benefit record. The Board also conducted the necessary business approvals needed to begin a relationship with Wells Fargo for investment services for Kendal Charitable Trusts and Gift Annuities. Other routine business included outlining the process for the Board's role in conducting a board and self-evaluation, as well as the annual evaluation of the CEO. The Board has a busy year ahead with the many deliberations needed to form an updated strategic planning, a new master plan, and reaccreditation planning. The meeting ended with good news about the successful on-site visit by Standard & Poor's who will soon determine our rating for 2012.

*-Barbara Thomas*

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## Kendal Kryptogram #84 -by Nina Love

LOFFULA DUO TAEA QM XYXUZ. QMY

LOFFULA DUO TAEA Q HAHRAE UP

GUMCEALL. ROZ X EAFQZ HDLASP.

*-HQEW ZTQXM*

**Solution to Kryptogram #83: "My candle burns at both ends. It will not last the night. But ah, my foes, and oh, my friends, it gives a lovely light."**

*-Edna St. Vincent Millay*

## Table Tennis Update

The 2012 table tennis tournament got off to a lively start. Twelve players signed into the women's group, five into the men's. In the bustling auditorium, the fun and excitement of friendly competition set the mood. The tournament is planned to end on February 6. Meanwhile, open play, basic instruction and stroke practice go on as always. All Kendal residents are heartily invited to watch the fun. You may even wish to give table tennis a try. Monday, January 16 saw a new record set for table tennis participation. Seventeen players were active at our three tables.

-*Sidney Rosenfeld*

## Walks With a Doc

These walks will continue through the winter. On the first Saturday of each month (February 4 and March 3), different physicians from Cleveland Clinic-Westlake will lead a walk, about three miles in length. The walks generally have been at the Bur Oak area of Black River reservation.

Kendal residents who have participated have found that the leaders have been generous in sharing helpful medical information with the walkers. If you are interested in walking, call Marie Evans by February 3.

## Unitarian Universalists

**Wed., Feb. 15 - 4:15pm - AUD  
"God Against the Gods"**

Speaker Mark Weber, Dean Emeritus of the Kent State University Library, will look at polytheism and monotheism which replaced it. Is monotheism always a "higher" form of worship? One of the founders of the Ethical Society of Cleveland, he is a member of First Unitarian Church of Cleveland. The Kendal at Oberlin UU Community opens its doors for monthly explorations of moral and religious issues every third Wednesday of the month. **All are welcome.**

## The Medical Buzz



**from Molly Singletary,  
HWC Nurse Practitioner**

- The Obama administration has ordered both the FDA and the Justice Department to do whatever needs to be done to solve the problem of critical shortage of some prescription drugs. The executive order directs the FDA to "goose" production of generic drugs by doing what it can to get manufacturers to ratchet up production -- especially for drugs used to treat cancer. The order also directed the Justice Department to look into charges of drug-hoarding and price-gouging by secondary wholesalers or "other market participants."
- Older women with sleep-disordered breathing are more likely to develop cognitive impairment than those who don't have sleep problems, researchers reported in the *Journal of the AMA*. Through nearly five years of follow-up, women 65 and older who had sleep-disordered breathing at baseline had a higher rate of incident mild cognitive impairment or dementia. After adjustment for numerous other factors, women with sleep-disordered breathing maintained a higher likelihood of cognitive impairment. "Given the high prevalence of both sleep-disordered breathing and cognitive impairment among older adults, the possibility of an association between the two conditions, even a modest one, has the potential for a large public health impact," they wrote.

### RELIGIOUS SERVICES AT KENDAL Episcopal Service

Holy Communion - Rev. Nancy Roth  
Saturday, February 11, 11:00am, CAR  
Ash Wednesday - Fr. Brian K. Wilbert  
Wednesday, February 22, 4:00pm, CAR

### Roman Catholic Mass

Friday, February 17, 10:00am, CCR

### Society of Friends

Sundays, 10:00am, Green Room

### Third Sunday Service

Sunday, January 19, 4:00pm, CAR

## Bridge Results

**Mondays: Dec. 26:** 1st, Helen Randel; 2nd, Bill Schreiner.

**Jan. 2:** 1st, Connie Boase; 2nd, Warren Wickes; 3rd, Helen Randel.

**Jan. 9:** 1st, Connie Bimber; 2nd, Betsy Belden; 3rd, Alverta Schneider.

**Jan. 16:** 1st, Alverta Schneider; 2nd, Helen Randel; 3rd, Bud Spierling.

**Jan. 23:** 1st, Helen Randel; 2nd, Nancy Beauchamp; 3rd, Paul Spierling.

**Wednesdays: Jan. 4:** 1st, Connie Boase and Pete Andrews; 2nd, Alverta Schneider and Louise Breese; 3rd, Mary Lynne Grove and Robert Taylor.

**Jan. 18:** 1st, Cate and Paul Schwaegerle; 2nd, Pete Andrews and Connie Boase; 3rd, Ed Schwaegerle and Betsy Belden.

## First Church United Fellowship Saturday, February 11

**9:30am: Food and fellowship,  
William Penn Room**

**10:00am: Rev. Jim Moos**

Executive Minister for Wider Church Ministries, UCC, and Co-Executive for Global Ministries/Disciples of Christ, talks about our UCC work here and abroad. **All are welcome.**

## The Kendalight

A monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Drive, Oberlin OH 44074

Consulting Editors: Connie Bimber, Robert Baldwin  
Managing Editor: Elizabeth Aldrich  
Immediate Past Editor: Betsy Thomas  
Photos: Eleanor Helper  
Proofreaders: Mary Ashbrook, Mary Simons  
Production: Don VanDyke

Deadline for the March 2012 issue of *The Kendalight* is February 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

**Note: Please submit articles by email to our address:**

***Klite600@yahoo.com***

**If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open box. All articles must carry a signature and telephone number.**



## Nature Sightings at Kendal



### Special February Meals

**Tuesday, February 14**

**Valentine's Day Special Desserts**

**Monday, February 20**

**Presidents' Day Dinner**

**Tuesday, February 21**

**Mardi Gras Dinner Celebrations in All Dining Rooms**

**Reminder:** If you open a **small** milk carton in the Langston grocery refrigerator, do not return it to the refrigerator shelf. Give it to staff so the remaining product can be properly used.

### Watch for Sign-up Sheets

**Solo Diners:** Thursday, February 9, 5:30pm, The Den (second Thursday of month -- note change in day).

**SPINACH (Senior Persons Interested in Nutrition and Community Health):** : Wednesday, February 22, 5:15pm, William Penn Dining Room (fourth Wednesday of the month).

### New Procedures for HWC Therapy Services

To maintain privacy and allow therapy staff to provide uninterrupted services to you, the door to the therapy room in the Health & Wellness Clinic (HWC) will now remain closed while services are being provided. Please arrive promptly for your scheduled appointment and check in with the HWC receptionist. All new therapy appointments should be scheduled with the HWC receptionist. We appreciate your cooperation while we transition to these new procedures. to provide quality care and services to you To make an appointment, call 775-9819. If you have any questions or concerns, call Laurie Dupee at 775-9807.

First the non-birds: A northern leopard frog was seen at night outside #219 (Orcutts); a praying mantis in back of #195 (Carol Ganzel); five deer behind #137-144 on 11/30 (Bill Rice). Wild turkeys were behind #44 and on the roof of the covered walkway on 12/3 (Torie Young & daughter) and 14 of them in the woods behind lot 12 on 12/3 (Wardwells). (I know wild turkeys are birds, but still...). On 12/29 a wooly bear caterpillar was on the Troll bridge (Ann Martin).

The kingfisher was the most reported bird (although probably more geese were seen and not reported), starting with 10/24 on Heiser pond, on Rock Pond, Phase III pond, Island Pond, 11/26, Rock Pond 12/10, in a tree beside Center Pond, and 12/26 at Triangle Pond (a good name for Phase III pond!) as seen by Orcutts, Ketcham, Love, Diane Morg, Pied-billed grebes were at Rock Pond on 10/14 & 11/2 and Island Pond 11/2 and 11/8 with a coot (Love). Juncos were back on 11/14 (chased by a song sparrow) and buffleheads (chasing a pied-billed grebe) on Rock Pond (Orcutts). Marcia Deist saw a Cooper's Hawk on 11/17 behind #109, and the Orcutts keep seeing red-shouldered hawk(s?) near Rock Pond up to 12/30. (The Cooper's keeps a careful watch on all our bird feeders, and probably the red-shouldered does too though he/she may be more interested in rabbits.)

On 11/19 Nina Love had "400 mallards rising up from Woodland Pond at first light -- it took 10 min.!" (And what were you doing so far from home at first light on a cold winter's morning?) And on 12/11 the Orcutts had an American tree sparrow -- "It's winter now, folks!" Later, on 12/18 they had tree sparrows, song sparrows, cardinals, blue jays, and many juncos on the

west shore of Rock Pond. Marcia Deist had a male downy woodpecker at her suet feeder on 12/19 (the female comes too) and the Wardwells a red-bellied woodpecker at theirs. There were hundreds of Canada geese, gulls and mallards on 12/26, on the edges of New Russia Township Pond and Island Pond. (It's nice to see them up there and not close to our walks!) On 12/30 a "Red-shouldered Hawk cruising west along Rock Pond north shore, presumably alert for any careless bunny rabbits. The Observer called "Kee-eerrr!" and the hawk responded "Kee-eerrr!" -- his hunt interrupted, for the moment."

*-Betty Weinstock, writer-up*

### New Cell Phone Policy

KORA Council has adopted the following policy after much discussion of the proper etiquette for the use of cell phones. Kindly remind your family and guests of our new Kendal policy. A reminder will be posted in our guest rooms and distributed to Kendal staff.

*-John Elder, KORA President*

### Policy No. 8: Cell Phone Use

Residents, guests and staff are requested not to use cell phones audibly during meal times in Langston, the Fox and Fell, and the Friends Corner, during programs in the Auditorium, or at any time in the Library. Please turn off phones, set to "vibrate," or text only in these areas, and be considerate when using cell phones audibly in the hallways and the Heiser Lounge.

*(Adopted 1/19/2012)*

### Midday Meditation

Support one another in cultivating spaciousness by dropping in to the Green Room on Tuesdays for 30 minutes of meditation from 12:30-1:00pm. Rev. Mary Grigolia will provide minimal, spoken guidance. You are welcome to come a little earlier and stay for a brief sharing of what's coming up in the silence. No need to sign up: Just drop in.

SUN	MON	TUE	WED	THU	FRI	SAT
<b>FEBRUARY 2012</b>			<b>1</b> Reading K'light 11:30am SSC Quiet Room  Pairs Bridge 7:10pm Green Rm  Health Lecture: "Foot & Ankle" 7:15pm AUD	<b>2</b> Coffee Hour with Barbara Thomas 9:30am Langston  "Oklahoma!" 7:15pm AUD	<b>3</b> News & Views 10:30am AUD  "Oklahoma!" 2:15pm AUD	<b>4</b> Walk With a Doc at Bur Oak 8:30am Heiser  Film: Spring, Summer,Fall, Winter...Spring 7:15pm AUD
<b>5</b> Quaker Worship 10:00am Green Rm  English Country Dancing Every Sunday 7:15pm AUD  No Film Tonight	<b>6</b>     Bridge 7:10pm AUD	<b>7</b>	<b>8</b>  Morning Discus- sion Group every Wed., 10:00am CAR  LUNCH BUNCH: Moosehead Grill, Amherst 🚌 11:30am-1:30pm  Scrabble 7:15pm CCR  Robert Shannon, piano 🚌 8:00pm WCH	<b>9</b> 2012 Spring Fling 4:00pm Crossroads  Low Vision Group 4:00pm Green Rm  AMAM Reception 5:00-8:00pm  Solo Diners 5:30pm The Den  Genealogy- History Group 7:15pm - AUD  Dance: "Why I Had to Dance" 🚌 8:00pm Hall (tx)	<b>10</b> Sounding Board 10:00-11:00am Green Room  Conversations: Joe Palmieri on "Taxes" 4:00pm AUD  Friday Music Club 7:15pm AUD  Faculty Wood- wind Quintet 🚌 8:00pm Kulas	<b>11</b> United Fellowship 9:30am Penn 10:00am Penn  Episcopal Serv. 11:00am CAR  Met Opera HD at Crocker Park: 🚌 Gotterdammerung Iv. Heiser 10:45am  Dannenburg Honors Recital I 8:00pm WCH 🚌
<b>12</b> Quaker Worship 10:00am Green Rm  Film: King Arthur 7:15pm CAR	<b>13</b> Bridge 7:10pm Green Rm  Conversations: "Travels in Korea and Japan" 7:15pm AUD	<b>14</b> AMAM Tea 2:30pm  Valentine's Day Desserts	<b>15</b> Kendal Unitarian Universalists 4:15pm Green Rm  Pairs Bridge 7:10pm AUD  ARS: The Tallis Scholars 🚌 8:00pm Finney (tx)	<b>16</b> Sights and Sounds of Oberlin 9:30am F&F (Must sign up)  KORA Council 10:00am AUD  "Managing Decreasing Vision" 7:15pm AUD	<b>17</b> Roman Catholic Mass 10:00am CCR  Marilyn McDonald, violin, and Lambert Orkis, piano 6:30pm Kulas (note time) 🚌	<b>18</b>   Film: Julia 7:15pm AUD  Dannenburg Honors Recital II 8:00pm WCH 🚌
<b>19</b> Quakers 10:00am Green Rm Amici String Quartet, 3:00pm First Church 🚌  3rd Sunday Serv. 4:00pm - CAR  Carol Wilson, soprano 🚌 4:30pm WCH  Film: Pride and Prejudice 7:15pm CAR	<b>20</b>   President's Day Dinner  Bridge 7:10pm Green Rm  Great Lakes Theater 7:15pm AUD	<b>21</b>  Staff Recognition 1:15pm AUD; refreshments in Heiser Lounge  Mardi Gras Dinner  OC Convocation: Soweto Gospel Choir 🚌 7:30pm Finney (tx)	<b>22</b>  "Solar Energy Today" 3:00pm AUD  Ash Wednesday Episcopal Serv. 4:00am CAR  SPINACH 5:15pm Penn Rm.  Scrabble 7:15pm CCR	<b>23</b> BIG BUS TRIP: Canton Museum of Art 9:00am-4:00pm	<b>24</b>     Master Class: 🚌 Marilyn Horne 8:00pm Finney (tx)	<b>25</b>   Met Opera HD at Crocker Park: Ermani 🚌 Iv. Heiser 11:40am
<b>26</b> Quaker Worship 10:00am Green Rm  Master Class: 🚌 Marilyn Horne 2:00pm Finney (tx)  Film: The Ladykillers 7:15pm CAR	<b>27</b> Afternoon Exchange Barbara Thomas 4:00pm AUD  Bridge 7:10pm AUD	<b>28</b>   Computer Users Group: Windows 7 7:15pm AUD	<b>29</b>  John Elder - Artist's Reception 3:30pm Friends Cor- ner Dining Room  OHC: "Oberlin Here and Elsewhere" 7:15pm AUD	CAR = Central Activitires Room CCR = Crossroads Conf. Rm GCR = Green Conf. Room WCH = Warner Concert Hall Bold Face = at Kendal tx = Tickets needed 🚌 = Kendal Bus Central Ticket Service (CTS): 440-775-8169 or 800-371-0178.		