

The Kendalight

Kendal at Oberlin Residents Association

December 2017

Volume XXIV, Number 12



Kendal Holiday Events

Mon., Dec. 11, 3:00pm, Langston - Welcome Santa as he greets the Kendal Early Learning Center children, residents and staff. Sing holiday songs, enjoy hot chocolate and tell Santa what you want for Christmas. Santa will visit Stephens Care Center, too, to spread good cheer.

Wed., Dec 13, 8:00-11:30am, The Café - Kendal Early Learning Center children will shop for presents at the **Twigbee Shop** outside the Fox and Fell. Stop by Heiser Lounge and watch the fun!

Thurs., Dec. 14, 3:15pm, Langston - Join us for our annual inter-generational **Hanukkah Tea**. Sip tea, munch on cookies, and be entertained with games, songs and stories. **Everyone is welcome!**



Thurs., Dec. 14, 6:00pm, AUD - Listen to Kendal Early Learning Center **kids sing some of their favorite holiday songs**. Bring a dozen cookies to share afterward with fellow residents, staff and KELC families.

Sun., Dec. 24, 7:15pm, Heiser Lounge - Celebrate **Christmas Eve** with us! Gather around the piano in the Lounge with other residents and friends to sing carols, perhaps with other musical accompaniment. Enjoy punch and cookies around the fire. Grover Zinn will share thoughts of the season -- and you may hear some well-loved poetry and prose! We all have our favorites. Bring Christmas cookies to share!



Sun., Dec. 31, 7:15pm, Heiser Lounge and Auditorium - **New Year's Eve at the Movies** with popcorn, sing-along at the piano -- and the Ball Drop! Bring your best munchies to go with our punch.

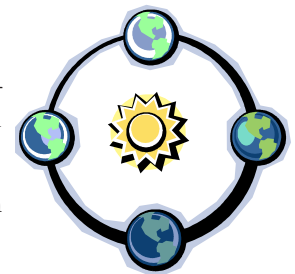
2017 Solstice: Friday, December 15, at 7:15pm "A Cornucopia of Food for a Hungry Spirit"

Come join Kendal's annual Solstice Celebration. It all happens in the Auditorium and Lounge, with refreshments afterward in the Fox and Fell.

This year the theme is **FOOD** and we will be singing and hearing all sorts of happy thoughts about food. We have a cast of dozens and a jolly time will be had by all.

You are invited to bring your favorite finger foods to share after the program. Please leave your donations on the tables at The Café in front of Fox and Fell when you come to dinner.

Reminder: That evening please plan to dine early in the Fox and Fell so it can be readied for our later evening fellowship!



MORNING EXCHANGE: MONDAY, DECEMBER 11
10:00AM - HEISER AUDITORIUM: BARBARA THOMAS
(9:30AM - REFRESHMENTS IN HEISER LOUNGE)

KNOW YOUR KORA COUNCIL

“To hope is to gamble. It’s to bet on your futures, on your desires, on the possibility that an open heart and uncertainty is better than gloom and safety. To hope is dangerous, and yet it is the opposite of fear, for to live is to risk.” From Hope in the Dark, by Rebecca Solnit

Thank you all for attending the 2017 KORA Annual Meeting. There were 174 residents in attendance along with staff and family members. What a meaningful and celebratory time we had together. Check the KORA Bulletin Board for those we recognized and remembered at the Annual Meeting. Also, look at the President’s Report. Whether you attended the Annual Meeting or not, your involvement in activities and your support of our Association is very much appreciated. With the approval of the Association we now have revised bylaws; a budget for 2018; officers, council members, a leadership development and nominating committee, and a representative to the KatO Board to begin their work in the new year. On December 7, KORA Council will meet. We will hear reports, reflect with residents on the work completed this past year, and say thank you to outgoing members of Council. December 3 will be the final day you can make a donation to the Staff Holiday Fund. The donation box is on the Reception Desk in Heiser. Please make your check out to Kendal at Oberlin and in the memo line write Staff Holiday Fund. Please continue to keep in your thoughts and prayers staff and residents and all affected by the devastating fire on November 16 at Barclay Friends. The focus continues to be on caring for families who lost family members and residents who have been upended by this tragic event. You can obtain

Jameson House Open House Wednesday, December 13

**2:00-4:00pm for Kendal Residents,
Staff and Families**
**5:00-7:00pm for the Greater
Oberlin Community**



Please come and discover the newly designed Jameson House, a supportive environment that enables the residents who call it home to live a more resilient life.

updates and information on their website: <http://bf.kendal.org/>. 2017 has brought change, challenges and uncertainty to our community and country. I said at the Annual Meeting that we are a VITAL community. It is clear we have a role to play in ensuring our future here at home and in the wider world. I look forward to welcoming in the new year with many traditions. And to Kendal at Oberlin’s 25th year.

May we continue to learn from and value our past as we celebrate and contribute to our future.

~Ann Francis, KORA President

Fundamentals from the Front Desk

• The UPS store will be in Heiser Lounge to help residents wrap, pack and send their holiday packages on the following dates:

Wed., Dec. 6 - 4:00-6:00pm

Sat., Dec. 9 - 11:00am-1:30pm

Wed., Dec. 13 - 4:00-6:00pm

Last date to mail a package to California for Christmas delivery is Dec. 15.

• Don’t forget to **reserve your group’s meeting space for 2018** and fill out the appropriate room reservation form.

Big Bus: Toledo Museum of Art

Wed., Jan. 24, 2018 - 9:15am to 2:15pm - Cost: \$35

Join us for a trip to the Toledo Museum of Art. We’ll board our comfortable coach (with an on-board toilet) at 9:15am for the 1½ hour ride to Toledo. The permanent collection there is worth the trip but the special exhibits will be of great interest:

• **Masterworks of the 20th Century** - Works from the permanent collection include paintings by Georgia O’Keeffe and Andrew Wyeth.

• **Glorious Splendor: Treasures of Early Christian Art** - Some of these stunning pieces using precious metals and gemstones have never before been displayed in a museum.

• **Fired Up: Contemporary Glass by Women Artists** - Across the road in the Glass Pavilion more than 50 objects showcase women’s contributions to art glass. Our bus will take you there.

You may purchase a light lunch in the Museum Café.

To reserve a place for this trip, sign the sheet in front of the mailboxes (to be posted on Dec. 10). Place a check for \$35 payable to KORA in Box #39. (A place is reserved only with payment in full.) Trip coordinator: Louise Shoemaker.

PROGRAMS

First Thursday Health Lecture

No lecture on December 7.

Third Thursday Lecture

No lecture on December 21.

News & Views: Foreign Affairs

Fri., Dec. 1 - 10:30am - AUD

Professor Jiyul Kim returns to Kendal to speak on **“Prospects for Afghanistan and Pakistan.”** Kim is a retired U.S. Army officer and currently Visiting Assistant Professor of history at Oberlin College. His publications have dealt with history, archaeology, policy, strategy, culture, and military issues. He has extensive knowledge of military strategy and historical conflict for the nations of Asia. Major internal conflict has plagued Afghanistan for four decades. The U.S., for its part, has conducted military operations in the country nearly continuously since 9/11. Today, war with the Taliban persists, and relations between the U.S. and Pakistan have deteriorated. Does the U.S. face a no-win situation in Afghanistan and Pakistan? **No registration or fee. All are welcome.**

Oberlin College Theater: “The Bluest Eye”

Fri., Dec. 1, 7:30pm, Hall

Sun., Dec. 3, 2:00pm, Hall

Toni Morrison’s “The Bluest Eye,” a story about the tragic life of a young black girl in 1940s Ohio, explores the crippling toll that a legacy of racism has taken on a community, a family and an innocent girl. Adapted by Lydia R. Diamond, directed by Associate Professor of Theater and Africana Studies Justin Emeka. Tickets: \$8.00. Call Central Ticket Office: 775-8169. **Sign up for Kendal bus for either performance.**

Lunch Bunch: 100th Bomb Group Restaurant

Wednesday, December 13

Positioned directly across from the Cleveland Hopkins International Airport, the 100th Bomb Group offers a panoramic view of air traffic as well as World War II-era memorabilia. The menu has a variety of hot and cold sandwiches, wraps and entrees. Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$8.00. Place check to KORA for \$8.00 in Box #157 by Mon., Dec. 11. Lunch at your expense. Sign-up sheet posted Fri., Dec. 1.

The Marimbas Are Back!

Sun., Dec. 10 - Heiser Lounge

Once again, Oberlin Conservatory percussion students will present “Marimba Christmas,” after eating brunch with us at 11:30am in Fox & Fell.

Sing-along with Folksinger Gusti

Sat., Dec. 16 - 6:15 pm

Heiser Lounge

Known as “the Grande Dame of folk music in Cleveland,” Gusti will lead us in an informal folk sing-along. She has an Oberlin connection -- her father Harold Haugh, a famed oratorio tenor and voice professor, once taught at the Conservatory.

Empty Bowls Holiday Brass & Organ Spectacular for OCS Tuesday, December 12 - 7:00pm - First Church in Oberlin

Bring your family and friends this holiday season to enjoy the brilliant sounds of organ and brass, a sing-along and complimentary beverages. This year we will have bowls as well as other beautiful handcrafted pottery to purchase. All proceeds go directly to Oberlin Community Services. Admission: Free; bowls: \$15. **Sign up for Kendal bus.**

MUSIC

Sparky & Rhonda Rucker, Folk Concert

Fri., Dec. 1- 7:15 - AUD

This duo performs throughout the U.S. as well as overseas, singing songs and telling stories from the American folk tradition. Their music includes a variety of old-time blues, Appalachian music, slave songs, Civil War music, spirituals, work songs, ballads, civil rights music, and their own original compositions. They accompany themselves with finger-style picking and bottleneck blues guitar, blues harmonica, old-time banjo, piano, spoons and bones.

Tim Munro:

Making Music Workshop

Mon., Dec. 4 - 4:00pm - AUD

Former Eighth Blackbird flutist Tom Munro (AD '02) will perform and discuss his projects while in residence at the Oberlin Conservatory, filling in for Tim Weiss, Professor of Conducting and Director of the Contemporary Music Ensemble. He will also tell us about his other current projects. (Tim Weiss was instrumental in forming Eighth Blackbird while the founders were all enrolled at the Conservatory.)

Oberlin High School Choirs

Mon., Dec. 11 - 1:30pm - AUD

Directed by Robert Duerr with Helen Taylor at the piano, the choirs will sing seasonal songs.

Sunday Films in Whittier at 7:00pm

Dec. 3 - Christmas in Connecticut (1945) A magazine columnist (Barbara Stanwyck) is totally devoid of the homemaking talents espoused in her column. But she needs to acquire those skills, fast, when her boss invites himself and a recently returned war hero (Dennis Morgan) to her home for Christmas.

Dec. 10 - The Polar Express (2004) This Oscar-nominated film is based on the children's book by Chris Van Allsburg. Wonderful animation brings the artwork to life in this tale of a young boy who boards a train on Christmas Eve and ends up in a magical place. G.

Dec. 17 - Elf (2003) Buddy (Will Ferrell), an orphan who grew up at the North Pole as an elf, runs away to New York to visit his biological father. With the help of a beautiful department store elf, Buddy tries to teach his dad and the world the true meaning of the Christmas spirit. Bob Newhart plays Papa Elf and Ed Asner is Santa. PG.

Dec. 24 and Dec. 31 -- No film will be shown in Whittier Lounge on these nights.

Saturday Foreign Film December 2 - 7:15pm - AUD

The Diving Bell and the Butterfly (2007) Jean-Dominique Bauby, the 43-year-old editor of *Elle* magazine, awakens not knowing where he is. He's been in a hospital for weeks in a coma after suffering a massive stroke. Although his cognitive facilities are intact, he quickly learns that he has "locked-in syndrome" and is unable to speak, almost completely paralyzed except for his left eyelid. His physical situation and hospitalization uncomfortably bring together the many people in his life, including his ex-lover and mother of his children; his cur-



Art Gallery News

All three Kendal galleries are mounting new shows in December. In the **Kendal Gallery**, Barbara Gillette's pastels and monoprints, in collaboration with the Artists Archives of the Western Reserve in Cleveland, will go on display on December 5.

In mid-December, after Selina Barrett's photographs come down, the **Friends Gallery** will install the artwork that students at Oberlin High School have created this year.

Be sure to have a last look at Kathy Caldwell's splendid Kendal photo-

rent lover; and his aged father. His speech therapist teaches him to communicate using a system where he spells out words. PG-13. French with English sub-titles. ~*Dwight Call*

Saturday Night Movie December 9 - 7:15pm - AUD

The Red Violin (1998) A great adventure of obsession and mystery unfolds when an appraiser of rare musical instruments (Samuel L. Jackson) discovers a one-of-a-kind red violin at a Montreal auction. He becomes convinced that he has found an authentic long-lost masterpiece. This leads to uncovering the spectacular journey of the priceless instrument. In the end the violin's shocking secret is uncovered. The violin score in the movie is played by Joshua Bell. ~*Donna VanRaapborst*

graphs in the **Community Gallery** before December 8 when papermaking crafted by Joyce Parker will be mounted.

The **Marketing Office Showcase** is filled with the colorful abstract collages by Oberlin artist Randall James. To help us celebrate the holiday season, the Santa Claus collection of Mary Ann Serazin has been installed in the **Curio Cabinet**. Enjoy it all! Meanwhile, in the Stocker Center at Lorain County Community College an art show in the upper-level gallery features four Lorain printmakers and includes two of Paul Arnold's woodcuts. We hope to be able to bring this print show to Kendal sometime in the future.

Community Conversations "College vs. Pro by Coach Jiménez"

Wed., Dec. 6 - 7:15pm - AUD

Speaker Raphael Jiménez, Director of Orchestras at the Oberlin Conservatory, began his musical life as a violinist but was assigned his first conducting job when he was a member of the Simón Bolívar National Youth Orchestra of Venezuela. Maestro Jiménez is an internationally acclaimed conductor of professional symphonies, ballets and opera productions, yet he has never lost his passion for music education. His first conducting position was at the National System of Youth and Children's Orchestras in Venezuela, the famed international model for providing exceptional music instruction for children of all socio-economic backgrounds.

Annual Stephens Care Center Holiday Craft Sale Friday, December 1 -- 10:00am to 1:00pm

Stephens Care Center Residents have been working hard on making crafts. Come purchase soaps, bath bombs, jewelry, hot chocolate mix and much more in Heiser's West Corridor past the mailboxes.

Problems With Your Electronics? **Straw Wars**

Having trouble getting along with your computer, tablet, smartphone, or related device?

KORATech volunteers diagnose and help solve problems that Kendal residents are having with their electronic technology.

There are several ways to ask for help:

- Click the KORATech button on the KORA website (kaores.kendal.org).
- Pick up a request form at the Heiser Reception Desk.
- Email: KORATech@kaores.kendal.org
- Call us at 440-574-0261.

~KORA Website Committee

Cardinal Shop Ready for the Holidays

Good news! We are open Saturday, Dec. 2, 9 and 16, 12:00-2:00pm.

Come in and check our selection of gifts, cards and candy for the season! Janet Bolland will make her fabulous dark-chocolate-covered pecans just in time for the holidays.

We have unique pottery, paintings, note cards and more, all crafted by Kendal residents. You'll find an array of children's books, colorful winter socks, tote bags and other items that can be the perfect gift.

Don't forget our regular business hours: 10:30am to 1:00pm, Mon.-Thurs.; 10:30am to 3:00pm Fri.

And remember that the Cardinal Shop serves the residents and staff of Kendal and contributes most of its profit to the Residents Assistance Fund with a small amount to the Staff Emergency Fund.

Save Your Box Tops for Oberlin Schools!

- Buy products with a Box Top coupon. Before you recycle each box, clip the Box Top coupon and put it in the jar on the Activities Bulletin Board shelf.
- Our KELC Director will take the Box Tops to the Oberlin schools and the schools will trade the Box Tops for cash. Each Box Top is worth 10¢! Questions? Contact Suzanne McDougal or Jeni Hoover, Kendal Early Learning Center Director.

A product list and more information are at www.boxtops4education.com.

We use 500 million straws each day, and that's just in America (www.ecocycle.org). That's enough to fill over 127 large school buses every day! What happens to them? As beachfront trash shows, many of them end up in the ocean -- often in the North Atlantic Garbage Patch or Great Pacific Trash Vortex (estimated to be larger than the size of Texas). Yet with a few exceptions, largely medical, plastic straws are unnecessary. Sea turtles certainly don't need them, though a video of one with a straw up its nose has gone viral.

Plastic straws are not biodegradable and they are not recyclable. It doesn't help to put them in a recycling bin. They just go to the landfill and remain there for thousands of years -- if they actually stay there and don't escape to the ocean. For those who must have a straw, there are reusable metal straws available. Remember: There's no such place as "away". Refuse has to go somewhere.

So the next time you are tempted to take a straw for your drink, ask: "Is it really necessary?" The next time a server offers you a straw, say "No thanks. I'd rather not have it end up in the ocean." You might even suggest that they give straws only to those who specifically ask for them. Some fast food restaurants place straws and plastic tops away from the cups or condiments, so the customers have to make an effort to get them. At Kendal we are fortunate enough to have reusable cups and glasses that have gone through a rigorous washing regime. Let's use them and forget about the straw!

~Jim Helm, for the Environmental Concerns Committee

KatO Artists' Works Featured in FAVA Show

Ten Kendal residents are among the artists exhibiting in the 38th Annual Members' Holiday Show of the Firelands Association for the Visual Arts. Kendal artists on exhibit are: Sheila Eckstein, John Dixon Elder, Ruth Green, Eleanor Helper, Louise Luckenbill, Don Parker, Joyce Muselman Parker, Cate Schwaegerle, Paul Schwaegerle and Vicki Shafarman. The show runs through Sunday, December 17. Gallery hours: Tuesday-Saturday, 11:00am-5:00pm; Sunday, 1:00-5:00pm.

Stop by Northwest Bank to Say Goodbye to Pat on Dec. 1

Patricia Cindric, the personal banker at our Northwest Bank, Kendal Branch, is retiring on Friday, Dec 1. Stop by the bank branch across from the Health and Wellness Clinic from 10:00am to 2:00pm on Friday to wish Pat well. And have a cup of punch and a piece of cake!

For the Vision Impaired Low-Vision Support Group will not meet in December. Join us again on Thurs., Jan. 11, 2018.

Reading of *The Kendalight* Friday, December 1, at 11:00am in Whittier Lounge

NOTE TIME! Barbara Bruer will read the current issue of Kendal's newsletter. **All are welcome!**

More About Kendal Residents

Nancy MacRae

I was born and raised in Chicago, graduated from Vassar College in 1963, and headed to Washington, DC, along with many of my generation, including my future husband, an African-American whom I met at the March on Washington for Jobs and Freedom. He was a Foreign Service Officer headed for his first assignment, in Bremen, Germany; we married there and started a family with the birth of our daughter Katherine. Back in Washington, I did volunteer work for several years, and he moved to the Office of Management and Budget. After our son Rob, born in 1968, was old enough to go to full-time pre-school I began a career with the Department of Transportation. I was a policy wonk in the Office of the Secretary of Transportation for 22 years, at first working on domestic issues but then moving to the international office. I was one of the team leaders for North American Free Trade Agreement (NAFTA) negotiations and was the Secretary's representative for shipbuilding negotiations and tariff talks. It was exciting but wearing, and I took early retirement. My husband and I left an urban life and moved to a rural home on 85 acres in Bedford County, PA, in 1996. I could finally indulge in my love of gardening and Jim could buy tractors. I decided to create an online catalogue of western Pennsylvania crafts and food, and for five years it was a fun enterprise. I also became president of a local chamber-music organization that books professional musicians for a community-chorus Messiah, a six-concert chamber series, music in the



Nancy MacRae



Carol Bojanowski

schools, and six free summer concerts. When my husband of almost 50 years passed away in July 2014, though, it became difficult to maintain the property alone, and with daughter Katherine in Cleveland, Kendal at Oberlin became a very exciting step forward.

Carol Bojanowski

I was born and raised in the Cleveland area and lived here my whole life. I moved to Kendal from Westlake, OH. My education included a diploma in nursing from St. Luke's School of Nursing in Cleveland. When Kent State University started their nursing program in the late 1960s, I was one of the four Registered Nurses in the first graduating class. In 1974 I attended Case Western Reserve, Frances Payne Bolton School of Nursing, receiving a master's degree with a specialty in medical surgical nursing. I specialized in emergency room nursing and practiced in that field for about 25 years. After being a caregiver for my elderly mother, I changed my field of interest to care of the elderly. I received certification by the

American Nurses Assn. as Gerontological Clinical Nurse Specialist. My nursing practice in geriatrics included helping to start a geriatric program at Summa Health System in Akron. This involved teaching the internal medicine residents how to care for older patients. I also had a private business and we provided care management for clients in their homes. I am the youngest of three girls. My oldest sister lives in Connecticut. My other sister sadly passed away in 2013. I am the proud aunt

of three generations of nieces and nephews, including Terry Kovach, Assistant Director of Marketing. She is the reason I started volunteering at Kendal after I retired and now have become a resident.

I started volunteering at Kendal in 2005. I served on the former Wellness Committee and was appointed to the KatO Board of Directors, serving nine years.

I am an avid sports fan, including horse racing. I have traveled to places including Japan, Costa Rica, Alaska, Europe and many trips to horse farms in Lexington, KY.

Upcoming Move-Ins

Charles and Jan Klaveness will move from Hillsborough, NJ, to a Kendal Cottage in mid-December.

Recent Transfers

Carl and Barbara Whitehouse moved from their Kendal Apartment to a Cottage in mid-November. Their telephone number remains the same.

Call 775-9868 to hear the daily menus and activities at Kendal.

**First Thursday Evening Hours
Dec. 7, 5:00-7:30pm at AMAM
Program at 5:30pm in the King
Sculpture Court**

Curator of Asian Art Kevin Greenwood will host guests Charles Mason and Arnold Chang, who were involved in the acquisition of the George I. Schlenker collection of Chinese paintings which came to the museum in 1997. Charles Mason, formerly a curator at the Allen, is now curator at the Kruizenga Museum of Art at Hope College in Holland, MI. Arnold Chang is an artist and founder of the Chinese painting department at Sotheby's. A reception will follow. **All are welcome.**

Recent Move-Ins

Christina Graf moved from Smyrna, GA, to a Kendal Cottage in mid-November.

Bruce Harker and Anne Palmer moved from Sarasota, FL, to a Kendal Cottage in late October.

Malcolm and Ruth Ann Peel moved from Amherst, OH, to a Kendal Apartment in mid-November.

Bruce Richards and Phyllis Gorfain moved from Oberlin, OH, to a Kendal Cottage in early November.

Janet Van Doren moved from Medina, OH, to a Kendal Apartment in late November.

Looking for Someone?

Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the Kendal Library center bookcase.

Christmas, Hanukkah and Kwanza on the Sidewalks -- not of New York -- but of Downtown Oberlin!

Again this year you can enjoy a Saturday noon hour with a group of carolers to spread cheer for shoppers and show visitors the Oberlin holiday spirit. Kathy Caldwell will bring her flute and we'll have bells to ring, of course. Come to the First United Methodist Church, 45 S. Professor St., a little before noon to pick up your book of carols and get organized. Parking lot is next to the church.

Last year the merchants invited us inside and some even gave us cookies! Check your calendar for December 2 and December 16. Come one or two Saturdays. Questions? Ask Mary Louise VanDyke.

**Tuesday Tea at
Allen Memorial Art Museum
Dec. 12 - 2:30pm**

Museum Director Andrea Derstine will speak about Enid and Joseph Bissett, cofounders of Maidenform, who donated 24 paintings and drawings by such artists as Chagall, Dubuffet, Matisse, Miro and Modigliani, among others, to the collection during the 1950s and 60s. **All are welcome.** If you need a ride, meet at Heiser Reception Desk at 2:10pm to carpool.

**Ohio Living Home Health
Has a New Phone Number**

Laurie Dupee reports that the new number for Ohio Living Home Health is 330-873-3468.

**2018 KatO Directories
Coming Soon!**

The 2018 Kendal at Oberlin telephone directory will be in your open mailbox toward the end of January. Watch for it! *~Nina Love*

IN MEMORIAM

**SHEILA PLOGER
OCTOBER 30, 2017**

**BERNARD ECKSTEIN
NOVEMBER 27, 2017**

Kendal Kryptogram #155 -by Nina Love

Q TWOS NMWUSF UT YSOTRS MW

MUPSQKU, YHU Q XMAS HI. UPSE PMAS

WT PTJQFMEK. ~PSWWE ETHWXR MW

Solution to Kryptogram #154: "I'm thankful for a holiday that doesn't require atonement or starvation." ~Unknown

**Report from
The John Bartram Arboretum:**

**Your Garden and
Arboretum Planting Sites**

The Arboretum Committee, working in collaboration with Kendal at Oberlin's administration, has become more and more aware of the complexity of determining planting sites. It has not been easy for our Facility Services to know exactly where all of the earliest electrical, water, sewage and drainage lines have been placed. And now we must also be cognizant of the placement of geothermal wells and their connections to cottages.

Kendal has been working to get a multi-layered map for our campus. The top layer shows what we see with our eyes: structures, roadways, walkways and parking places, trees, shrubs and grassy areas. As our Arboretum Committee assesses the condition of each of our planted trees, we are entering its GPS coordinates to have accurate site location. The top layer is the easiest part; the underground layers the more complicated. Where are the current electrical lines, water lines, sewage and drainage pipes, as well as geothermal wells and connections? Thankfully, new technology exists which can help with keeping track of layers below ground, essential information for choosing a planting site.

In looking into using new technology, we may have resources through Oberlin College, as the Geology Department is offering a Geographic Information System Winter Term class in which students need to choose a GIS project. The GIS system is "designed to capture, store, manipulate, analyze, manage, and present spatial or geographic data" (*Wikipedia*). This can be a way to develop a multi-layered map. Our Arboretum Committee is in contact with the teacher of that class and we hope a student will choose to work on our very real project.

Once we have a multi-layered map, it will take much less time to determine whether a tree can be planted in a particular site. We hope to be able to prioritize sites where planting trees would be most beneficial. As the Arboretum Committee has said, best practices for tree placement are to plant the largest tree appropriate for the site, the type which fits the soil, water and climate conditions, and one which can thrive, but is not the very easiest for the location, and which adds to the diversity of our collection. Many new residents and residents who have been experiencing drainage and construction work in their neighborhoods are interested in making their gardens beautiful, homey and restful. Some wish to either plant a new tree or incorporate a nearby tree into their garden area. Our basic guidelines (see your handbook under documents: Horticulture Committee, Guidelines for Planting at Kendal at Oberlin) give residents permission to garden within five feet of their cottage or apartment. Doing anything else requires Kendal at Oberlin Resident Landscape Project Authorization, for which there is a form at the Heiser Reception Desk. Kendal's Grounds Department is not responsible for the upkeep of your

cottage or apartment garden. If you can no longer take care of it yourself, you need to hire someone to do so or the garden may be removed and the area returned to grass.

In choosing planting sites, we all need to be aware of any already anticipated disruption to the area under consideration. It does not make sense for the Arboretum Committee, or you as a resident, to invest in a tree or shrub where geothermal wells will be dug in the near future. We hope our planting sites can be well chosen, fitting into a long-range campus plan, so that our trees can bring us, and future Kendal folk, great joy as they grow to a healthy old age.

~Anne Helm, Arboretum Committee

**Social Services Lunch
with the Kims
Tues., Dec. 19 - Noon - Den**

Join Kim Preston and Kim Peters, Kendal's Social Services Associates, for an hour of conversation in The Den on the 3rd Tuesday of the month. Bring your lunch or purchase it at Langston. Discussion is open to areas of interest and concern. Topic for this month: Holiday Stress! *~Kim Peters and Kim Preston*



**SIGN UP FOR THE KENDAL
HOLIDAY SHOPPING
BUS TO CROCKER PARK**



**SATURDAY, DECEMBER 9,
Lv. 10:30 AM
Return 4:00 PM
Fare: \$12.00 (to be billed
to your account)**

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

Our on-site apartment sale in November had a successful opening weekend, earning \$1,740 for RAF in just three days, thanks to our donor and shoppers. I will report its total next month. The holiday season is upon us, and KRS has begun its 2017 Holiday Decorations Sale in the Resale Shop show-

room. Come find that perfect decoration and/or gift for your friends and family! And be sure to come often! Kendal residents have donated so many wonderful items over the past year that the KRS team will be putting new items out for sale daily.

On the morning of December 13, our KRS team will host the fourth annual Twigbee Shop for the students of the Kendal Early Learning Center (KELC) in the Café outside the Fox & Fell. For our Twigbee Shop, KRS gathers and displays small items such as knick-knacks, scarves and ties for the children to select and purchase for members of their families. KELC staff bring the children to the Twigbee in small groups. For \$2 to KRS, each child can select two items. Volunteers help the children select and wrap their gifts. It's a fun activity for the students, staff and volunteers, as well as onlookers. You're welcome to stop by and watch this fun activity.

Resale Shop deposits to the Residents Assistance Fund for October totaled \$3,549.70, plus \$4,600 for an auto sale, for a monthly total of \$8,149.70.

Thanks to all our donors and shoppers! DID YOU KNOW? The Resale Shop bulletin board is located in the hallway between the Stephens Care Center and the Heiser Community Center, next to the big windows that look out on the KELC play area.

Keep those donations coming and keep shopping the KRS! ~Nancy Lombardi,
Chair, Kendal Resale Shop

Don't Forget to Count Your 2017 Volunteer Hours!

In early January you will receive a form in your open mailbox asking you to list the number of hours you volunteered in 2017. Check the Volunteer Bulletin Board for volunteer reminders. Did you sit at the Heiser Reception Desk, escort a Stephens Care Center resident to a medical appointment, plant flowers in front of Heiser, shelve books in our library, hang an art show at Kendal, serve on a non-profit agency board or City of Oberlin Committee? Get the idea? All these volunteer efforts count toward fulfilling the Kendal mission. We will ask you to report your 2017 volunteer hours by Thurs., Feb. 1, 2018. Thank you for all you offer. Questions? Place them in Box #121.

~Volunteer Clearinghouse Committee

Recycling Report from the Republic Lorain County Resource Recovery Complex

Members of Kendal's Environmental Concerns Committee recently went on a tour of the Republic Lorain County Resource Recovery Complex.

The facility was started in 1992. This was updated in 2012 by Republic Company. The old system processed 120 tons daily; the new system processes 280 tons. The old system manually sorted 2500 lb. per man hour; the new system mechanically sorts 7200 lb. per man hour. The old system sorted 150,000 bottles per day; the new system sorts 750,000 per day. Note that 20% of all waste goes to landfill; 80% is recyclable. Fiber gets reused for newspaper, toiletries and cardboard. Plastics are melted down and reused for plastic containers and carpeting. Aluminum is reused for aluminum cans. Metal is melted down for metal objects. Glass is separated by color and is used for counter tops and the painted stripes on roads.

Our present list of recyclable objects (paper, glass, plastics, metal containers) is acceptable. Items should be cleansed of any food or liquid.

We were reminded that the following items are NOT RECYCLABLE: containers having food or liquid; those with hazardous material such as oil or antifreeze; and styrofoam, aluminum foil, pie tins, china, window glass, light bulbs, ceramics, plastic wrap, plastic

bags, flower pots, toys, scrap metal, pots or pans, car parts, batteries, needles, syringes, yard waste, grass and leaves.

PLEASE DO NOT PUT ANY OF THESE ITEMS IN THE RECYCLING CONTAINERS.

~Jerry Berner for the
Environmental Concerns Committee

Update on our Kendal Plastic Caps and Lids to Benches Project

Thanks to all our staff, residents and friends and families who have collected plastic caps and lids for a bench for the Kendal Early Learning Center. Special thanks to Langston Manager Lisa Wilken and her staff. We collected enough caps and lids (some came from other cities, states and countries) to make a 6-ft. bench for the KELC. When we receive the completed bench, we will have a ceremonial unveiling. The project is currently on hold until the Oberlin schools can arrange to transport three sets of caps/lids to Green Tree Plastics in Evansville, IN, and then pick up the completed benches for Prospect School, Oberlin High School and Kendal. We will let you know when our bench finally arrives.

From now on your caps and lids go into TRASH. And your clean food containers go into RECYCLING.

~Jerry Berner

Table Tennis Report

Table tennis was ready for a stream of visitors during Thanksgiving week. But residents' children and grandchildren resorted to the apartment building table instead. To judge by the clickety-clack of balls, the site was affording them lots of fun. During the same week, our regulars met twice in the auditorium, and we booked 29 individual players. That just topped our average number of 13 per session for the entire month. Luckily for us, Doyle Harbaugh came to coach at its end, and 8 of the 16 players that Monday got to improve their game with his friendly, energetic help.

In the month of December we are expecting still more lively turnouts. Stop by and have a look! You'll discover that some of your best friends -- who'd have thought it! -- have become earnest table tennis players.

~Sidney Rosenfeld

Saturday Walks

From November through March those desiring to walk off the Kendal campus should assemble at the Heiser Reception Desk at 9:00am every Saturday. The group will decide where to walk on that day and car pool. The walks are usually 1-3 miles and are leisurely. Come join us!

UU Kendal Gathering "Holidays for Volatile Times"

Rev. Mary Grigolia
Wed., Dec. 20 - 4:00pm
Education Center

With ongoing attacks on structures of democracy, civil rights and the environment, religious liberals and progressives need a respite. Explore winter holiday practices for reflection, renewal and resilience, so we can show up in our families, community, congregations and volunteer circles with open hearts and engaged minds. **All are welcome.**

Last-Minute Cancellations of Appointments at Kendal

Here at Kendal we continue to have last-minute cancellations and "no shows" to Therapy and Health and Wellness Clinic appointments.

When you need to cancel appointments with any of our professional staff members in Therapy or the Health and Wellness Clinic (such as physical therapists, physicians or our nurse practitioner), please provide 24 hours notice.

Our professional staff members must maintain a coordinated schedule to sustain their efficiency and keep costs from escalating. Kendal may need to consider a "cancellation fee" for those who do not provide 24-hour notice.

Thank you for your understanding,
~Stacy Terrell, Chief Health Services Officer

Kendal United Fellowship Saturday, December 9 - AUD 9:30am - Food and Fellowship 10:15am - Seasonal Music

Join us for holiday music, a story, and some carol singing. **All are welcome.**

RELIGIOUS SERVICES AT KENDAL

Episcopal Services

Holy Communion

Note Date:

Sat., Dec. 2, 11:00am, Gathering Room: Rev. Brian Wilbert
Christmas Eve Holy Communion
Sun., Dec. 24, 4:00pm, Gathering Room: Rev. Nancy Roth

First Church Service

Sun., Dec. 17, 4:00pm, Gathering Rm.

Roman Catholic Mass

Fri., Dec. 15, 10:00am, Crossroads Rm.

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

Mondays:

Oct. 30: 1st, Eileen Dettman; 2nd, Betty O'Connor.

Nov. 6: 1st, Connie Bimber; 2nd, Joe Colucci.

Nov. 13: 1st, Connie Bimber; 2nd, Joe Colucci.

Nov. 20: 1st, Joe Colucci; 2nd, Carol Ganzel; 3rd, Kathy Caldwell.

Kendal Kitchen Tours

Two Kendal Kitchen Tours were held in October. Seven residents attended on October 18 and eight on October 27. Dining Services thanks you for your interest in going "behind the scenes" at Kendal.

No additional tours are scheduled in 2017. Look for more tours next year!

~Ann Pilisy

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn., 600 Kendal Dr., Oberlin, OH 44074

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Production: Don VanDyke

• Deadline for January 2018 issue of *The Kendalight* is December 15.

• The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

• Please submit articles by email to our address: k-lite600@yahoo.com

• If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.

• All articles must carry a signature and telephone number.



Dining and Nutrition Services

**Monday, December 25
Christmas Day Dinner
12 noon and 2:00pm
Fox and Fell Dining Room**

Notices with all details will be distributed to mailboxes or by email for Christmas reservations.

Langston will be open for breakfast and overflow seating for mid-day meal only. Evening dinner service will be available in Friends Corner only.

Bagged lunches can be ordered

Dining Services wishes everyone a happy holiday season!

Dining Notes From Ann Pilisy

- Please use available hand sanitizer when you come to meals. Help us remind others to practice good hygiene and food safety.
- Plan your holiday gathering so that Dining Services has plenty of notice to fulfill your catering needs.
- Our menus have always been subject to change. Despite our best efforts to avoid any inconvenience to you, circumstances will sometimes force us to make last-minute modifications. Please know that we do our very best to minimize these occasions.
- All regular groups, please confirm your plans for 2018 with Ann Pilisy, to reserve your preferred meeting space.

Help Plan our Annual Robert Burns Dinner

The Robert Burns Dinner in January has been popular nearly every year since Kendal began. We celebrate the Scottish poet's birth on January 25, 1759, with songs, stories, haggis, lager, tartans, the music of a piper and lots of tasty food.

For this year's party to happen, we need volunteers to help organize the event. Chef Scott Stonestreet prepares our traditional menu.

But someone needs to order the ale, contact the piper, and so on. Interested? Contact Suzanne McDougal or Elizabeth McCall Aldrich if you want to help!

and picked up on Christmas Day before 3:00pm.

Watch for Sign up Sheet for:

Solo Diners: Thursday, December 14, 5:30pm, The Den (second Thursday of month).

SPINACH (Senior People Interested in Nutrition and Community Health): Dinners will resume on Wednesday, January 24, 5:15pm, Penn Room (fourth Wednesday of month).

Call 775-9868 to hear the announcements of activities at Kendal and the menus of the day for the dining rooms.

OCS Says "Thank You" for Kendal's Souper Supper Support

Resident and staff donations to Oberlin Community Services from our 24th Anniversary "Souper Supper" in October totaled \$5,701.33. This includes \$600 donated by Kendal Dining Services for the savings realized by providing a simple supper instead of an elaborate anniversary dinner. A letter from Margie Flood, the new OCS Executive Director (and daughter of residents Carol and Bob Longsworth), notes "Your generosity allows us to continue to produce urgently needed services to friends and neighbors in the greater Oberlin, New Russia Township and southern Lorain county area who need it most." Thank you all. ~Janet Bolland and Janet Kelsey Werner, K@0 Food Committee and representing KORA



Oberlin Community Services Needs our "Holiday Helping Hands"

The Holiday Helping Hands outreach returns to our Kendal community this month to help less fortunate children in the Oberlin area via Oberlin Community Services (OCS) to receive gifts of toys and much-needed clothing under their holiday trees. We ask staff and residents to join us in making area children smile with happiness.

This is how we can do it:

- **Check out the bulletin board** in the Heiser hallway near the Kendal Early Learning Center to select a family or families and purchase the gifts that are listed there. Staff and residents have participated in this program for the past six years and have helped make Christmas holidays much brighter for families challenged by the tough economy and unemployment in our area.
- **Bring your wrapped and labeled gifts** to the Marketing Office on Mon., Dec. 11, or Tues., Dec. 12, between 9:00am-4:30pm (or by 9:00am on Wed., Dec. 13, at the very latest). Staff Special Events Committee members will pack and transport them to OCS for distribution to the families.

~Ann Pilisy, Staff Special Events

