

The Kendalight

Kendal at Oberlin Residents Association

December 2016

Volume XXIII, Number 12



Kendal Holiday Events

Fri., Dec. 2, 9:30am, Heiser Lounge - Residents and staff are invited to stop by and **hang an ornament or two or three on our Christmas tree**. Hot chocolate will be available for everyone to enjoy.

Fri., Dec. 9, 6:00pm, AUD - Listen to Kendal Early Learning Center **kids sing some of their favorite holiday songs**. Bring a dozen cookies to share afterward with fellow residents, staff and KELC families.

Thurs., Dec 15, 9:00am, The Café Kendal Early Learning Center children will shop for presents at the **Twigbee Shop** outside the Fox and Fell. Stop by Heiser Lounge and watch the fun!

Thurs., Dec. 15, 3:00pm, Langston - **Welcome Santa** as he greets the Kendal Early Learning Center children, residents and staff. Sing holiday songs, enjoy hot chocolate and tell Santa what you want for Christmas. Santa will visit Stephens Care Center, too, to spread good cheer.

Sat., Dec. 24, 7:15pm, Heiser Lounge - Celebrate **Christmas Eve** with us! Come gather around the piano in the Lounge with other residents and friends to sing carols with the stringed instruments. Enjoy punch and cookies around the fire. Grover Zinn will share thoughts of the season -- and you may hear some well-loved poetry and prose! We all have our favorites. Bring Christmas cookies to share!

Sat., Dec. 31, Heiser Lounge and Auditorium - **New Year's Eve at the Movies** with popcorn, sing-a-long at the piano -- and the Ball Drop! Bring your best munchies to go with our punch.



Join us for our intergenerational **Hanukkah Tea on Thursday, December 29 at 3:15pm in Langston**. Tea, cookies, games, songs and stories. **Everyone is welcome!**

2016 Solstice: Thursday, December 15 - 7:15pm "The Color of Light"

Come join the Kendal community for our annual Solstice Celebration. It all happens in our Heiser Auditorium and Lounge!

Music, lights, our Bell Choir, seasonal decorations, instruments and even color photos on the big screen in both the Auditorium and Lounge! The additional screen in the Lounge means everyone has a good view. We'll share a series of reflections on light and how colors emerge, as well as readings for the season. The Kendal choir has been rehearsing and is ready to go! There may even be some special seasonal visitors!

You're invited to bring your favorite finger foods to share after the program. Please leave your donations on the tables at The Café in front of the Fox and Fell when you come to dinner. **Reminder:** Please plan to dine early in the Fox and Fell that evening so it can be readied for our later evening fellowship!

MORNING EXCHANGE: WEDNESDAY, DECEMBER 21

10:00AM - HEISER AUDITORIUM: BARBARA THOMAS

(9:30AM - REFRESHMENTS IN HEISER LOUNGE)

KNOW YOUR KORA COUNCIL

The Annual Meeting of KORA is always an important time to gather and to reaffirm the values we hold in common that bind us together in community. In my President's report posted on the KORA Board, I noted that we are midway between our 20th and 25th year and considered the groundwork we've laid for meeting the tasks and challenges of the next two years at Kendal at Oberlin.

In changing times, we find confidence and hope in the story of our life together, our vision for a vibrant, inter-generational community reaching out to the wider community, and our belief that we can be the change we want to see in this world.

If you were unable to join us for the 2016 Annual Meeting on November 10, please take the time to read the reports of the Memorials, Newcomers/Friends, Nominating, and Budget Committees that are included in the Minutes posted on the KORA Board.

December brings fond memories and also the excitement of anticipation. In the year past, we have said goodbye to 21 members of our community. Yet we have also welcomed 33 new residents who have their own histories and ways of participating. We will experience some culture change in the community that will help us to be flexible and adaptive in moving forward.

The Nominating Committee's slate for the 2017 KORA Council, Officers, and Nominating Committee was elected to begin serving on January 1, 2017.

KORA Officers are: President Ann Francis, Vice President Sue Palmieri, Treasurer Randy Wagner. Sally Nelson-Olin continues as Secretary. New Councilors are: Marjorie Porter, Jean Slonneger and Priscilla Steinberg. Nominating Committee: Ardith Hayes and Elizabeth Aldrich. The Board of Directors has elected resident Grace Tompos to the Board.

Completing terms of service on KORA Council are President Ardith

Hayes, Vice President Jim Helm, Treasurer Ira Steinberg, Councilor Marcia Deist. Resident Trustee George Andrews and Nominating Committee members Ruth Miller and Del Jenkins also have completed terms of service. A highlight of the KORA Council meeting on November 17 was the report of the Arboretum Committee, given by Chair Larry Dunn. It summarized an amazing year of accomplishments, identifying the tasks of moving from a campus with a lot of trees and woody plants to an intentional arboretum. Many of these tasks are underway: tree identification, labeling and assessment; an online catalogue of trees; educational opportunities for residents and staff, including hosting the Tree Commission Academy of the Ohio Dept. of Natural Resources; new plantings; and joint activities with the city of Oberlin. At the November 30 graduation ceremony of the Tree Academy, residents Melissa Reed and Anne Helm and Grounds Coordinator Matt Hannon graduated with the Class of 2016. Larry's report will be available in the Kendal Library.

In other business, Council approved the recommendation of the Ad Hoc Archives Committee, chaired by Jim Helm, to form an Archives Committee as a Standing Committee of KORA. The draft Mission Statement for the Com-

mittee is: "The Kendal at Oberlin Residents Association Archives systematically collects, organizes, describes, preserves, and makes available official records of enduring historical, legal, administrative and fiscal value." Jim agreed to call a meeting of the new Committee, and interested residents may contact him for information.

The Executive Committee has discussed the frequently stated desire of residents for a resumption of occasional tours to points of interest in the area. In one possible model, two residents would serve as a "management team" to handle the logistical and financial tasks; additional volunteers would lead a tour to a location they know or are willing to explore. There are many details to work out, but if you are interested, particularly in the management team, please speak to the KORA Secretary or President.

I am more grateful than I can say for the support and friendship I have received from residents, Councilors, Officers, and Kendal staff in my two years as your President. A special "thank you" to Elizabeth Aldrich, a superb -- and patient -- editor, for our working partnership. Now we will be guided by excellent new leadership, and I wish them all the best.

Blessings of the Season to one and all.
-Ardith Hayes, President

Fundamentals from the Front Desk

- The **UPS store** will be in Heiser Lounge to help residents wrap, pack and send their holiday packages on the following dates:
Sat., Dec. 3 - 10:30am-1:00pm
Wed., Dec. 7 - 4:00-6:00pm
Sat., Dec. 10 - 10:30am-1:00pm
- Don't forget to **reserve your group's meeting space for 2017** and fill out the appropriate room reservation form.

Talking Tuesdays with the Kims

Kim Preston and Kim Peters, Kendal's Social Services Associates, want to get to know you!

The Kims invite Kendal residents, both newcomers and old-timers, to join them over lunchtime in Langston on the 3rd Tuesday of the month.

Discussion will be open to areas of interest and concern.

See you at the oval window table on December 20, noon to 1:00pm.

-Kim Peters and Kim Preston

PROGRAMS

First Thursday Health Lecture

No lecture on December 1.

Third Thursday Lecture

No lecture on December 15.

News & Views: Foreign Affairs Fri., Dec. 2 - 10:30am - AUD

Col. Jiyul Kim, a retired U.S. Army officer and currently Oberlin College visiting assistant professor of history, will speak about **“The Koreas.”** His publications have dealt with history, archaeology, policy, strategy, culture and military issues. The nations of North and South Korea couldn't be further apart. The North is underdeveloped, impoverished and ruled by a corrupt, authoritarian government, while the South has advanced rapidly to become one of the most developed countries in the world. With such a wide gap, some are asking if unification is possible, even desirable, anymore? No registration or fee. **All are welcome.**

Oberlin Heritage Center: A Glimpse Across the Pond Tues., Dec. 6 - 7:15pm - AUD

Several college student interns and volunteers at OHC will highlight some of their travels and life experiences.

Lucy Haskell (OC '20) spent a year in Spain and England where she walked the Camino de Santiago in Northern Spain and volunteered at a historic house near London.

David Kaplovitz (OC '17) helped excavate an historic medieval castle in rural Belgium in Summer 2015.

Alexandra Nicome (OC '17) spent the Spring 2016 semester in London with Oberlin College professors and peers where she studied national identities and museum narratives. **Free and open to the public.**

No LUNCH BUNCH on December 14

Kendal's Annual CommUnity Holiday Luncheon

Wednesday, December 14 11:30am-1:00pm, Fox & Fell

Get into the spirit of the season at Kendal with our Annual CommUnity Holiday Lunch! This is a wonderful opportunity for residents and staff to enjoy a delicious meal, terrific fellowship and holiday music.

Dining services will provide the meal. We encourage all staff and residents to bring a holiday dessert, or any specialty to share.

This year, Santa will visit the Stephens Care Center and Kendal Kids (of all ages) on Thursday, December 15.

He'll be in the Langston at 3:00pm.

-Staff Special Events Committee

AMAM Guided Tour of Asian Art Exhibit

Thurs., Dec. 1- 3:00-4:00pm

Kevin Greenwood, Joan L. Danforth Curator of Asian Art, will conduct a tour of the current exhibit “Conversations: Past and Present in Asia and America” in the Stern Gallery West. This impressive exhibit is in conjunction with the museum's theme of time. The tour is limited to 18. **Sign up for Kendal bus.**

Empty Bowls Holiday Brass & Organ Spectacular for OCS Tuesday, December 13 - 7:00pm, First Church in Oberlin

Bring your family and friends this holiday season to enjoy the brilliant sounds of organ and brass, a sing-along, beautiful handcrafted pottery and complimentary beverages. This year we will have bowls instead of mugs to purchase. All proceeds go directly to the Oberlin Community Services. Admission: Free; bowls: \$15, . **Sign up for Kendal bus.**

MUSIC

String Quartet

Sat., Dec. 10 - 4:30pm - AUD

This Oberlin Conservatory string quartet (Luke Lentini, violin; Devin Cowan, violin; Jason Butler, viola; Annika Krafcik, cello) will perform Quartet in F minor, Opus 95, by Ludwig von Beethoven plus several brief solo works.

The Marimbas Are Back!

Sun., Dec. 11 - Heiser Lounge

Once again, Oberlin Conservatory percussion students will present “Marimba Christmas.” After eating brunch at 11:30am, they will play in Heiser Lounge.

Oberlin High School Choirs

Mon., Dec. 12 - 2:00pm - AUD

Directed by Robert Duerr with Helen Taylor at the piano, the choirs will sing seasonal songs.

First Thursday at Allen Memorial Art Museum Film Screening

Art Building, Classroom 1

Dec. 1 - 5:30pm

The program is a screening of “Eva Hesse,” a 2016 documentary about this pioneering artist whose archives are a part of the AMAM collection. The director spent 10 days at AMAM viewing materials for the film. Run time is 108 minutes. The museum will be closed. **All are welcome.**

Sunday Films in Whittier at 7:00pm

Dec 4 - Elf (2003) Buddy (Will Ferrell) is an orphan who grew up at the North Pole as an elf. He runs away to New York to visit his biological father. With the help of a beautiful department store elf, Buddy tries to teach his dad and the world the true meaning of the Christmas spirit. PG.

Dec. 11 - A Christmas Story (1983) Ralphie dreams of owning a Red Ryder BB gun and tries to convince his parents that it's the perfect Christmas gift. Some scenes were shot in Cleveland's Higbee Co. and on Public Square. PG.

Dec 18 - Christmas in Connecticut (1945) A magazine columnist (Barbara Stanwyck) who is totally devoid of the homemaking talents espoused in her column needs to acquire those skills, fast. Her boss has invited himself and a recently returned war hero to her home for Christmas.

Dec. 25 - No film will be shown tonight -- Merry Christmas!

Saturday Foreign Film December 10 -7:15pm - AUD

The World of Apu (1959) Bengali and English with English subtitles. This is the third film in Satyajit Ray's Indian classic trilogy. It follows Apu's life as an orphaned adult aspiring to be a writer. As he lives through poverty and the unforeseen turn of events, both the beautiful and harsh world is seen through his eyes. *-Dwight Call*

Saturday Night Movie December 17 -7:15pm - AUD

Adams's Rib (1949) Spencer Tracy and Katharine Hepburn are at their best in this classic battle-of-the-sexes comedy written by Ruth Gordon and Garson Kanin. Judy Holliday co-starred and George Cukor directed. *-Donna VanRaaphorst*



Art Gallery News

Brinsley Tyrell's show in the **Kendal Gallery** ends on December 5. The next show up on December 6 will be oil paintings by **Joan Bell**. She received a BA degree in Studio Art and Art History from Oberlin College in 1974. Joan lives in North Carolina and is Judy Cook's sister. Her show will be on display until January 30. No reception is planned at this time.

Paul Schwaegerle's photographs of the Amish countryside in the **Friends Gallery** comes down on December 12. **David Miraldi's** "Photographs of India" will be hung on December 13 and run through the holidays. This is his fourth photography exhibit at Kendal! David's reception will be held on Tuesday, January 10, at 2:30pm in the Friends Dining Room. David is a Lorain attorney and son of the late Mary Miraldi, a Kendal resident. He has a passion for taking color photographs and a unique eye for creating pictures that tell a story. Several of his photographs are on display in Kendal's treasured collection.

KatO Artists' Works Featured in FAVA Show

Eleven Kendal residents are among the 66 artists exhibiting in the 37th Annual Members' Holiday Show. Kendal artists on exhibit are: Janet Bolland, Polly Carroll, John Dixon Elder, Nancy Bradford Garver, Eleanor Helper, Jane Nord, Don

Ruth Green's collages and fiber pieces that fill the **Community Gallery** will be followed on December 9 by the ink and pastel drawings of local resident **Bernadette Levine ("Malke")**. This will be her second show at Kendal. A reception for Bernadette is planned for Friday, December 16, at 3:30pm in Heiser Lounge.

Be sure not to miss the display in the **Curio Cabinet** of Dianne Haley's collection of angels, a fitting exhibit for the holidays! And don't fail to notice the wooden angel created by Ruth Schwaegerle which will hang in the atrium of the Heiser entrance lobby as it has every year since 1993.

If you have a collection of small objects that you would be willing to lend for display in the Curio Cabinet for six weeks sometime, please contact Darlene Krato or Nancy McClusky.

Thanks to Kendal Residents!

Through the generosity of our residents, Kendal at Oberlin has recently acquired more than a dozen works of art!

We greatly appreciate your ongoing generosity which adds much to the quality of our life in this community.

Parker, Joyce Musselman Parker, Cate Schwaegerle, Paul Schwaegerle, Vicki Shafarman and Grover Zinn. The show runs through Sunday, December 18. Gallery hours: Tuesday-Saturday, 11:00am-5:00pm; Sunday, 1:00-5:00pm. The South Gallery will feature an exhibit of work by Idabelle Berg, a painter, author and illustrator.

Tuesday Night Opera DVD - Dec. 27 - 7:15pm - AUD

Hansel and Gretel Humperdinck's fairy tale opera is a favorite for children of all ages. The brother Grimm story is set to simple tunes with lavish orchestration. This 1982 Metropolitan Opera presentation stars Judith Blegen (Hansel) and Frederica von Stade (Gretel). *-Allen Huszti*

**Annual Stephens Care
Center Craft Sale
Friday, December 2
10:00am to 2:00pm
in the West Corridor
between the mailboxes
and the bank.**

**Learn How You Can Take Part
in a Trial Run of a New Product
Thurs., Dec. 8 - 4:00pm - AUD**

If you like technological gadgets, join us to learn more about this product study and see how you can help -- and get a free watch!

Here's a chance for 50 Kendal residents to participate in a trial run of a new product called UnaliWear, a men's-size wristwatch with five areas of capabilities: Medication Reminders, Voice-Activated Directions, Fall Detection, Emergency Assistance and Guide Me Home Assistance. The developer company, part of LinkAge Connect, has selected Kendal at Home and Kendal at Oberlin to give feedback on a product that is not yet on the market. It wants our input!

**Tuesday Tea at AMAM
December 13 - 2:30pm**

Laura Baudot, Oberlin College associate professor of English, will present "William Hogarth's Sense of Time." Hogarth, whose prints capture life in 18th-century London, was fascinated with the depiction of time. **All are welcome.**

If you need a ride, please meet at the Heiser Reception Desk at 2:10pm to car pool.

Still Time to Purchase a Large-Print 2017 Wall Calendar

Large-print 2017 calendars can be purchased from the Cleveland Sight Center for \$11.00. Contact Thelma Morris.

Join us at Socrates Café

You are invited to come to Socrates Café, a new conversation group at Kendal at Oberlin. We will meet each month on the 4th Monday at 4:00pm in Whittier Lounge. No advance preparation is needed. Just bring your open mind and desire to listen, and share your thoughts and experiences.

If you can't attend every month, consider joining us occasionally. For more information, Google Socrates Café, by Christopher Phillips. *-Erika Pilisy*

Habitat ReStore Project

For three years now the Woodshop has been salvaging materials from the cottages that are being renovated and getting them to the Habitat ReStore in Amherst. The building contractors have been very cooperative in removing usable items and taking them to the carport where they are stored for pick-up. We have now sent 43 truckloads to the ReStore valued at \$54,000 (at the prices charged for the used goods). Kendal residents can take satisfaction in knowing that the project keeps materials out of the land fill, makes them available to the public at low cost, and provides jobs for the workers. The proceeds benefit the Habitat for Humanity program of low-cost housing. Let me know if you'd like to help.

-Jim Helm, Salvage Coordinator

**Kendal 2016
Directory Update**

Dan Ayres: check with Front Desk for new email address.

Lynn Ayres: check with Front Desk for new email address.

Mary Lee Orr: check with Front Desk for new phone number.

**2017 Kendal at Oberlin
Directory Coming Soon!
Watch for It!**

**Cardinal Shop Ready
for the Holidays**

**Good news! We are open
Saturdays, Dec. 3, 10 and 17,
12:00-2:00pm.**

Come in and check our selection of gifts, cards and candy for the season! Janet Bolland will make her fabulous dark-chocolate-covered pecans just in time for the holidays. We have unique pottery, paintings, vests, note cards and more -- all crafted by Kendal residents. You'll find an array of children's books, colorful winter socks, tote bags and other items that can be the perfect gift. Stop and see what's new! Don't forget our regular business hours: 10:30am to 1:00pm, Mon.-Thurs.; 10:30am to 3:00pm Fri. And remember that the Cardinal Shop serves the residents and staff of Kendal and contributes most of its profit to the Resident Assistance Fund and a small amount to the Staff Emergency Fund.

Vision Impaired

**Low-Vision Support Group
"What Do I Do Now? (Part 2)"
Thursday, December 8
4:00pm - Green Room**

**Reading of *The Kendalight*
Thursday, December 1, at
9:00am in Whittier Lounge**

NOTE TIME! Betty O'Connor will read the current issue of Kendal's newsletter. **All are welcome!**

More About Kendal Residents

Dan and Lynn Ayres

Dan: Introducing myself in 300 words? Not a chance! The older I get, the more I think my true calling is “storyteller”! I was active in the Pittsburgh Liberal Religion Youth organization in the 1950s and considering a career as a Unitarian minister when Lynn and I met. She was 13 and I was 15! Almost seven years later, we married. We have shared four “funny-looking kids” together, starting with a pit bull named Ben, chocolate Labs named Josh and Beau, and finally, McAfee who lives with us in Cottage #132. At Antioch College, my Co-op jobs led me to learn FORTRAN, and stints as an undergraduate teaching assistant in “research methods,” and work facilitating “self-directed learning” in the social sciences. Later, at Penn State, I studied sociology, did statistical computer applications, and worked as a bartender to pay rent. Finally, at Michigan, I spent ten more years as an academic research bum, attaining the title of Senior Academic Research Associate without quite completing my PhD in sociology. My lack of a PhD eventually led to a decision to leave the university. In 1979 I joined the now-defunct Cornshare, Inc., as its first marketing analyst. They had started out in 1969 selling commercial computer time-sharing and finally ended up as a software and services firm peddling Executive Information Systems and main-frame spreadsheets. In the early 1990s, after a circuitous internal career, they laid me off, along with their last director of research and development. From my early 50s until I retired at 62, I was a senior software-application consultant holding more jobs than at any time since my Co-ops days. Today, I’m a global-warming activist, a tree planter, and member of The Gee-



zer Squad, Inc., willing to try and help anyone fix almost anything, especially involving technology.

Lynn: There was nothing in my undergraduate studies at Penn State that prepared me to handle a room filled with rowdy teenagers. One day I burst into tears of frustration right in front of my ninth-grade class. The room got quiet. On that day my students and I started to honestly communicate with one another. My students began to teach me how to become an effective public school teacher. Eventually, I taught every grade from sixth-grade English and drama through Curriculum 305 at Eastern Michigan University in Ypsilanti. I enjoyed working with older students, but I missed teaching in middle school. Middle-school students are still young enough for a teacher to be able to make a real difference in their lives. That became very important to me in Ypsilanti where so many have died as a consequence of their poor decisions. So I went back to the middle school. There my students showed me how effective improvisational drama could be in allowing them to safely explore consequences of different choices. I also became part of a group of teachers who finally persuaded our school board to support our comprehensive middle-school plan that we called Middle Vision. Team teaching was at the core of Middle Vision. Team teaching can be much more

effective than any individual teacher can be. A year after we implemented Middle Vision, the U.S. Dept. of Education named our school one of the four most improved schools in the nation.

I have been married to Dan Ayres for 52-plus years. We met and married in the First Unitarian Church of Pittsburgh. Dan and I are opposites in many ways, but we share core values. We share a love of dogs. McAfee (called Mac), a fox-red British Labrador retriever, is four-years old.



Mary Ann Serazin

I was born in the dining room at home in Lorain, OH. I have lived 65 years in North Ridgeville, so I haven’t traveled too far to get here. I married Frank, a Navy veteran who was studying at Fenn College in Cleveland. We value family and count as our greatest blessings our son and four daughters and their families. The girls are scattered across the country, and our son lives nearby. I worked for the American Red Cross in Service to Military Families over the period of the Vietnam War.

I have volunteered for my church and my community and for the Oberlin Seniors while Frank led the weaving group. My favorite volunteer effort was with Community Care, where we helped families with basic needs until their net income arrived.

I am a knitter, a hooker, a reader, a cook, and a puzzler. I’m happy to be at Kendal.



Janet Stewart

Born in Chicago, I grew up primarily in Michigan, attending public schools in Battle Creek and Ann Arbor. In 1962 I graduated from the University of Michigan School of Nursing. After practicing a couple of years in Philadelphia, I returned to Ann Arbor and worked in the Clinical Research Unit (funded by federal grants) at University Hospital for several years. Later I enrolled in Georgia Tech's Management Engineering program in Atlanta, finishing in 1978 with a master's. This was followed by systems work in hospitals in Chicago and Akron. Sideline'd by a hospital merger and department downsizing, as well as health problems, I left in 1992. The next decade brought a period of disability and bilateral hip-replacement surgery. It also brought a booming stock market, which gave me the option to retire early. Travel has not been a major interest, but I did enjoy a round-the-world trip in the early 1970s. A couple of art history courses spurred my interest in color and design, and eventually in contemporary quilting. Reading is my other primary interest. Kendal attracted me first by its wonderful community of people and the professionalism of its staff. A close second was its emphasis on education and the arts.

Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the Library center bookcase.

Report on the Arboretum: A Sweet Tree

The sweet-gum is one of my favorite trees, with its beautiful star-shaped glossy leaves which turn red, yellow, orange, and purple all on the same tree in the fall.

European botanists to whom John Bartram sent seeds were curious about the formation of the flowers on the sweet-gum tree (*Liquidambar styraciflua*). In 1738 Bartram received a letter from Europe asking that he carefully observe the flower of this tree. He was very surprised to find that no one on this continent or in Europe had carefully observed the flowers or drawn pictures of them. Then Bartram realized that the sweet-gum rarely flowers until it becomes quite tall, and the European botanists had not yet seen the flowers on their young trees. The sweet-gum has distinct male and female flowers on the

same sprig and the wind assists in pollination. We are fortunate in Oberlin that the sweet-gum grows well in any good soil, preferring low, wet ground. It grows quickly and symmetrically when it has plenty of light. Its seed pod makes for fun ornaments. For the next few weeks you will find a bowl with the seed pods surrounded by some pressed sweet-gum leaves on the table behind the couch by the fireplace in Heiser Lounge.

Some of our sweet-gum trees already have arboretum labels; you can find those at the employee entrance, Wildflower Hill near Rock Pond, between Triangle Pond and Kendal Drive, on the south lawn of the apartment building and between Cottages #64 and #84. Observe their beautiful symmetrical shape. It is a true monopodium, having a single main stem that continues to extend at the apex in its original line of growth

-Anne Helm, Arboretum Committee

Recent Transfers

Mary "Frampie" Ailey moved from Jameson to Patterson in early November. Phone number remains the same.

Demmie Carrell moved from a Kendal Apartment to Whittier in early November. Phone number remains the same.

Helen Ketcham moved from a Kendal Cottage to Whittier in early November. Phone number remains the same.

Ed Long moved from a Kendal Cottage to an Apt. in early November. Phone number remains the same.

Mary Jean Rice moved from Jameson to Patterson in early November. Phone number remains the same.

Recent Move-Ins

Douglas Kirtz moved from Montpelier, VT, to a Kendal Apartment in mid-November.

Rich Kish moved from Lakewood, OH, to a Kendal Cottage in mid-November.

Carl and Barbara Whitehouse moved from Ogdensburg, NY, to a Kendal Apartment in early November

Upcoming Move-Ins

Karen Fountain will move from Thompsons Station, TN, to a Kendal Cottage in early December.

IN MEMORIAM
BETTY JENKINS
NOVEMBER 11, 2016

Transportation Talk

The “Going My Way” session presented by the Kendal Transportation Committee was well-attended, raised good questions, and generated lots of ideas for Transportation Coordinator Donna Smith and the Committee to consider in the months ahead.

Here are some additional things that Kendal residents can do to learn more about transportation options at Kendal. Most materials mentioned are available on the counter or bulletin board near the mailboxes.

1. Pick up a copy of the one-page summary “**Transportation Options for Kendal Residents**” (Nov. 14, 2016) and the green brochure “**Planning Your Transportation.**” Please note that the brochure was edited in fall 2016 but will likely undergo a major revision in 2017.

2. Consider posting a “**Share a ride**” card to offer a ride or a “**Request a ride**” card for short non-medical excursions. Information and sample cards are on the bulletin board.

3. Check out the **Day Trips** binder (on the counter under the Town & Gown bulletin board section) for short-trip ideas from local providers.

Note: These are not Kendal-sponsored trips.

4. Watch for **clipboards with sign-up sheets** for various shopping trips and cultural/community events.

Try out the Connector Bus as an alternative to Kendal services.

Register to participate in the Ride-Share program for medical transport outside Lorain County.

Make arrangements with Kendal for medical transport within Lorain County.

Check the airport shuttle schedule (clipboard on counter by open mailboxes) to see if it fits your needs.

5. In the Kendal Library, read through the “**Going My Way**” **transportation folder** (on shelf above computer). Contents include a copy of the

KatO Board Highlights for September and November 2016

In **September** the board focused on the start of the nominations process to seat three new board members in 2017, including one Kendal resident. The process culminated with approvals at the November meeting. The board spent some time prepping for a board retreat that took place on a Saturday in October, focused on the best committee structure to support board responsibilities including strategic initiatives. The board learned through corporate compliance reporting that we are seeing the most major overhaul of nursing home regulations since 1991. The federal government estimates this costs \$47,000 per nursing home. There is a great deal of emphasis on fines for non-compliance. One example of a costly violation is use of a nursing home resident’s photo on social media without written permission for each use. Kendal has diligently edited and added policies, meeting the November 28 deadline. The final review of the updated Mission, Vision and Draft of the Strategic Plan for 2017-21 was a major part of of the meeting. The full plan is available for reference in the library. The board approved the plan in November. Another major focus was a discussion and review of the Jameson House program and design. The board took a “field trip” to tour Jameson before its November meeting. The financing of Jameson House renovations and addition was part of the overall 2017 budget. Information on the design of Jameson House is available in the library; a design board showing its layout is positioned just outside the library entrance.

At the **November** board meeting, Ann Francis was introduced as the 2017 KORA president. Appreciation was extended to Ardith Hayes for her past two years of board attendance as KORA’s president. In addition, appreciation was extended for three terms of service (nine years) by departing board members George Andrews, Carol Bojanowski and Ferd Protzman. Julia Binder, Kathy Wright and Grace Tompos were approved as new board members to begin service in 2017. Approval by The Kendal Corporation is underway and will be completed in mid-December. Liz Burgess, Ruth Ann Clark, Vance DeBouter and Jack Southworth remain board officers for 2017. November board meetings are generally committed to the detailed presentation of the new budget. This year board members received the budget material well in advance so they could submit questions ahead; the submitted questions, transformed into a customized dialogue planned by Vance and Ann O’Malley, made for an interesting change. By now KatO residents are fully aware of the details of the 2017 budget that includes a 3% increase in monthly service fees. The budget booklet and slide presentations are in the library for reference. The board was brought up to date on The Kendal Corporation’s formation of a partnership with the San Francisco Zen Center to plan a Zen-inspired retirement community. This project is in the early stages of planning (it takes years) but looks promising for both organizations. A letter from Sean Kelly can be found on the administration bulletin board.

-Barbara Thomas, Chief Executive Officer, KatO

PowerPoint slides from the November 14 presentation plus information on the Ride-Share Program and other Kendal and non-Kendal transportation options.

Finally, feel free to talk to any member of the Kendal Transportation Committee if you have questions or

concerns about getting around and getting away. Committee members have experience in different aspects of transportation, so if we don’t know the answer to your particular query, we’ll refer you to someone on the committee who does. *-Barbara Barna, Chair, Kendal Transportation Committee*

Kendal Resale Shop Talk

Benefitting Kendal Resident Assistance Fund and Community Charities

The holiday season is upon us, and it's a busy one for the KRS Team! We currently have a special Holiday Sale going on in the Resale Shop. In addition to our regular work, we conducted an on-site cottage sale in late November and are preparing for another on-site sale in an apartment later this month.

For more information about on-site and other special sales, keep an eye on our Resale Shop bulletin board and Channel 27! (The Resale Shop bulletin board is located next to the big windows that look out on the KELC play area.)

At 9:00am on December 15, members of our team will host our third annual "Twigbee Shop" for the students of the Kendal Early Learning Center (KELC). This event, which takes place in the Café outside the Fox & Fell, is a fun activity for the students, staff and volunteers. Resale Shop deposits to the Resident Assistance Fund for the month of October totaled \$2,585.50 plus a \$1,880 car sale for a monthly total of \$4,465.50. Thanks to all our donors and shoppers!

DID YOU KNOW? Non-monetary donations to the Kendal Resale Shop are tax-deductible. The KRS form is available at Kendal's Heiser Reception Desk. Just fill it out and put it in the RAF mailbox or my Box #49 – be sure to list the item(s) donated! I will then verify your donation and return the form to you for your records. **THANK YOU!** Keep those donations coming and keep shopping the KRS! And may your holidays be filled with happiness.

*-Nancy Lombardi, Chair,
Kendal Resale Shop*

Kendal Resident Rights and Responsibilities

You recently received in your open mailbox a copy of your rights and responsibilities as a Kendal resident. As a reminder of these important points, *The Kendalight* will be repeating some of the rights each month. In November, we listed your medical rights. In this month's issue, we list six of your 12 rights under "Cares and Concerns." The remaining six will appear in the January 2017 *Kendalight*.

If you have any questions about your resident rights and responsibilities, please call Kim Peters or Kim Preston in Social Services.

Resident Rights: Care and Concerns

1. To receive complete information regarding diagnosis, treatment and prognosis; such information should be in terms that are easily understood and should be provided in a timely manner to assist decision-making.
2. To participate fully in the development and implementation of your health care decisions and to be aware of your status.
3. To refuse treatment and to be informed of the medical consequences of this refusal.
4. To formulate advance directives and appoint a surrogate to make healthcare decisions as permitted by law.
5. To expect that your advance directives will be honored when ethically possible.
6. To receive physical, emotional and spiritual support during times of illness.

Note: Individuals who are admitted to the Stephens Care Center have additional rights under Ohio's Nursing Home Residents' Bill of Rights.

Don't Forget to Count Your 2016 Volunteer Hours!

In early January you will receive a form in your open mailbox asking you to list the number of hours you volunteered in 2016.

Check the Volunteer Bulletin Board for volunteer reminders. Did you sit at the Heiser Front Desk, escort a Stephens Care Center resident to a medical appointment, plant flowers in front of Heiser, shelve books in

the library, hang an art show at Kendal, serve on a non-profit agency board or City of Oberlin committee? Get the idea? All these volunteer efforts count toward fulfilling the Kendal mission.

We will ask you to report your 2016 volunteer hours by Wednesday, February 1, 2017.

Thank you for all you offer. Questions? Place them in Box #121.

-Volunteer Clearinghouse Committee

Kendal Kryptogram #143 -by Nina Love

RUTERAUOETSEE: NKIN RUTGOEATF

NAPS WSNBSST TIME.

-WOPMSY ENARHSY

Solution to Kryptogram #142: "The most disadvantageous peace is better than the most just war."
-Desiderius Erasmus

Table Tennis Find

Table Tennis in November began brightly and stayed bright. Early in the month, we found on our sign-in table an anonymously gifted all-wood paddle. Our senior appraiser judged that it stemmed from the early years of the game, that is, ca. 1902. We trust the donor will enjoy learning that we gave the paddle to our visiting coach Doyle Harbaugh (from Wakeman). Doyle came to instruct us twice during November, both times for two cheer-filled hours. With his help, we pupils added a helpful wrinkle to our technique, and felt eager to put into practice what Doyle had taught us. Framed and displayed at his home, the antique paddle will remind him and tell visitors of his good work for Kendal table tennis.

Yet another bright moment came with the drop-in visit by a spirited Langston staff member. Her exuberance at the table delighted us all. Are you, too, inching toward giving it a try? (This was her third!) In growing numbers, we're in the auditorium three mornings a week. Come join us! -*Sidney Rosenfeld*

Saturday Walks

Just because the weather is getting colder is no reason to stop walking outside. Starting in November, on every Saturday through the winter months residents who would like to go for a walk off our Kendal campus are invited to gather at the Heiser Reception Desk at 9:00am. If the weather is suitable, the group will decide to walk on that day. The walks are between 1 and 3 miles at a leisurely pace, usually in one of the Lorain County parks. We will car pool.

Join our walking regulars: Jerry Berner, Dwight Call, Virginia Erdy, Al Carroll, Sheila Ploger, John Leinenweber, Randy Wagner. Beginning in April, specific designated walk sites will once more be listed in *The Kendalight*. Questions? Contact Jerry Berner.

Need a Minor Sewing Repair? Threads Can Do It!

The members of Threads meet in the Craft Room from 10:30 to 11:30am on Thursdays. We accept small sewing projects only from residents; we cannot do repair work for friends or relatives who don't live at Kendal. Just bring your repair job to the Craft Room at the meeting time (or fill out the work request form on the large table and leave your item there for pickup). -*Threads Committee*

First Church United Fellowship Saturday, December 10 - AUD 9:30am - Food and Fellowship 10:15am - Community Music Ensemble

Several highly accomplished 10- to 14-year-old string players will share their talents, plus we'll sing some carols. **All are welcome.**

UU Kendal Gathering "Winter Solstice: a Time for Reflection and Reconnection" Rev. Mary Grigolia Wed., Dec. 21 - 4:00pm Education Center Building (Note earlier start time)

How are we challenged spiritually as religious liberals by the upheaval in our political landscape? Led by Rev. Mary Grigolia, minister of the Oberlin Unitarian Universalist Fellowship. **All are welcome.**

RELIGIOUS SERVICES AT KENDAL

Episcopal Services

Holy Communion
Sat., Dec. 10, 11:00am, Gathering Room: Rev. Brian Wilbert
Christmas Eve Holy Communion
Sat., Dec. 24, 4:00pm, Gathering Room: Rev. Nancy Roth

First Church Service

Sun., Dec. 18, 4:00pm, Gathering Rm.

Roman Catholic Mass

Fri., Dec. 16, 10:00am, Crossroads Rm.

Society of Friends

Sundays, 10:30am, Education Center

Plastic Container Caps Can Be Turned into Benches

Don't discard your plastic container caps! Clean them and place them in the baskets near the Langston napkin return and in the Staff lounge. Next to the basket you'll find a description of the types of caps to be collected. These caps will be sent to a processing company in Indiana that will convert them into a bench!

Later on we can decide where to place the bench on our Kendal campus.

The Kendal Early Learning Center is also participating in this project. For more information, open this link (greentreeplastics.com/benches) or contact the Kendal Environmental Concerns Committee. -*Jerry Berner*

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Kathy Reichard, Mary Simons

Photos: Lyn Cope, Eleanor Helper, Sally

Nelson-Olin, Gary Olin

Production: Don VanDyke

Deadline for the January 2017 issue of *The Kendalight* is December 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

**Sunday, December 25
Christmas Day Dinner
12 noon and 2:00pm
Fox and Fell Dining Room**

Notices with all details will be distributed to mailboxes or by email for Christmas reservations. Langston will be open for breakfast and overflow seating for mid-day meal only. Evening dinner service will be available in Friends Corner only.
Boxed lunches can be ordered

Dining Services wishes everyone a happy holiday season!

Dining Notes From Ann Pilisy

- Please use available hand sanitizer when you come to meals. Help us remind others to practice good hygiene and food safety.
- Please give Dining Services plenty of notice about your holiday catering needs.

Help Plan our Annual Robert Burns Dinner

The Robert Burns Dinner in January has been popular nearly every year since Kendal began. We celebrate the Scottish poet's birth on January 25, 1759, with songs, stories, haggis, lager, colorful tartans, the music of a piper and lots of good food. A good time is had by all.

But for this year's party to happen, we must have a chairperson to organize the event. The need is crucial. Those interested in accepting the position should contact Margaret-Ann Ellis. She will be glad to help in every way possible.

Call 775-9868 to hear the announcements of activities at Kendal and the menus of the day for the dining rooms.

and picked up on Christmas Day before 3:00pm.

Watch for Sign up Sheet for:

Solo Diners: Thursday, December 8, 5:30pm, The Den (second Thursday of month).

SPINACH (Senior People Interested in Nutrition and Community Health): Dinners will resume on Wednesday, January 25, 5:15pm, Penn Room (fourth Wednesday of month).

Kendal Therapy Dept.

Discovery Series:

Holiday Safety

**Thurs., Dec. 22 - 3:00pm
Education Center Training Rm.**

Join members of the therapy team for another installment of the Discovery Series. They will offer a powerpoint presentation and advice on how to safely survive your holiday activities. Hope to see you there!

Christmas, Hanukkah and Kwanza on the Sidewalks -- not of NY -- but of Downtown Oberlin.

Again this year you can enjoy a Saturday noon hour with a group of carolers to spread cheer for shoppers and show visitors the Oberlin holiday spirit. Kathy Caldwell will bring her flute, Don Parker his harmonica, and we'll have bells to ring, of course. Come to the Methodist Church, 40 S. Professor St., a little before noon to pick up your book of carols and get organized. Parking lot is next to the church. Last year the merchants invited us inside and some even gave us cookies!

Check your calendar for December 3, December 10 and December 17. Come one, two, or three Saturdays. Questions? Ask Mary Louise VanDyke.

Oberlin Community Services Need



“Holiday Helping Hands”

The Holiday Helping Hands outreach returns to our Kendal community this month to help less fortunate children in the Oberlin area via Oberlin Community Services (OCS) to receive gifts of toys and much-needed clothing under their holiday trees. We ask staff and residents to join us in making area children smile with happiness.

This is how we can do it:

- **Check out the bulletin board** in the Heiser hallway near the Kendal Early Learning Center to select a family or families and purchase the gifts that are listed there. Staff and residents have participated in this program for the past six years and have helped make Christmas holidays much brighter for families challenged by the tough economy and unemployment in our area.
- **Bring your wrapped and labeled gifts** to the Marketing Office no later than 10:00am on Monday, Dec. 12. Staff Special Events Committee members will pack and transport them to OCS on Monday morning for distribution to the families.

-Ann Pilisy, Staff Special Events Committee

