

The Kendalight

Kendal at Oberlin Residents Association

December 2015

Volume XXII, Number 12



Kendal Holiday Events

Wed., Dec 2, 10:00am, The Café - Kendal Early Learning Center children will shop for presents at the **Twigbee Shop** outside Fox & Fell. Stop by Heiser Lounge and watch the fun!

Thurs., Dec. 3, 6:30pm, Heiser Lounge - Girl Scouts will lead us in seasonal songs. Everyone is invited to join in.

Fri., Dec. 4, 9:30am, Heiser Lounge - Residents and staff are invited to stop by and **hang an ornament or two or three on our Christmas tree**. Hot chocolate will be available for everyone to enjoy.

Wed., Dec. 9, 3:00-4:30pm, Heiser Lounge - **Welcome Santa** as he greets the Kendal Early Learning Center children, residents and staff. Sing holiday songs, enjoy hot chocolate and tell Santa what you want for Christmas.

Thurs., Dec. 10, 6:00pm, AUD - Listen to Kendal Early Learning Center kids **sing some of their favorite**

holiday songs. Bring a dozen cookies to share afterward with fellow residents, staff and KELC families.

Thurs., Dec. 24, 7:15pm, Heiser Lounge - Celebrate **Christmas Eve** with us! Come gather around the piano in the lounge to sing favorite carols. Enjoy punch and cookies around the fire as we share thoughts of the season with friends. You may hear some seasonal poetry and prose, too -- we all have our favorites. Watch for more details.

Thurs., Dec. 31, Heiser Lounge and Auditorium - **New Year's Eve at the Movies** with popcorn, sing-along at the piano, and ball drop. Bring your best munchies to go with our punch. Details to follow.



Join us for Hanukkah Tea on Thursday, December 10 at 3:30pm in Friends Corner Dining Room. Tea, cookies, games, songs and stories. Everyone is welcome!

2015 Solstice: Thursday, December 17 - 7:15pm

"Music Brightens the Night: Celebrations around the World"

Come join the Kendal community for our annual Solstice Celebration. It all happens in our Heiser Auditorium and Lounge!

We will travel about with choir, instruments and readers guiding us through darkness and light. Perhaps even Santa Lucia will appear. Certainly audience singing will lift our spirits.

Special arrangements are being made to have a large screen in Heiser Lounge so the program can be videoed at the stage and everyone in the Lounge can see the speaker, the choir, the bell ringers and singers!

You're invited to bring your favorite finger foods to share after the program. Please leave your donations on the tables in The Café in front of the Fox & Fell when you come to dinner.

Reminder: Please plan to dine early in the Fox & Fell that evening.

MORNING EXCHANGE: MONDAY, DECEMBER 7

10:00AM - AUDITORIUM: BARBARA THOMAS

(9:30AM - REFRESHMENTS IN HEISER LOUNGE)



KNOW YOUR KORA COUNCIL

The Annual Meeting on November 12 included a reaffirmation of the values that anchor our community life, a quick look back over the events of the past year, and anticipation of challenges in the year ahead, not unlike the ground covered in many of the holiday letters from family and old friends that we look forward to in this season.

We looked back with gratitude for our heritage and the wise community-building work of our founding residents. We recognized our membership losses (23 residents) and gains (26 newcomers so far in 2015 plus at least 15 more in the last six months of 2014) and recalled with some amazement the events and accomplishments of the year.

The Nominating Committee slate for the 2016 KORA Council, Officers, and Nominating Committee was elected and the budget approved. The minutes of the Annual Meeting and a copy of my President's Report will be posted on the KORA bulletin board.

The LeadingAge Annual Meeting and Conference held each Fall is a reliable indicator of themes and changes in the field of aging that will challenge non-profit continuing care communities like ours in the months to come. Six residents, including two of our resident Board members, attended this year (a record!) along with our CEO Barbara Thomas and Director of Facility Services Rey Carrion.

KatO presented a panel on Environmental Sustainability featuring our collaboration with Oberlin College and the city of Oberlin on energy conservation and carbon neutrality. Jim Helm joined Barbara and Rey as members of that panel. Ruth Ann Clark was a presenter at another workshop, Community Engagement Beyond Your Walls. She described our remarkable

Kendal Early Learning Center, its outreach and service in the community, and its integral role in making us an intergenerational community. In the next few months we will give brief reports at Afternoon Exchanges on several topics, ranging from developments in the field of dementia care to strategic planning in fulfillment of our mission.

We have other projects pending. The Strategic Planning Committee of the Board of Directors will involve the entire community, including residents, in its process of setting goals for the next several years.

We will be assessing what we have learned about community engagement from the four Mobility Fairs concluded in 2015.

The Conversations Working Group provided a starter kit for sharing wishes for end-of-life planning with family and/or others close to you, a program that was attended by 93 residents. This work will continue, and will possibly be shared with the wider community as it progresses.

The Arboretum Project is underway with a grant received from Kendal Charitable Funds. Tracking energy use on campus continues.

More to come, but for now: Blessings of the Season to one and all!

-Ardith Hayes, KORA President

Fundamentals from the Front Desk

- The **UPS store** will be in Heiser Lounge to help residents wrap, pack and send their holiday packages on the following dates:
Sat., Dec. 5 - 10:30am-1:30pm
Wed., Dec. 9 - 4:00-6:30pm
Sat., Dec. 12 - 10:30am-1:30pm
 - Don't forget to **reserve your group's meeting space for 2016** and fill out the appropriate room reservation form.
-

Keep Moving, Oberlin!

The fourth Mobility Fair will be held here at Kendal at Oberlin, in Heiser Auditorium, on December 9, from 2:00 to 4:00pm. All Oberlin residents are welcome, and again the theme is "Balance is the Key to Mobility." The fair is sponsored not only by KatO, KORA, Kendal at Home and Senior Independence, but Oberlin Community Services, Oberlin Senior Services, Mount Zion Baptist Church and the Oberlin Public Library. It is supported in part by Kendal Charitable Funds. Oberlin residents of all ages will again be offered screening of individual needs and capabilities, information and testing of balance and mobility, and programs to help them as they encounter difficulties getting around. "Dance for Mobility" will be featured, this time in two sessions, at 2:15pm and 3:15pm. In addition to the popular "Balance Master," massage chair, and a number of assistive devices from Drug Mart, Mercy Hospital will come to administer some tests.

So, keep moving, Oberlin! See the mobility equipment that can improve your life! There will be transportation for those who cannot get to the fair on their own (call 440-775-9894). Refreshments will be served, and there will again be a raffle for gift certificates good at several local establishments. *-Nancy McCluskey*

Talking Tuesdays with the Kims!

Kim Preston and Kim Peters, Kendal's Social Services Associates, want to get to know you!

Join the Kims over lunchtime in Langston on the 3rd Tuesday of the month.

Discussion will be open to areas of interest and concern.

See you at the round window table on December 15, noon to 1:00pm.

-Kim Peters and Kim Preston

PROGRAMS

First Thursday Health Lecture

No lecture on December 3.

Third Thursday Lecture

No lecture on December 17.

Iran: Then and Now

Fri., Dec. 11 - 7:15pm - AUD

Steve Blount served with the American Peace Corps in Iran from 1970 to 1973. Following his Peace Corps service, he worked for an additional three years in Tehran and Ahwaz managing English language schools for the Iranian army and the National Iranian Oil Co.

Steve recently returned to Iran after an absence of 39 years. He will discuss the causes of the Iranian revolution in 1979 and Iran's history since that event. He will describe his experiences during his recent visit and some of the significant changes he has observed in Iranian society. He will close by discussing his views on the current relationship between Iran and the U.S. and how it can be improved. Steve is the son of Kendal resident Vi Blount. **All are welcome.**

Langston Middle School

Children's Shakespeare

Theater: Julius Caesar

Wed., Dec. 2 - 7:15pm -AUD

The young actors will present a preview of their production of "Julius Caesar" and leave time for discussion with the audience afterward.

Empty Mugs Holiday Brass & Organ Spectacular for OCS Tuesday, December 15 - 7:00pm, First Church in Oberlin

Bring your family and friends this holiday season to enjoy the brilliant sounds of organ and brass, a sing-along, beautiful handcrafted pottery and complimentary beverages. This year we will again have mugs. All proceeds go directly to the Oberlin Community Services (www.oberlincommunityservices.org). Mugs: \$10, admission free. **Sign up for Kendal bus.** *-Joyce Parker*

LUNCH BUNCH:

Black River Café, Oberlin Wednesday, December 9

Join us for lunch (or breakfast -- it's served all day!) at this favorite local restaurant. Every dish is made from scratch using fresh local produce. Bus leaves Heiser at 11:30am, returning about 1:30pm. NO bus charge. Lunch at your expense. Sign-up sheet posted Tuesday, December 1.

Oberlin Heritage Center

Ansku: American in Suomi

Tues., Dec. 8 - 7:15pm - AUD

Oberlin Heritage Center volunteer Annalee Sekulic spent the past school year abroad in Finland through the Rotary Youth Exchange program. Annalee, or Ansku as she was called in Finland, will give an illustrated presentation about her overseas adventures. She shares stories of exploring museums, learning Finnish, volunteering in an elementary school, increasing her coffee intake, taking saunas, meeting natives and fellow exchange students, and falling in love with Finland.

Anna Sekulic is a senior at Western Reserve High School. She plans to study international communications and cultural anthropology, then pursue a graduate degree in museum studies. Her long-term goal: To work some day in Chicago's Field Museum of Natural History. **Free and open to the public.**

MUSIC

The Marimbas Are Back!

Sun., Dec. 13 - Heiser Lounge

Once again, Oberlin Conservatory percussion students will present "Marimba Christmas." After eating brunch at 11:30am, they will play in Heiser Lounge.

Justyna Janiak and Pawel

Krymer, viola duo

Tues., Dec. 29 - 7:15pm - AUD

These professional violists from Poland are students of Peter Slowik. The duo performed at Kendal earlier in the year.

Community Conversations:

Visit the Zoo with the Dentists

Mon., Dec. 7 - 7:15pm - AUD

Two area dentists, Dr. Philip Alexander and Dr. Nelson Petrov, are not only dentists for people (including a Kendal resident) but also for animals at the Cleveland Metroparks Zoo. Their work includes root canal treatment on major carnivores -- it seems a jaguar's teeth are similar to a human's, only bigger. The program will focus on the variety and quality of care rendered to the animals by the veterinarian staff at the Cleveland zoo.

Annual Education Seminar: Economic Market Conditions and Opportunities

for Charitable Giving

Fri., Dec. 11 - 4:00pm - AUD

Representatives from Wilmington Trust will visit Kendal to give an update on economic market conditions, and how conditions may impact investments and giving. During 2015, KatO partnered with Wilmington Trust to oversee our annuities, trusts and other vehicles for charitable giving. This partnership developed from the relationship created with Kendal Corp. and other Kendal affiliates.

Sunday Films in Whittier at 7:00pm

Dec 6 - Elf (2003) Buddy (Will Ferrell) is an orphan who grew up at the North Pole as an elf. He runs away to New York to visit his biological father. With the help of a beautiful department store elf, Buddy tries to teach his dad and the world the true meaning of the Christmas spirit. PG.

Dec. 13 - A Christmas Story (1983) Ralphie dreams of owning a Red Ryder BB gun and tries to convince his parents that it's the perfect Christmas gift. Some scenes were shot in Cleveland's Higbee Co. and on Public Square. PG.

Dec 20 - Christmas in Connecticut (1945) A magazine columnist (Barbara Stanwyck) totally devoid of the homemaking skills espoused in her column needs to get some, fast. Her boss has invited himself and a recently returned war hero to her home for Christmas.

Dec. 27 - The Polar Express (2004) This Oscar-nominated film is based on the children's book by Chris Van Allsburg. Wonderful animation brings the artwork to life in this tale of a young boy who boards a train on Christmas Eve and ends up in a magical place. G.

Saturday Night Movie December 19 -7:15pm - AUD

The Piano (1993) Winner of three Oscars including Best Actress (Holly Hunter) and Best Supporting Actress (Anna Paquin). The story is the passionate tale of Ada (Hunter), a young mute woman desired by two men. She is sold into marriage to a man who does not understand her (Sam Neill). Ada finds herself drawn to her darkly intense neighbor (Harvey Keitel), setting off vengeful jealousy and violent emotions. In the end only one man comes to understand how to win Ada and that is through her beloved piano. R. -*Donna VanRaaphorst*



Art Gallery News

Many new exhibits are planned for our Galleries this month:

Kendal Gallery: Following **Chris Breuer's** show of ceramic wall pieces, the textiles of **Sonja Tugend** go up on December 8. A reception will be held on Friday, December 18 at 4:30 pm in the Heiser Lounge.

Friends Gallery: **Jackie Pitt's** "Faces and Places" will be followed on December 10 by the paintings of local artist **Donna Coleman**. A reception will be held on Tuesday, December 15 at 2:00pm in Friends Corner dining room.

Community Gallery: The landscape and still life paintings of local artist **Sylvia Cooley** are now on display. Her show will run until the end of January. A reception is planned for Thursday, December 10 at 3:00pm in the Heiser Lounge.

Marketing Showcase: Michele Hannon's "Curious Critters," the whimsical display which is "stopping traffic" in the corridor, continues until the New Year.

Curio Cabinet: A special show of items from **Donna Baznik's collection of holiday objects** is featured. The collection celebrates December observations of many religious faiths. It too will remain on display until after the New Year. Be sure to see them all!

Saturday Foreign Film December 5 -7:15pm - AUD

The Last of the Blonde Bombshells (2000) [British-American made for TV]: A woman tries to reunite the all-female swing band she played with during World War II. After her husband's death, Elizabeth decides to return to her musical roots and begins busking with young guitarist Paul in a plaza overlooking a London ice rink, much to the dismay of her daughter and son. One day she is spotted by Patrick, who attempted to avoid enlistment during World War II by dressing as a woman and playing drums with a supposedly all-female band with which Elizabeth performed. The two reminisce, prompting them to begin searching for other band members for a reunion concert at a dance organized by Elizabeth's granddaughter. Great fun, starring Judi Dench, Olympia Dukakis and others. PG-13. -*Dwight Call*

First Thursday Evening Hours Allen Memorial Art Museum Dec. 3 - Open 5:00-8:00pm Program begins at 5:00pm

Classical guitar music will be performed in the galleries by Oberlin Conservatory of Music students. Musical selections will be relevant to the time period and theme of the works on view. **All are welcome.**

Tuesday Tea at AMAM December 8 - 2:30pm

Wendy Kozol, Oberlin College professor of comparative American studies, will speak on the Ripin Gallery exhibit "The Body: Looking In and Looking Out."

All are welcome.

If you need a ride, please meet at Heiser Reception Desk at 2:10pm to car pool.

Time to Purchase a Large-Print Wall Calendar

The Low Vision Group has some large-print wall calendars from the Cleveland Sight Center for sale at \$10.11. Contact Thelma Morris, Box #38, or 774-3084 or theljeanmorris@oberlin.net.

Late-in-Life Wishes Workshop a Resounding Success

On Tuesday morning, November 17, the Heiser Auditorium was filled to capacity with about 95 residents who took part in a first-ever Thoughtful Medicine workshop organized by the Conversations Working Group. The focus: How to talk to your children, your doctor, your friends, your siblings about the things most important to you at the end of your life.

The sooner we talk to those closest to us, the better. The best way to keep your wishes current is to write them down and review them each year for possible changes. This is an important task before there is a crisis.

The result of this much-needed gathering is that the Conversations Working Group will try to plan further events, one with the Kendal doctors to ask them about carrying out our wishes and another to help us think about how to choose health care advocates and companions.

This November workshop followed the reading of Atul Gawande's book "Being Mortal." The large group that participated in discussions of the book wanted to go further. We invited resident Bill Hole's sister Susan Murty, a social worker trained in this area, to speak to a small group.

"Being Mortal," the film from a PBS program, was shown another day. Then Dr. Lal Arora contacted Cleveland Clinic to ask them to suggest someone to speak here. On September 24, bioethicist Dr. Katherine Weise spoke at Kendal to a full house. And now this great workshop. There is a need for people to talk in small groups as well as ask questions. Both our Kendal Social Service Associates were at the workshop and were very helpful.

We will continue with these events at Kendal and urge everyone to think about the issues and write down what you want to happen whenever that time comes.

-Priscilla Steinberg

From a Little Sprout...

The Arboretum is not noticeable yet, but it is growing. Our KORA Horticulture Committee, of which the Arboretum is a subcommittee, generously committed \$1,000 from our annual plant sale funds.

And then on November 4 we received the news that Kendal at Oberlin had received a \$5,000 Kendal Charitable Fund grant for the purpose of developing the Arboretum at KatO. These funds enable us to purchase the labeling equipment by which we will label trees with both their botanical and their common names. It also gives a boost to planning our first Arbor Day celebration with the Oberlin community on April 29-30, 2016. We will let you know more about that as spring approaches.

We will present our application for ArbNet accreditation as The John Bartram Arboretum at Kendal at Oberlin for review and endorsement at the KORA Council meeting on December 10 before sending it to ArbNet. If anyone would like a copy of the application, contact Arlene Dunn. In the January *Kendalight*, we hope to tell you more about the noted Quaker naturalist, John Bartram, our arboretum's namesake.

On Wednesday, December 9 we will have a small supper gathering in the Den as another opportunity to hear about and discuss our sprouting arboretum. Are you wondering how you and your skills might fit into this work? Look for the sign up sheet for that supper which will be placed on the shelf below the open mailboxes on December 2. And know that our committee meetings are open to all of you. We plan to meet on the 1st Wednesday of the month at 10:00am in the Green Room.

Founding committee members Arlene Dunn, Larry Dunn, Anne Helm, Don Parker and Melissa Reed will be happy to talk with you if you have questions.

-Anne Helm

News & Views: Foreign Affairs Fri., Dec 4 - 10:30am - AUD

Resident Anne Martin will present the topic "Brazil's Metamorphosis." Brazil is the "B" in the acronym BRICS, five emerging economies once seen as soon-to-be superpowers.

After economic troubles in the 1990s, Brazil has risen to new global prominence. It's drawing in more investment, working on global issues ranging from climate change to peacekeeping, and even hosting the 2016 Olympics. But some of Brazil's trickiest problems -- political corruption and instability, deep divisions over how to tackle serious income inequality, weak civic institutions and poor regional leadership -- have held it back. No registration or fee. **All are welcome.**

Need a Minor Sewing Repair?

The members of Threads have resumed meeting in the Craft Room from 10:30 to 11:30am on Thursdays. Requests have been made by residents that repair work be done for friends or relatives who do not live at Kendal. **We do work for residents only.** *-Threads Committee*



Vision Impaired

Low-Vision Support Group
"The Role of Occupational Therapy in Vision Rehabilitation," Diane Loughren
Thursday, December 10
4:00pm - Green Room

Reading of *The Kendalight*
Tuesday, December 1, at
11:00am in Whittier Lounge

NOTE TIME! Janet Smith will read the current issue of Kendal's newsletter. **All are welcome!**

More About Kendal Residents

Elizabeth and Bill Hole

Cottage #115

Elizabeth: 304-704-1729

Bill: 304-704-1537



Elizabeth and Bill Hole

Elizabeth: I was born into a Quaker family living outside of Philadelphia. One joy was riding horses with my father, eventually fox hunting with him. During our daily rides, I learned from his common sense and his observations of, and love for, nature. I attended Westtown School for elementary and secondary education. I benefited from watching my teachers live by their beliefs, and I also learned to survive Meeting by playing hand games and tickling my neighbor. Important lessons I tried to pass on to my own students.

I attended Earlham College where I married Bill Hole. His honesty, inquiring mind, sense of equality, and continuing love are central to who I am today.

We taught at Barnesville, a Quaker boarding school in Ohio. Then we moved on to his medical school and the birth of our daughter Heather. It is amazing how important children are and how much they teach you about yourself.

After medical school, we moved to Nigeria where Bill practiced medicine in a bush hospital, and I delivered our second daughter Tabetha. It was fascinating living in an uncolonized area of Nigeria where the sense of time, land ownership, and child rearing were all very different.

Bill completed his residency in San Francisco, and I earned my master's in early childhood education. Finally, we moved to Maryland where Bill did research at National Institutes of

Health, and I taught in a Quaker elementary Friends Community School. I learned a lot from the discipline of listening for that of God in every child. My joy was helping students and parents glimpse developing talents. We retired to West Virginia where Bill and I had time to grow closer and where I had the chance to further explore nature. My daily walks with our dog Spirit are very important to my sense of peace and of being connected to my world.

Continuing interests: reading, walking, knitting, quilting, nature, ecology, chocolate.

Bill: I was born in 1942 to Quaker educators who taught at Westtown School and Earlham College. I'm lucky to have married Elizabeth Hole in 1964 and to have two lovely over-educated daughters with PhDs (in art history and astrophysics).

I've always been fascinated with science and electronics, purchasing the first transistor available to consumers in 1954 and becoming a radio amateur in 1957. After high school, I did alternative service in a surgical research lab, then got a BA in chemistry in 1967 at Earlham. Elizabeth and I taught at Olney Friends School in Barnesville, OH, until 1971, when I entered medical school at Ohio State University.

While at OSU I took international-medicine electives to work at a Brethren Hospital in Lassa, Nigeria. Our year-

old daughter turned out to be a great icebreaker and passport! The medical needs were enormous and rewards were great. We liked the place and people so much that when we learned that the hospital would be turned over to the state government and the American doctor in charge was leaving with no replacement, we decided to return to see it through. I spent two exhausting and rewarding years as medical officer in charge (most of the time the only MD). We delivered our second daughter there.

I returned from Nigeria to a pediatric residency and two fellowships at Stanford, while also getting caught up in the start of the microcomputer revolution in Silicon Valley. I bought my first computer (which had 256 bytes of memory!)

I went on to teach pediatrics at Brown University while also working on early computer networks and electronic medical-record software. My interests converged in 1989 when I joined the computer science branch at the National Institutes of Health National Library of Medicine, where I worked in medical informatics until retiring with Elizabeth to a gorgeous, isolated mountaintop in West Virginia.

Upcoming Move-Ins

Rachel Fordyce will move from Hilo, HI, to Cottage #126 in early December. Her cell phone number: 440-935-9213.

Sheila Ploger will move from Potomac, MD, to Cottage #85 in mid-December.

Vern and Jill Wettersten will move from Sawyer, MI, to Cottage #88 in mid-December.

Gordon Doble will move from Sagamore Hills, OH, to Cottage #209 in late December. His cell phone number: 330-283-0075; his email address: doblefans@aol.com.

**Marilyn
(Lyn) Cope
Cottage #91
321-729-0078**



Born into progressive, unprogrammed Quaker community in Iowa; moved to Kansas prairie and attended one-room country school. I accompanied Dad to Yearly Meetings, being exposed to the nuances of Quaker values, terms, and passions. Equally influential, my teacher-mom was passionate about integrated public schools. My three daughters are the fourth maternal generation to graduate from Olney Friends School in Barnesville, OH.

Studying photography at Ohio State led to being selected as a photo-journalist by Pathfinder International to Haiti. Volunteer work for LaLeche League led to course work and certification at the Human Relations Training Institute, Jackson, MS, becoming International Director of Human Relations. I worked for Franklin County (Ohio) Emergency Services as a crisis-line social worker. Job and promise of more schooling took me to Florida where I remained for 32 years, completing degree at University of South Florida.

All but four of my adult working years were spent working for/with nonprofits.

I am still on three national and international Quaker boards/committees: Quaker Universalist (QUF), ProNica, Inc., and Friends General Conference, am member of Quakers Uniting in Publications, and was one of 950

Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

worldwide unprogrammed and programmed delegates to Friends World Committee of Consultation's sixth World Conference in Kenya. Other highlights include a stint at Scattergood Friends (Iowa) teaching religion and photography, working as Volunteer Community Television Coordinator on art shows, directing "Inner Views," a show for teens; and spending 20 years with Canmore Press.

Recently retired from a 13-year stint as Administrative Secretary for South-eastern Yearly Meeting.

The loves of my life include children (birthed and chosen), various critters, art photography (covers on various Q-magazines including *Friends Journal*), design, woodworking, renovating houses, quiet-time/social-times with f/Friends, and working toward common objectives.

Enjoyed travel to Europe, Great Britain's Fox and Fell country, Central America, Atlantic sunrises and Indian River sunsets, Scottish dance, love of music, liking snow and the northlight in my cottage.

[A more detailed biography of Lyn Cope is in the "Who's Here" notebooks in the Kendal library.]

Recent Move-Ins

Tom and Ruth Green moved from Ann Arbor, MI, to Cottage #24 in early November. Tom's cell phone: 734-276-5039; Ruth's cell phone: 734-223-4448.

Frank and Amy Mitch moved from Akron, OH, to Cottage #58 in mid-November. Phone: 774-6882.

Recent Transfers

Jean Mihu moved from Cottage #18 to Whittier #602 in early November. Phone number remains the same.

Mary Beth McCalla moved from Apt. #149 to Whittier #613 in mid-November. Phone number remains the same.

**Ann and Norman
(Norm) Craig
Cottage #67
774-7454**



Ann and Norm Craig

Ann: I fell in love with Oberlin when I was 18 and a first-year student at the college. About the same time I fell in love with Norm. We married the week after I graduated, and I joined him in Cambridge, MA, where he was a graduate student. My history major at Oberlin, a wonderful, impractical major, led to a job at Harvard's Houghton Library for rare books. I was an attendant in the reading room, buzzing people in and out, getting and shelving books. One day, as I watched the clock, I made a decision to apply to the Graduate School of Education to get credentials for elementary school teaching. A good program, it included a half-year of full responsibility for a third grade classroom. Norm and I both got degrees at Harvard's graduation in 1957. When he accepted a position in chemistry at Oberlin College, I applied to the Oberlin schools and was hired. In Oberlin we found a wonderful little house on the south edge of town. Eventually I learned I would teach fifth grade. I did that for two years and found that there was more to the town of Oberlin than the college.

Born to missionary parents in Suzhou, China, I spent my first seven years in Suzhou and in nearby Shanghai. It seemed very normal to me. I thought my cousin who lived in America had

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Residents... *(Continued from p. 7)*

the exotic life. China has been important to me since.

We were blessed with three delightful children, Julie, Mary and David. I was better at mothering than I had been at teaching. When Julie was almost a year old, we moved to our amazing house on Oak St. When David entered kindergarten, I was ready for part-time work in the schools. The only job available was tutoring children with learning disabilities. It was challenging and led me into the field of special education. I took courses at Kent State University to earn a certificate in LD teaching. In a job at Prospect School, I had wonderful, interesting children and enjoyed 18 years of teaching them.

I am very glad that Kendal is in Oberlin, where I can still be in the town I love.

Norm: The child of two who met at the National Bureau of Standards in Washington, DC, I was destined to go into science. After doing many technical projects while growing up, I majored in chemistry at Oberlin College. In my junior year I met beautiful Ann Williams, whose brother, Mell, had been my roommate and coworker. I began graduate work in chemistry at Harvard in 1953. Ann and I were married a week after she graduated from college in 1955. Our first two years were in Cambridge, MA. When I was appointed to the Oberlin College faculty in 1957, we moved to Oberlin and developed deep roots. Julie, our first child, was born in 1960 at Allen Hospital.

During the academic years, I was mostly engaged in teaching chemistry. However, summers were devoted to a vibrant research program, in which many students participated. Leaves of absence contributed greatly to my development as a researcher. Our family spent the 1963-64 year at the University of Minnesota; the 1970-71 year at

Kendal at Oberlin Board Meeting Highlights for September and November 2015

In **September**, the Kendal at Oberlin board heard from a panel of experts to learn the evolving demands, options and preferences for seniors in Northeast Ohio. The panel included Rita Campbell, executive director of the Lorain County Office on Aging; Homer Virden, executive director of Lorain Metropolitan Housing Authority; Marlene Telegdy, Director of the Neighborhood Alliance Senior Enrichment Services in Oberlin; and Doug Beach, CEO of Western Reserve Area Agency on Aging.

The board was pleased to receive a summary from Kendal's investment firm (NEPC) that assured Kendal of being well positioned if the economy should falter as it did in 2008. The study also pointed out the importance of continuing to grow the Resident Assistance Fund that is not large enough to meet future needs. The board is expecting to receive a post-occupancy review of community spaces and new cottages in Wave I, II and III. The board's Strategic Planning Committee, led by Richard Baznik, began its work in September and is expected to meet for a period of about ten months. Tips were reviewed on decision-making that strives for consensus.

The **November** meeting was reserved for approving the year's budget. Residents are now aware of the monthly increase of 2.5%. This rate is largely helped by increased occupancy and strong projections for 2016. The annual appeal letter was distributed to board members who are asked to contribute to Kendal's charitable purposes.

The Board's new officers were announced: Liz Burgess chair; Ruth Ann Clark, vice-chair; Vance Debouter, treasurer; and Jack Southworth, secretary. New board members joining KatO's board include: Bob Monchein, John Hightower, Diana Roose and Dominique Hughes. The first three are from Kendal Northern Ohio's board and part of the governance restructuring anticipated in early 2016. Appreciation was extended to Ed Miller who has served as the board's chair for the last two years and took the leadership position during an unexpected gap. Since the November board meeting, former board chair John Picken died in his home under the care of hospice and Kendal at Home. John served longer than any other board member.

Concern was raised by a resident member about the increased challenge to track residents' safety on a daily basis since the flexible meal plan results in different usage patterns instead of one daily meal. *-Barbara Thomas, Chief Executive Officer*

University of California, Berkeley; the 1974-75 year at Princeton, where I was a visiting professor; the 1978-79 year at the National Institutes of Health; and the 1993-94 year split between my commuting to the University of Michigan and Ann and I in residence at Justus Liebig Universität in Giessen, Germany. We also spent the summer of 1982 in China as teachers at Taiyuan University of Technology under Shansi Foundation sponsorship.

Retiring from Oberlin College in 2000, I was able to devote almost full time to research in a reversal of my life for the previous 43 years. The Internet enabled many of these projects with researchers overseas. We export daughters. Mary and her family live in Heilbronn in southwest Germany. Her husband grew up in nearby Stuttgart. Julie lives in Toronto as a consequence of marrying a Canadian. Our son David and his family live in Indianapolis.

Kendal Resale Shop Talk

Benefitting Kendal Resident Assistance Fund and Community Charities

December brings a special joy to our lives in the children in our midst. The Third Annual Twigbee Shoppe will be held on December 2 at 10:00am in the Fox and Fell Café. This occasion gives children a chance to buy something for their families for the holidays. Those on the Resale team especially enjoy the delight of these young Kendal Early Learning Center shoppers in our midst. Everyone in the community is invited to enjoy watching the children as they make their choices.

The Holiday Shop is now reconfigured in our new location. Do stop in to enjoy the holiday decorations throughout the shop. They lend a festive air to this community space. You may even find just the thing you have been looking for as a gift to another or to yourself! Winter coats and sweaters are calling out to our buyers. You may find some great bargains here!

Receipts for the month of October were \$3,172., which includes \$1,120 from the sale of two cars. The Woodshop contributed work at a value of \$18., making some items very salable; in fact, those items sold in one day. Thank you to our Woodshop friends. Happy Holidays Everyone!

*-Ruth Ann Clark, Chair
Kendal Resale Shop Team*

Don't Forget to Count Your Hours, Volunteers

In early January, Kendal residents will receive a form in their open mailbox to complete listing the number of hours volunteered in 2015.

Did you sit at Heiser Front Desk, escort a Stephens Care Center resident to a medical appointment, read to a child at Eastwood School, teach a Sunday School class, plant flowers in front of Heiser, shelve books in the Library, hang an art show at Kendal, serve on a nonprofit agency board or City of Oberlin Committee? Get the idea?

All these volunteer efforts count as part of the Kendal Mission Statement. We will ask you to report your volunteer hours by February 1.

Thank you again for all you offer. Questions? Place them in Box #121

Woodshop Services Available to Residents

Need a lamp repaired? Chair rickety? Bring it to the Woodshop! Woodshop Committee members are always happy to help out when they can. We even have a few shelving options. If in doubt, consult us. If the item is too large, we might be able to pay a house call. (We don't, however, do furniture refinishing.)

Our charge is low: \$12/hour + materials; if you need an estimate, we can provide one.

Bring your item to the cart across from the Woodshop door, fill out a form found just under the top of the cart, and place it in the box. Service with a smile!

-Jim Helm

Kendal at Oberlin Artists' Works Featured in FAVA Show

Nine Kendal residents are among the 69 artists exhibiting in Fava's 36th Annual Members' Holiday Show. Kendal artists on exhibit are: Janet Bolland, John Dixon Elder, Eleanor Helper, Don Parker, Joyce Parker, Cate Schwaegerle, Paul Schwaegerle, Mary Louise VanDyke and Anne Wardwell.

The South Gallery will feature work by FAVA member-artists Christine England and Eleanor St. John. The show will run through Sunday, December 20.

Hours: Tuesday-Saturday, 11:00am-5:00pm; Sunday, 1:00-5:00pm.

-Jean Heller

Kendal Kryptogram #130 -by Nina Love

ANO KAULX KAYLAK SNOW ANO

PLUCK KAYLA PLUCCEWT. SNOW ANO

PLUCK KAUC PLUCCEWT ANO KAULX

KAYLAK KAUCCEWT. -PL. KOZKK

Solution to Kryptogram #129: "An archaeologist is the best husband any woman can have; the older she gets, the more interested he is in her." *-Agatha Christie*

IN MEMORIAM

PATRICIA "PAT" TALBOT
NOVEMBER 1, 2015

NATHAN "NATE" GREENBERG
NOVEMBER 15, 2015

WYNONA "NONA" BOREN
NOVEMBER 23, 2015

Table Tennis Cheer

Last month, after a long absence, we welcomed back our visiting coach Doyle Harbaugh. Since he began teaching our starters a year ago, all of whom earned a USATT Beginners Certificate, Doyle has played a key role in our progress. Now, after being hit by a severe illness on his return from para competition in Slovenia and Slovakia, he is mending. We all hope to see him back among us often in the coming months.

With Thanksgiving nearing, table tennis was further livened up by a mix of visitors, mostly family and friends of residents. Even an Oberlin Colleege honors student dropped by looking to advance her senior project. What does table tennis have to do with *that*? Come in and see! Or, with the Holiday Season in full swing, increase your and your visitors' Kendal pleasures by joining us at play! *-Sidney Rosenfeld*

First Church United Fellowship Saturday, December 12 - AUD 9:30am - Food and Fellowship 10:30am - Music

Alexander Conwell, an Oberlin College student who specializes in fiddle playing, will entertain us.
All are welcome!

UU Kendal Gathering "Who Needs Christmas?"

Rev. Mary Grigolia Wed., Dec. 16 - 4:15pm Education Center

The Christmas story was a beautiful fiction added to the Christian tradition years after the death of Jesus. Many UU's aren't explicitly Christian. Why do we celebrate Christmas? What do we need from Christmas? What does Christmas need from us? Led by Rev. Mary Grigolia, minister of the Oberlin Unitarian Universalist Fellowship.
All are welcome!

Time for our Annual Robert Burns Dinner

The annual Robert Burns Dinner is planned for January 29, 2016, so save the date.

All are welcome to share the food, the bagpipe, poems, songs, stories. If you have Scottish things to share, please call Margaret-Ann Ellis at 935-2185, or email mjellis@oberlin.net.

Cardinal Shop Ready for the Holidays

Good news!

We are open Saturdays, Dec. 5, 12 and 19, 1:00-3:00pm.

Come in and check our selection of gifts, cards and candy for the season! Janet Bolland will make her fabulous dark-chocolate-covered pecans, just in time for holiday gatherings. And Decadent Delights, the dark-chocolate almond toffee crunch, will be on hand.

We have unique pottery, paintings, photos, vests, note cards and more -- all crafted by Kendal residents. You'll find an array of children's books, colorful winter socks, tote bags and other items that can be the perfect gift.

Stop and see what's new!

RELIGIOUS SERVICES AT KENDAL

Episcopal Services

Holy Communion
Sat., Dec. 12, 11:00am, Gathering Room: Rev. Brian Wilbert
Christmas Eve Holy Communion
Thurs., Dec. 24, 4:00pm, Gathering Room: Rev. Nancy Roth

First Church Service

Sun., Dec. 20, 4:00pm, Gathering Rm.

Roman Catholic Mass

Fri., Dec. 18, 10:00am, Crossroads Rm.

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

Mondays:

Nov. 2: 1st, Warren Wickes; 2nd, Betty DeWitt.

Nov. 9: 1st, Betty DeWitt; 2nd, Enid Cleary.

Nov. 16: 1st, Connie Bimber; 2nd, Joe Colucci.

Saturday Walks

Every Saturday through the winter residents who would like to go for a walk off our Kendal campus are invited to gather at the Heiser Reception Desk at 9:00am. The group will decide where to walk on that day. The walks are between 1 and 3 miles at a leisurely pace, usually in one of the Lorain County parks. We will car pool. The assembled group will also decide if the weather is not suitable for a walk on that day. Come join us!
HAPPY HEALTHY HOLIDAYS!

-Jerry Berner

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Kathy Reichard, Mary Simons

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Deadline for the January 2016 issue of *The Kendalight* is December 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Friday, December 25 Christmas Day Dinner 12 noon and 2:00pm Fox and Fell Dining Room

There are two seatings for reserved service. The noon seating is limited to the first 150 reservations received. Others will be advised to choose the 2:00pm seating. Reservation forms for Fox and Fell will be emailed or placed in mailboxes.

Friends Corner Dining Room. Normal serving hours for all meals.

Dining Notes From Ann Pilisy

- Please use available sanitizer when you come to meals. Help us remind others to practice good hygiene and food safety.
- Please give us plenty of notice to fulfill your holiday catering needs.
- Kitchen tours were held on October 22 and 29. Eight residents signed up for October 22; 7 arrived to tour. Eleven residents signed up for October 29; 6 arrived to tour. No additional tours are scheduled for the remainder of 2015. If you are interested in a tour, please let Ann Pilisy know.

Dining Services wishes everyone a happy holiday season!

Cancellation of Medical Appointments at KatO

We continue to have last-minute cancellations and “no shows” to Therapy and Health and Wellness Clinic appointments here at Kendal.

When you need to cancel appointments with any of our professional staff members in Therapy or the Health and Wellness Clinic, such as appointments with physical therapists, physicians or our nurse practitioner, please provide 24 hours notice. Our professional staff members maintain a coordinated schedule to sustain their efficiency and keep costs from escalating. Kendal is considering a “cancellation fee” for those who do not provide a 24-hour notice. Thank you for your understanding. *-Stacy Terrell, Chief Health Services Officer*

Langston will be open for breakfast service only on Christmas Day. Box lunches may be ordered.

Watch for Sign up Sheet for:

Solo Diners: Dinners will resume on Thursday, January 14, 5:30pm, The Den (second Thursday of month).

SPINACH (Senior People Interested in Nutrition and Community Health): Dinners will resume on Wednesday, January 27, 5:15pm, Penn Room (fourth Wednesday of month).

Oberlin Community Services Needs our “Holiday Helping Hands”

The Holiday Helping Hands outreach returns to our Kendal community this month to help less fortunate children in the Oberlin area via Oberlin Community Services (OCS) to receive gifts of toys and much-needed clothing under their holiday trees. We ask staff and residents to join us in making area children smile with happiness.

This is how we can do it:

- **Check out the bulletin board** in the Heiser hallway near the Kendal Early Learning Center to select a family or families and purchase the gifts that are listed there. Staff and residents have participated in this program for the past six years and have helped make Christmas holidays much brighter for families challenged by the tough economy and unemployment in our area.

- **Bring your wrapped and labeled gifts** to the Marketing Office on Monday, December 14, from 2:00 to 4:00pm or Tuesday, December 15, from 10:00am to 4:00pm. They will be loaded and transported to OCS on Wednesday morning for distribution to the families.

-Ann Pilisy, Staff Special Events

Call 775-9868 to hear the announcements of activities at Kendal and the menus of the day for the dining rooms.



Kendal’s Annual CommUnity Holiday Luncheon Wednesday, December 9 11:30am-1:00pm, Fox & Fell

Get into the spirit of the season at Kendal with our Annual CommUnity Holiday Lunch! This is a wonderful opportunity for residents and staff to enjoy a delicious meal, terrific fellowship and holiday music. Dining services will provide the meal. We encourage all staff and residents to bring a holiday dessert, or any specialty, to share. Santa will visit the Stephens Care Center and Heiser Lounge and Kendal Kids (of all ages) in the afternoon.

-Staff Special Events Committee

