

The Kendalight

Kendal at Oberlin Residents Association

December 2013

Volume XX, Number 12

❄️❄️ Holiday Greetings ❄️❄️

Fri., Dec. 6, 9:30am - Heiser Lounge - You are invited to **THE tree trimming!** There will be hot chocolate and festive music, too. Hope to see you there.



Wed., Dec. 11, 3:00-3:30pm - Heiser Lounge - Welcome **Santa** as he greets the Kendal Early Learning Center children, residents and staff. Sing holiday songs, enjoy hot chocolate and tell Santa what you want for Christmas!



Thurs., Dec. 12, 6:00pm - AUD - Kendal Early Learning Center kids will sing some of their favorite holiday songs. Bring a dozen cookies to share afterward with fellow residents, staff and KELC families.



Tues., Dec. 24, 7:15pm - Heiser Lounge. Celebrate Christmas Eve

with us! We'll gather around the piano in the lounge to sing favorite carols with the Hannauers and listen to poetry and prose read by Bob Baldwin. Then we'll drink punch and munch on cookies and share thoughts of the season with friends around the fireplace.



Tues., Dec. 31, 7:15pm - Join our **New Year's Eve** festivities. Get ready for games, fun, food, prizes, music and dance. Take part in Robert Taylor's and Ted Nowick's annual Treasure Hunt. We'll provide sparkling juice beverage, mulled cider and decaf. Bring your best finger party food and munchies. We'll sing songs around the piano and wait for our own Kendal ball to drop.



Help us plan how to welcome 2014! Bring your ideas to The Café in front of Fox & Fell on Tuesday, Dec. 3 at 4:00pm.



2013 Solstice: Night and Day, Thurs., Dec. 19 - 7:15pm - AUD **Music and Poetry, Light and Dark, Food and Fellowship**

Musicians will provide entertainment early in the evening before the choir enters. Once again, the Kendal Choir will be led by Carol Longworth to Helen Taylor's accompaniment. "The Longest Day," the traditional opening poem, begins the performance, then songs and readings will carry the audience from Night and Darkness into the Light of Morning and Day. Robert Taylor has compiled a narrative that includes readings from *Eureka!* reflecting those themes. The evening will include the SCC Bell Choir and opportunities to join in the singing. After the program, everyone will gather in the Fox & Fell for wassail punch and refreshments. We invite residents to drop off cookies, fruit, cheese to share -- with the theme of Night and Day in mind (think dark grapes and white cheddar cheese!) -- at the table marked in The Café on your way to dinner.



20 Special Memories over 20+ Special Years ... from Barbara Thomas

How can I narrow down my list of 21+ years of Best Memories at Kendal? I decided to be practical and share 20 of my list of Top 200!

- An excited crowd and bouquets of yellow daffodils on a brilliantly sunny but chilly day for Kendal's groundbreaking at North Pleasant and Maple Streets in mid-March 1992.
- Traveling to cities near and far a year ahead of opening to meet future residents.
- Re-reading the list of visitors who signed the Witnessing Document (a Quaker tradition) for the ribbon-cutting ceremony to commemorate Kendal's opening on October 6, 1993.
- Driving to Oberlin in the middle of the night to confront the bitter low temperatures that tested our building's insulation (or lack thereof) and froze our pipes.
- The sense of deep car- (Cont'd. on p. 9)



MORNING EXCHANGE

MONDAY, DECEMBER 16

10:00AM - AUDITORIUM

BARBARA THOMAS

(9:30AM - REFRESHMENTS IN HEISER LOUNGE)



KNOW YOUR KORA COUNCIL

As I reported to the KORA Annual Meeting on November 14, we've had "a pretty good year." The gist of my report is that KORA pretty much runs itself -- and very well, indeed! My heartfelt thanks goes to all of you who make it so: members and chairs of the 87 current committees, subcommittees, interest and support groups.

Thanks to all members of the KORA Council, especially to those whose terms are ending: Eleanor Devereux, Thelma Morris, Eileen Payton and Bob Randel. And a special thanks to the 2013 KORA officers -- Bob McClusky, Ira Steinberg and Anne Martin, and to all of you for re-electing them!

The experience of pursuing many ongoing activities and service opportunities enriches our community, and enables us to smoothly undertake special tasks or opportunities as they arise. We initiated three of these this year: The 20th Anniversary Celebration Committee; the Slow Medicine group; and an Ad Hoc Committee to Explore a Capital Campaign. The first finished its work in glorious fashion. The second has begun an ongoing discussion (see p. 7). The third is still exploring the issue. My full report and the annual meeting minutes are posted; copies are also under the dictionary in the Library.

KORA approved the nominated slate of officers and Council members for 2014 (posted on the bulletin board and online soon). Welcome to new Councilors: Barbara Bruer, Margaret Ann Ellis, Ed Long, Dick Myerly and Don Parker.

Committee annual reports are in hand. Thanks to all committee chairs. Thelma Morris, Don Parker and Ray LeGrand will suggest a few minor committee changes at the December 12 KORA Council Meeting. We've even laid down one committee! Several committees need new leaders; others need

more volunteers: Heiser Desk Volunteers, RAFF, Cardinal Shop and Early Learning Center.

During the Annual Meeting we paused to remember the 18 residents who died during the last year: Barbara Harding, Edward Hudgens, Joan Ernst, Warren Deist, Bill DeWitt, Peg Piraino, Susan Klingaman, Blanche Dohn, Charlie Sheppard, Connie Boase, Geraldine McNabb, Naomi Barnett, Russell Long, Mary Ashbrook, Eva Stunkel, Howard Schwartz, George Bent and Louise Richards.

We also welcomed 20 new residents: Grace Tompos, Marilyn Carson, Robert and Carla VanDale, Martin and Elizabeth David, Ronald and Diana Kahn, Marjorie and Laurence Porter, Andrew Frierson, Aideen and Gerald Zeitlin, Lawrence and Arlene Dunn, Margaret (Kay) Rider, James and Linda Marshall, Dwight Call, Heidi Leen, Dennis and Judy Cook, Kathryn Reichard and Judith Appleton.

KORA approved \$24,910 as its 2014 budget. Thanks to good response to our Annual appeal in September, plus sizeable "undesignated reserves," we have enough funds on hand to cover the budget plus a probable repeat contribution to the Oberlin Connector bus service.

I hope you made your contribution to the Staff Holiday Fund. The final count will take place before lunch on December 2, for a December 6 distribution to staff. *-Don Reeves, KORA President*

News and Views

Fri., Dec. 6 - 10:30am - AUD

Kendal resident Robert Randel will lead discussion on Threat Assessment: The Road to Armageddon, taken from the latest "Great Decisions" briefing book published by the Foreign Policy Assn. Sponsored by the Center for LifeLong Learning at LCCC. Free and open to the public.

Fundamentals ❄️❄️❄️ from the Front Desk

• **The UPS store will be in Heiser Lounge** to help residents wrap, pack and send their holiday packages on the following dates:

Wed., Dec. 4 - 4:00-6:30pm

Sat., Dec. 7 - 10:30am-1:30pm

Thurs., Dec. 12 - 4:00-6:30pm

• **Don't forget to reserve your group's meeting space for 2014.**

Oberlin Community Services Needs our "Holiday Helping Hands"

The Holiday Helping Hands outreach event returns to our Kendal community this month to help less fortunate children in the Oberlin area via Oberlin Community Services (OCS) to receive gifts of toys and much needed clothing under their holiday trees. We ask staff and residents to join us in making 28 children smile with happiness this year. Following is how we can accomplish this:

• Check out the bulletin board in the Heiser hallway near Kendal Early Learning Center to select a family or families and purchase the gifts that are listed there. We have participated in this program for the past four years and have been pleased with the great participation from staff and residents who have made Christmas holidays much brighter and happier for families challenged by the tough economy and unemployment in our area.

• Bring your wrapped and labeled gifts to the Heiser Reception area on Monday, December 16, before 12:00pm when they will be loaded and transported to Oberlin Community Services for distribution to the families.

• Volunteers are needed to help pack up the bus and unload it at OCS on South Professor St.

Thank you! *-Ann Pilisy, Staff*

Special Events Committee

Check out our KORA website: www.kaores.kendal.org

And check out the soon-to-be redesigned corporate page for Kendal at Oberlin -- kao.kendal.org. And our Facebook Page at www.facebook.com/kendalatoberlin.

PROGRAMS

LECTURES

First Thursday Health Lecture

No lecture on December 5.

Third Thursday Lecture

No lecture on December 19.

“Merton's Spirituality: Walking Around Shining Like the Sun”

Thurs., Dec. 5 - 7:15pm - AUD

Speaker Alan Kolp is Baldwin Wallace University Professor of Religion and Chair in Faith & Life, Center for Innovation & Growth. He will be joined by several of the students in the course he is teaching this semester on Thomas Merton. Alan and his students recently spent a weekend at the Abbey of Gethsemani, Merton's monastery from 1941 until his death in 1968. Sponsored by Oberlin Friends (Quaker) Meeting. Free and open to the public.

Philanthropy Education Series

Fri., Dec. 6 - 3:30pm - AUD

“A Look at the Economy, the Market and Potential Riches: Ways to Help Kendal and Yourself”

Kendal resident Dave Clark and Catherine Gletherow, Director of Gift Planning at Oberlin College, tell you how to do that.

“The Alberta Tar Sands: An Environmental Disaster”

Wed., Dec. 11 - 4:30pm - AUD

Janet Fiskio, Assistant Professor of Environmental Studies at Oberlin College, spent last semester in Alberta studying the issue in depth. Sponsored by KORA's Environmental Concerns Committee and the Oberlin Area League of Women Voters. Free and open to the public.

TRIPS

Lunch Bunch

No trip on December 11, but the Lunch Bunch will be traveling again on Wednesday, January 8.

Empty Mugs Holiday Brass & Organ Spectacular for OCS

**Monday, December 16
7:00pm, First Church in Oberlin**

Don't miss this free, festive concert featuring timeless holiday favorites performed by musicians of the Oberlin Conservatory of Music. Handcrafted artisan mugs by the Oberlin Pottery Co-op may be purchased for \$10 each and come filled with a complementary beverage provided by Oberlin's local restaurants. All proceeds go directly to benefit Oberlin Community Services. **Sign up for Kendal bus.**

Theater: The Promise

Thurs., Dec. 5 - 8:00pm - Hall

Sheltering together to survive Lenin-grad's siege by the Nazis, a girl and two teenage boys share their dreams of the future.

Written by Aleksei Arbuzov, the play follows the intricacies of the trio's relationship over the next 17 years, telling a story of young love amidst the ever-changing landscape of Soviet Russia and drawing on the tradition of Russian realism, finding both humor and humanity in tragedy.

Tickets \$8.00 seniors; \$11 at door. Contact Central Ticket Service at 775-8169.

Sign up for Kendal bus.

Tuesday Tea at AMAM - December 10 - 2:30pm

Jeff Pence, Oberlin College Associate Professor of English and Cinema Studies, will discuss new ways of looking at art history as the history of media development. All are welcome.

Need a ride? Meet at Heiser Reception Desk at 2:10pm to car pool.

MUSIC

Cheng Zhi, piano

Fri., Dec. 6 - 7:15pm - AUD

Cheng Zhi, senior piano performance major, is a student of Robert Shannon at the Oberlin Conservatory. His program will include works by Liszt and Chopin.

Oberlin High School Choir

Tues., Dec. 10 - 2:00pm - AUD

Kendal resident Helen Taylor will accompany the choir. The director is Rob Duerr. All are invited!

The Marimbas Are Back! Sunday, December 15 - HL

Once again, Oberlin Conservatory percussion students will present “Marimba Christmas.” After eating brunch at 11:30am, they will play in Heiser Lounge. The hours for brunch will be extended to include all diners.

Oberlin Choristers

Mon., Dec. 23 - 4:00pm - HL

Oberlin's fine group of child singers will carol us, then break into small groups to sing for Stephens Care Center residents.



Kendal's Annual CommUnity Holiday Luncheon

Wednesday, December 11

11:30am-1:00pm, Fox&Fell

Get into the spirit of the season at Kendal with our Annual CommUnity Holiday Lunch! This is a wonderful opportunity for residents and staff to enjoy a delicious meal, terrific fellowship and holiday music.

-Staff Special Events Committee

Sunday Films in Whittier at 7:00pm

Dec. 1 - Miracle on 34th Street (1947) - Kris Kringle (Edmund Gwenn) gets a job as Macy's Santa Claus and then has to prove he really *is* Santa to a skeptical little girl (Natalie Wood) and a judge.

Dec. 8 - Elf (2003) - Buddy (Will Ferrell), an orphan raised by Santa's elves, goes to New York City to find his birth father. Rated PG.

Dec. 15 - Christmas Story (1983) - Ralphie dreams of owning a Red Ryder BB gun and tries to convince his parents that it's the perfect Christmas gift. Some scenes were shot in Cleveland's Higbee Co. and on Public Square. Rated PG.

Dec. 22 - Disney's A Christmas Carol (2009) - Jim Carrey is Scrooge in this computer-animated version of Charles Dickens' classic, directed by Academy Award-winning filmmaker Robert Zemeckis. Rated PG.

Dec. 29 - The Nativity Story (2006) - This account of the birth of Jesus Christ focuses on the period in Mary and Joseph's life when they journeyed to Bethlehem. Rated PG.

Saturday Foreign Film December 7 - 7:15pm - AUD

Phorpa (The Cup) (1999) - Written and directed by Khyentse Norbuj in Bhutanese (English subtitles). Don't miss the opening credits where the camera shows how tradition melds with the modern world so beautifully in an actual monastery in the tiny Himalayan nation of Bhutan. These young Tibetan monks are in rigorous Buddhist training. They are also avid soccer fans obsessed with anticipation of the World Cup between France and Brazil. They have to figure out how to obtain and pay for a satellite dish. It is a delightful and thought-provoking tale. Rated G. *-Peggy Gordon*



Art Gallery News

Kendal Gallery - Riverdog's cats, dogs and other whimsical creations will be on display until Monday, January 6 with a reception on Friday, December 6 at 4:30pm in Heiser Lounge. Next show is a "Ginko Gallery Retrospective" featuring all five of Ginko's fiber artists. *-Marilyn Myerson*

Friends Gallery - As soon as the renovations in the gallery are completed, a new set of David Miraldi's photographs taken around the world will be put on display through January.

-Robert Taylor and Ted Nowick

Community Gallery - The "Six Lake Artists" will hang through March 31. A reception will be held on Thursday, February 13 at 2:00pm in Heiser Lounge. Although these artists have been painting together for 20 years, this is the first time all six will hang a show together. *-Joe Luciano*

Art Walk Oberlin - 5:00-8:00pm Thursday, December 5

Downtown Oberlin art venues including the Allen Memorial Art Museum (open until 7:00pm); Firelands Assn. for the Visual Arts (FAVA); Oberlin College Richard D. Baron Gallery; Ginko Gallery; and many businesses with special holiday-themed events will be open. Janet Haar (Oberlin Business Partnership) and volunteer Zach Tesler (Slow Train Café and The Local) are planning the event.

Kendal at Oberlin Artists Works Featured in FAVA Show

Eight Kendal residents are among the 77 artists with 150-plus pieces exhibiting in FAVA's 34th annual Members' Holiday Show. Included are works by Polly Carroll, John Elder, Eleanor Helper, Louise Luckenbill, Don Parker, Cate Schwaegerle, Paul Schwaegerle and Mary Louise VanDyke. The show runs through December 20. Gallery hours: Tues.-Sat., 11:00am-5:00pm; Sun., 1:00-5:00pm.

Enhance Your Memory!

Beginning January 20, Kendal at Oberlin will offer a memory enhancement program facilitated by Michelle Tarsitano-Amato. Enrollment for this eight-week course is limited to 10 residents. Look for the sign-up sheet in early January.

Lecture DATE CHANGE Postponed from First Thursday Allen Memorial Art Museum Fri., Dec. 13 - 5:30 pm

Linda Nochlin, famed art historian, distinguished scholar and prolific author, will give a talk on "Courbet's Realism." She is Professor of Modern Art at New York University's Institute of Fine Arts. Her lecture will highlight the museum's current exhibition "Regarding Realism," which is on view through June 22, 2014. AMAM's Gustave Courbet painting "Castle of Chillon, Evening" (1872) is on view in the current show. A reception will follow and the museum will be open until 7:00pm. All are welcome.

Kendal "Benefit Brunch" Aids Oberlin Community Services

Resident contributions to Oberlin Community Services "Holiday Cheer Food Distribution" from our Kendal "Benefit Brunch" on November 17 totaled \$2,469, including \$600 calculated by Dining Services to be the savings over our regular menu. The poverty rate in Oberlin is now over 25%, and 50% of Oberlin public school children qualify for free and/or reduced price lunches.

Our donations do make a difference!

-Don Reeves, KORA President

Curio Cabinet News

Thanks to Roger Cooper for sharing some of his model airplanes with us last month. It was amazing to know that he could fly each of them, and interesting to see the very one he flew as he recorded in 1992 the view of what would be Kendal a year later!

This month we will enjoy some of the delightful objects that the Swedes among us enjoy each year in their celebrations. Donna Baznik and Darlene Krato will organize and present these treats for all of us this year.

Thank you, Donna and Darlene!

-Nancy McClusky

WANTED: Michelle Hanon's "creature creations." Do you own any that might be used for a display in the Heiser curio cabinet? Or do you have a special collection that would make a suitable display for the cabinet? Contact Darlene Krato or Nancy McClusky.

Transportation Talk

• **Don't Forget! On December 16 the Kendal Bus will take us to the Monday Night Movie at the Apollo.** This is the last trip in the four-month test that Donna Smith, Kendal's Transportation Coordinator, has been running, offering a ride on the Kendal bus to either of the two evening movies at the Apollo on the third Monday of the month. Take advantage of this opportunity! Look for a sign-up sheet in front of the open mailboxes.

• **Can you offer a ride to a Kendal resident non-driver?** The Transportation Committee urges Kendal drivers to consider offering rides to those who don't drive. **Help us get the Ride Share Plan in gear!**

If you are planning to go to a movie or a play, to a shopping mall or specialty store, and so on, post a blue Ride Offer card on the Ride Share bulletin board, listing your date of travel and the number of seats available in your car to residents who don't drive. -Diantha Paré and Donna Smith

RAFF Shop Talk

RAFF = Reasonably Assessed Finery and Furnishings

What is in a name? Quite a bit, many would say. It is the name of **RAFF** that I write about this month.

For several years the name of the shop was R>A>F. This way of writing the name of the shop seemed to distinguish it from the name of the Resident Assistance Fund. It also connected with the history folks had lived in World War II and the motto of the Royal Air Force in Britain: *Keep it flying*. As one who was born during the war, this motto was a bit puzzling to me regarding the R>A>F Shop. I began to understand that the reselling of items was a way to "keep things flying." The reference seems a bit challenging for those who do not remember the war, but I do understand the wish in all of us to keep on keeping on in our lives. Last spring the RAF Fashion Show presented the "designs" of the RAFFoni Brothers, a fun play on words. Gradually the letters RAFF were seen as an acronym for the work of RAF Shop: Reasonably Assessed Finery & Furnishings. Using the term gradually this year has been useful in distinguishing the Shop from the Fund itself. The Resident Assistance Fund receives monies from many sources. The RAFF Shop is a major contributor to the Fund but is not the only source. Functionally, then, the Shop name has become RAFF Shop, saying what we actually do there and suggesting the purpose of the shop.

ALL receipts of the RAFF go directly to the RAF. The Shop is not the Fund and the Fund is not the Shop. Each matter to the other and each has its role to play. I hope this helps everyone to know about the change of the name of the shop and what it means. Receipts for the month of October were \$3,774. This includes proceeds from a special apartment sale. Indeed, we are keeping things moving!

-Ruth Ann Clark, RAFF Chair



Time to Plan Your Holiday Shopping at RAFF

• The **Holiday Shop in #280** will be open until Christmas. Start your holiday shopping now!

• On Wednesday, December 11 the children in the Kendal Early Learning Center can shop for gifts they can give at a **Twigbee Shoppe** in The Café from 10:00am to 11:00a.m. RAFF will be supplying these items, with much-needed expert input from resident Donna Baznik.



Oberlin Heritage Center: Time Flies When You're Having Fun – 20 Years at OHC

Tues., Dec. 17 - 7:15pm - AUD

In 1993, the Oberlin Historical & Improvement Organization (O.H.I.O.) transitioned from the volunteer group it had been for 90 years to one led by a professional staff. Patricia Murphy was hired as Executive Director, and soon after Mary Anne Cunningham came on board as Assistant to the Director. Pat and Mary Anne will share 20 years of favorite stories and recollections. Free and open to the public.



Vision Impaired

Monthly On-Line Low-Vision Support Group

**"What's New in Nutrition?"
Thursday, December 12
4:00pm - Crossroads Room**

An update on the past year's developments in nutrition science, including clarification of the AREDS2 results.

**Reading of *The Kendalight*
Monday, December 2, at
10:00am in Whittier Lounge**

Marie Evans will read the current issue of the newsletter. All are welcome!

Welcome Kendal's New Residents

Arlene and Larry Dunn

Arlene: I was born and raised in Boston, attended Girls' Latin School, and Brandeis University, graduating with a degree in mathematics. I have traveled a nonconformist, risky path in my life which has made it a very interesting adventure.

Civil rights has been a lifelong passion for me. My first demonstration was in 1960 at a Woolworth's store in support of the lunch counter sit-ins in the South. Upon graduation I moved to New York City, found a job and volunteered for the Student Nonviolent Coordinating Committee. When Chaney, Goodman and Schwerner were assassinated in June 1964, I quit my job and went to Arkansas to work in SNCC's Freedom Summer. I left when it became clear to me that the civil rights movement needed to be led by African Americans.

I returned to Boston and became a research associate with a consulting firm in the airline industry. In 1968, when Martin Luther King was assassinated, I quit that job and moved to Detroit to help run People Against Racism, a civil rights organization working in the white community. There I met a young activist named Larry Dunn.

In 1971 we both quit good jobs to roam around the country for six months in a Volkswagen camper. We soon joined the back-to-the-land movement and built our own house out of recycled barn lumber. But we eventually realized that living off the land was more romantic than practical, and I returned to work as a financial analyst in the aviation industry. In 1990 I found that wanting and moved to our farm in northern Indiana, where I volunteered in social justice



Arlene



Larry

efforts and ran a home-based landscape plant nursery.

Larry and I have had a lifelong love of music and look forward to the endless supply of concerts in Oberlin.

Larry: I was born in Detroit in 1949 and grew up in suburban Royal Oak in the shadow of the National Shrine of the Little Flower where Father Charles Coughlin -- the infamous "radio priest," demagogue and fascist sympathizer -- was pastor. I attended Shrine elementary and then a citywide Jesuit high school. I was a bright but disinterested student; if they taught me anything, it was critical thinking.

Upon graduation in 1967, I employed that critical thinking to reject my middle-class Catholic socialization and became an organizer in the radical fringe of the burgeoning movement against American imperialism in Southeast Asia. It was in this milieu that I met Arlene Wilgoren, a like-minded civil-rights-movement veteran who had moved to Detroit from Boston to help organize People Against Racism, a national organization fighting for social justice and against global American hegemony. We became fast friends and political allies, then several months later suddenly fell in love, and have been together ever since.

In 1967 I also began a long and storied quest to achieve a college education. Fifteen years and 13 schools later, I was awarded a BS in mathematics and computer science with high honors from Elmhurst College in Illinois in 1982. I parlayed my new skills and

credentials into a distinguished consulting career working on a range of new technologies, ultimately focusing on computerized road maps and navigation. In the midst of that I also got an MBA at Purdue.

In 2008 I retired to our Indiana farm. By 2011 we started to plot our move to Kendal, which led to an unexpected turn. Our immersion in the 2012 Rubin Institute for Music Criticism at Oberlin Conservatory surprisingly inspired a new avocation in music blogging. You can read our work at <http://iceorg.org/blog> and <http://www.icareifyoulisten.com>.

Andrew Frierson



Andrew Frierson began his musical training in his home town, Louisville, KY, by studying piano. After high school, he entered Fisk University as a piano major. When World War II came he was inducted into the army where he served for almost three years. He began singing during his army career. A Special Service Officer encouraged him to consider singing as his life's work. After military service, he entered the Juilliard School of Music as a voice major. One year before he was graduated from Juilliard, he made his debut as a solo singer. The *New York Times* reported, "... He already has the essential attributes -- a beautiful voice, good technique, musicianship, sympathy and a fine stage presence. ... On the score of vocal sound alone, the debut would have been auspicious." Since that time he has performed with such conductors as Leopold Stokowski, Wilford Pelletier, Julius Rudel, Leonard Bernstein and Dave Brubeck, to name a few. Outstanding roles in his repertoire include Don Alfonso in "Cosi Fan Tutte;" Dr. Dulcamara in "L'Elisir D'Amore;" Amonasro in "Aida;" Porgy

in “Porgy and Bess;” and in many productions as Joe (“OP Man River”) in “Showboat.” Andrew has also performed with the New York City Opera Company for eight consecutive seasons. He has composed several vocal works, some of which have been published. He has served as teacher of voice at Southern University, as director of the Henry Street Settlement Music School, and as associate professor of voice at Oberlin College Conservatory. Several TV commercials and one movie are to his credit. He married a Juilliard classmate, soprano Billie Lynn Daniel. Billie passed away in 2002. Their daughter Andrea is also a singer who has eight Broadway shows to her credit. Andrew Frierson is now retired and looks forward to a quiet existence at Kendal.

Recent Move-Ins

Judy Appleton moved from Oberlin to a Kendal Cottage in early November.

Carol Harvey moved from Brunswick, OH, to a Kendal Apartment in mid-November.

Don't Forget to Count Your Hours, Volunteers

After Christmas, the Volunteer Committee will put a form in your mail box on which to record the number of hours you have volunteered any place or any time at Kendal or in a community organization in 2013.

If you will be away in January and want to turn in your volunteer hours early, please put a note in Box #121.

Check Out the Cardinal Shop!

Good news! We are open Saturdays, Dec. 1, 8, 15 and 22, 1:00-3:00pm. See our selection of gifts, cards and candy for the season! Janet Bolland will once again make her fabulous fudge and dark-chocolate-covered pecans. Stop and take a look!

The Slow (Thoughtful) Medicine “Buzz”

Time for a check-in from KORA's committee on Slow Medicine. Seems like the topic is very much in the air around Kendal at Oberlin: Presentations from our Health & Wellness Clinic and the Stephens Care Center staff; the 20th Anniversary Symposium on the “Future of Affordable Health Care in an Aging Population;” budding initiatives from your KORA committee.

What do you think of making our reference point “Thoughtful Medicine?” Would that better describe what we are about with our focus on various aspects of end-of-life health care and choice-making? “Slow Medicine” became a catch-all term for the nest of issues raised in Dennis McCullough's book and our various efforts to deal with them, but it often gets puzzled responses along the lines of “What's that?”

Your committee has met twice, and welcomed the attendance of five additional Kendal residents. Our next meeting will be on December 5 at 10:30am. Meetings are open. Appointed members of the committee are the nine residents who organized and led the table discussions of McCullough's book and compiled your responses in a report to KORA Council. Broadly speaking our mission is to keep us moving together with knowledge, resources, and activities to prepare and make informed choices about our health care as we age. One of our recent initiatives is “Go Wish.” Perhaps you've noticed Anne Helm and Ray LeGrand, or others of our number, playing cards in the Lang-

ston before dinner. Actually they hope to introduce you to Go Wish, a deck of 40 cards, each representing a single value or goal that might be important to you in the later stages of your life. They present choices for how you want to be cared for, who you choose to be with you, and options for advance planning. The “game” is about sorting through to identify things most important, important, and not of concern. As you work with the cards, conversation about the different choices and what they mean to you happens naturally. Residents who have played Go Wish with members of their family, including their children, say it is a valuable conversation starter. Holiday visits may provide this opportunity in the next couple of months. You can play Go Wish with your partner or health care advocate too. If you each make your choices and then compare them, you may discover a lot of similarity in your preferences ... or not!

There are several Go Wish decks available in the library for circulation. You will find them at the desk with a sign out card. It's important to honor the shorter than usual return time as they are quite popular. Before long, the committee will have articles and books about thoughtful medicine in the 600's section in the library, along with a list of resources for you to take. Please share your ideas and interests with us. -*Ardith Hayes, Ruth Miller, co-chairs; Katie Brown, Anne Helm, Ray LeGrand, Don Parker, Peg Schultz; Bob McCluskey and Don Reeves, KORA Council.*

Kendal Kryptogram #106 -by Nina Love

SMART QTAQXT CMA SMOKE SMTG EKAC

TLTUGSMOKY ZUT Z YUTZS ZKKAGZKHT SA

SMART AW DR CMA BA. -ORZZH ZROVAL

Solution to Kryptogram #105: “We always want the best man to win. Unfortunately he never runs.” -*Will Rogers*

2014 Table Tennis Tournament Nearing

Monday, January 6 will kick off Kendal's annual table tennis tournament, sponsored by the Sports and Recreation Committee. With women's and men's divisions, the format will be round robin.

Table tennis is a lifetime social sport. Good cheer and personal progress from one match to the next count more than win-or-lose. Players can expect fun and satisfaction throughout. Sign-up deadline: noon, Friday, January 3. (See bulletin board sign-up sheet.) Once sign-up is complete, details and a weekly schedule will be laid out on the bulletin board shelf by Sunday, January 5. *-Sidney Rosenfeld*

What's Happening in Oberlin? There's an App for That!

Kendal at Oberlin will participate in the city's new Official Mobile App for smartphones. Users will find listings for local restaurants and businesses, events and offers, a visitor's guide, downtown maps and city announcements. The app is sponsored by the Oberlin Business Partnership, the City of Oberlin, and Oberlin College. It can be downloaded from the App Store or at Google Play free of charge; just search for "Oberlin, OH." For those who use smartphones, the app provides up-to-date and easily accessible information about the Oberlin community. You'll find Kendal's listing in the Business Directory.

Need a Minor Sewing Repair?

The members of THREADS have changed our meeting time to Wednesdays from 11:00am to noon. We are now accepting small sewing projects from residents. Just bring your repair job to the Hobby Room at the meeting time. Then, in exchange for our work, please make a donation to RAF!

Saturday Walks in the Park

There will be no further scheduled, organized walks from Kendal in the parks until April. Kendal residents who would like to continue to walk off-campus on Saturdays through the winter are encouraged to meet at the Heiser Reception Desk on Saturdays at 9:00am to plan a walk for that day. Stay well, have fun, keep fit and enjoy our winter months! *-Jerry Berner*

Energy Conservation: Recycling Reminders

- For safety reasons, please remove caps from water and other bottles. The high pressure in the recycling process can cause bottle caps to shoot off and injure workers.
- Lawn compost materials: Please place bags in front of your trash room. Contact Ryan at rstalz@kao.kendal.org or 775-9869. The Grounds crew will then take your bag to the compost pile.
- On Oberlin College campus: Green trash bags: Landfill; Blue trash bags: Recycling. *-Jerry Berner*

UU Kendal Gathering

Wed., Dec. 18 - 4:15pm - AUD The Christmas ContrUUversy

Can post-Christians embrace the magic of Christmas? Rev. Mary Grigolia explores the tenacious, miraculous rebirth of life, hope, meaning. **All welcome!**

RELIGIOUS SERVICES AT KENDAL

Episcopal Services

Holy Communion

Saturday, Dec. 14, 11:00am, CAR

Christmas Eve Holy Communion

Tuesday, Dec. 24, 4:00pm, CAR

First Church Service

Sunday, Dec. 15, 4:00pm, CAR

Roman Catholic Mass

Friday, Dec. 20, 10:00am,

Crossroads Room

Society of Friends

Sundays, 10:30am, Whittier Lounge



Bridge Results

Mondays: Oct. 28: 1st, Betty O'Connor; 2nd, Nancy Beauchamp.

Nov. 4: 1st, Cathy Fauver; 2nd Linda Marshall.

Nov. 11: 1st, Bill Schreiner; 2nd, Cathy Fauver.

Nov. 18: 1st, Betty O'Connor; 2nd, Connie Bimber.

Wednesdays: Nov. 6: 1st, Ed Schwaegerle and Pete Andrews; 2nd, Helen and Bob Randel; 3rd, Russ and Connie Bimber.

Nov. 20: 1st, Ed Schwaegerle and Pete Andrews; 2nd, Louise Breese and Alverta Schneider; 3rd, Alice Kohl and Harvey (the invisible rabbit).

First Church United Fellowship Saturday, December 14 - AUD 9:30am - Food and Fellowship 10:15am - June Swartwout

June will help us explore a variety of unusual Christmas music and lead us in singing a few old favorites as well. **All are welcome!**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Joanne Busiel, Mary Simons

Photos: Eleanor Helper

Production: Don VanDyke

Deadline for the January 2014 issue of *The Kendalight* is December 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

December Special Meals

Wednesday, December 25

Christmas Day Dinner

12 noon and 2:00pm

Fox and Fell Dining Room

Note: There are two seatings for reserved service. Holiday seatings are limited to the first 150 reservations received. Others will be advised to choose the 2:00pm seating. Reserva-

tion forms for Fox and Fell will be emailed or placed in mailboxes.

11:30am to 1:15pm - Friends Corner Dining Room. Normal serving hours for all meals.

Langston will be open for breakfast service only on Christmas Day. Box lunches will be prepared in advance for residents desiring an evening meal.

Watch for Sign up Sheet for:

Solo Diners: Dinners will resume on Thursday, January 9, 5:30pm, The Den (second Thursday of month).

SPINACH (Senior People Interested in Nutrition and Community Health): Dinners will resume on Wednesday, January 22, 5:15pm, Penn Room (fourth Wednesday of month).

Dining Notes From Ann Pilisy:

- Please remember to use the available sanitizer on your hands when you come to meals.
- Please use the available tongs, or allow the server to serve you. Never reach under the glass into food; this is unsanitary, and you could be burned.
- Please keep trash out of the labeled "Recycle" container.
- Help us remind others to practice good hygiene and food safety for everyone's benefit.



Dining Services wishes everyone a happy holiday season!

Call 775-9868 to hear the announcements and menus of the day.



20 Special Memories over 20+ Special Years ... *(Continued from p. 1)*

ing and pride in what has transpired among residents, staff, board and families: So many gains, so many losses, all secured with a golden ribbon to treasure.


- Committees of such an ever-changing number that I often have to study the listing to determine where to delegate an issue looking for a solution.
- Trying out Exchange meetings in the early years: morning, early afternoon, late afternoon and even the evening.
- Getting annual updates from Maggie Stark on how many different states our residents draw from. We're now at 32 plus the District of Columbia.
- *The Kendalight, Ripples* and *Eureka!*, our invaluable publications that offer glimpses into life at Kendal. We become better acquainted with those writing about their lives as they enrich ours.
- The innovative and fun "whirligig" to promote event awareness on the new in-house TV channel.
- Resident activism that brought into being initiatives such as the Kendal Volunteer Clearinghouse, Publicity

Plugs, Listening Post and MANA.

- A resident body that has been an ongoing significant resource in our own transformation and response to changing needs over time. We have seen the additions of a much-loved pool complex, beautiful courtyard gardens, expanded housing designs, the Buttonbush Bridge connection and oh so much more and more to come.
- Care and nurturing that come from so many resident and staff gestures, delivered at all levels of care to ensure dignity, at no matter what age.
- Nature sightings and the pleasure and ease of walking the grounds with 18 acres of wetlands.
- Important traditions established early on by resident leaders -- art galleries that awe and inspire, especially Kendal Creates and Kendal Collects; ever-changing flower arrangements in Heiser through all seasons; July 4th Parades; Winter Solstice in December; Spring Fling; performances by the Precision Lawn Chair Drill Team here and at the Annual Big Parade downtown;

CommUnity Holiday Potluck; and newer traditions like Fun Fitness Week.

- The ever-present intergenerations on our campus from the tots in our Early Learning Center to high school and college students, mixing with those of all ages, even beyond 100, bringing mutual benefit.
- Bargain treasures from the RAF for "the cause"- always a good buy!
- Live music that greets visitors, staff and residents when the Kendal Trio has a weekly morning rehearsal.
- A library that draws you in, with its great collections of books, magazines, newspapers, movies, committee materials, archived reports, bios and pictures of residents and reference material from Kendal meetings.
- Kendal Memorial services that are as unique as the individuals they honor. They bring our community together in an indescribable and fitting way. So I end this year grateful for such dear remembrances brought alive during an Anniversary Year better than could be imagined and long to be treasured.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|--|--|--|--|--|
| <p>1</p> <p>Quaker Worship 10:30am - WHT</p> <p>English Country Dancing Every Sunday at 7:15pm - AUD</p> <p>Film: Miracle on 34th St. 7:00pm - WHT</p> | <p>2</p> <p>Reading of Kendalight 10:00am WHT</p> <p>Bridge 7:00pm - AUD</p> | <p>3</p> <p>Meditation Every Tuesday 2:30pm WHT</p> <p>ARS: Cleveland Orchestra 🚗 8:00pm Finney (tx)</p> | <p>4</p> <p>Wed. Morning Discussion Group every Wed. 10:00-11:00am -WHT</p> <p>UPS Store 4:00-6:30pm - HL</p> <p>Pairs Bridge 7:00pm - AUD</p> | <p>5</p> <p>Oberlin Art Walk 5:00 - 8:00pm. - downtown</p> <p>"Thomas Merton" Alan Kolp 7:15pm - AUD</p> <p>The Promise 🚗 8:00pm Hall (tx)</p> | <p>6</p> <p>Tree trimming 9:30am Heiser News & Views 10:30am - AUD</p> <p>Tour of Environ- mental Center - 2:30pm 🚗</p> <p>Philanthropy 3:30pm - AUD</p> <p>Riverdog Recep- tion 4:30pm HL</p> | <p>7</p> <p>UPS: 10:30am- 1:30pm - HL</p> <p>Film: Phorpa 7:15pm - AUD</p> <p>Collegium Musicum 🚗 8:00pm Fairchild</p> <p>Cheng Zhi, piano 7:15pm AUD</p> |
| <p>8</p> <p>Quaker Worship 10:30am - WHT</p> <p>Film: Elf 7:00pm - WHT</p> <p>Musical Union 🚗 8:00pm Finney</p> | <p>9</p> <p>Bridge 7:00pm - AUD</p> | <p>10</p> <p>Oberlin High School Choir 2:00pm - AUD</p> <p>Tea at AMAM 2:30pm</p> | <p>11</p> <p>Holiday Lunch 11:30am-1:00pm Fox & Fell</p> <p>Santa - 3:00pm HL</p> <p>"Tar Sands" 4:30pm - AUD</p> <p>Scrabble 7:15pm CCR</p> <p>Arts & Sciences Orchestra 🚗 8:00pm Finney</p> | <p>12</p> <p>KORA Council 10:00am AUD</p> <p>Low Vision 4:00pm - CCR</p> <p>UPS Store 4:00-6:30pm - HL</p> <p>KELC Christmas 6:00pm - AUD</p> | <p>13</p> <p>Trolley Run 4:45pm HL</p> <p>Lecture postponed from First Thurs. 5:30pm AMAM</p> <p>Messiah Singalong 7:00pm Finney</p> <p>Oberlin Chamber Orchestra 🚗 8:00pm Finney</p> | <p>14</p> <p>United Fellowship 9:30am - AUD</p> <p>Episcopal Serv. 11:00am - CAR</p> <p>Met Opera HD: Falstaff 🚗 lv. Heiser 11:40am</p> <p>Opera Scenes 4:00pm Kulas 🚗</p> |
| <p>15</p> <p>Quaker Worship 10:30am - WHT</p> <p>Marimbas Noon HL</p> <p>First Church Serv. 4:00pm CAR</p> <p>Film: Christmas Story 7:00pm - WHT</p> | <p>16</p> <p>Morning Exchange - Barbara Thomas 10:00am - AUD</p> <p>9:30am - Refresh- ments in Lounge</p> <p>Monday Night Movie at Apollo (tx) 🚗</p> <p>Bridge 7:00pm - AUD</p> <p>Empty Mugs Holiday Brass & Organ 🚗 7:00pm First Church</p> | <p>17</p> <p>OHC: "20 Years at OHC" Pat Murphy and Mary Anne Cunningham 7:15pm AUD</p> | <p>18</p> <p>Unitarian Univ. "The Christmas ContrUUversy" Rev. M. Grigolia 4:15pm - AUD</p> <p>Pairs Bridge 7:00pm - AUD</p> | <p>19</p> <p>Winter Solstice: Celebration Night and Day 7:15pm - AUD</p> | <p>20</p> <p>Catholic Mass 10:00am CCR</p> | <p>21</p> |
| <p>22</p> <p>Quaker Worship 10:30am - WHT</p> <p>Film: Disney's A Christmas Carol 7:00pm - WHT</p> | <p>23</p> <p>Oberlin Choristers 4:00pm HL</p> <p>Bridge 7:00pm - AUD</p> | <p>24</p> <p>Christmas Eve Episcopal Serv. 4:00pm - CAR Rev. Nancy Roth</p> <p>Christmas Eve Gathering 7:15pm - HL</p> | <p>25 Christmas</p> <p>Christmas Dinner Fox & Fell 12:00 noon; 2:00pm</p> <p>Scrabble 7:15pm CCR</p> | <p>26</p> | <p>27</p> | <p>28</p> |
| <p>29</p> <p>Quaker Worship 10:00am - WHT</p> <p>Film: The Nativity Story 7:00pm - WHT</p> | <p>30</p> <p>Bridge 7:00pm - AUD</p> | <p>31</p> <p>New Year's Eve Celebration- AUD 7:15pm- ?</p> |  <h1 style="margin: 0;">December 2013</h1>  <p>CAR = Central Activities Rm. WHT = Whittier Lounge CCR = Crossroads Conf. Rm. Bold Face = at Kendal HL = Heiser Lounge 🚗 = Kendal Bus WCH = Warner Concert Hall tx = Tickets needed (775-8169)</p> | | | |