

The Kendalight

Kendal at Oberlin Residents Association

August 2012

Volume XIX, Number 8

A Great Fun Fitness Week!

Many Kendal residents and staff had lots of fun participating in the 19 events between June 18 and 22.

In the listings below, last year's numbers are indicated in parentheses. There were 220 (202) participants which included 133 (118) independent residents; 29 (17) from Stephens Care Center; 57 (61) staff members; and one volunteer. Here's a list of the events in order of popularity, again with last year's numbers in parentheses. Luncheon 133 (120); Bowling 71 (54); Observation Walk 61 (37); Recognize Me? 52 (60); CommUnity Walk 50 (47); Brain Teasers 41 (28); Walking Relay Race 29 (30); Silly Obstacle Course 27 (34); Miniature Golf 25 (32); Basketball, sitting 23 (10); Shot Put 23 (20); Robot Table Tennis 23 (25); Four Square 22; Wii Fit 21 (18); Cycling 19; Balloon Toss 18; Lap Swim/Water Walking 16



Share Great Fellowship, Music, Ice Cream at the CommUnity Ice Cream Social on Thursday, August 16

Kendal's CommUnity Ice Cream Social, our annual outreach event to our neighbors, will be held on Thursday, August 16 from 6:00 to 8:00pm. Once again, the event will take place at the corner of Maple and North Pleasant Sts. Pleasant St. will be blocked off by the city to provide a safe setting. "Mud in Yer Eye" will be returning to provide delightful music.

Join us for an evening of fellowship with our friends and neighbors (including Kendal priority list members) over an ice cream treat. The Kendal bus will shuttle residents to the Social, leaving the Heiser entrance beginning at 6:00pm. Please be patient -- the bus will continue to circuit until the Social ends at 8:00pm. If it rains, the Social will be moved to the Heiser Auditorium. We hope to see you all at the upcoming ice cream social. *-Kendal at Oberlin Staff Special Events Committee*

(13); Basketball, standing 13 (11); Tennis Court Fun 12 (8).

Members of Kendal's Early Learning Center participated and cheered during Bowling and the Standing Basketball Shoot. They enhanced the events.

Our thanks to Jerry Berner and Laurie Dupee, committee co-chairs; Dick Baznik, Donna Baznik, Nancy Beauchamp, Deb Grey-Boggs, Jill Connone, Kelly Dillon, Jan Feher (and staff), Bob Hefner, Eleanor Helper, Saun Howard, Nancy Hultquist, Ben Lenz, Danna Mitchell, Kim Peters, Ann Pilisy, Bob Randel, Sid Rosenfeld, Peg Schultz, Jara Stull, Michele Tarsitano-Amato, Ed Wardwell, Budd Werner. Special thanks to Facility Services and Dining Services for their help.

-Jerry Berner and Laurie Dupee

Kendal residents and staff obviously enjoyed the CommUnity Perimeter Walk finale to our 2012 Fun Fitness Week. Photo: Eleanor Helper

COFFEE HOUR WITH BARBARA THOMAS

**TUESDAY, AUGUST 7
9:30AM - LANGSTON**

AFTERNOON EXCHANGE

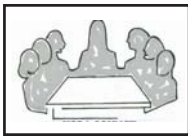
**BARBARA THOMAS
THURSDAY, AUGUST 23
4:00PM - AUDITORIUM**

DISCLOSURE STATEMENT

**Ann O'Malley
TUESDAY, SEPTEMBER 4
4:00PM - AUDITORIUM**

Check out our KORA website:
www.kaores.kendal.org

And check two interesting "Other Kendal" links, both produced by the KatO's Admissions and Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.



KNOW YOUR KORA COUNCIL

Back in 1987, when the members of the “Oberlin Retirement Community” planning committee began visiting various continuing care communities to see which had the best “fit” for our needs, the original Kendal (Longwood) stood out because of the way its care center was placed centrally to facilitate interaction between residents in independent living and those needing assistance and nursing care. Kendal at Oberlin followed that design model, and our Resident Association (KORA) seeks to make the most of this arrangement.

For instance, the **Care and Nurturing Committee** has several subcommittees through which residents provide assistance to those living in the Stephens Care Center (SCC). **“Medical Companions”** provides a companion to stay with a resident during a doctor’s visit -- as well as the trip to and from -- all of which may take many stressful hours. **“SCC Shoppers”** run errands. **“Supporting Friends”** stay with residents whenever desired, especially in the last stage of illness. **“Wheelchair Brigade”** members provide the “push” to get SCC residents to events elsewhere on campus.

And, of course, many independent living residents on their own initiative frequently visit friends -- old and new -- in Assisted Living and Skilled Nursing, join them in SCC activities, and invite them to meals at Langston or the Fox and Fell. At the request of family members living at a distance, some are given power of attorney to help residents unable to manage their own finances.

In the Kendal community as a whole, the **“Buddy System”** assures those living alone that a neighbor will check on them regularly. **“Memorial Services”** helps family (Cont’d on p. 8)

LifeLong Learning at Kendal

LifeLong Learning has a variety of interesting classes planned for fall which will be announced in the September *Kendalight*. This is the 19th year that adult education classes have been offered in Oberlin and at Kendal.

The Kendal LifeLong Learning Committee is part of Lorain County Community College’s The Center for Life-long Learning. The Committee functions autonomously in selecting topics and presenters, but follows the college guidelines for registration, fees and course end evaluation. The college pays the presenters, covers the cost of class materials and other administrative tasks.

It advertises classes in a brochure distributed countywide and brings non-residents to classes held at Kendal. We are fortunate to have two outstanding colleges in Lorain County: Oberlin College and Lorain County Community College. With assistance from Elderhostel Institute Network, both colleges sponsored our predecessor, Living and Learning Institute, established by Kendal resident Marian Baum soon after the opening of Kendal. In 2000 Living and Learning Institute merged with LCCC’s lifelong learning group and under the sponsorship of LCCC, and affiliation with Oberlin College, became The Center for LifeLong Learning. Our community college is the top rated such college in the state by reputation

and by the College Bound Network. It is among the top 120 (10%) such colleges in the nation as rated by the Aspen Institute in Washington, DC which seeks to promote excellence in community colleges and awards monetary grants. No other Ohio community college is so rated.

LCCC offers bachelor degrees in some specific areas through the University Partnership Program with several Ohio public colleges and universities. Tuition is one quarter that of Ohio public four-year institutions. The granting of a charter to LCCC in 1963 is a result of many individuals and groups in Lorain County who lobbied the Ohio General Assembly. Among those groups were the Oberlin League of Women Voters with present Kendal residents Dina Schoonmaker, Priscilla Steinberg and Jane Blodgett active at that time. LCCC, which opened at its present location in 1966, was the first community college in the state to have a permanent campus.

Kendal’s LifeLong Learning Committee is privileged to be associated with LCCC with additional support from Oberlin College. More than 20 Kendal at Oberlin residents are on the Committee, which includes News & Views. They welcome suggestions, presenters and attendees for their adult education classes. -Virginia Erdy

Nominations Sought for KORA Council

Kora Council consists of 11 councilors and four officers. It is the responsibility of the Nominating Committee to prepare a slate of people to fill available positions. To start this process we ask residents to suggest to us people whom you feel would well represent you as councilors and/or officers. We recommend that these residents should have lived at Kendal for at least one year. Your suggestions should be submitted to Box #37 **in writing before August 15.**

Please get the consent of the person whom you are suggesting while indicating to him/her that your suggestion does not guarantee that he/she will be on the committee’s recommended slate. There are more well-qualified persons than places available. From this pool of names, the Committee nominates a slate of candidates, which is presented at the Annual Meeting in November for ratification by consensus. KORA’s Constitution provides for nominations from the floor, in which case the election would be decided by ballot.

-Demmie Carrell, Mary Lynne Grove, David Schaal, Betty Weinstock (no chair yet decided)

PROGRAMS

LECTURES

First Thursday Health Lecture
No Health Lecture on August 2.

Third Thursday Lecture
No Third Thursday Lecture on August 16.

Documentary Film Special:
“Queen of the Sun: What Are the Bees Telling Us?”
Thurs., Aug. 9 - 7:15pm - AUD

This highly praised documentary is described as a profound, alternative look at the global bee crisis. It takes viewers on a journey through the catastrophic disappearance of bees and the mysterious world of the beehive.

This engaging and ultimately uplifting film tells the dramatic story of the heartfelt struggles of beekeepers, scientists and philosophers from around the world.

Roger Ebert of the *Chicago Sun-Times* calls it “a remarkable documentary that's also one of the most beautiful nature films I've seen.”

And Alissa Simon of *Variety* calls it “A creative exploration of the global honeybee crisis replete with remarkable nature cinematography, some eccentric characters and another powerful argument for organic, sustainable agriculture in balance with nature.”

Playreaders: “I Never Sang for My Father”
Saturday, August 25 - 7:15pm - AUD

Robert Anderson's play describes the prickly relationship between an elderly man and his grown son. The son, a college professor, announces that he plans to leave home to marry a divorcee. His mother approves of the union but worries that her son's move will have a negative effect on his increasingly truculent father. When his mother dies just before the wedding, the son is forced to help his dad through his dark days. Come see this gripping drama to see how the relationships evolve. Then, plan to stay after the performance for cookies and lemonade in Heiser Lounge and a chance to chat with the cast. **As a courtesy to your fellow residents, please be in your seats no later than 7:15pm.**

TRIPS

Lunch Bunch:
Clementine's, Olmsted Falls
Wednesday, August 8

This charming Victorian restaurant at Grand Pacific Junction serves soups, quiche, a good choice of salads, and an array of sandwiches for every taste -- from hearty roast beef with horse-radish sauce to delicate pastry puffs filled with chicken salad. There is a wonderful selection of teas and decadent desserts.

Bus leaves Heiser at 11:30am, returning about 2:30pm. Bus charge: \$8.00. Place check to KORA for \$8.00 in Box #89 by Monday, August 6. Lunch is at your expense. Sign-up sheet posted Monday, July 30.

OHC: Oberlin and the Quest for Emancipation
Wed., Aug. 22 - 7:15pm - AUD

The Oberlin Heritage Center's Richard Donegan explores how Oberlin's ardent abolitionists insisted from the very beginning of the Civil War that emancipation was the ultimate aim. An AmeriCorps/Ohio Civil War 150 member, he will look at letters and diaries of Oberlin men as well as newspaper accounts of the era. Free and open to the public.

Courtyard Garden Concerts

Listen to music before dinner on Fridays in August at 4:00pm. (Rain or hot weather venue: CAR)

August 3 -- TBA

August 10 -- Helen Taylor, piano.

August 17 -- Jane and George Hannauer, guitar and vocals.

August 24 -- Jerry Simmer, keyboard and vocals.

August 31 - TBA

Tappan Square Band Concerts

Concerts are scheduled for 7:00pm.

Sign up for Kendal bus.

August 3 -- Walkin' Cane & Friends. Original blues, classic covers with backing band comprising some of Cleveland's finest musicians.

Akron Art Museum via the Cuyahoga Valley Scenic RR
Wed., Aug. 22, 7:30am-5:00pm

We are returning to Akron Art to see the brilliant art of the Ghanaian artist El Anatsui, a professor at the University of Nigeria in Nkpa. Many of the immense, astonishing creations in this exhibit were created by Anatsui and his army of assistants from discarded liquor bottle caps, remodeled and fastened together with wire into metal fabric which is draped like cloth! Anatsui's work has been displayed twice in the Venice Biennial. This traveling exhibit contains works of other materials and other forms.

The Life Care bus will take us to the Cuyahoga Valley Scenic Railroad for the trip to Akron. Our train ticket gives us a pass on the Akron metro bus that meets the train and tours around the city for about 30 min. before depositing us at the Art Museum. We will be there from 11:00am to 2:00pm to admire the art and eat our brown bag lunches. At 2:00pm we will board the bus back to the train station for our ride north. The Life Care bus will deliver us to Kendal at about 5:00pm. Questions? Ask Pat Talbot.



Sunday Movies in Whittier at 7:15pm

Aug. 5 - *Lassie Come Home* (1943)

- This original adventure of a boy and his dog is considered by many to be the best film version. Roddy McDowall plays the young boy whose poor family must sell their beloved collie, Lassie.

Aug. 12 - *Go West* (1925) - A drifter (Buster Keaton) finds work at a ranch. His friendship with Brown Eyes, a neglected cow, goes haywire when she's sent to the stockyard.

Aug. 19 - *Red Tails* (2012) - Story of the Tuskegee airmen, the first African American pilots to fly in a combat squadron during World War II. Rated PG-13.

Aug. 26 - *It Happened at the World's Fair* (1963) - A crop-dusting pilot (Elvis Presley) is escorted through the Seattle World's Fair by a little Chinese girl who introduces him to a beautiful nurse. He falls in love and, of course, sings about it.

Saturday Favorite Films August 4 - 7:15pm -AUD

***The Blue Kite* (1993)** - This Chinese film received critical acclaim and awards and is forbidden to be shown in China. A young boy, his family and his village experience the political and social upheavals of the 1950's and '60's in China (agrarian reform, "let ten thousand flowers bloom," Red Guards running amok, burning books, and "re-educating" intellectuals). The human spirit persists through devastating turmoil with the promise of renewal and regeneration as symbolized by the blue kite.

Opera Night DVD: Tuesday, August 14 - 7:15pm - AUD

A Masked Ball - Verdi's opera was withdrawn before its premiere because the libretto was based on the true story of the assassination of King Gustav III of Sweden. Verdi changed the setting to "the distant and little-known city of Boston" to satisfy the censors. This 1990 Salzburg Festival performance stars Placido Domingo and Josephine Barstow. The conductor is George Solti. -*Allen Huszti*



Art Gallery News

The wonderful biennial **Kendal Creates** show continues to fill all three of our gallery spaces through August 12.

Kendal Gallery -- The next show will not be hung until September. Renovations to the hallway will begin in mid-August and last several weeks.

Friends Gallery - "Thailand's Rice Bowl: Photography by Julia Van Wagenen," will go up on August 14, and will

be there until October 29. Julia is Kendal resident Marilyn Myerson's granddaughter. She and Rebekah Daro, a former graduate student in Southeast Asian studies at Ohio University, went to central Thailand in the summer of 2008 to study the agricultural practices of a farming community there. Julia created this photographic essay of their experiences. - *Robert Taylor and Ted Nowick, Co-coordinators*

Community Gallery (opposite Cardinal Shop) - Joyce Parker's watercolors will be on display from August 13 through September 23. -*Joe Luciano*

Evening Waltz (Partners Optional) Tuesdays, August 7 and 21 2 Sessions - 7:15pm - AUD

Hear the rhythm, flow with the music, let your body and mind embrace the waltz in freestyle movement. Guys as well as gals are welcome. Questions? Ask Dan Reiber.

Saturday Night Movie August 18 - 7:15pm - AUD

***Chinatown* (1974)** - Jack Nicholson, Faye Dunaway and John Huston star in Roman Polanski's neo-noir film. A bizarre, fascinating mystery in the Hammett-Chandler tradition, it is set in 1930's San Francisco. Nicholson is an L.A. private detective drawn into a strange, volatile case by *femme fatale* Dunaway. To prepare for the film, Polanski studied John Huston's "The Maltese Falcon" and read a number of Raymond Chandler's mystery novels. The film won an Oscar for Best Original Screenplay in 1974. Rated R.

Transportation Talk

Some of you who do not drive may not be aware of the fine service available to Kendal at Oberlin residents by Lorain County Transit. It is described in our brochure "Planning Your Transportation" which is available on the open shelf under the Activities Board. In brief, by calling the LCT number 1-800-406-7541, on Monday you can go anywhere and back in Oberlin. On Thursday you can go anywhere and back in Oberlin or Elyria (1st and 3rd Thursdays) or Lorain (2nd and 4th Thursdays). The bus picks you up at the Heiser portico. You set your own pick-up time and place on the other end. It is good to call ahead, but there is no problem if you call on the morning you want to go. The cost is \$1.40 (senior citizen rate) each way per person. It is like a taxi service. Sometimes there is a short wait. Those of us who have used it can recommend it.

-*Diantha Paré and Donna Smith*

Merengue Line Dance (Partners Optional) Mondays, August 6, 13 and 27 3 Sessions - 1:00-2:00pm - AUD

Hear the rhythm, move with the music, enjoy light exercise to a Latin beat. Guys as well as gals are welcome. Questions? Ask Dan Reiber.

New Curio Cabinet Display for August

“Torquay potteries motto ware” is a generic name given to the potteries of South Devon, England. The Watcombe Pottery Company was formed in 1869 and made motto ware until 1965.

Betty O'Connor's family started to collect pieces of motto ware in 1951. What is motto ware? Stop and check out the Curio Cabinet!

News & Views Domestic Issues

Fri., Aug. 3 - 10:30am - AUD

“Social Security, How Can We Afford It?” is the timely topic released by the Kettering Foundation/National Issues Forum in their recently published Issue Guide. A panel of four Kendal residents (Virginia Erdy, Bob McClusky, Bob Randel, Don Reeves) will present a history and three possible options for solving the problem. This will be followed by a discussion in our usual News & Views format. Copies of the Issue Guide were available at the May News & Views meeting, and additional copies will be placed at the Kendal mailboxes and library. Please read the Guide if you plan to attend.

Residents Winners in LeadingAge Regional Show

LeadingAge Artists and Writers Forum attracted a large contingent of Kendal resident participants for the regional show held June 28 at the Lutheran Home in Westlake. Congratulations to the many 1st to 3rd place winners who qualified to move on to the statewide contest in Columbus on August 29.

Meg Gold won 1st place in Poetry for her “Strawberries, ’46;” **Don Parker** placed 1st for his prose fiction, “Mirror Mirror;” **June Swartwout** came in 2nd for “Power of Words;” honorable mention went to **Rita Haessly** for “The Last Adventure of Summer.” In nonfiction prose, **Jane Hannauer’s** “Tales from the 7th Floor West” took 2nd place, **Rita Haessly’s** “Showtime” honorable mention. **John Elder’s** watercolor, “Portrait of Paul Arnold,” took 1st place in Art 1 category, with honorable mention to **Don Parker’s** “Garden Visitor.” **Joyce Parker** received Honorable Mention for her three-dimensional ceramic wall hanging, “My Lake Erie.” **Jane Hannauer’s** “Shell Lace Stole” won 1st place in woven arts. The photographers did well, also: **Paul Schwaegerle’s** “Bridal Veil Falls” took 1st place; 2nd place was “Quito Textiles,” by **Eleanor Helper**; **Jane Hannauer** took honorable mention for “Traffic Jam.” In computer arts, “Cardinal in the Outback,” by **Paul Schwaegerle** came in 1st, with **Eleanor Helper’s** “Gaillardia” as 2nd place winner.

-Thelma Morris

Oberlin Summer Theater Festival at Hall Auditorium

The last trip to the Oberlin Summer Theater Festival will be to a performance of “A Midsummer Night’s Dream” on **Wednesday, August 1 at 2:00pm.** **You must reserve the free tickets. Kendal bus is available**

R>A>F ShopTalk

THANK YOU continues to be the major expression I have for all the R>A>F volunteers.

Not only did they convene for a meeting, the only one R>A>F has ever had, but they have much positive regard for their work and have been fully welcoming of my being the new R>A>F Chair.

I have also appreciated the many ways Kendal staff have helped my transition in this leadership position. While we already knew it, I am glad to affirm again that Mary Simons has done a terrific job leading the R>A>F these past several years. All the R>A>F volunteers are dedicated to serving the needs of the whole community of Kendal at Oberlin.

Receipts for the month of June are \$6,409.57, including \$1,240. for two car sales. I will report on July sales in next month’s *Kendalight*.

Keep It Flying! -*Ruth Ann Clark, Chair*

Oberlin Family Fun Fair Saturday, August 4, Downtown Oberlin, 10:00am - 4:00pm

It’s time again for Oberlin’s classic downtown festival featuring a vintage car show, oldies music, merchant sidewalk sales, entertainment and more.

“Favorite Things” for Kendal’s History

The history of Kendal at Oberlin now being written will include a chapter describing many of “our favorite things” about KatO’s past and present -- events, places, programs, services, whatever. Please submit suggestions of items for consideration, either by using the forms available in the lobby below the activities bulletin board or by emailing the author, Dick Baznik. Deadline is September 15.

Kendal 2012 Directory Additions and Corrections

Bobbie Carlson - Check with the Front Desk for her new email.



Vision Impaired

Monthly On-Line National Low-Vision Support Group

“What Do You Know about Doc Talk?”

Thursday, August 9 4:00pm - Green Room

Reading of *The Kendalight*

Marie Evans will be reading *The Kendalight* on Wednesday, August 1, at 10:00am in the Crossroads Room. Everyone is welcome!

The Oberlin Project Summer Film Series

The Kendal Environmental Concerns Committee is co-sponsoring this series of environmental documentaries with The Oberlin Project:

Power of Community: How Cuba Survived Peak Oil Friday, August 3 - 7:15pm - AUD

When the Soviet Union collapsed, Cuba's imports of oil were cut by more than half and food by 80%. This film tells of the hardships and struggles as well as the community and creativity of the Cuban people during this difficult time.
Also shown at Oberlin Public Library, 2:00pm, 8-2; and at First Church, 2:00pm, 8-4.

Gasland

Friday, August 17 - 7:15pm - AUD

When filmmaker Josh Fox received an unexpected offer of \$100,000 for the natural gas drilling rights to his property in the Delaware River Basin on the border of New York and Pennsylvania, he set off on a cross-country journey to investigate the environmental risks of agreeing to the deal.
Also shown at Oberlin Public Library, 6:00pm, 8-16; and 2:00pm, 8-18.

Polycultures: Food Where We Live

Friday, August 31 - 7:15pm - AUD

This documentary portrays how the diverse communities around Northeast Ohio are coming together to create a more sustainable and local food system.
Also shown at Oberlin Public Library, 2:00pm, 8-30; and 2:00pm, 9-1.

Permanent Art Work for Friends Corner

An Ad Hoc Committee has been formed to find permanent art work to hang in the Friends Corner Dining Room. This committee has established guidelines and a process to collect and evaluate potential permanent art work
Criteria:

- Clarity of a recognizable image. (Image must be able to be seen across the Friends Corner Dining area.)
- Images must meet size requirements.
- Images must be properly framed.
- Only 2 submissions per person.
- If selected, art work will be the PROPERTY of Kendal at Oberlin.

August 16-September 14:

- Completed CALL FOR ART FORM with digital or 4x6 photo of image turned in to Michele Tarsitano-Amato.
- CALL FOR ART FORM may be picked up from Michele or Heiser Reception Desk. If you have any questions or concerns, contact Michele at 775-9890 or mtars@kao.kendal.org.



5/6/12-
7/3/12

Nature Sightings at Kendal

N., D. Love: 5/5 Baltimore oriole, at hummingbird feeder outside #315; S. Orcutt: 5/6 Great-crested flycatcher and gray catbird singing in Buttonbush marsh; J. Berner: 5/7 A deer in the backyard of #114; M. Ellis: 5/8 Rose-breasted grosbeak and white crowned sparrow at the feeder in front of #101; M. Deist: 5/7 Two egrets hunting at Island Pond; D. Reiber: 7/11 Green-backed heron (now called, again, a green heron) on Triangle Pond; J. Eddy: 5/11 Swallows entering a birdhouse at the edge of Island Pond; ?: 5/11 "The snake that got away" – Maybe a blue racer?? P. Reid: 5/20 Male rose-breasted grosbeak feeding at her feeder; M. Morgan: 5/26 Snapping turtle on #104 patio; E. Pugsley: 5/27 Cedar waxwing in a bush at #9; A. Helm: 5/29 Baby snapping turtle crossing road by Phase III; E. Pugsley: 5/29 Great egret at Triangle Pond by Phase III, seen from #9. E. Pugsley: 6/1 Bunch (this time) of cedar waxwings in the bush at #9; D. Reiber: 6/2 Kendal's goose herd – six adults and 30 goslings at "Bottom Pond." (Now, where is that pond?) N. Love & L. Hefner: 6/2 Baltimore oriole flying low, dropping to ground for insects at Buttonbush Bridge; J. Eddy 6/3 Redwing dive-bombing a great blue heron at Center Pond; L. Hefner: 6/3 Woodthrush singing by Buttonbush Pond; P. Kellner: 6/10 Nighthawks flying over Courtyard garden. (6/17 Reports of two territorial male dickcissels at Charlemont Reservation, south of Wellington.) M. Myerson: 6/17 Four ducklings crossing Buttonbush Bridge area and into Farmer's Pond; Orcutts: 6/23 Mallard hen and six or seven TINY ducklings in Rock Pond. J. Busiel: 6/28 Muskrat diving in Phase III, West Pond; B. Barna 6/29 A wood peewee near (Cont'd on p. 7)

Recent Move-Ins

Randi Hoffmann moved from Ann Arbor, MI, to a Kendal Cottage at the end of July.

Recent Transfers

Charles Sheppard moved from his apartment to Whittier at the end of July. Phone number remains the same.

IN MEMORIAM

PAUL ARNOLD
JULY 2, 2012

ELIZABETH "BETSY" BELDEN
JULY 4, 2012

CONSTANCE "CONNIE" LEBEAU
JULY 8, 2012

SARA BALOGH
JULY 19, 2012

DOROTHY HOLBROOK
JULY 21, 2012

Nature Sightings... (Cont'd from p. 6)

Buttonbush Bridge; A. Martin: 7/3 Song sparrow nest (three or four babies now) in a hanging basket at #90; T. Morris: 7/3 Doe and two fawns near Buttonbush Bridge. Buttonbush Bridge is obviously a very good place from which to see birds and beasts (and plants, in May's garden at its entrance). -Betty Weinstock

July 2012 KatO Board News

- **Budget Management and Marketing** --The Board noted that both revenue and expenses are lower than budget through May due to lower independent living occupancy. Expenses will continue to be addressed as well as efforts to increase revenues. Marketing is under way to open newly renovated assisted living rooms in Whittier. The Board also approved a marketing proposal with an incentive on entry fees to be effective from August through December 2012.

- **Architect Chosen** -- RLPS was selected as the Architect for the 10-Year Master Planning. Ten focus groups for 200+ people will be held at Kendal on August 1 and 2. A four-minute film clip of the charette process to be used for the September 6 and 7 meetings is posted on KORA's website: www.kaores.kendal.org.

- **Kendal's Legal Structure** -- The Board reviewed a legal report on Kendal's legal structure and relationships with Kendal Northern Ohio. Sole membership was not viewed as impairing Kendal at Oberlin nor a shared employee/services arrangement in general, if properly documented. The Board is looking to add additional language in the KatO bylaws for further clarity on KNO authority.

- **2025 Vision and Goals and Objectives** -- A draft was reviewed and discussed with added edits before being approved. Information will be shared after a review of the final edited document. -Barbara Thomas

"Once in a Blue Moon" Celebration

Fri., Aug. 31, 7:30-9:30pm - Troll Bridge Field near Cottage #105

Bring a song, poem, story, and/or snack to share as we celebrate the second full moon of August and community friendships. Questions? Call Donna Baznik.

It's Time for Kendal's Re-Accreditation Visit

From August 27-29, three volunteers from CARF-CCAC (Continuing Care Accreditation Commission) will be conducting the Kendal at Oberlin Re-Accreditation visit. This is Kendal's fourth visit but each time is a new process with modified and added standards. We will be surveyed under the 2011 Standards for a Continuing Care Retirement Community as well as Standards for Person-Centered Care and the special programming for Dementia Care. **Two meetings are open to all residents, staff and board.** Surveyors will be introduced at a meeting on **Monday, August 27 at 8:30am in Heiser Auditorium.** An exit conference will provide an overview of results on **Wednesday August 29 at 1:30pm in Heiser Auditorium.**

Wheelchair Brigade

The Wheelchair Brigade needs new members to bring Stephens Care Center residents who use wheelchairs to programs in the Heiser Auditorium, stay with them, and take them home. A short training session is required. A sign-up sheet is posted under the open mailboxes. For more information, call Margaret-Ann Ellis or Connie Bimber.

Kendal Returns to Lakeside

Again this year, Kendal at Oberlin and Kendal at Home are partnering with Lakeside, the Chautauqua community on Lake Erie in Ottawa County, to sponsor the Civil War Week beginning Monday, August 20. Staff from Kendal at Oberlin and Kendal at Home will host receptions on August 20 following the afternoon talk, "Financing the Civil War," and on August 24 following the morning talk, "Bard of the Battlefield: The Civil War as Seen from the Eyes of Poet Walt Whitman."

A limited number of Lakeside day passes are available for Kendal residents, Priority List members and Kendal at Home members who wish to attend the lectures and receptions.

The Kendal bus will transport you. August 20: leave Kendal 11:00am; leave Lakeside 4:00pm. August 24: leave Kendal 9:00am; leave Lakeside 2:00pm.

Round-trip bus charge is \$15 per person. Tickets and bus reservations are on a first-come basis. A sign-up sheet will be posted by the Heiser Front Desk on Monday, August 6. This fee for Kendal at Oberlin residents and Kendal at Home members can be charged to your monthly statement. To learn more about Lakeside, visit www.lakesideohio.com or pick up a Lakeside calendar at the front desk.

Kendal Kryptogram #90 -by Nina Love

CAN YOU ORATS LKOPTDC, END CAN

YOUUAD ORATS DFK YAUXKZLNKUYKX

AH ORATSTUM LKOPTDC. -OCU LOUS

Solution to Kryptogram #89: "Human history becomes more and more a race between education and catastrophe." -H. G. Wells

Our Table Tennis Scene

Watchers at our 3-times weekly table tennis sessions will see a lively picture. Three tables assure our dozen or so players -- evenly split between men and women -- lots of practice and game time. At one table, players still new to the game have reached the point where they can keep up short rallies; at the second table, a more seasoned player is helping a partner improve her backhand, while at the third, two players are faced off in a spirited match. Whereas a short while back legal serves were rare among us, these days the no-nos are few. We're all learning from one another, and that there's so much to learn is one of the beauties of table tennis. Aside from reminders of *elbow down!* and *top of the bounce, top of the ball!*, we discover that for every spin there's a counter spin, for every game tactic a counter tactic, that there's something new to learn at every session. More than anything perhaps, that learning challenge -- and conviviality -- explains the happy mood among us. Stop by some morning; give table tennis a try! -*Sidney Rosenfeld*

Time to Sign up for 2012 Shuffleboard Tournament

It's time to find a partner and sign up for the 2012 Shuffleboard Tournament! Please sign up on the sheet below the Activities Bulletin Board by **August 22**. The schedule of team play will be posted and placed in your mailbox on or before August 25. Play begins August 27 and concludes at the end of September (depending on the number of participants). No previous experience is necessary. You may practice anytime the courts are open with the equipment which is stored in the north stairwell, 1st floor, of the apartment building. Call Don or Joyce Parker for any questions or help. This is a great game for all ages and abilities; the emphasis is on fun, especially the celebration party for all players at the end!

Saturday Park Walks

August 4, 8:30am - "Walk With a Doc," Bur Oak.

August 11, 9:00am - Schoepfle Garden.

August 18, 9:00am - Indian Hollow.

August 25, 9:00am - Sandy Ridge. Meet at Heiser Reception Desk at the times listed to car pool. Questions? Contact Jerry Berner.

KORA Council... (Cont'd from p. 2)

members through the difficult period after the death of a resident. There are also two Support Groups -- "Low Vision" and "Solo Diners" -- and there has been discussion recently about developing a "Hearing Loss" support group. We are blessed with dedicated and sensitive staff in every department, and our resident volunteers strive to coordinate as helpfully as possible with these wonderful professional workers to make Kendal at Oberlin a truly caring community. -*John Elder, KORA President*

The First Church United Fellowship and Unitarian Universalist Kendal Gathering will not meet in August. Both groups invite you to join them again in September. All are welcome!

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Saturday, August 11, 11:00am, CAR
Rev. Nancy Roth

Roman Catholic Mass

Friday, August 17, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:00am, Whittier Lounge

Third Sunday Church Service

Sunday, August 19, 4:00pm, CAR



Bridge Results

Mondays: June 25: 1st, Bud Spierling; 2nd, Helen Randel; 3rd, Betsy Belden.

July 2: 1st, Helen Randel; 2nd, Bob Randel; 3rd, Alice Kohl.

July 9: 1st, Bill Schreiner; 2nd, Eileen Dettman; 3rd, Cathy Fauver; 4th, Mary Beth McCalla.

July 16: 1st, Nancy Beauchamp; 2nd, Corning Chisholm; 3rd, Mary Beth McCalla.

July 23: 1st, Alverta Schneider; 2nd, Warren Wickes; 3rd, Connie Bimber; 4th, Cathy Fauver.

Wednesdays: July 4: 1st, Connie Boase and Ed Schwaegerle; 2nd, Helen and Bob Randel.

July 18: 1st, Betty O'Connor and Warren Wickes; 2nd, Mary Beth McCalla and Eileen Dettman; 3rd, Louise Breese and Alverta Schneider; 4th, Mary Lynne Grove and Robert Taylor.

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents

Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

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Deadline for the September 2012 issue of *The Kendalight* is August 15.

The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open box.

All articles must carry a signature and telephone number.

Energy Conservation: How You Can Save Energy This Summer

You can help lower Kendal's energy bills and save the environment at the same time:

- Keep windows and sliding doors closed in the heat of the day; open windows in the cool of the night.
- Keep your blinds and draperies closed on hot sunny days.
- Use your ceiling fan to create air movement without using your air conditioner.
- Set your air conditioning thermostat at 76 F or higher; each degree you raise the temperature above 76 F will save 4 to 6% on energy costs
- Adjust your thermostat by 1 or 2 degrees at one time and allow the cooling system to respond -- your cottage or apartment won't cool down any faster if you lower the thermostat setting too far. Your a/c cools at the same rate regardless of the temperature.
- Avoid or postpone use of household appliances (washer, dryer, dishwasher) that add heat or humidity to your home during the hottest parts of the day.
- Close off a/c vents in unoccupied rooms. This can save 5-10% in cooling costs. Contact Facility Services if you need help with this.
- Keep the oven door tightly closed when in use. Check on progress through the door window opening.
- Use your microwave instead of your stove to reduce energy consumption by 2/3 and produce much less heat.
- Match the pan size to your stove's burner element size; use tight-fitting lids and cook at lower temperatures.
- If you need a new appliance, request one with an ENERGY STAR label.
- Call Facility Services to repair any dripping faucets, running toilets and outside hose bibs. This could save many gallons of water in a day.
- Your dishwasher uses less water than washing dishes by hand. Let dishes



Dining and Nutrition Services

Upcoming Special Events

Thursday, August 16, 6:00pm to 8:00pm

CommUnity Ice Cream Social at corner lot on Maple and N. Pleasant Sts. Kendal bus will provide shuttle service

Notes From Ann Pilisy

Several of our Dining Services staff will take part in the **Lorain County Fair from August 20-26.**

Hanna McAvoy: "I show market and breeding Boer goats. I am secretary of the Junior Fair Board which runs the whole Junior Fair and also the chair of the rabbit department."

Callie Stevens: "I show market hogs on Tuesday and auction them off on Saturday. I'm running for Lorain County Horse Queen, so throughout the week I will be involved in activities for that. I also will be camping out at the Fair all week."

Cassie Muniga: "I show market hogs and do self-determined projects like scrapbooking and soapmaking."

Shelby Balint: "I'll show my miniature horse, Cinnamon. I have owned and trained her for nine years. I also volunteer to help the Fair Board run shows during the Fair."

Becky Myers: "I am showing a pen of two meat chickens, two pygmy goats, and assortment of vegetables and flowers, and a woodworking project!"

Raquel Dominico: "I am showing two market hogs."

2012 Kitchen Tours

- **Wed., August 8, 10:00am**
- **Wed. August 15, 10:00am**
- **Wed. August 15, 3:00pm**

Sign-up sheets will be posted in early August. The 45-min. tours, limited to eight people, start promptly in Langston at 10:00am or 3:00pm.

Enclosed shoes must be worn (no sandals or clogs) and hairnets will be given to everyone (Health Department rules). During the tour, avoid leaning on or touching kitchen surfaces and equipment. If you are ill, please do not come. Additional tours may be scheduled if needed.

air-dry to save even more energy.

- Keep your refrigerator full. Then it won't warm up as fast when the door is open and won't have to work as hard to stay cool. Consider purchasing gallon containers of drinking water to keep your refrigerator full at low cost.
- Use cold water for efficient laundering and save 4% in energy costs. Dry your laundry over a rack (inside or outside) instead of in a clothes dryer to save even more energy.

(Adapted from the Kendal at Ithaca newsletter, *The Breeze*, with the approval of Steve Reed, Director, Kendal at Oberlin's Facility Services.)

**Look for Grobe's Fresh
Produce in Heiser Lounge
every Wednesday,
12 noon-2:00pm**

Solo Diners and SPINACH are on summer hiatus. Both invite Kendal residents -- newcomers and old timers -- to join them again in September.

**Call 775-9868 to hear announcements and menus of the day.
Or find them on our website:
www.kaores.kendal.org**

SUN	MON	TUE	WED	THU	FRI	SAT
August 2012			1	2	3	4
CCR = Crossroads HL = Heiser Lounge GCR = Green Conf. Rm tx = Tickets needed WCH = Warner Concert Hall 🚌 = Kendal Bus WHT = Whittier Lounge Bold Face = at Kendal			1 Reading of Kendalight 10:00am CCR Oberlin Summer Theater Festival "Midsummer's Night Dream" 🚌 2:00pm Hall - Free! but reserve tx Pairs Bridge 7:10pm AUD	2 No First Thurs. Health Lecture	3 News & Views 10:30am AUD Courtyard Garden Concert 4:00pm Len Garver's Trolley Run 4:45pm HL Band Concert: Walkin' Cane 🚌 7:00pm Tappan Sq Film: Power of Community (Cuba) 7:15pm AUD	4 Walk With a Doc at Bur Oak 8:30am Heiser Family Fun Fair 10:00am-4:00pm Downtown Oberlin Film: The Blue Kite 7:15pm AUD
English Country Dancing every Sunday in August 7:15pm AUD		Wednesday Morning Discussion Group every Wednesday 10:00-11:00am - WHT				
5	6	7	8	9	10	11
Quaker Worship 10:00am WHT Film: Lassie Come Home 7:15pm WHT	Merengue Line Dance 1:00-2:00pm AUD Bridge 7:10pm AUD	Coffee Hour with Barbara Thomas 9:30am Langston Evening Waltz 7:15pm AUD	Kitchen Tour: 10:00am MUST SIGN UP IN ADVANCE LUNCH BUNCH: Clementine's, 🚌 Olmsted Falls 11:30am-2:30pm Scrabble 7:15pm CCR	Low Vision Group 4:00pm Green Rm Film: Queen of the Sun: What Are the Bees Trying to Tell Us? 7:15pm AUD	Sounding Board 11:00am Green Rm Courtyard Garden Concert 4:00pm	Walk in the Park Schoepfle 9:00am Heiser No First Church United Fellowship Episcopal Serv. 11:00am CAR
12	13	14	15	16	17	18
Quaker Worship 10:00am WHT Film: Go West 7:15pm WHT	Merengue Line Dance 1:00-2:00pm AUD Bridge 7:10pm AUD	Opera Night DVD: A Masked Ball 7:15pm AUD	Kitchen Tour: 10:00am or 3:00pm MUST SIGN UP IN ADVANCE No Unitarian Univ. meeting Pairs Bridge 7:10pm AUD	KORA Council 10:00am AUD CommUnity Ice Cream Social - Maple & North Pleasant Sts. 6:00-8:00pm 🚌 No Third Thurs. Lecture	Roman Cath. Mass 10:00am CCR Courtyard Garden Concert 4:00pm Film: Gasland 7:15pm AUD	Walk in the Park Indian Hollow 9:00am Heiser Film: Chinatown 7:15pm AUD
19	20	21	22	23	24	25
Quaker Worship 10:00am WHT Third Sunday Church Service 4:00pm CAR Film: Red Tails 7:15pm WHT	Trip to Lakeside Lecture and Reception 🚌 11:00am-5:00pm Bridge 7:10pm AUD	Evening Waltz 7:15pm AUD	Bus trip to Cuyahoga Valley Scenic RR, then on to Akron Art Museum Bus lv. 7:30am Scrabble 7:15pm CCR OHC: "Oberlin and the Quest for Emancipation" 7:15pm AUD	Scooter, Wheelchair, Rollator Clinic Check - 9:00am-12:00pm AUD Aft. Exchange Barbara Thomas 4:00pm AUD "Dance for Parkinson's" 7:15pm AUD	Trip to Lakeside Lecture and Reception 🚌 9:00am -3:00pm Courtyard Garden Concert 4:00pm	Walk in the Park Sandy Ridge 9:00am Heiser Playreaders: "I Never Sang for my Father" 7:15pm AUD
26	27	28	29	30	31	
Quaker Worship 10:00am WHT Film: It Happened at the World's Fair 7:15pm WHT	CARF-CCAC Intro Meeting 8:30am AUD Merengue Line Dance 1:00-2:00pm AUD Bridge 7:10pm AUD		CARF-CCAC Exit Meeting 1:30pm AUD	Courtyard Garden Concert 4:00pm Film: Polycultures: Food Where We Live 7:15pm AUD Celebrate "Once in a Blue Moon" 7:30-9:30pm - Troll Bridge Field	It's Time for Summer Fruits and Vegetables! Grobe's Fresh Produce will be sold in Heiser Lounge every Wednesday from 12 noon-2:00pm. Remember, cash or check only!	